

CURRICULUM VITAE

Jeanette Reffstrup Christensen, Associate professor

Born: 5 December 1972, Aarhus, Denmark

Present employment: Research Initiative for Activity Studies and Occupational Therapy, The Research Unit for General Practice, Department of Public Health, SDU, J.B. Winsløws Vej 9A, 5000 Odense, Denmark

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ACADEMIC DEGREES

2007-2012 PhD in Sports Science, Aarhus University, Denmark
2001-2005 Master of Health Science, Aarhus University, Denmark
1994-1997 BA in Occupational therapy, Aarhus, Denmark

PROFESSIONAL APPOINTMENTS

2018 - Associate Professor in Occupational Therapy and Occupational Science

2016 - Head of Studies, Master in Occupational Therapy, SDU.

2015 - Post Doc, Research Initiative for Activity Studies and Occupational Therapy, SDU.

2014 - Course coordinator, Master of Occupational therapy, SDU.

2014 - 2015 The Deputy Head of studies, Master of Rehabilitation, SDU.
Course coordinator, Master of Rehabilitation, SDU.
Course coordinator, Master of Public Quality and Management, SDU.

2013 - 2018 Assistant Professor, Research unit for Physical Activity and Health at Work, SDU.
Course coordinator, Master of Physiotherapy, SDU.

2013 - 2014 Course coordinator, Master of Sport Science, SDU.

2012 - 2018 Course coordinator, teacher and supervisor, VIA University College, Aarhus.

2011 - 2013 Project manager, fundraiser and teacher at The Social and Health Care College.

2007 - 2012 PhD student, Institute of Sports Science, AU.

2005 - 2007 Senior consultant, Business Health.

2001 - 2005 Study period - Master of Health Science, AU, Denmark.

1999 - 2006 Teacher and supervisor, VIA University College and The Social and Health Care College, Aarhus.

1997 - 2000 Occupational therapist, Knebel, and The centre for Health and Culture, Aarhus.

LEADERSHIP EXPERIENCE

2016 - Head of Studies, Master in Occupational Therapy, SDU.

2014 - 2015 The Deputy Head of studies, Master of Rehabilitation, SDU.

2011 - 2013 Project manager and daily manager for a team of six persons.

2006 - 2007 Managing consultant at Business Health, responsible for six employees.

Principal investigator for seven research projects (budget 50.000 - 6 Mio Dkk):
2017 - DO:IT (Danish Obesity Intervention Trial (DO:IT) - research, development and implementation of an occupational therapy led weight loss intervention)

2013 - FRIDOM (FRamed Intervention to Decrease Occupational Muscle pain), SDU.

2007 - 2013 FINALE-Health (Forebyggende Intervention for Nedslidning Af Langtidsvarig

Effekt), AU.

2006 - 2007 SUN-RAM. An activity, participation and health management program at Rambøll.

2004 - 2007 MOSU (Motion og Sundhedsfremme – Exercise and Health prevention), The Social and Health Care College, Aarhus.

2003 - 2004 Monitoring of social and health care assistants, The Social and Health Care College.

1999 - 2000 UNDGÅ FALD (Fall prevention). An occupation therapy intervention, Aarhus.

1998 - 2000 Systematic implementation of ADL activities among elderly, Aarhus.

DIRECTORSHIPS AND OTHER POSITIONS OF TRUST

2018 - Appointed by the Danish Occupational Therapy Foundation to be a member of the professional working group presenting a national pain Action Plan to the Danish Health Authority

2018-Have been internal reviewer of two PhD project proposals for the SDU Graduate School of Health

2018 - Reviewer for the Journal of Pain Research

2018 - Appointed member of the censorship for public health and related education in the period from 1 April 2018 (see Teaching Portfolio)

2018 - Reviewer for the Clinical Epidemiology

2018 - Reviewer for the International Journal of Workplace Health Management

2018 - Appointed member of the Education Committee for Occupational Therapy at University College South

2017-Appointed member of the Danish Bariatric Council

2017 - Reviewer for the Scandinavian Journal of Public Health

2017 - Vice Chairman for the Danish Occupational Therapy Scientific advice board

2016 - Reviewer for the Scandinavian Journal of Occupational Therapy

2016 - Reviewer for the Cogent Medicine

2016 - Reviewer for the BMC Public Health

2016 - Elected member of the Board of Studies for Master's Degrees in Midwifery, Clinical Nursing, Health Sciences, Physical Therapy and Occupational Therapy

2016 - Reviewer for the American Journal of Preventive Medicine

2016 - Reviewer for the Health Promotion International

1994 - 1997 Executive Committee Member for the Danish Occupational Therapy foundation

SCIENTIFIC FOCUS AREAS

Create evidence for occupational therapy in general, Occupational Science, Measuring Occupational Activity and Occupational Therapy practice, Intelligent Physical activity and the work place, Physical activity and health promotion in general i.e. weight loss, eating behaviour, Behaviour Change, Motivation, Habit change, Productivity, Implementations and maintenance strategies i.e. intervention mapping strategies and MRC guidance for developing and evaluating complex interventions, Lifestyle Re-Design, Evidence Based Practice, Rehabilitation of chronic diseases, Pain management, COPM, Quality of Life, Occupational performance, Occupation-focused and occupation-based interventions.

FUNDINGS

2019 The Health Scientific fund of the Region Zealand - 246.000 kr.

2018 The local research fund at Ringsted, Naestved, Slagelse hosp. - 800.000 kr.

2017 The Occupational Therapy Association research fund - 180.000 kr.

2016 The Danish Arthritis Society – 125.000 kr.

2015 The Ministry of Culture Committee – 620.000 kr.

2014 The Danish Arthritis Society – 72.200 kr.

2013 The Ministry of Culture Committee – 653.000 kr.

2009 The National Research Centre for the Working Environment – 250.000 kr.

2007 The Ministry of Culture Committee – 500.000 kr.

2006 The Research Fund for the Working Environment – 1.000.000 kr.