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Ansættelse

Lektor

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1. jun. 2011 → 1. maj 2025

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1. nov. 2015 → present

Publikationer

GLA:D BACK Group based patient education combined with exercises to support self-management of persistent / recurrent back pain - development, theories and scientific evidence

Ris Hansen, I., Roos, E. M., Skou, S. T., Hartvigsen, J., Kjaer, P., Kongsted, A., Abbott, A., Andersen, T. E. & Rasmussen, C. D. N., 28. okt. 2019, s. 228.

Recommendations for Core Outcome Domain Set for Whiplash Associated Disorders (CATWAD)

Chen, K., Andersen, T., Carroll, L., Connelly, L., Côté, P., Curatolo, M., Elliott, J., Grant, G., Jull, G., Kasch, H., MacDermid, J., Malmström, E-M., Maujean, A., McLean, S. A., Nielsen, M., Rebbeck, T., Söderlund, A., Sterling, J., Treleaven, J., Walton, D. M. & 2 flere, Westergren, H. & Sterling, M., sep. 2019, I : The Clinical Journal of Pain. 35, 9, s. 727-736

Value-based Cognitive Behavioural Therapy for the Prevention of Chronic Whiplash Associated Disorders: A Randomized Controlled Trial with Cross-over Design

Andersen, T. E., Ravn, S. L., Mejldal, A. & Roessler, K. K., sep. 2019.

There's nothing broken. You've had a whiplash, that's it: A Qualitative Study of Comorbid Posttraumatic Stress Disorder and Whiplash Associated Disorders

Ravn, S. L., Bjerger Eskildsen, N., Johnsen, A. T., Sterling, M. & Andersen, T. E., 13. jun. 2019.

Efficacy and safety of cannabidiol followed by an open label add-on of tetrahydrocannabinol for the treatment of chronic pain in patients with rheumatoid arthritis or ankylosing spondylitis: Protocol for a multicentre, randomised, placebo-controlled study

Hendricks, O., Andersen, T. E., Christiansen, A. A., Primdahl, J., Hauge, E. M., Ellingsen, T., Horsted, T. I., Bachmann, A. G., Loft, A. G., Bojesen, A. B., Østergaard, M., Lund Hetland, M., Krogh, N. S., Roessler, K. K. & Petersen, K. H., 4. jun. 2019, I : BMJ Open. 9, 6, 9 s., e028197.

In diagnostics we trust? Investigating the DSM-5 and the ICD-11 PTSD diagnostic criteria using network analysis

Hansen, M., Ross, J., Ravn, S. L., Andersen, T. E., Armour, C., Lindekilde, N., Elmoose, M., Karsberg, S. & Fried, E., jun. 2019.

GLA:D@BACK: group-based patient education and exercises to support self-management of persistent back pain

Kjaer, P., Kongsted, A., Ris Hansen, I., Abbott, A., Rasmussen, C. D. N., Roos, E. M., Skou, S. T., Andersen, T. E. & Hartvigsen, J., 2. maj 2019, I : Osteoarthritis and Cartilage. 27, Suppl. 1, s. S444-S445

'Isn't biological treatment something healthy?': Lay people's perceptions of medical terms

Christiansen, A. A., Hendricks, R. C., Primdahl, J., Roessler, K. K., Andersen, T. E., Hørslev-Petersen, K. & Hendricks, O., maj 2019, I : Scandinavian Journal of Rheumatology. 48, 3, s. 253-255

GLA:D® Back: Group-based patient education and exercises to support self-management of persistent/recurrent back pain. Development, theories and scientific evidence

Kjaer, P., Kongsted, A., Ris Hansen, I., Abbott, A., Rasmussen, C. D. N., Roos, E. M., Skou, S. T., Andersen, T. E. & Hartvigsen, J., 25. apr. 2019.

There's nothing broken. You've had a whiplash, that's it: A Qualitative Study of Comorbid Posttraumatic Stress Disorder and Whiplash Associated Disorders

Ravn, S. L., Eskildsen, N. B., Johnsen, A. T., Sterling, M. & Andersen, T. E., apr. 2019, (Afsendt) I : Pain Medicine.

Trajectories of posttraumatic stress symptoms after whiplash: A prospective cohort study

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Whiplash Patients' Responses on the Impact of Events Scale-R - Congruent With Pain or PTSD Symptoms?

Bunzli, S., Maujean, A., Andersen, T. E. & Sterling, M., mar. 2019, I : The Clinical Journal of Pain. 35, 3, s. 229-237

Attachment Insecurity as a Vulnerability Factor in the Development of Chronic Whiplash Associated Disorder – A Prospective Cohort Study

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Aaby, A., Ravn, S. L., Kasch, H. & Andersen, T. E., 2019, I : Spinal Cord.

Guided Internet-Based Cognitive Behavioral Therapy for Adult Depression and Anxiety in Routine Secondary Care: Observational Study

Mathiasen, K., Ripper, H., Andersen, T. E. & Roessler, K. K., dec. 2018, I : Journal of Medical Internet Research. 20, 11, 14 s., e10927.

GLA:D® Back group-based patient education integrated with exercises to support self-management of back pain - development, theories and scientific evidence

Kjaer, P., Kongsted, A., Ris, I., Abbott, A., Rasmussen, C. D. N., Roos, E. M., Skou, S. T., Andersen, T. E. & Hartvigsen, J., 29. nov. 2018, I : BMC Musculoskeletal Disorders. 19, 21 s., 418.

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Ravn, S. L., Hartvigsen, J., Hansen, M., Sterling, M. & Andersen, T. E., nov. 2018, I : Pain. 159, 11, s. 2159-2169

Do posttraumatic pain and posttraumatic stress symptomatology mutually maintain each other? A systematic review of cross-lagged studies

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Pain-Related Acceptance as a Mediator in the Fear Avoidance Model of Chronic Pain: A Preliminary Study

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The Impact of Attachment Insecurity on Pain and Pain Behaviors in Experimental Pain

Andersen, T. E., Ravn, S. L., Manniche, C. & O'Neill, S., aug. 2018, I : Journal of Psychosomatic Research. 111, s. 127-132

Validation of the PTSD-8 scale in chronic pain patients

Andersen, T. E., Hansen, M., Ravn, S. L., Seehus, R., Nielsen, M. & Vægter, H. B., 1. jul. 2018, I : Pain Medicine. 19, 7, s. 1365–1372

Statistical Analysis Plan: Post-traumatic stress – does it affect outcomes of a multimodal physiotherapy intervention for patients with chronic neck pain

Broholm, D., Andersen, T. E., Boyle, E. & Ris Hansen, I., 1. maj 2018, University of Southern Denmark. 10 s.

Reciprocal associations of pain and post-traumatic stress symptoms after whiplash injury: A longitudinal, cross-lagged study

Ravn, S. L., Sterling, M., Lahav, Y. & Andersen, T. E., maj 2018, I : European Journal of Pain. 22, 5, s. 926-934

Increased Pain Sensitivity in Accident-related Chronic Pain Patients with Comorbid Posttraumatic Stress

Vægter, H. B., Andersen, T. E., Harvold, M., Andersen, P. G. & Graven-Nielsen, T., apr. 2018, I : Clinical Journal of Pain. 34, 4, s. 313–321

Assessing the existence of dissociative PTSD in sub-acute patients of whiplash

Hansen, M., Hyland, P., Armour, C. & Andersen, T. E., 17. mar. 2018, I : Journal of Trauma and Dissociation. 20, 1, s. 16-31

The role of posttraumatic stress symptoms on chronic pain outcomes in chronic pain patients referred to rehabilitation

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maujean, A., Andersen, T. E., Ravn, S. L., Gullo, M. & Sterling, M., 2018.

Associations between acceptance and psychosocial adjustment outcomes following spinal cord injury: A systematic scoping review

Aaby, A., Ravn, S. L., Quistgaard, B. & Andersen, T. E., 2018.

Somatic experiencing for patients with low back pain and comorbid posttraumatic stress disorder. Protocol of a randomized controlled trial

Manniche, C., Ellegaard, H., Schiøttz-Christensen, B. & Andersen, T. E., 10. nov. 2017. 1 s.

Trajectories of Posttraumatic Stress Symptoms Following Whiplash-Injury: A Prospective Cohort Study

Ravn, S. L., Karstoft, K-I., Sterling, M. & Andersen, T. E., 5. sep. 2017.

Screening for Posttraumatic stress disorder in patients with chronic pain

Hansen, M., Hyland, P., Vægter, H. B., Hørbye, M., Larsen, S. & Andersen, T. E., sep. 2017. 1 s.

Nature as therapeutic space

Roessler, K. K., Høegmark, S. & Andersen, T. E., 21. aug. 2017. 1 s.

Assessing the dissociative PTSD subtype in sub-acute patients of whiplash

Hansen, M., Hyland, P., Armour, C. & Andersen, T. E., 1. jun. 2017. 1 s.

A randomized controlled trial of brief Somatic Experiencing for chronic low back pain and comorbid post-traumatic stress disorder symptoms

Andersen, T. E., Lahav, Y., Ellegaard, H. & Manniche, C., 30. maj 2017, I : European Journal of Psychotraumatology. 8, 1, 9 s., 1331108.

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Does Size really matter? A multisite study of competing diagnostic criteria

Hansen, M., Hyland, P., Karstoft, K-I., Bramsen, R. H., Vægter, H. B., Armour, C., Sternhagen, A., Andersen, S. B., Larsen, S., Hørbye, M. & Andersen, T. E., 2017. 1 s.

Effectiveness, satisfaction, and usability of Internet-based cognitive behavioural therapy for adult depression and anxiety in routine secondary mental health care

Mathiasen, K., Andersen, T. E., Riper, H. & Roessler, K. K., 2017.

Når whiplash er mere end en forstuvet nakke: sammenhængen mellem PTSD og smerte

Andersen, T. E. & Karstoft, K-I., 2017, I : Best Practice Reumatologi. februar

Post-traumatic stress symptom clusters in acute whiplash associated disorder and their prediction of chronic pain-related disability

Maujean, A., Gullo, M., Andersen, T. E., Ravn, S. L. & Sterling, M., 2017, I : Pain Reports. 2, 6, 7 s., e631.

The Predictive Validity of using Admissions Testing and Multiple Mini-interviews in Undergraduate University Admissions

Makransky, G., Havmose, P. S., Vang, M. L., Andersen, T. E. & Nielsen, T., 2017, I : Higher Education Research and Development. August, s. 1003-1016

A 13-Weeks Mindfulness Based Pain Management Program Improves Psychological Distress in Patients with Chronic Pain Compared with Waiting List Controls

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Attachment and Posttraumatic Stress Disorder in Multiple Trauma Samples

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Blended CBT versus face-to-face CBT: a randomized non-inferiority trial

Mathiasen, K., Riper, H., Andersen, T. E., Kleiboer, A. M. & Roessler, K. K., 2016. 2 s.

Blended CBT versus face-to-face CBT: a randomised non-inferiority trial

Mathiasen, K., Andersen, T. E., Riper, H., Kleiboer, A. M. & Roessler, K. K., 2016, I : BMC Psychiatry. 16, 8 s., 432.

Pain-catastrophizing and fear-avoidance beliefs as mediators between post-traumatic stress symptoms and pain following whiplash injury: A prospective cohort study

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Attachment Security and Pain: The Disrupting Effect of Captivity and PTSS

Andersen, T. E., Lahav, Y., Defrin, R., Mikulincer, M. & Solomon, Z., 2015, I : Journal of Psychosomatic Research. 79, 6, s. 471-476

Brief Trauma-focused Therapy for Co-morbid Posttraumatic Stress Disorder and Low Back Pain - Preliminary Results

Andersen, T. E., Ellegaard, H. & Manniche, C., 2015.

Motives for sports participation as predictions of self-reported outcomes after anterior cruciate ligament injury of the knee

Roessler, K. K., Andersen, T. E., Lohmander, S. & Roos, E. M., 2015, I : Scandinavian Journal of Medicine & Science in Sports. 25, 3, s. 435-440

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Campbell, L., Kenardy, J., Andersen, T. E., McGregor, L., Maujean, A. & Sterling, M., 2015, I : Journal of Physiotherapy. 61, 4, s. 218

Value-based cognitive-behavioural therapy for the prevention of chronic whiplash associated disorders: protocol of a randomized controlled trial

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Childhood Abuse Types and Physical Health at the Age of 24: Testing Health Risk Behaviors and Psychological Distress as Mediators

Beck Hansen, N., Palic, S., Andersen, T. E. & Rønholt, S., 2014, I : Journal of Aggression, Maltreatment & Trauma. 23, 4, s. 400-413

Chronic pain patients with possible co-morbid post-traumatic stress disorder admitted to multidisciplinary pain rehabilitation: a 1-year cohort study

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Childhood Trauma, PTSD, and Physical Health

Beck Hansen, N., Palic, S., Rønholt, S., Andersen, T. E., Karsberg, S. & Elklit, A., 2013.

Low back pain and posttraumatic stress: Psychotherapeutic intervention in multidisciplinary treatment – a randomized controlled study

Hanne, E., Andersen, T. E. & Manniche, C., 2013.

PTSD Symptoms Mediate the Effect of Attachment on Pain and Somatisation After Whiplash Injury

Andersen, T. E., Elklit, A. & Brink, O., 2013, I : Clinical Practice and Epidemiology in Mental Health. 9, s. 75-83 9 s.

The Prevalence of Four Types of Childhood Maltreatment in Denmark

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Trajectories of pain symptoms following whiplash injury: a prospective cohort study

Andersen, T. E., Karstoft, K-I., Ole, B. & Elklit, A., 2013.

Does attachment insecurity affect the outcomes of a multidisciplinary pain management program? The association between attachment insecurity, pain, disability, distress, and the use of opioids

Andersen, T. E., 2012, I : Social Science & Medicine. 74, 9, s. 1461-1468 8 s.

Hvordan kan psykologiske faktorer medvirke til udviklingen af kroniske smerter efter piskesmæld?

Andersen, T. E., 2012, I : LIVTAG. 3, s. 38-39

Psychological factors predictive of persistent pain after whiplash injury – A longitudinal study. 29th European Conference on Psychosomatic Research, Aarhus.

Andersen, T. E., 2012.

The development of chronic pain – a diathesis-stress perspective on whiplash associated disorders and other pain conditions

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The traumatised chronic pain patient – Prevalence of posttraumatic stress disorder - PTSD and pain sensitisation in two Scandinavian samples referred for pain rehabilitation

Andersen, T. E., Andersen, P. G., Vakkala, M. A. & Elklit, A., 2012, I : Scandinavian Journal of Pain. 3, s. 39-43

The traumatised chronic pain patient—Prevalence of posttraumatic stress disorder - PTSD and pain sensitisation in two Scandinavian samples referred for pain rehabilitation

Andersen, T. E., Andersen, P. G., Vakkala, M. A. & Elklit, A., 2012, I : Scandinavian Journal of Pain. 3, 1, s. 39-43

PTSD-8 – A short PTSD Inventory

Hansen, M., Andersen, T. E., Armour, C., Elklit, A., Palic, S. & Mackrill, T., 3. jun. 2011.

The Traumatized Chronic Pain Patient-Prevalence of PTSD in Two Consecutive Samples Referred to Rehabilitation

Andersen, T. E., Elklit, A. & Andersen, P. G., jun. 2011.

The Relationship between Chronic Whiplash-Associated Disorder and Posttraumatic Stress - Attachment Anxiety may be a vulnerability Factor

Andersen, T. E., Elklit, A. & Toft, L. V., 2011, I : European Journal of Psychotraumatology. 2, 9 s., 5633.

PTSD-8: A short PTSD Inventory

Hansen, M., Andersen, T. E., Armour, C., Elklit, A., Palic, S. & Mackrill, T., 2010, I : Clinical Practice and Epidemiology in Mental Health. 6, s. 101-108

Attachment-anxiety- A possible vulnerability factor in the development of late whiplash syndrome. 11th European Conference On Traumatic Stress, Oslo

Andersen, T. E., 2009.

Lær at leve med smerterne

Andersen, T. E., 2009, I : Krop og Fysik. 11, s. 22-24

Kognitiv adfærdsterapi for kroniske smerter

Andersen, T. E., 2008, I : Manedsskrift for praktisk lægegering. 15, s. 1104-1117 14 s.

Børn og unge i hjerneskaderamte familier – at arbejde med børn og unge som pårørende, et inspirationskatalog.

Andersen, T. E., 2006, Hjerneskadeforeningen

Dokumentation af rehabiliteringsindsatsen.

Andersen, T. E., 2006, I : Fokus. 13, 4

Valg af redskaber til dokumentation af rehabilitering.

Andersen, T. E., 2006, I : Fokus. 13, 4

Presse/medie

ANDRE NAVNE

Tonny Elmoose Andersen

09/09/2019

1 Mediebidrag

EJP AWARD

Tonny Elmoose Andersen

01/11/2019

1 Mediebidrag

Fra Fond til Forsker: Trygfonden og Offerfonden uddeler sene julegaver

Tonny Elmoose Andersen

02/01/2018

1 Mediebidrag

Fra Fond til Forsker: Trygfonden og Offerfonden uddeler sene julegaver

Tonny Elmoose Andersen

04/01/2018

1 Mediebidrag

HÆDER

Tonny Elmoose Andersen

11/09/2019

1 Mediebidrag

Han opfandt den menneskelige superhelt

Tonny Elmoose Andersen

26/12/2017

1 Mediebidrag

Millioner fra Offerfonden til forskning

Tonny Elmoose Andersen

15/01/2018

1 Mediebidrag

Psykisk traume gør piskesmæld værre

Tonny Elmoose Andersen

03/04/2012

1 element af Mediedækning

psykologiske faktorer og udviklingen af kronisk piskesmældssyndrom.

Tonny Elmoose Andersen

08/06/2012

1 element af Mediedækning

Formel pædagogisk uddannelse

In December 2013 I completed the Lecture Training Program at the University of Southern Denmark. My university development project was awarded as "the best university teaching development project". I have participated in four different lecture training courses covering the following topics: Applied learning theory, interactive teaching, the use of cases in teaching, the use of smart-boards in teaching (2 1/4 ECTS).

Uddannelsesadministrative opgaver

My primary administrative functions related to education are as follows:

2014-18: Head of studies, Department of Psychology, University of Southern Denmark.

2013-18: Member of the Academic Study Board, University of Southern Denmark.

2013-: Member of the Department Council, University of Southern Denmark.

2012-2013: Development and assistance in the selection process of new candidates for the psychology education through interviews and tests (MMI: Multiple Mini Interview). Known in Danish as Quota 2 application.

Erfaring med undervisning, vejledning og eksamen

I was hired as one of the first employees at the Institute of Psychology in 2009, and have since been involved in the development and management of large parts of the bachelor and master programmes in psychology. This involvement has been a natural part of my employment given my former experience with project management, teaching, development of healthcare interventions and accreditation/quality management. I have in particular been involved in the development and teaching of the following study modules:

Bachelor programme

BA1: Introduction to Psychology, 15 ECTS (2010-2011 and 2015).

BA2: Cognitive Psychology, 15 ECTS (2011-2012).

BA3: Developmental Psychology, 15 ECTS (2011).

BA4:Personality- and Social Psychology, 15 ECTS (2011-2012 and 2015).
BA5Biological Psychology, 15 ECTS (Module coordinator: 2011-2012).
BA12: Bachelor thesis, 15 ECTS (Module coordinator: 2013-2015 and 2018-2019).

Master Programme

K03:Health psychology and Medical Psychology, 10 ECTS (2013-2015, module coordinator: 2013).
K03: 3 yearly lectures 2015-ongoing
K06: Overall module coordinator and teacher at one of the electives 2018-ongoing
K07:Applied Methods, 10 ECTS (Module coordinator: 2014).
K08:Master Thesis, 30 ECTS (Module coordinator: 2014-2019).

Examination / supervisor

As a university lecturer I have supervised several students at different levels of the bachelor and master programmes in psychology. I have been responsible for several examinations and have worked as an external examiner at two different faculties.

I am currently supervisor on 3 PhD projects.

External examiner:

2014-2016:Appointed external examiner in Health Sciences
2013-2014-:Appointed external examiner in psychology

Examination:

BA1:Introduction to Psychology, 15 ECTS (2010-2011).
BA2:Cognitive Psychology, 15 ECTS (2013).
BA4:Personality- and Social Psychology, 15 ECTS (2011-2014).
BA5Biological Psychology, 15 ECTS (2011-2013).
BA6: Medical Psychology I: 15 ECTS (2016-ongoing)
BA12:Bachelor thesis, 15 ECTS (2013-ongoing)
K03:Health psychology and Medical Psychology, 10 ECTS (2013-ongoing).
K08:Master Thesis, 30 ECTS (2014-ongoing).

Post graduate teaching, clinical training, and popular scientific lecturing

In my professional career as a clinical psychologist and a researcher I have been invited to give lectures and training courses in numerous of settings, in patients associations and to colleagues in different health professions. Examples are as follows:

Clinical training courses

2016-ongoing: CBT training courses multidisciplinary staff at hospitals and patient organisations.
2014:Training in patient communication. A one-day training course for chiropractors.
2014:Cognitive-behavioural therapy in pain management. A two-day training course for pain management nurses.
2014:Cognitive-behavioural therapy in clinical practice. A one-day training course for chiropractors.
2013:Acceptance and commitment therapy for chronic pain. A one day training course for pain management nurses.
2008:Cognitive-behavioural therapy for chronic pain. A three-day training course for the multidisciplinary staff at a sanatorium for rheumatoid arthritis.

Patients associations

2014:PTU – Life after the accident. Psychological risk and vulnerability factors in the development of chronic whiplash associated disorders.
2010:The Faroe Islands Migraine Society. Lecture: How to cheat your pain!
2009:The Danish Migraine Society. Lecture: Pain and depression.
2009:The Danish Migraine Society. Lecture: How to live with chronic pain.

Metoder, materialer og redskaber

In my lecturing I apply a broad range of teaching methods and activities including: e-learning tools for blogging, peer mentoring, cases, role playing and group activities. In my classroom teaching I lecture in a dialog based fashion using real-life cases and role playing. I strive to motivate my students through active learning strategies and problem based learning. My extensive clinical experience has resulted in better teaching connecting the gap between theory and practice.

Uddannelsesudvikling og universitetspædagogisk forskning

In the scholarship of teaching and learning tradition I have investigated the negative effect of non-academic internet use during lectures. The study was a controlled "class-room" experiment, conducted in collaboration with my colleague Jill Byrnit. In the pilot-study we found that non-academic internet use during lectures negatively impacted MCQ test-results. We are currently collecting more data in order to expand the pilot-study and submit our results to a scientific journal on teaching. The study was awarded "best university teaching development project – 2013 (for details see reserach plan

study no.9, and enclosed poster at the end of the portfolio).

My assistance in the selection process of new candidates for the psychology education through interviews and tests (MMI: The Multiple Mini Interview) has led to a publication on the MMI results.

Refleksion over egen pædagogisk praksis og fremtidig udvikling - herunder undervisningsevalueringer

In reflecting on my teaching practice and development thereof I have been very much inspired by the paper by Kugel (1993) "How professors develop as teachers". Kugel describes how the mastering of teaching develops in stages and how you need to go through or master all stages to move from simple teaching of students to helping students to use what they have been taught and more importantly to help students to learn on their own. In my early years as a teacher and lecturer I was overly concerned with my own appearance and role in the classroom and whether I had read enough. During my extensive experience in teaching and acquisition of domain specific knowledge I have achieved a level of teaching where I have the competence to facilitate the students abilities to think critically about their own learning and their needs for teaching and supervision.

Regarding learning theory, I draw upon very different learning theories in my teaching practice. I believe that the different learning theories represent different aspects of learning applicable in different situations depending on the specific context. For instance, teaching biological psychology and the anatomy of the nervous system is a very different context than teaching in clinical psychology and therapeutic skills. Different methods needs to be applied depending on the context. My teaching practice is grounded in an integration of classical and operant conditioning, cognitive theory, critical psychology and system theory. I use problem-based learning, and strive to interact as much as possible with my students in my teaching, and thereby use the teaching situation as a feedback system. For these reasons I believe that good teaching is rooted in deep theoretical and practical teaching experience and in the ability to reflect-in-action.

In the evaluation of my teaching my supervisors wrote:

Tonny Elmoose Andersen (TEA) is a highly competent teacher, who makes use of an extensive variety of teaching methods and activities, all in a well-planned and structured fashion. TEA distinguishes himself by the mastering of a highly interactive and dialog-based teaching [...] TEA has during his affiliation with the Department of Psychology achieved an extensive knowledge with teaching, and with education administration and development - a knowledge and competence that goes much further than what is to be expected in an assistant professorship.