

Qualifications

Occupational Therapy and Occupational Science, Master of Science in Occupational Therapy, University of Southern Denmark

1. Sep 2015 → 1. Jul 2017

Award Date: 1. Jul 2017

Employment

PhD Student

User Perspectives and Community-based Interventions

University of Southern Denmark

Odense C

15. Oct 2020 → present

Research unit PROgrez

PROgrez: Patient-Related Objectives: Generating better Rehabilitation, Treatment, Exercise and Diagnostics - Region Zealand

Slagelse, Denmark

1. Nov 2017 → present

Research outputs

Comprehensive value-based occupational and lifestyle goal setting in adults living with chronic pain assisted by occupational therapists – a feasibility study - ID # 1114

Nielsen, S. S., Skou, S. T., Larsen, A. E., Søndergaard, J. & Christensen, J. R., 27. Mar 2022, (Accepted/In press).

How occupational therapists can bridge the gap between health professionals and obese individual in the fight to break the obesity curve? - ID # 946

Christensen, J. R., Jessen-Winge, C., Larsen, A. E., Nielsen, S. S., Ilvig, P. M., Surrow, S. & Kolind, M. I., 27. Mar 2022, (Accepted/In press).

Occupational engagement used as a tool of impact on lifestyle in chronic pain management – a systematic review and meta-analysis - ID # 1111

Nielsen, S. S., Skou, S. T., Larsen, A. E., Søndergaard, J. & Christensen, J. R., 27. Mar 2022, (Accepted/In press).

Associations of health-related quality of life with sociodemographic characteristics, health, pain, and lifestyle factors, and motivation for changing lifestyle in adults living with chronic pain: a cross-sectional exploratory study

Nielsen, S. S., Skou, S. T., Larsen, A. E., Søndergaard, J. & Christensen, J. R., 27. Jan 2022, In: Scandinavian Journal of Pain. 22, 1, p. 142-153

Ergoterapi i den tværfaglige behandling af kroniske smerter– erfaringer fra en pilotafprøvning [Occupational therapy in multidisciplinary chronic pain treatment - experiences from a feasibility study]

Nielsen, S. S., Skou, S. T., Larsen, A. E., Vægter, H. B., Polianskis, R., Simonj, C., Søndergaard, J. & Christensen, J. R., 15. Oct 2021, (Accepted/In press).

Lived experiences in daily life with myalgic encephalomyelitis

Sandhu, R. K., Sundby, M., Ørneborg, S., Nielsen, S. S., Christensen, J. R. & Larsen, A. E., Oct 2021, In: British Journal of Occupational Therapy. 84, 10, p. 658-667

Associations of health-related quality of life with sociodemographic characteristics, health, pain, and lifestyle and motivation for changing lifestyle in adults living with chronic pain: a cross-sectional study

Nielsen, S. S., Skou, S. T., Larsen, A. E., Polianskis, R., Pawlak, WZ., Søndergaard, J. & Christensen, J. R., 15. Sep 2021

Feasibility evaluation of a lifestyle-oriented occupational therapy intervention for patients with chronic non-malignant pain
Nielsen, S. S., Skou, S. T., Larsen, A. E., Polianskis, R., Pawlak, WZ., Vægter, H. B., Simoný, C., Søndergaard, J. & Christensen, J. R., 15. Sep 2021.

Five vital components in an OT-inspired minicipal weight loss program obtained through research circles
Jessen-Winge, C., Larsen, A. E., Nielsen, S. S. & Christensen, J. R., 1. Sep 2021, In: American Journal of Occupational Therapy. 75

Feasibility assessment of an occupational therapy lifestyle intervention added to multidisciplinary chronic pain treatment at a Danish pain centre: a qualitative evaluation from the perspectives of patients and clinicians
Nielsen, S. S., Christensen, J. R., Søndergaard, J., Mogensen, V., Larsen, A. E., Skou, S. T. & Simoný, C., 13. Jul 2021, In: International Journal of Qualitative Studies on Health and Well-Being. 16, 1, 1949900.

Improving Resilience Through Lifestyle-oriented Occupational Therapy for Adults with Chronic Pain
Nielsen, S. S., Skou, S. T., Søndergaard, J. & Christensen, J. R., 2021.

Lifestyle, occupational performance and quality of life as markers of resilience in chronic pain patients
Nielsen, S. S., Skou, S. T., Søndergaard, J. & Christensen, J. R., 2021.

Moving Forward: a lifestyle-oriented occupational therapy intervention for chronic pain
Nielsen, S. S., Skou, S. T., Larsen, A. E., Mogensen, V., Søndergaard, J. & Christensen, J. R., 2021.

Lifestyle-oriented Occupational Therapy Intervention for Patients with Chronic Non-malignant Pain.
Nielsen, S. S., Skou, S. T. & Christensen, J. R., 30. Aug 2019.

Redesign your Everyday Activities and Lifestyle with Occupational Therapy [REVEAL OT]
Nielsen, S. S., Skou, S. T., Søndergaard, J. & Christensen, J. R., 29. Aug 2019.

Occupational Therapy for Adults with Overweight and Obesity: Mapping Interventions Involving Occupational Therapists
Nielsen, S. S. & Christensen, J. R., 31. Oct 2018, In: Occupational Therapy International. 2018, 17 p., 7412686.

Activities

Livsstilsændringer ved kroniske smerter – hvad kan ergoterapeuter bidrage med i den tværfaglige behandling, og er det relevant for patienterne?

Svetlana Solgaard Nielsen (Guest lecturer)
7. Nov 2019

Projects

REVEAL(OT): Lifestyle-oriented occupational therapy intervention for patients with chronic non-malignant pain – A randomized controlled trial

Nielsen, S. S.
01/01/2019 → 31/12/2021

Teaching and supervision

Hverdagslivet med non-maligne kroniske smerter

Jeanette Reffstrup Christensen & Svetlana Solgaard Nielsen
01/01/2019 → 01/07/2019