

Kim Gordon Ingwersen
IRS, Lillebaelt Hospital, Physiotherapy
Email: kingwersen@health.sdu.dk

Employment

Postdoc

IRS, Lillebaelt Hospital, Physiotherapy
University of Southern Denmark
1. Feb 2019 → 31. Jan 2023

Research outputs

Total hip arthroplasty versus progressive resistance training in patients with severe hip osteoarthritis: protocol for a multicentre, parallel-group, randomised controlled superiority trial

Frydendal, T., Christensen, R., Mechlenburg, I., Mikkelsen, L. R., Overgaard, S. & Ingwersen, K. G., 22. Oct 2021, In: *BMJ Open*. 11, 10, 051392.

Cellulitis is associated with severe breast cancer-related lymphedema: An observational study of tissue composition

Jørgensen, M. G., Hermann, A. P., Madsen, A. R., Christensen, S., Ingwersen, K. G., Thomsen, J. B. & Sørensen, J. A., 2. Jul 2021, In: *Cancers*. 13, 14, 3584.

Clinical assessment methods for scapular position and function. An inter-rater reliability study

Larsen, C. M., Søgaard, K., Eshoj, H., Ingwersen, K. G. & Juul-Kristensen, B., Dec 2020, In: *Physiotherapy Theory and Practice*. 36, 12, p. 1399-1420

Strain Elastography and Tendon Response to an Exercise Program in Patients With Supraspinatus Tendinopathy: An Exploratory Study

Brage, K., Juul-Kristensen, B., Hjarbaek, J., Boyle, E., Kjaer, P. & Ingwersen, K. G., Dec 2020, In: *Orthopaedic Journal of Sports Medicine*. 8, 12, 11 p., 2325967120965185.

Discriminative and convergent validity of strain elastography for detecting tendinopathy within the supraspinatus tendon: a cross-sectional study

Brage, K., Hjarbaek, J., Boyle, E., Ingwersen, K. G., Kjaer, P. & Juul-Kristensen, B., Jun 2020, In: *JSES International*. 4, 2, p. 310-317

Effect of Psychomotricity in Combination With 3 Months of Active Shoulder Exercises in Individuals With Chronic Shoulder Pain: Primary Results From an Investigator-Blinded, Randomized, Controlled Trial

Ingwersen, K. G., Vobbe, J. W., Pedersen, L. L., Sørensen, L. & Wedderkopp, N., Nov 2019, In: *Archives of Physical Medicine and Rehabilitation*. 100, 11, p. 2136-2143

Ultrasonic strain elastography for detecting abnormalities in the supraspinatus tendon: an intra- and inter-rater reliability study

Brage, K., Hjarbaek, J., Kjaer, P., Ingwersen, K. G. & Juul-Kristensen, B., 9. May 2019, In: *BMJ Open*. 9, 5, e027725.

Intertester reliability of clinical shoulder instability and laxity tests in subjects with and without self-reported shoulder problems

Eshoj, H., Ingwersen, K. G., Larsen, C. M., Kjær, B. H. & Juul-Kristensen, B., 3. Mar 2018, In: *B M J Open*. 8, 3, 10 p., e018472.

Behavioural typologies of experienced benefit of psychomotor therapy in patients with chronic shoulder pain: A grounded theory approach

Stamp, A. S., Pedersen, L. L., Ingwersen, K. G. & Sørensen, D., 2018, In: *Complementary Therapies in Clinical Practice*. 31, p. 229-235

Clinical test assessment methods for scapular position and function. - An inter-rater reliability study

Larsen, C. M., Eshøj, H., Ingwersen, K. G., Søgaard, K. & Juul-Kristensen, B., 2018.

Reliability of clinical assessment methods for assessing scapular position and function. An inter-rater reliability study

Larsen, C. M., Søgaard, K., Eshøj, H., Ingwersen, K. G. & Juul-Kristensen, B., 2018, p. 75.

Elastography - how hard can it be?

Brage, K. & Ingwersen, K. G., Jan 2017, In: Dansk Sportsmedicin. 21, 1, p. 50-51

Three Months of Progressive High-Load Versus Traditional Low-Load Strength Training Among Patients With Rotator Cuff Tendinopathy: Primary Results From the Double-Blind Randomized Controlled RoCTEx Trial

Ingwersen, K. G., Jensen, S. L., Sørensen, L., Jørgensen, H. R., Christensen, R., Søgaard, K. & Juul-Kristensen, B., 2017, In: Orthopaedic Journal of Sports Medicine. 5, 8, 19 p., 2325967117723292.

Diagnostic evaluation of Rotator Cuff Tendinopathy and the effect of three months of progressive high load exercise treatment

Ingwersen, K. G., 17. Jun 2016, Odense: Syddansk Universitet, Institut for Idræt og Biomekanik. 161 p.

Ultrasound assessment for grading structural tendon changes in supraspinatus tendinopathy: an inter-rater reliability study

Ingwersen, K. G., Hjarbæk, J., Eshøj, H., Larsen, C. M., Vobbe, J. W. & Juul-Kristensen, B., May 2016, In: B M J Open. 6, 5, e011746.

Shoulder/Neck Projects In Research Unit For Musculoskeletal Function And Physiotherapy

Juul-Kristensen, B., Ris Hansen, I., Ingwersen, K. G., Eshøj, H., Brage, K., Kjær, B. H. & Larsen, C. M., Jan 2016.

Sonographic Assessment Of Supraspinatus Tendinopathy As A Future Diagnostic And Effect Measure: A Reliability Study Of The Assessment Method

Ingwersen, K. G., Hjarbæk, J., Eshøj, H., Larsen, C. M., Vobbe, J. W. & Juul-Kristensen, B., 12. Jul 2015. 1 p.

Inter-examiner reliability of a new Ultra-sonographic method for classification of supraspinatus tendinopathy – a pilot study

Ingwersen, K. G., Hjarbæk, J., Eshøj, H., Larsen, C. M., Vobbe, J. W. & Juul-Kristensen, B., Apr 2015. 1 p.

Progressive high-load strength training compared with general low-load exercises in patients with rotator cuff tendinopathy: Study protocol for a randomised controlled trial

Ingwersen, K. G., Christensen, R., Sørensen, L., Jørgensen, H. R. I., Jensen, S. L., Rasmussen, S., Søgaard, K. & Juul-Kristensen, B., 27. Jan 2015, In: Trials. 16, 1, 16 p., 27.

Assessment of scapular positioning and function as future effect measure of shoulder interventions: An inter-examiner reliability study

Eshøj, H., Larsen, C. M., Ingwersen, K. G., Søgaard, K. & Juul-Kristensen, B., 2015. 1 p.

Shoulder instability tests as effect measures after shoulder interventions: an inter-examiner reliability of the clinical tests

Eshøj, H., Larsen, C. M., Ingwersen, K. G. & Juul-Kristensen, B., 2015. 1 p.

Activities

Pilot and Feasibility Studies (Journal)

Kim Gordon Ingwersen (Peer reviewer)

11. Feb 2020

"Longitudinal Effect Of Exercise Modality On Supraspinatus Tendon Thickness In Patients With Rotator Cuff Tendinopathy - Secondary Analysis Of The RoCTEx Trial"

Kim Gordon Ingwersen (Speaker), Birgit Juul-Kristensen (Other), Jette Wessel Vobbe (Other), Steen Lund Jensen (Other), Hans R. I. Jørgensen (Other) & Karen McCreesh (Other)

18. Sep 2019

Journal of Pain Research (Journal)

Kim Gordon Ingwersen (Peer reviewer)

21. May 2019

Longitudinal effect of exercise modalities on supraspinatus tendon thickness in patients with rotator cuff tendinopathy – relations to pain and function?

Kim Gordon Ingwersen (Speaker)

1. Feb 2019

British Journal of Sports Medicine (Journal)

Kim Gordon Ingwersen (Peer reviewer)

13. Aug 2018

PlosOne (Journal)

Kim Gordon Ingwersen (Peer reviewer)

10. May 2018 → 20. May 2018

Evidencebased clinical reasoning for exercises in rotator cuff related disorders - Ultrasound verified structural changes after specific exercises for patients with rotator cuff tendinopathy

Kim Gordon Ingwersen (Speaker)

12. Apr 2018

PeerJ (Journal)

Kim Gordon Ingwersen (Peer reviewer)

13. Sep 2017 → 25. Sep 2017

PROGRESSIVE HIGH-LOAD EXERCISES COMPARED TO LOW-LOAD EXERCISES IN ROTATOR CUFF TENDINOPATHY PATIENTS - RESULTS FROM THE RANDOMISED, CONTROLLED ROCTEX TRIAL

Kim Gordon Ingwersen (Speaker)

3. Jul 2017

Progressive high-load strength training compared with general low-load exercises in patients with rotator cuff tendinopathy: a randomized controlled trial

Kim Gordon Ingwersen (Speaker)

27. May 2016

Inter-rater reliability of ultrasound assessment for grading structural tendon changes in supraspinatus tendinopathy

Kim Gordon Ingwersen (Speaker)

5. Feb 2016

Manuel Therapy (Journal)

Kim Gordon Ingwersen (Peer reviewer)

13. Nov 2014 → 4. Dec 2014

Supervision

Elastography and rotator cuff related pain disorders.

Kim Gordon Ingwersen

01/06/2015 → 01/06/2020

Den samstemmende validitet mellem en modificeret udgave af Algorithm for clinical reasoning in the examination of impingement-related shoulder pain og Ultralydsscanning som reference standard – Et kvantitativt tværnsitsstudie

Kim Gordon Ingwersen
01/01/2013 → 01/07/2013

Intertester reliabiliteten af muskelstyrkemålinger på skulderen med IsoForceControl Evo2 dynamometer

Kim Gordon Ingwersen
01/01/2015 → 30/06/2015

Late-term shoulder pain and shoulder function after breast cancer surgery. Clinicoepidemiological and socioeconomic aspects of physiotherapeutic rehabilitation, and the effect of specialized diagnosing and physiotherapeutic intervention.

Kim Gordon Ingwersen
01/03/2019 → ...

Prevention of Lymphedema with Tacrolimus.

Kim Gordon Ingwersen
01/05/2019 → ...

Reliabilitetsstudie af et digital goniometer

Kim Gordon Ingwersen
01/01/2015 → 30/06/2015

Reliability of a standardized protocol in the assessment of supraspinatus tendinopathy using ultrasoundscanning

Kim Gordon Ingwersen
01/01/2014 → 30/06/2014

Screening for non-copers to non-surgical treatment after ACL injury.

Kim Gordon Ingwersen
01/05/2020 → ...

The effect of PROgressive resistance training versus total Hip arthroplasty in patients with end-stage osteoarthritis – the PROHip trial.

Kim Gordon Ingwersen
01/08/2018 → ...