

## Teaching Portfolio

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## Paedagogical Education

**Teaching/Educational Portfolio** This portfolio is according to the requests by University of Southern Denmark (SDU).  
**Formal educational training** University pedagogical Courses: 2015 (10 ETCS) The professional postgraduate lecturer training course, SDU.

Supervisors: Birte Østergaard, Pia Melchior Petersen and Inger-Marie F Christensen.

**Educational training at Bachelor level:** Assertionstræning, 2000 Praktikvejledningskursus, 2000 Voksenpædagogik og Formidling, 2000 Kommunikationstræning "Den Svære Samtale" (Lægeforeningen) 2003 Motiverende samtale, 2006 and 2009

**Educational training at PhD level:** Teaching for active learning. Conference 3/11 2014, ¼ ETCS Vejledning – Roller og relationer 23/2-15 samt 12/3 2015, ¾ ETCS Nærvær og gennemslagskraft i din undervisning 21/4 2015, ½ ETCS Flipped Classroom 12/5 and 2/6 2015, 1 ETCS Diskussionsfora, blogs eller Wikier 27/8 2015, ½ ETCS Team Based Learning for university teachers 15/8 2017 PhD supervision, process, methods and tools august 2017

## Administrative tasks relating to education:

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Organizer at the annual module "Rehabilitation and Palliation" Cand. Cur at SDU (5 ETCS) from 2014-2017

My experiences concerning being a module organizer is developed during the last three years. I have worked closely with RN, Associate Professor Thora Skodshøj Thomsen, and with other teachers at the module. We have had fruitful pedagogically and practice discussions over the years. Furthermore, I have discussed with the group of other module organizers to make alignment through the Cand. Cur study.

During each module I have organized a supervisor meeting with the 8-10 nurses who supervise the students regarding examination. This is important to agree on the criterion, and together we have developed rubrics to evaluate the assignments.

I believe, it is important not only to teach the students but also to support them as humans. They go through a huge development during these two years, and therefore I have prioritized to be present before each teaching day. My interest towards the students is also how they integrate knowledge into clinical practice after the Cand. Cur. Therefore, with academic colleagues and teachers I am working with a study to expose the transformation from Cand. Cur student to clinical nursing practice.

## Organizer of Project days for nurses and physicians:

Organizer of Project days for nurses and physicians:

- Kommunikation i afsnit C6. OUH. 15/5 2003
- Patientforløbet for cancerpatienten i afsnit C6. OUH. 27/8 2004
- Den ansvarshavende sygeplejerske i B2/Karma. OUH 25/1 2006
- Dokumentation i sygeplejen B2/Karma. OUH 15/11, 22/11 2006
- Regionsmøde for kræftafdelinger 10/10 2007, 8/10 2008
- Aktivt sygeplejeforum afdeling R. OUH 12/11 2007, 4/11 2008, 9/3 2016, 8/3 2017
- Landskurset for udviklingssygeplejersker 8-9/10 2008
- Moderator på Sygeplejefagdag OUH 25/8 2009 samt 25/1 2018
- Sygeplejeforskningsdagen "hvem bestemmer her" 3/6 2016

## Experience concerning study programs, supervision and examinations

**Experience concerning study programs, supervision and examinations** Participant in development of the second edition of the curriculum of Cand. Cur, SDU 2017-

**Educational/Research Supervision at Bachelor level** Supervisor for: 3 students at "Metoder i kvalitetsudvikling" April 2007 and 2 students at "Patientologi for kardiologiske patienter" Contact Kim Koldby. CVSU Lillebælt. 2 students

"Stråleterapiuddannelsen" Department of Oncology, OUH 2008. Contact Tina Storm Larsen. Department of Oncology The development project "Fatigue hos strålebehandlede patienter med mammaecancer". Department of Oncology, OUH (Inga Hartmann).

The research project "Håndtering af hudtoxicitet hos patienter med gastrointestinal cancer i behandling med Cetuximab" Department of Oncology, OUH (Helle Mona Larsen).

The research project "Evaluering af HCAnd" Department of Oncology, OUH (Lene Vedel Vestergaard)  
Specialized Cancer Nursing Diplomae Charlotte Edith Petersen, RN, graduated with topgrade 24th May 2017. Metropol København.

**Educational Supervision at Masters level**Supervisor for:2015 2 master students' module 1b, Cand. Cur, SDU (5 ECTS)2015 3 master students' module 4 "Rehabilitation & Palliation", Cand. Cur, SDU (5 ECTS)2016 3 master students' module 4, "Rehabilitation & Palliation" Cand. Cur, SDU (5 ECTS)Cand. Cur Master Thesis Jette Sørensen, RN, MScN, graduated June 2016: "Patientinddragelse i en pædiatrisk kontekst-Et kvalitativt studie" (30 ETCS)Cand. Cur Master Thesis Karen Funderskov, RN, MScN, graduated June 2017: "Videoconsultation in Specialized Palliation" (30 ETCS)Internal project supervisor: Cand. Scient.San.Publ Master Thesis Caroline Elnegaard, graduated with top-grade 11th June 2018: "Reliability study of the Danish version of the Insomnia Severity Index (ISI-DA)"Cand. Cur Master Thesis Mette Lund Nielsen, RN, graduated with top-grade 13th June 2018: "Optimization of palliative care in an Acute Stroke Unit" (30 ETCS)Cand. Cur Master Thesis Carina Ingemann Nielsen RN, graduated 19th June 2018: "Cancer & Caregivers" (30 ETCS)Cand. Cur Master Thesis Nina Ingerslev Andersen, RN, graduated with top-grade 19th June 2018: "Cancer & Caregivers" (30 ETCS)Cand. Cur student Eithne Hayes Bauer, RN, graduated June 2019Cand. Cur student Nadja Buch Petersson, RN, graduated June 2019Cand. Cur student Ane L. Jørgensen, RN, graduated June 2019  
**Research Supervision at PhD level**Head-supervisor for:PhD student, Tine Ikander, RN, MScN: Early palliative care, Oncology treatment in patients with lung- or pancreatic cancer. Sept 2018- PhD student Pia Krause Møller, RN, MPH: PRO-MR/RT Systematic web-based patient-reported outcome measures for a personalized, patient-centered symptom management and clinical assessment of pelvic toxicity to magnetic resonance radiation therapy. February 2019-**Co-supervisor for:**PhD student, Lærke Tolstrup, RN, MScN: The use of PRO-CTCAE in patients receiving immunotherapy for the treatment of malignant melanoma. 1/9 2016 – PhD student, Marianne Boll Kristensen, RD, MSc. in Clinical Nutrition: NUTRI-HAB - Which head and neck cancer survivors should be offered posttreatment rehabilitation of nutrition impact symptoms? 1/5 2017– PhD student, Christina Østervang, RN, MSCN: 1/2 2020-

**External examiner:**Diplomae in Cancer Nursing, Metropol. 2 students 2010 and 4 students 2013 Master in Rehabilitation, SDU – 4 students 2016

**Educational development and applied research in university teaching, including educational awards**Learning and teaching is like nursing, rehabilitation and palliation a relational practice. This is important to have in mind, along with the increasing demands for the universities to make larger classes and shorter time to teach. Team-based learning (TBL) is included in my teaching strategy to increase deep learning and use the students' resources more e.g. to peer feedback. I find it very important that teaching is based on research, so students learn to find research results, and argue for the best knowledge to bring into clinical nursing practice. I will use teachers with a PhD and supervise PhD students to teach, not in their projects, as students often find that boring, but in methods and concepts. Furthermore I use the possibility of the students supervised study period working with "real time" projects.

**Teaching at Bachelor/Diplomae level**A three-day course in Documentation. "Den medicinske sygeplejerskeuddannelse afd. C". OUH Seven courses from 2000-2001. Contact: Tove Birkebæk Thomsen.Teaching primary nurses. "Samarbejde mellem primær og sekundær sektor" Centre of public competency development 2005. Contact: Charlotte Gjørup. Teaching students "Suppleringsuddannelsen JCVSU", Master project, Feb. 2006 and 2007. Contact: Jeanette Pilt Ulriksen.Teaching newly appointed nurses in "Håndeksem, håndhygiejne, stikuheld og utilsigtede hændelser" Oct. 2006, Feb. 2007. Department of Cardiology, OUH. Course leader "sygepleje til patienter i kemoterapi" Maj and Sept. 2008. Department of Oncology, OUH. Contact: Merete Bech Poulsen.Course leader "Palliationskursus" 27-28. May 2009. Department of Oncology, OUH. Contact: Merete Bech Poulsen.Course in Family Nursing, Hospice Fyn, 10 nurses 260215. Teaching nursing managers in "Rehabilitering efter prostatakræft" Vejle Sygehus. Department of Oncology 160515Teaching radiographer students in Cancer Rehabilitation UCL 280815.Development of E-læringsredskab "Ældre og Kræft" 6 lektioner til Fjernstudieholdet på Specialuddannelsen i Kræftsyrgepleje, Metropol København 2015.Teaching "Ældre og Kræft" 3 lektioner. Fremmødeholdet på Specialuddannelsen i Kræftsyrgepleje, Metropol København 3/12 2015 samt 5/12 2017Development of E-læringsredskab "Prostatakræft, diagnose, behandling og sygepleje" 6 lektioner til Fjernstudieholdet på Specialuddannelsen i Kræftsyrgepleje, Metropol København 2016.Teaching Palliative Care team Fyn "Ældre og Kræft" OUH 22/3 2016Teaching "Prostatakræft, diagnose, behandling og sygepleje" 3 lektioner. Fremmødeholdet på Specialuddannelsen i Kræftsyrgepleje, Metropol København 26/5 2016 samt 24/5 2018Principal organizer of "Vækstforum" Annually postgraduate course for cancer nurses with interest in research and development at Department of Oncology, OUH. 8 oncology nurses completed 2016, 12 nurses completed 2017. 5 nurses completed 2018. 9 nurses completed 2019.Teaching "Palliative care and research" for radiotherapists 31/10 2018.

**Teaching at Masters level** I am a teacher at the Cand.Cur module "Rehabilitation and Palliation" (5 ETCS) (2015, 2016, 2017, 2018, 2019) with the topics:•The concepts of Rehabilitation 4 lessons•The contexts of Rehabilitation and Palliation 2 lessons•Complex interventions 2 lessons•The nursing role in Rehabilitation and Palliation 4 lessons•Caregivers 4 lessons (2018)

**Teaching at PhD level**During my PhD project I have taught other PhD students in different parts concerning my project. E.g. statistics. I have also participated in the Clinical Trial Team at the Research Unit for Nursing SDU from 2010-2013. In the Department of Oncology, I have taught physicians and nurses in specific parts of my research project. Contact Professor Lis Wagner and Birte Østergaard.

**Reflection on own teaching practice and future development, including student evaluations**My educational reflections are built on the beliefs that learning is a relational and reflective practice. In my teaching I use dialogue, group based teaching and exercises based on clinical cases with arguments. I also use flipped classroom so the student are able to prepare before class with POD casts or reflective questions. The teaching is planned according to the learning goals which I try to

make explicit. Even if it is a class with many students I involve them with tools like interactive questions, argument play or discussions with fellow students. I am very inspired of "Team Based Learning" (TBL) which has shown to be successful in large classes. Elements of TBL will be executed in the coming module of "Rehabilitation and Palliation" which have 30 students. After each module the students have evaluated the module and I have adjusted the teaching. The two modules which have been executed until now have been evaluated positive. Concerning my process being a relatively new supervisor for PhD students, I discuss my practice with my mentors Professor Ann-Dorthe Zwisler and Henrik Ditzel. This will inspire me continuing being reflective about my supervising practice.