

Søren Smedegaard
Active Living
Department of Sports Science and Clinical Biomechanics
Email: ssmmedegaard@health.sdu.dk
Mobile: 28668884
Phone: 65507224

Qualifications

Idræt og sundhed, Cand. Scient idræt

Employment

Part-time Lecturer

Active Living
University of Southern Denmark
1. Jan 2015 → present

Part-time Lecturer

Department of Sports Science and Clinical Biomechanics
University of Southern Denmark
Odense M
1. Jan 2015 → present

Lektor

University College Lillebælt
Odense, Denmark
1. Aug 2004 → present

Research output

Association between Implementation and Effect in the Randomized Controlled Trial "Move for Well-Being in School"

Smedegaard, S., Christiansen, L. B., Brondeel, R. & Skovgaard, T., May 2021, In: Advances in Physical Education. 11, 2, p. 141-157

A Qualitative Exploration of Implementation, Adaptation, and Sustainability of a School-Based Physical Activity Intervention: Move for Well-Being in School

Christiansen, L. B., Clausen, K., Smedegaard, S. & Skovgaard, T., 11. Mar 2021, (E-pub ahead of print) In: Sage Open. 11, 1

Et individ gror i fællesskabets have

Elkrog-Hansen, L. M., Skovgaard, T. & Smedegaard, S., 24. Jan 2021, In: Forum for idræt. 36, 1, p. 1-28

Research initiative together with independent boarding schools

Hansen, L. M. E., Smedegaard, S. & Skovgaard, T., Aug 2019, p. 155. 1 p.

Muscle Fibertype Composition Affects Contractile Rate of Force Development (RFD) in vivo

Aagaard, P., Smedegaard, S., Madsen, T. & Ørtenblad, N., Jun 2019, In: Medicine and Science in Sports and Exercise. 51, 6, p. 3200

The TILPAS Project: - Teachers Implementing Physical education for All Students

Smedegaard, S., Knudsen, L. S. & Christiansen, L. B., Jun 2019.

Move for well-being in schools – evaluation of a SDT-based intervention

Christiansen, L. B., Holt, A-D., Lund-Cramer, P., Smedegaard, S. & Skovgaard, T., 23. May 2019.

Inclusion of children with mental and physical disabilities in ordinary school PE – a conceptual framework
Christiansen, L. B. S., Knudsen, L. S., Skovgaard, T. & Smedegaard, S., 2019.

Kompetenceudvikling er afgørende for inklusion i idræt, men hvordan?
Smedegaard, S., 2019, In: MOV:E. Særnummer, p. 49-60

Øvelsen - en centralt men upåagtet fordybelseelement i idræt
Smedegaard, S. & Jørgensen, H. T., 2019, *Fag og fordybelse: Når fag sætter nye spor i erkendelse*. Brodersen, P. (ed.). Hans Reitzels Forlag

Research initiative together with continuation schools
Hansen, L. M. E., Skovgaard, T. & Smedegaard, S., 2019.

The TILPAS project - Teachers ImpLementing Physical education for All Students
Smedegaard, S., 2019.

Pupils' experiences of autonomy, competence and relatedness in a physical activity intervention
Holt, A-D., Smedegaard, S., Pawlowski, C. S., Skovgaard, T. & Christiansen, L. B. S., 16. Oct 2018.

From randomised controlled trials to compatible, adaptable and scalable school development research - an innovative research design for school based physical activity
Jeppesen, L. S., Smedegaard, S., Knudsen, L. S., Larsen, L. R., Skovgaard, T. & Christiansen, L. B., 1. Oct 2018, In: *Journal of Physical Activity & Health*. 15, Suppl. 1, p. S159 1 p.

Implementation and maintenance of a school-based multi-component physical activity intervention
Smedegaard, S., Clausen, K. L. L., Skovgaard, T. & Christiansen, L. B., 1. Oct 2018, In: *Journal of Physical Activity & Health*. 15, Suppl. 1, p. S28-S29

Pupils' experiences of autonomy, competence and relatedness in a physical activity intervention
Holt, A-D., Smedegaard, S., Pawlowski, C., Skovgaard, T. & Christiansen, L. B., 1. Oct 2018, In: *Journal of Physical Activity & Health*. 15, Suppl. 1, p. S221

Pupils' experiences of autonomy, competence and relatedness in 'Move for Well-being in Schools': A physical activity intervention
Holt, A-D., Smedegaard, S., Pawlowski, C. S., Skovgaard, T. & Christiansen, L. B., 1. Aug 2018, In: *European Physical Education Review*. 25, 3, p. 640-658

Implementering af en skolebaseret intervention til fremme af børn og unges trivsel og bevægelse: Udvikling, implementering og procesevaluering af "Trivsel og Bevægelse i Skolen"
Smedegaard, S., 28. Jun 2018, Institut for Idræt og Biomekanik, Syddansk Universitet. 191 p.

From randomised controlled trials to compatible, adaptable and scalable school development research - an innovative research design for school based physical activity
Jeppesen, L. S., Smedegaard, S., Knudsen, L. S., Larsen, L. R., Skovgaard, T. & Christiansen, L. B. S., 30. Apr 2018.

Implementation and maintenance of a school-based multicomponent physical activity intervention -The 'Move for Well-being in School' study
Smedegaard, S., Skovgaard, T., Christiansen, L. B. S. & Holt, A-D., 2018.

Implementering – et vrøvleord, en utopi, en strategi?
Smedegaard, S., 2018, In: MOV:E. 7

Implementering af en skolebaseret intervention for fremme af børn og unges trivsel og bevægelse: Udvikling, implementering og procesevaluering af "Trivsel og Bevægelse i Skolen"

Smedegaard, S., 2018, Syddansk Universitet. Det Sundhedsvidenskabelige Fakultet.

Improving children's physical self-perception through a school-based physical activity intervention: The Move for Well-being in School study

Christiansen, L. B., Lund-Cramer, P., Brondeel, R., Smedegaard, S., Holt, A. D. & Skovgaard, T., 2018, In: Mental Health and Physical Activity. 14, p. 31-38

Influence of muscle fibertype composition on contractile Rate of Force Development (RFD) in vivo

Smedegaard, S., Madsen, T., Ørtenblad, N. & Aagaard, P., 2018.

The Impact of Leadership on Implementation of School-based Physical Activity Interventions

Skovgaard, T., Smedegaard, S. & Christiansen, L. B. S., 2018.

Trivsel og bevægelse i skolen

Smedegaard, S. & Skovgaard, T., 2018, *Motion og bevægelse i skolen*. Jensen, J-O., Taarsted Jørgensen, H. & Stilund Volshøj, E. (eds.). København: Hans Reitzels Forlag

What happened in the 'Move for Well-being in School': a process evaluation of a cluster randomized physical activity intervention using the RE-AIM framework

Smedegaard, S., Brondeel, R., Christiansen, L. B. & Skovgaard, T., 16. Nov 2017, In: International Journal of Behavioral Nutrition and Physical Activity. 14, 11 p., 159.

Implementation and impact of in-class physical activities in a positive mental health perspective

Christiansen, L. B. S., Holt, A-D., Smedegaard, S. & Skovgaard, T., 15. Nov 2017. 1 p.

A qualitative study of how to create supportive environments for the implementation of in-class-activities in middle school

Holt, A-D., Smedegaard, S., Christiansen, L. B. S. & Skovgaard, T., Jun 2017.

A qualitative study of how to create supportive environments for the implementation of in-class-activities in middle school

Holt, A-D., Christiansen, L. B. S., Smedegaard, S. & Skovgaard, T., 10. Mar 2017. 1 p.

"Move for Well-being in Schools"- A multicomponent, school-based, physical activity intervention

Smedegaard, S., 2017.

Contemporary Approaches to promoting Student Wellbeing through Physical Activity in Danish and Australian Schools

Smedegaard, S., Whatman, S., Usher, W. & Main, C., 2017.

Design og implementering

Smedegaard, S. & Skovgaard, T., 2017, In: MOV:E. 2017, Særnummer, p. 9-19

Læring og trivsel i idrætsundervisningen

Smedegaard, S., 2017, In: MOV:E. 2017, Særnummer, p. 52-63

PE program for inclusion and positive experiences – quantitative and qualitative results from a randomized controlled trial

Smedegaard, S. & Christiansen, L. B. S., 2017. 1 p.

Quantifying implementation quality with the RE-AIM framework to assess dose-response in 'Move for Well-being'

Smedegaard, S., Breum, L., Brondeel, R., Lund-Cramer, P., Holt, A-D. & Skovgaard, T., 2017, *Abstract book for the ISBNPA 2017 Annual Meeting in Victoria, BC, Canada*. International Society of Behavioral Nutrition and Physical Activity, p. 60-61 1 p.

Succesfuld ledelse af implementering

Damsgaard Eriksen, T., Aagaard, A. M. & Smedegaard, S., 2017, In: MOV:E. 2017, Sænummer, p. 82-88

What happend in the Move for Well-being in School

Smedegaard, S., 2017. 1 p.

Move for Well-being in Schools: Implementing physical activity in the Danish Public School

Smedegaard, S., 4. Nov 2016, In: A C H P E R Active and Healthy Magazine. 23 , 4

Improving the well-being of children and youths: a randomized multicomponent, school-based, physical activity intervention

Smedegaard, S., Christiansen, L. B., Lund-Cramer, P., Bredahl, T. & Skovgaard, T., 28. Oct 2016, In: BMC Public Health. 16, 1, 11 p., 1127.

Can a school physical activity intervention improve physical self-perception and enjoyment?

Lund-Cramer, P., Christiansen, L. B. S., Smedegaard, S., Holt, A-D. & Skovgaard, T., 21. Oct 2016.

The effect of a school physical activity intervention on physical self-perception and enjoyment

Christiansen, L. B. S., Lund-Cramer, P., Smedegaard, S., Holt, A-D. & Skovgaard, T., 28. Sep 2016.

Trivsel og Bevægelse i Skolen – kan skoletrivsel øges gennem målrettet bevægelse?

Lund-Cramer, P., Holt, A-D., Smedegaard, S., Christiansen, L. B. S. & Skovgaard, T., 26. Sep 2016.

"Trivsel og bevægelse i skolen"

Smedegaard, S., Lund-Cramer, P. & Christiansen, L. B. S., 19. May 2016. 1 p.

Move for well-being in schools: Trivsel og bevægelse i skolen

Smedegaard, S., Christiansen, L. B. S., Lund-Cramer, P. & Skovgaard, T., 19. May 2016.

How can physical activity improve school well-being? - A qualitative process evaluation

Holt, A-D., Smedegaard, S., Lund-Cramer, P., Skovgaard, T. & Christiansen, L. B. S., May 2016. 1 p.

Danskernes svømmeduelighed, livredningsmæssige færdigheder og holdninger til svømning

Forsknings- og Innovationscenter for Idræt, Bevægelse og Læring, 1. Apr 2016, 28 p.

Bewegung und Sport im Kontext der Selbstbestimmungstheorie. Eine qualitative Studie zur Untersuchung der 'Schülerperspektive'

Holt, A-D., Lund-Cramer, P., Smedegaard, S., Christiansen, L. B. S. & Skovgaard, T., 2016. 2 p.

Bewegung und Sport im Kontext der Selbstbestimmungstheorie. Eine qualitative Studie zur Untersuchung der 'Schülerperspektive'

Holt, A-D., Lund-Cramer, P., Smedegaard, S., Christiansen, L. B. S. & Skovgaard, T., 2016, *Bewegung und Sport unterrichten - Unterrichtsentwicklung im Fach Bewegung und Sport: Jahrestagung der DGfE-Kommission Sportpädagogik vom 8.-10.12.2016 in Salzburg*. Oesterhelt, V. & Amesberger, G. (eds.). Feldhaus Verlag, p. 49-50 2 p.

Fysiologisk udvikling og fysisk træning

Smedegaard, S. & Raffalt, P. C., 2016, *ATK 2.0: Træning af børn og unge*. Bertelsen, K., Ahl, N., Froberg, K., Grønkjær, A., Keldorf, O., Meibom, J., Sejerøe, M. & Heiner-Møller, K. (eds.). Brøndby: Team Danmark, p. 42-85

Promoting physical activity for psychosocial well-being among school-aged children and youth (4.th-6.th grade): Applying the RE-AIM evaluation framework

Smedegaard, S., Christiansen, L. B. S., Lund-Cramer, P. & Skovgaard, T., 2016.

Improving the well-being of children and youth: designing and piloting at multicomponent school-based physical activity intervention

Skovgaard, T. & Smedegaard, S., Jul 2015.

Idræt og bevægelse i skolen: udfordringer og potentialer i den nye skolereform

Smedegaard, S., Feb 2015, In: MOV:E. 1, p. 7-13

Trivsel og Bevægelse – en flerstrengt skolebaseret fysisk aktivitetsindsats

Lund-Cramer, P. & Smedegaard, S., 2015.

Sport and health for all - physical activity and sedentary behavior: The Danish case

Skovgaard, T. & Smedegaard, S., 2014.

Sport and health for all - Physical activity and sedentary behavior: The Danish case

Skovgaard, T. & Smedegaard, S., 2014.

Activities

Idrætsefterskolekonferencen 2019

Lise Maria Elkrog Hansen (Organizer), Lars Breum Christiansen (Organizer), Søren Smedegaard (Panel member) & Thomas Skovgaard (Organizer)

8. Aug 2019

B M C Public Health (Journal)

Søren Smedegaard (Peer reviewer)

2019 → ...

Focus - Tidsskrift for Idræt (Journal)

Søren Smedegaard (Peer reviewer)

2018 → ...

Trivsel og Bevægelse i Skolen

Søren Smedegaard (Organizer), Lars Breum Skov Christiansen (Organizer), Thomas Skovgaard (Organizer) & Pernille Lund-Cramer (Organizer)

22. Nov 2017

PE for inclusion and positive experiences – quantitative and qualitative results from a randomized controlled trial

Søren Smedegaard (Lecturer) & Lars Breum (Lecturer)

13. Sep 2017

Contemporary Approaches to Student Wellbeing in Danish and Australian Schools: physical activity and social skillng approaches to promoting student wellbeing

Søren Smedegaard (Speaker) & Susan Whatman (Speaker)

22. Aug 2017 → 25. Aug 2017

Quantifying implementation quality with the RE-AIM framework to assess dose-response in 'Move for Well-being'

Søren Smedegaard (Speaker)

7. Jun 2017 → 10. Jun 2017

Flere skal ha' mere ud af bevægelse i skolen

Søren Smedegaard (Organizer)

26. Apr 2017

Idrætsundervisning i skolen

Søren Smedegaard (Speaker)

26. Apr 2017

Flere skal ha' mere ud af bevægelse i skolen

Søren Smedegaard (Organizer), Lars Breum Skov Christiansen (Organizer), Thomas Skovgaard (Organizer) & Anne-Didde Holt (Organizer)

19. Apr 2017 → 26. Apr 2017

Idrætsundervisning i skolen

Søren Smedegaard (Speaker)

19. Apr 2017

Hvad er god undervisning

Søren Smedegaard (Guest lecturer)

28. Feb 2017

Krop og Kompetence - læringsseminar

Søren Smedegaard (Speaker)

9. Feb 2017

Can a school physical activity intervention improve physical self-perception and enjoyment?

Søren Smedegaard (Speaker)

18. Nov 2016

ISPAH 2016

Søren Smedegaard (Speaker)

18. Nov 2016

Trivsel og bevægelse i skole: Hvad ved vi

Søren Smedegaard (Speaker)

31. Oct 2016

Trivsel og bevægelse i skolen

Søren Smedegaard (Lecturer)

31. Oct 2016

Bevægelse på tværs

Søren Smedegaard (Participant)

21. Sep 2016

Dansk Trivselsforum 2016

Søren Smedegaard (Participant)

1. Sep 2016

ACHPER QLD

Søren Smedegaard (Speaker)

12. Aug 2016

Griffith University

Søren Smedegaard (Visiting researcher)

3. Jul 2016 → 24. Aug 2016

Metoder og strategier til udvikling og afprøvning af en flerstrengt skolebaseret fysisk aktivitetsindsats - målrettet trivsel i folkeskolens 4.-6. klassetrin
Søren Smedegaard (Speaker)
17. Mar 2016

Trivsel og bevægelse i skolen
Søren Smedegaard (Lecturer)
16. Nov 2015

Trivsel og bevægelse i skolen
Søren Smedegaard (Lecturer)
12. Nov 2015

Sixth International Conference on Sport and Society
Søren Smedegaard (Speaker)
30. Jul 2015

.