

Søren Thorgaard Skou
Institut for Idræt og Biomekanik
Muskuloskeletal Funktion og Fysioterapi (FoF)
E-mail: stskou@health.sdu.dk
Mobil: 23708640



PhD from Aalborg University, May 2015

Ansættelse

Professor

Institut for Idræt og Biomekanik
Syddansk Universitet
Odense M
11. apr. 2015 → present

Professor

Muskuloskeletal Funktion og Fysioterapi (FoF)
Syddansk Universitet
11. apr. 2015 → present

Visiting Professor

University of Southampton
Storbritannien
1. jul. 2020 → 30. jun. 2023

Visiting Research Fellow

University of York
York, Storbritannien
11. jun. 2020 → 10. jun. 2023

Forskningsleder

Næstved/Slagelse/Ringsted Sygehuse, Region Sjælland
Slagelse, Danmark
1. jul. 2016 → present

Publikationer

Recruitment and retention rates in randomised controlled trials of exercise therapy in people with multimorbidity: a systematic review and meta-analysis

Harris, L. K., Skou, S. T., Juhl, C. B., Jäger, M. & Bricca, A., 14. jun. 2021, I: *Trials*. 22, 1

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Saracutu, M., Skou, S. T., Dideriksen, M., Pedersen, J. K. R. & Gerlach, E. KBR., 19. maj 2021, *Altinget.dk*.

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Professor: Prioriter midler til forskning i fysisk træning

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Blinded Interpretation of results from the study: NESA - A randomised controlled trial of NeuroMuscular Electric Stimulation in patients with lower extremity paresis due to acute ischemic stroke

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Impact of educational level and employment status on short-term and long-term pain relief from supervised exercise therapy and education: an observational study of 22588 patients with knee and hip osteoarthritis

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Clements, J. M., Skou, S. T., Hansen, S. L., Eshøj, H. R., Mølgaard, C. M., Mikkelsen, L. R. & Thorlund, J. B., 10. apr. 2021, (E-pub ahead of print) I: *Knee Surgery, Sports Traumatology, Arthroscopy*.

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Pedersen, J. R., Skou, S. T., Roos, E. M., Sekhon, H. S., Gad, K. P., Shakoor, N. & Thorlund, J. B., 1. apr. 2021, I: *Osteoarthritis and Cartilage*. 29, Suppl. 1, s. S168-S169

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Roos, E. M., Grønne, D. T., Skou, S. T., Zywił, M. G., McGlasson, R., Barton, C. J., Kemp, J. L., Crossley, K. M. & Davis, A. M., 1. apr. 2021, I: *Osteoarthritis and Cartilage*. 29, 4, s. 502-506

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Hansen, S., Bjarke Vaegter, H., Høgh, M., Skou, S. T., Arendt-Nielsen, L. & Petersen, K. K., 1. apr. 2021, I: *Osteoarthritis and Cartilage*. 29, Suppl. 1, s. S367

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Young, J. J., Hartvigsen, J., Roos, E. M., Ammendolia, C., Kongsted, A., Skou, S. T., Grønne, D. T. & Jensen, R. K., 1. apr. 2021, I: *Osteoarthritis and Cartilage*. 29, Suppl. 1, s. S390-S391

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Henriksen, M. & Skou, S. T., 12. okt. 2020, I: Ugeskrift for Læger. 182, 20A, V04200265.

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Thorlund, J. B., Roos, E. M., Goro, P., Ljungcrantz, E. G., Grønne, D. T. & Skou, S. T., 21. sep. 2020, (E-pub ahead of print) I: British Journal of Sports Medicine.

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Skou, S. T., Roos, E. M., Laursen, M. B., Rathleff, M. S., Arendt-Nielsen, L., Simonsen, O. & Rasmussen, S., 2012, I: *BMJ Open*. 2, 6, s. Article No. e002168 8 s.

Group education and exercise is feasible in knee and hip osteoarthritis

Skou, S. T., Odgaard, A., Rasmussen, J. O. & Roos, E. M., 2012, I: *Danish Medical Journal*. 59, 12, 5 s., A4554.

Implementation of "Good Life with osteoArthritis in Denmark" (GLA:D), a program of education and exercise for hip and knee osteoarthritis: results from a pilot study in physiotherapy practice

Skou, S. T., Odgaard, A., Rasmussen, J. O. & Roos, E. M., 2012, s. 8-9. 1 s.

Implementing an early multimodal non-surgical treatment strategy for knee and hip osteoarthritis in clinical practice: a study of feasibility and effectiveness

Skou, S. T., Odgaard, A., Rasmussen, J. O. & Roos, E. M., 2012, s. 45. 1 s.

Muskuloskeletal smerte

Skou, S. T., Arendt-Nielsen, L. & Graven-Nielsen, T., 2012, I: *Dansk Sportsmedicin*. 16, 3, s. 14-18 5 s.

Predicting clinical pain in knee osteoarthritis using a multimodal pressure pain assessment procedure

Skou, S. T., Graven-Nielsen, T., Lingsø, L., Simonsen, O., Laursen, M. B. & Arendt-Nielsen, L., 2012.

Pulsed electromagnetic field therapy reduces delayed onset muscle soreness in marathon runners: a double-blind randomized placebo-controlled study

Rasmussen, C. H., Rathleff, M. S., Knudsen, C. R., Skou, S. T., Jørgensen, M. G., Olesen, J. L., Khalid, V. & Rasmussen, S., 2012, *13th EFORT Congress 2012, 23-25 May 2012, Berlin, Germany*. European Federation of National Associations of Orthopaedics and Traumatology, 1 s.

Pulserende elektromagnetisk feltterapi (PEMF) har ingen effekt på smerte hos patienter med kroniske lænderygsmærter: et randomiseret, kontrolleret pilotstudie

Skou, S. T., Rathleff, M. S. & Rasmussen, S., 2012, s. 82. 1 s.

The influence of time-of-day variation and loading on the aponeurosis plantaris pedis: an ultrasonographic study

Skou, S. T., Rathleff, M. S., Mølgaard, C., Rasmussen, S. & Olesen, J. L., 2012, I: *Journal of Sports Medicine and Physical Fitness*. 52, 5, s. 506-512 7 s.

Total knee replacement plus physical and medical therapy or treatment with physical and medical therapy alone: A randomised controlled trial in patients with knee osteoarthritis (the MEDIC-study)

Skou, S. T., Roos, E. M., Laursen, M. B., Rathleff, M. S., Arendt-Nielsen, L., Simonsen, O. H. & Rasmussen, S., 2012, I: *B M C Musculoskeletal Disorders*. 13, 1, s. 67

Dual task and balance in male and female elite handball players

Skou, S. T., Villumsen, M. & Lengsø, L., 2011.

Dual task and balance in male and female elite handball players

Skou, S. T., Villumsen, M. & Lengsø, L., 2011.

Insoles reduce pain and improve function in patients with medial compartment osteoarthritis of the knee

Skou, S. T., Højgaard, L. & Simonsen, O., 2011, I: *European Journal of Pain Supplements*. 5, 1, s. 93 1 s., T644.

Insoles reduces pain and improve function in patients with medial compartment osteoarthritis of the knee

Skou, S. T., Højgaard, L. & Simonsen, O. H., 2011.

Pulsed electromagnetic field therapy may reduce quadriceps muscle soreness in marathon runners: a randomized controlled pilot study

Rathleff, M. S., Knudsen, C. R., Skou, S. T., Jørgensen, M. G., Olesen, J. L. & Rasmussen, S., 2011.

Pulsed electromagnetic field therapy may reduce quadriceps muscle soreness in marathon runners: a randomized controlled pilot study

Rathleff, M. S., Knudsen, C. R., Skou, S. T., Jørgensen, M. G., Olesen, J. L. & Rasmussen, S., 2011.

Pulsed electromagnetic field therapy may reduce quadriceps muscle soreness in maraton runners: a randomized controlled pilot study

Rasmussen, S., Knudsen, C. R., Skou, S. T., Jørgensen, M. G., Olesen, J. L. & Rathleff, M. S., 2011.

Pulsed electromagnetic field therapy may reduce thigh muscle soreness in marathon runners: a randomized controlled pilot study

Rasmussen, S., Knudsen, C., Skou, S. T., Gronbech, M., Olesen, J. & Rathleff, M., 2011, *12th EFORT Congress 2011: Official Congress Programme, 1-4 June 2011, Copenhagen, Denmark*. European Federation of National Associations of Orthopaedics and Traumatology, s. 115 1 s.

Pulserende elektromagnetisk feltterapi (PEMF) har ingen effekt på funktionsniveau og livskvalitet hos patienter med kroniske lænderygsmærter: et randomiseret, kontrolleret pilotstudie

Skou, S. T., Rathleff, M. S. & Rasmussen, S., 2011, *Fysioterapi & rehabilitering: en abstraktsamling fra det årlige forsknings- og udviklingssymposium i Nordjylland for fysioterapeuter 2011, 22. november 2011, Aalborg, Danmark*. Aalborg: University College Nordjylland, UCN, s. 34-35

Balance training with Nintendo Wii Fit: a parallel RCT study

Skou, S. T., Friberg, T., Odum, H. & Villumsen, M., 2010.

Health Technology Assessment of ultrasonography as a guidance tool for peritendinous steroid injections in patients with Achilles tendinopathy

Villumsen, M., Skou, S. T., Rønved, S. M. M. & Hejlesen, O. K., 2010, *SHI2010 Proceedings*. Bygholm, A., Elberg, P. & Hejlesen, O. (red.). Trondheim: TAPIR Akademisk Forlag, s. 54-58

Health Technology Assessment of ultrasonography as a guidance tool for peritendinous steroid injections in patients with Achilles tendinopathy

Villumsen, M., Skou, S. T., Rønved, S. M. M., Hejlesen, O. & Hejlesen, O., 2010.

Risikofaktorer for udvikling af fasciitis plantaris

Skou, S. T., 2010, I: *Dansk Sportsmedicin*. 14, 4, s. 15-17 3 s.

Running has no effect on the diameter of the plantar fascia

Skou, S. T., Rathleff, M. S. & Olesen, J. L., 2010.

Running has no effect on the diameter of the plantar fascia

Skou, S. T., Rathleff, M. S. & Olesen, J. L., 2010, *2nd i-FAB Congress - Program and Abstracts*. 33

Time of day influences the diameter of the plantar fascia

Skou, S. T., Rathleff, M. S., Mølgaard, C. M. & Olesen, J. L., 2010, *2nd i-FAB Congress - Program and Abstracts*. 146

Time-of-day influences the diameter of the plantar fascia

Skou, S. T., Rathleff, M. S., Mølgaard, C. & Olesen, J. L., 2010.

Aktiviteter

Research Management Masterclass

Søren Thorgaard Skou (Deltager)

26. apr. 2021 → 27. apr. 2021

Træning ved hofteartrose – evidens og anbefalinger til praksis

Søren Thorgaard Skou (Foredragsholder)

8. apr. 2021

International Experience with the GLA:D Program

Søren Thorgaard Skou (Underviser)

8. dec. 2020

Individuelt tilpasset træning og uddannelse til patienter med multisygdom – kan vi hjælpe patienterne til i højere grad at håndtere deres egne sygdomme?

Søren Thorgaard Skou (Underviser)

12. nov. 2020

Kan træning og self-management være en del af nøglen til et bedre liv for den multisyge patient?

Søren Thorgaard Skou (Underviser)

1. sep. 2020

Chairman of PhD committee

Søren Thorgaard Skou (Deltager)

aug. 2020 → dec. 2020

OARSI Task Force on Interactive Education Program for Raising Awareness of Osteoarthritis Treatment and Pain Management (Ekstern organisation)

Søren Thorgaard Skou (Medlem)

6. mar. 2020 → ...

Multisyge bliver fremtidens patienter og fysioterapi kan få en central rolle i behandlingen

Søren Thorgaard Skou (Foredragsholder)

5. mar. 2020

Exercise as treatment of medial osteoarthritis in the athletic knee

Søren Thorgaard Skou (Underviser)

31. jan. 2020

Exercise as treatment of chronic pain patients – with knee osteoarthritis as the example

Søren Thorgaard Skou (Underviser)

28. jan. 2020

Artrose – skal man trene eller operere?

Søren Thorgaard Skou (Foredragsholder)

9. jan. 2020

Danish Scientific Society for Multimorbidity and Polypharmacy (Ekstern organisation)

Søren Thorgaard Skou (Medlem)

2020 → ...

Scientific committee of the Danish Physiotherapy Congress 2022 (Ekstern organisation)

Søren Thorgaard Skou (Medlem)

2020

Hvad indeholder en moderne ikke-operativ behandlingsstrategi

Søren Thorgaard Skou (Foredragsholder)

12. dec. 2019

Exercise as medicine in osteoarthritis – evidence and implementation

Søren Thorgaard Skou (Underviser)

25. nov. 2019

Diagnosis and treatment of knee and hip osteoarthritis – evidence, guidelines and implementation

Søren Thorgaard Skou (Underviser)

25. okt. 2019

Neuromuscular exercise as treatment of knee and hip osteoarthritis in theory and practice

Søren Thorgaard Skou (Underviser)

25. okt. 2019

Multisyge bliver fremtidens patienter: Hvad betyder det for fysioterapi?

Søren Thorgaard Skou (Underviser)

6. okt. 2019

Steno Diabetes Center Sjællands forskningsråd (Ekstern organisation)

Søren Thorgaard Skou (Medlem)

3. okt. 2019 → 2. okt. 2022

Træning som vejen til mindre smerte og bedre funktion ved artrose og andre kroniske sygdomme

Søren Thorgaard Skou (Underviser)

15. sep. 2019

Individualiseret træning og uddannelse til patienter med multimorbiditet

Søren Thorgaard Skou (Underviser)

11. sep. 2019

GLA:D Contest 2019

Søren Thorgaard Skou (Deltager)

17. jun. 2019 → 18. jun. 2019

MOBILIZE: Individualiseret træning og uddannelse til patienter med multimorbiditet

Søren Thorgaard Skou (Underviser)

24. maj 2019

Nationwide implementation of education and exercise to improve pain and function in patients with osteoarthritis

Søren Thorgaard Skou (Foredragsholder)

13. maj 2019

Træning ved artrose (slidgigt) i knæ og hofter - Hvorfor og hvordan?

Søren Thorgaard Skou (Underviser)

23. apr. 2019

How I got my ERC grant?

Søren Thorgaard Skou (Underviser)

13. nov. 2018

Træning og fysisk aktivitet som vejen til det gode liv ved kroniske sygdomme – hvorfor of hvordan?

Søren Thorgaard Skou (Underviser)

31. okt. 2018

National Survey of Current Practice and Opinions on Rehabilitation for Intermittent Claudication in the Danish Public Healthcare System,

Janne Dyrby Jensen (Foredragsholder), Lars Tang (Foredragsholder), Ann Dorthe Olsen Zwisler (Underviser), Kim Christian Houllind (Foredragsholder) & Søren Thorgaard Skou (Underviser)

26. okt. 2018 → 27. okt. 2018

Hvorfor valgte jeg at blive forsker og hvordan?

Søren Thorgaard Skou (Underviser)

20. sep. 2018

Good Life with osteoArthritis from Denmark - Successful implementation of education and exercise in clinical practice

Søren Thorgaard Skou (Underviser)

19. sep. 2018

The Global Burden of Disease collaborator network (Ekstern organisation)

Søren Thorgaard Skou (Medlem)

5. sep. 2018 → ...

Clinical Academic Group on Osteoarthritis in Copenhagen Health Science Partners - a partnership between University of Copenhagen and the Capital region of Denmark. (Ekstern organisation)

Søren Thorgaard Skou (Medlem)

28. jun. 2018 → ...

Chairman of PhD committee

Søren Thorgaard Skou (Deltager)

1. jun. 2018

Evidence-based diagnosis and treatment of knee osteoarthritis and implementation in clinical practice

Søren Thorgaard Skou (Underviser)

22. maj 2018

Physical Activity for Precision Health Cluster (Ekstern organisation)

Søren Thorgaard Skou (Medlem)

1. maj 2018 → ...

OARSI World Congress 2018

Søren Thorgaard Skou (Deltager)

27. apr. 2018

Forskningens Døgn 2018

Søren Thorgaard Skou (Arrangør)

20. apr. 2018 → 21. apr. 2018

Course in PhD Supervision

Søren Thorgaard Skou (Deltager)

1. apr. 2018 → 21. aug. 2018

Træning eller operation ved knæ- og hofteartrose?

Søren Thorgaard Skou (Underviser)

6. feb. 2018

Exercise as treatment of the young and sports active patient with knee osteoarthritis

Søren Thorgaard Skou (Underviser)

2. feb. 2018

PhD course: Using news media and social media to increase the awareness and dissemination of your research

Søren Thorgaard Skou (Arrangør)

1. nov. 2017 → 2. nov. 2017

Knee replacement and non-surgical treatment of knee osteoarthritis: Results from two clinical trials and implementation in clinical practice

Søren Thorgaard Skou (Underviser)

11. sep. 2017

University of Oxford

Søren Thorgaard Skou (Gæsteforsker)

10. sep. 2017 → 15. sep. 2017

Research Management Course

Søren Thorgaard Skou (Deltager)

6. sep. 2017 → 19. jan. 2018

Total knee replacement and non-surgical treatment of knee osteoarthritis – Evidence from two parallel RCTs and implementation in clinical practice

Søren Thorgaard Skou (Underviser)

13. jul. 2017

Træning bør altid være en del af behandling af artrose i primær praksis

Søren Thorgaard Skou (Underviser)

5. maj 2017

Good life with osteoarthritis in Denmark (GLA:D TM): a nationwide implementation of clinical recommendations of education and supervised exercise in knee and hip osteoarthritis

Søren Thorgaard Skou (Underviser)

29. apr. 2017

Two year outcome from two parallel randomized trials on total knee replacement and non-surgical treatment of knee osteoarthritis

Søren Thorgaard Skou (Underviser)

28. apr. 2017

Diagnosis and treatment of knee osteoarthritis - current evidence and implementation in clinical practice

Søren Thorgaard Skou (Underviser)

25. apr. 2017

Non-Pharmacological management of osteoarthritis

Søren Thorgaard Skou (Underviser)

20. apr. 2017

Reviewer of funding applications for the National Institute for Health Research under NHS in the UK

Søren Thorgaard Skou (Andet)

11. apr. 2017 → ...

Patientuddannelse og træning – kerneydelser til patienter med knæ- og hofteartrose

Søren Thorgaard Skou (Underviser)

1. mar. 2017

Patientuddannelse og træning – kerneydelser til patienter med knæ- og hofteartrose

Søren Thorgaard Skou (Underviser)

24. jan. 2017

Videnskabeligt Råd i Center for Kliniske Retningslinjer (Ekstern organisation)

Søren Thorgaard Skou (Medlem)

29. nov. 2016 → ...

Surgical and nonsurgical treatment of knee osteoarthritis - evidence and implementation in clinical practice

Søren Thorgaard Skou (Foredragsholder)

16. nov. 2016

Artrose - diagnostik og behandling

Søren Thorgaard Skou (Foredragsholder)

14. nov. 2016

Fra forskningsbaseret viden til implementering i klinisk praksis GLA:D-projektet – en tværsektoriel behandlingsstrategi for artrose

Søren Thorgaard Skou (Foredragsholder)

10. nov. 2016

Exercise in knee joint pain – an essential part of first line treatment

Søren Thorgaard Skou (Foredragsholder)

25. sep. 2016

Exercise or surgery in patients with knee osteoarthritis? - A physiotherapist's perspective

Søren Thorgaard Skou (Foredragsholder)

16. sep. 2016

Fra forskningsbaseret viden til behandlingskoncept for hofte- og knæartrose. GLA:D-projektet – en implementeringssucces

Søren Thorgaard Skou (Foredragsholder)

14. sep. 2016

PhD course: Using news media and social media to increase the awareness and dissemination of your research

Søren Thorgaard Skou (Arrangør)

6. sep. 2016 → 7. sep. 2016

Træning ved artrose – en særdeles effektiv behandling

Søren Thorgaard Skou (Foredragsholder)

26. aug. 2016

Implementering af nationale kliniske retningslinjer for knæartrose i klinisk praksis

Søren Thorgaard Skou (Foredragsholder)

7. apr. 2016

OARSI 2016 World Congress

Søren Thorgaard Skou (Oplægsholder)

31. mar. 2016

Meeting experts in Osteoarthritis studies

Søren Thorgaard Skou (Oplægsholder)

30. mar. 2016

Research seminar OLVG Amsterdam

Søren Thorgaard Skou (Oplægsholder)

29. mar. 2016

Dansk SmerteForums Årsmøde 2016

Søren Thorgaard Skou (Oplægsholder)

12. mar. 2016

GLA:D Australia

Søren Thorgaard Skou (Underviser)

2016 → ...

Journal of Orthopaedic and Sports Physical Therapy (Tidsskrift)

Søren Thorgaard Skou (Redaktør)

2016

Patienter med hofteartrose i GLA:D - Hvem er de og hvordan går det dem?

Søren Thorgaard Skou (Foredragsholder)

2. dec. 2015

Artrose i knæ og hofte - diagnostik og behandling

Søren Thorgaard Skou (Foredragsholder)

12. nov. 2015

Træning ved artrose – den mest effektfulde ikke-kirurgisk behandling

Søren Thorgaard Skou (Foredragsholder)

21. okt. 2015

Good Life with Arthritis in Denmark (GLA:D) - Implementation of clinical guidelines for osteoarthritis

Søren Thorgaard Skou (Foredragsholder)

6. okt. 2015

Good Life with osteoArthritis, from Denmark

Søren Thorgaard Skou (Arrangør)

1. okt. 2015 → 3. okt. 2015

Træning ved artrose (slidgigt) i knæ eller hofter

Søren Thorgaard Skou (Foredragsholder)

28. sep. 2015

Exercise therapy - an essential part of first line treatment of knee osteoarthritis

Søren Thorgaard Skou (Foredragsholder)

25. jun. 2015

Good Life with Arthritis in Denmark (GLA:D) - Education and exercise in clinical practice

Søren Thorgaard Skou (Foredragsholder)

6. mar. 2015

Sundhedsstyrelsens arbejdsgruppe for udarbejdelsen af en national klinisk retningslinje for meniskpatologi i knæet (Ekstern organisation)

Søren Thorgaard Skou (Medlem)

3. mar. 2015 → 30. jan. 2016

Neuromuscular exercise as treatment for the middle-aged and elderly degenerative knee

Søren Thorgaard Skou (Foredragsholder)

23. jan. 2015

GLA:D Canada

Søren Thorgaard Skou (Underviser)

2015 → ...

Artrose - diagnostik og behandling

Søren Thorgaard Skou (Foredragsholder)

11. nov. 2014

Osteoarthritis Research Society International (OARSI) clinical trial recommendations panel (Ekstern organisation)

Søren Thorgaard Skou (Medlem)

27. apr. 2014 → ...

Exercise in painful knee and hip osteoarthritis: existing evidence and implementation in clinical practice

Søren Thorgaard Skou (Foredragsholder)

3. dec. 2013

Artrose i knæ og hofter – diagnostik og behandling – et område i rivende udvikling

Søren Thorgaard Skou (Foredragsholder)

11. nov. 2013

Smerteoverfølsomhed ved knæartrose og kronisk postoperativ smerte efter indsættelse af kunstigt knæled

Søren Thorgaard Skou (Foredragsholder)

8. nov. 2013

Knæ- og hofteartrose - evidens for træning og GLA:D

Søren Thorgaard Skou (Andet)

24. sep. 2013

Træning ved knæ- og hofteartrose - evidens og introduktion til GLA:D

Søren Thorgaard Skou (Andet)

3. jul. 2013

Træning ved knæ- og hofteartrose - evidens og introduktion til GLA:D

Søren Thorgaard Skou (Andet)

19. jun. 2013

Knee osteoarthritis - multimodal treatment and sensitiation

Søren Thorgaard Skou (Foredragsholder)

1. maj 2013

University of Queensland

Søren Thorgaard Skou (Gæsteforsker)

29. apr. 2013 → 5. maj 2013

Knee osteoarthritis - multimodal treatment, pain and instability

Søren Thorgaard Skou (Foredragsholder)

25. mar. 2013

Godt Liv med Artrose i Danmark : Implementering af evidensbaseret basisbehandling ved artrose

Søren Thorgaard Skou (Foredragsholder)

12. mar. 2013

University of Melbourne

Søren Thorgaard Skou (Gæsteforsker)

1. feb. 2013 → 28. apr. 2013

Fysisk aktivitet og træning som behandling

Søren Thorgaard Skou (Arrangør)

28. nov. 2012

Forskning - metode, planlægning og udførelse

Søren Thorgaard Skou (Foredragsholder)

21. nov. 2011

Priser

ERC Starting Grant

Skou, Søren Thorgaard (Modtager), 27. jul. 2018

Fyens Stiftstidendes Research Award 2019

Skou, Søren Thorgaard (Modtager), 9. maj 2019

Sapere Aude: Research Talent Award 2016

Skou, Søren Thorgaard (Modtager), 2016

Spar Nord Foundation's Research Award 2016

Skou, Søren Thorgaard (Modtager), 2016

The Association of Danish Physiotherapists' Award 2015

Skou, Søren Thorgaard (Modtager), 2015

The VBHC Prize 2019

Skou, Søren Thorgaard (Modtager) & Roos, Ewa M. (Modtager), 18. apr. 2019

Presse/medie

[Slidgigt]

Søren Thorgaard Skou

31/03/2014

1 element af Mediedækning

11 millioner kroner til forskning i multi-syge

Søren Thorgaard Skou

28/08/2018

1 Mediebidrag

5 alternativer til knæoperation ved slidgigt

Søren Thorgaard Skou

01/08/2012

1 element af Mediedækning

701 forskere i opråb: Politikerne bør behandle klimakrisen med samme alvor som covid-19

Søren Thorgaard Skou

05/02/2021

1 Mediebidrag

A bungled bundle

Søren Thorgaard Skou

26/10/2015

1 element af Mediedækning

Ældres sundhed udfordret af coronanedlukningen

Søren Thorgaard Skou

21/02/2021

1 Mediebidrag

AI motion kan bruges til at holde slidgigt fra døren

Søren Thorgaard Skou

28/04/2019

1 Mediebidrag

Artrose i knæ eller hofter? Træn dig GLA:D

Søren Thorgaard Skou

27/02/2018

1 Mediebidrag

ARTROSE -SMERTER KAN AFHJÆLPES

Søren Thorgaard Skou

01/04/2019

1 Mediebidrag

Artrose-smerter kan afhjælpes

Søren Thorgaard Skou
25/03/2019
1 Mediebidrag

Astrid Krag besøgte gigtskolen SLID i Hvidovre

Søren Thorgaard Skou
04/11/2013
1 element af Mediedækning

Avisens Forskerpris går til bæredygtighed og knæ smerter

Søren Thorgaard Skou
08/05/2019
1 Mediebidrag

Bedre hjælp til unge med slidgigt

Søren Thorgaard Skou
20/01/2018
1 Mediebidrag

Bedre hjælp til unge med slidgigt

Søren Thorgaard Skou
20/01/2018
1 Mediebidrag

Bjørn trodser gigten: Dansk behandling går kloden rundt

Søren Thorgaard Skou
17/02/2018
1 Mediebidrag

BLIVER KUN: GIGTBOMBE: HVER FEMTE DANSKER LIDER AF SLIDGIGT

Søren Thorgaard Skou
04/02/2015
1 element af Mediedækning

Brug knæet

Søren Thorgaard Skou
07/09/2015
1 element af Mediedækning

Brug motion til at holde slidgigt fra døren

Søren Thorgaard Skou
06/04/2019
1 Mediebidrag

Brug motion til at holde slidgigt fra døren

Søren Thorgaard Skou
06/04/2019
1 Mediebidrag

Brug motion til at holde slidgigt fra døren

Søren Thorgaard Skou
06/04/2019
1 Mediebidrag

Brug motion til at holde slidgigt fra døren
Søren Thorgaard Skou
06/04/2019
1 Mediebidrag

Brug motion til at holde slidgigt fra døren
Søren Thorgaard Skou
06/04/2019
1 Mediebidrag

Brug motion til at holde slidgigt fra døren
Søren Thorgaard Skou
09/04/2019
1 Mediebidrag

Brug motion til at holde slidgigt fra døren
Søren Thorgaard Skou
09/04/2019
1 Mediebidrag

Brug motion til at holde slidgigt fra døren
Søren Thorgaard Skou
09/04/2019
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Brug motion til at holde slidgigt fra døren
Søren Thorgaard Skou
09/04/2019
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Brug motion til at holde slidgigt fra døren
Søren Thorgaard Skou
09/04/2019
1 Mediebidrag

Brug motion til at holde slidgigt fra døren
Søren Thorgaard Skou
09/04/2019
1 Mediebidrag

Brug motion til at holde slidgigt fra døren
Søren Thorgaard Skou
12/04/2019
1 Mediebidrag

Brug motion til at holde slidgigt fra døren
Søren Thorgaard Skou
23/04/2019
1 Mediebidrag

Brug vinteren til at blive motionsskaderne kvit
Søren Thorgaard Skou
28/09/2019
1 Mediebidrag

Brug vinteren til at blive motionsskaderne kvit

Søren Thorgaard Skou
28/09/2019
1 Mediebidrag

Brug vinteren til at blive motionsskaderne kvit

Søren Thorgaard Skou
28/09/2019
1 Mediebidrag

Brug vinteren til at blive motionsskaderne kvit

Søren Thorgaard Skou
28/09/2019
1 Mediebidrag

Brug vinterhalvåret til at blive motionsskaderne kvit

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25/09/2019
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Brug vinterhalvåret til at blive motionsskaderne kvit

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Brug vinterhalvåret til at blive motionsskaderne kvit

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03/12/2019
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CAG ph.d.-forløb styrker tværfaglig sundhedsforskning og baner vejen for attraktive stillinger i fremtidens sundhedsvæsen

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09/03/2020
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Corona-nedlukning: ældre rører sig mindre

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21/02/2021

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De første resultater fra GLA:D

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DEN OVERSETE FOLKESYGDOM SLIDGIGT

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02/10/2015

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Det er vedvarende træning der skal til

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21/08/2013

2 elementer af Mediedækning

Det EU-finansierede projekt, ESCAPE, skal lette behandlingen af ældre patienter med flere kroniske sygdomme

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Det kan være et halvtidsarbejde at være multisyg

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14/05/2021

1 Mediebidrag

Det videnskabelige panel er klar

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19/11/2020

1 Mediebidrag

Digital træning til patienter med slidgigt

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07/06/2020

1 Mediebidrag

DR1 21 Søndag

Søren Thorgaard Skou

05/08/2018

1 Mediebidrag

DR1 TV Avisen 18.30

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05/08/2018

1 Mediebidrag

Du kan blive overfølsom over for smerte

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23/06/2013

15 elementer af Mediedækning

En tredje del kan undvære medicin

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24/04/2014

3 elementer af Mediedækning

Endelig noget, der virker mod artrose

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30/11/2018

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Er dine led slidte?

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Er dine led SLIDTE?

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Er du fyldt 20? Så er turen mod slidgigt begyndt...

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Er jeg inaktiv, kommer smerterne

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Er operation den rette behandling af artrose?

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Er selv sygdomsramt: Gigt-professorernes bedste råd

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Et godt liv med artrose

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Et godt liv med slidgigt: Træning mindsker smerten

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Et koncept og forretningsområde yderst relevant for alle landets kiropraktorer

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1 element af Mediedækning

Et professorat virker som en magnet

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12/02/2020

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Et sammenhængende forløb med uddannelse, træning og evaluering skal hjælpe mennesker med artrose

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EU-millioner til sjællandsk forskning i flere kroniske sygdomme

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Exercise and education for the treatment of chronic conditions

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Exercise therapy for individuals with osteoarthritis and multimorbidity

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29/07/2019

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Expert on webinar on exercise, osteoarthritis and multimorbidity

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Fagkongres 2022 - hvad vil du gerne opleve?

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FAKTA: Begræns risikofaktorerne

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25/09/2019

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FAKTA: Find indendørs alternativer

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20/09/2019

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FAKTA: Samspelet mellem slidgigt og træning

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Forebygger sygdom og tidlig død

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Forskere skal finde ud af om operation for slidgigt er det bedste

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3 elementer af Mediedækning

Forskere skal undersøge knæoperation mod slidgigt

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Forskere vil afprøve 5 alternativer til knæoperation ved slidgigt

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Forskere: Patientforeninger bør styrke samarbejdet for at favne de multisyge

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Forskning får international pris for at skabe værdi for slidgigtpatienter

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Forskning i patienter med flere kroniske sygdomme

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Forskningen på Næstved, Slagelse og Ringsted sygehuse styrkes yderligere

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Forskningsbaseret individuel træning til multisyge

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Forskningsteam på SDU modtager international hæder

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Fra fond til forsker: Støtte til børn og patienter med flere kroniske sygdomme

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Fra fond til forsker: Støtte til børn og patienter med flere kroniske sygdomme

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Fra fond til forsker: Støtte til forskning i smerter, nyresygdomme og museumsformidling

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Fri for smerter og knæoperation

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Fysioterapeut fra Aalborg UH får ærefuld pris

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Fysioterapeuter har nyt tilbud i Skive: Det er muligt at mindske slidgigt ved træning

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Fysioterapeuter: Politikere bør sikre knætræning frem for operation

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Fysioterapeuter: Sparede operationskroner bør bruges på gratis genoptræning

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G.L.A:D: Godt Liv med Artrose i Danmark

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Gigttekster kan selv blive ramt

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Gigtpatienter får deres forundersøgelse hos en fysioterapeut

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Gigtpatienter tilbydes virtuel træning

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Gigtpatienter træner sig ud af medicin med stor succes

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Gigtpatienter venter længe på deres operation - nu tilbydes de i stedet virtuel træning

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Gikt-ekspertenes beste råd

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Giktprofessorerne som selv er rammet: Deres beste råd

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GLA: D MED GIGT - UDEN SMERTER

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GLA:D betyder et godt liv med artrose

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GLA:D træning Få knæet i form

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GLA:D træning gør artrosepatienter glade

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GLA:D vinder international pris

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Glad knætræning

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God erfaring med knælidelse

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Gode råd til slidgigt: Sådan får du færre smerter

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Gode råd: Sådan forebygger du kronisk sygdom

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Godt Liv med Artrose i Danmark (GLA:D)

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Gurli Nielsen: Jeg glæder mig til at komme i gang

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Hanne Lene Hørsholm tabte sin værdighed, da slidgigten kom - men så begyndte hun at træne

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Har du risiko for at udvikle slidgigt i knæene?

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Haves: Slidte knæ. Ønskes: Behandlingsforløb

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Her tages de gigtramte i skole

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Hvad kan man selv gøre, hvis man får slidgigt?

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Ikke-kirurgisk behandling udsætter operation

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Ikke-operative behandlingsformer er gavnlige for slidgigt

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Individualiseret behandling af multimorbiditet

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Jeg tør ikke lade være med at træne

Ewa M. Roos & Søren Thorgaard Skou

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JOSPT Insights. Ep 33: Comorbidity, multimorbidity... wait, what? with Prof Søren Skou

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Kæmpe million-donation sætter turbo på forskning i multi-syge

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Kirurgi ikke altid løsningen på slidte knæ

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Knæfald for træningen

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KNÆK: SÅDAN UNDGÅR DU SMERTER

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Knæsmerter, bæredygtighed og journalistik: Avisen hædrer fynsk forskning

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Knee Osteoarthritis: What, Why, & How to treat with professor Soren Skou

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Knee Replacement Brings Less Pain, Better Function But risks make physical therapy a viable option, researchers say

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Knee Replacement Improves Pain, Ups Complications in RCT

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Knee Replacement Linked To More Pain Relief, Functional Improvement and Adverse Side Effects

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Knee replacement surgery or not

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Knee replacement surgery works, but so can nonsurgical techniques

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Knee replacement surgery works, but so can nonsurgical techniques

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Knee Replacement Surgery Works, but So Can Nonsurgical Techniques

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Knee Replacement, Nonsurgical Tx Compared for Pain Relief in Arthritis

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Knee replacements: less pain but more complications

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Knee-replacement surgery works, but so do nonsurgical options

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Kronisk syge sjællændere får håndsækning: EU donerer mio. til forskning

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Kroppens egen medicin

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Kunstige knæ virker bedst mod slidgigt, men fysioterapi kan udsætte operationen

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Ledbevarende træning - med professor Søren Skou

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Leder: Det gode liv med artrose

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Livsstilsændring i stedet for operation

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Mange gigtpatienter træner smerterne væk

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Måske er kniven ikke den bedste løsning

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Måske er operation ikke altid løsningen

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Maskine kan måle smerter hos gigtpatienter

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Meniskskader

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Mere målrettet behandling til patienterne

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Mere træning til mennesker med artrose

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Millioner af kroner kan spares på træning fremfor kirurgi

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Millioner til at forske i knæet

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Motion anbefales frem for operation ved slidgigt

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Motion kan lindre slidgigt

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Motion kan lindre slidgigt

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Muskel og ledsmerter skal trænes væk

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Navnligt -i dag med en prisregn over Fyn

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Nemme øvelser: Sådan bekæmper Kirsten sine knæsmærter

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Nu åbner slidgigtskolen GLA:D

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Ny opfindelse - smertemåler hjælper syge

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Ny professor i fysioterapi vil forske i forebyggelse

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Ny studie vil vise vei i meniskdebatten

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Nye anbefalinger: træning og ikke operation til knæartrose

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Nye retningslinjer : bed lægen om træning og viden

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Odenseansk slidgigts-forsker modtog flot udenlandsk pris

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Odenseansk slidgigts-forsker modtog flot udenlandsk pris

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Overfølsomhed for smerte kan modvirkes

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P4 Nyheder

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På jagt efter det overfølsomme smertesystem

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Pain relief, function up post knee replacement in arthritis

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Paradigmeskift i behandlingen af knæsmærter

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Patienter med claudicatio intermittens mangler tilbud om træning

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Pris til Syddansk Universitet

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PRM / Det EU-finansierede projekt, ESCAPE, skal lette behandlingen af ældre patienter med flere kroniske sygdomme

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Søren Thorgaard Skou
16/10/2019
1 Mediebidrag

Professor i træning og sundhed
Søren Thorgaard Skou
16/10/2019
1 Mediebidrag

Professor i træning og sundhed
Søren Thorgaard Skou
16/10/2019
1 Mediebidrag

RCT supports TKR in eligible patients with osteoarthritis
Søren Thorgaard Skou
10/11/2015
1 element af Mediedækning

Rejser verden rundt med dansk forskning
Søren Thorgaard Skou
04/05/2019
1 Mediebidrag

Rejser verden rundt med dansk forskning
Søren Thorgaard Skou
04/05/2019
1 Mediebidrag

Roadshow om retningslinjerne
Søren Thorgaard Skou
06/03/2017
1 element af Mediedækning

Sådan redder du dine knæ fra slidgigt og smerter

Søren Thorgaard Skou

04/08/2018

1 Mediebidrag

SÅDAN REDDER DU DINE KNÆ FRA SLIDGIGT OG SMERTER

Søren Thorgaard Skou

04/08/2018

1 Mediebidrag

SÅDAN REDDER DU DINE KNÆ FRA SLIDGIGT OG SMERTER

Søren Thorgaard Skou

02/03/2019

1 Mediebidrag

Sådan skal du træne med slidgigt

Søren Thorgaard Skou

25/03/2019

1 Mediebidrag

Sådan skal du træne med slidgigt

Søren Thorgaard Skou

25/03/2019

1 Mediebidrag

Sådan skal du træne med slidgigt

Søren Thorgaard Skou

25/03/2019

1 Mediebidrag

Sådan skal du træne med slidgigt

Søren Thorgaard Skou

25/03/2019

1 Mediebidrag

Sådan skal du træne med slidgigt

Søren Thorgaard Skou

28/03/2019

1 Mediebidrag

Sådan skal du træne med slidgigt

Søren Thorgaard Skou

03/04/2019

1 Mediebidrag

Sådan træner du slidgigt væk

Søren Thorgaard Skou

24/11/2014

1 element af Mediedækning

Sådan vedligeholder du formen i vinterhalvåret

Søren Thorgaard Skou

20/09/2019

1 Mediebidrag

Sådan vedligeholder du formen i vinterhalvåret

Søren Thorgaard Skou
22/09/2019
1 Mediebidrag

Sådan vedligeholder du formen i vinterhalvåret

Søren Thorgaard Skou
20/09/2019
1 Mediebidrag

Sådan vedligeholder du formen i vinterhalvåret

Søren Thorgaard Skou
20/09/2019
1 Mediebidrag

Sådan vedligeholder du formen i vinterhalvåret

Søren Thorgaard Skou
15/10/2019
1 Mediebidrag

Sådan vedligeholder du formen i vinterhalvåret

Søren Thorgaard Skou
23/11/2019
1 Mediebidrag

Sarah fra Faaborg er ekspert i slidgigt: Nu rejser fysioterapeuten verden rundt med fynsk forskning

Søren Thorgaard Skou
03/05/2019
1 Mediebidrag

Satser alt på træning: "Jeg skal være invalid, før jeg vil opereres"

Søren Thorgaard Skou & Ewa M. Roos
12/10/2020
1 Mediebidrag

SDU er ved at udvikle et GLA:D-forløb for ryggen

Søren Thorgaard Skou
21/12/2017
1 Mediebidrag

SDU-forsker får 1,6 mio. kr. til forskning i kikkertkirurgi

Søren Thorgaard Skou
18/03/2016
1 element af Mediedækning

Skal knæsmærter trænes eller opereres væk?

Søren Thorgaard Skou
30/03/2016
1 element af Mediedækning

Skal knæsmærter trænes eller opereres væk?

Søren Thorgaard Skou
30/03/2016
2 elementer af Mediedækning

Slidgigt har godt af korrekt træning
Søren Thorgaard Skou
20/03/2019
1 Mediebidrag

Slidgigt har godt af korrekt træning
Søren Thorgaard Skou
23/03/2019
1 Mediebidrag

Slidgigt har godt af korrekt træning
Søren Thorgaard Skou
23/03/2019
1 Mediebidrag

Slidgigt har godt af korrekt træning
Søren Thorgaard Skou
23/03/2019
1 Mediebidrag

Slidgigt har godt af korrekt træning
Søren Thorgaard Skou
25/03/2019
1 Mediebidrag

Slidgigt har godt af korrekt træning
Søren Thorgaard Skou
22/03/2019
1 Mediebidrag

Slidgigt har godt af korrekt træning
Søren Thorgaard Skou
23/03/2019
1 Mediebidrag

Slidgigt har godt af korrekt træning
Søren Thorgaard Skou
26/03/2019
1 Mediebidrag

Slidgigt har godt af korrekt træning
Søren Thorgaard Skou
26/03/2019
1 Mediebidrag

Slidgigt har godt af korrekt træning
Søren Thorgaard Skou
26/03/2019
1 Mediebidrag

Slidgigt har godt af korrekt træning
Søren Thorgaard Skou
26/03/2019
1 Mediebidrag

Slidgigt har godt af korrekt træning

Søren Thorgaard Skou

27/03/2019

1 Mediebidrag

Slidgigt har godt af korrekt træning

Søren Thorgaard Skou

26/03/2019

1 Mediebidrag

Slidgigt har godt af korrekt træning

Søren Thorgaard Skou

26/03/2019

1 Mediebidrag

Slidgigt har godt af korrekt træning

Søren Thorgaard Skou

26/03/2019

1 Mediebidrag

Slidgigt har godt af korrekt træning

Søren Thorgaard Skou

27/03/2019

1 Mediebidrag

Slidgigt har godt af korrekt træning

Søren Thorgaard Skou

30/03/2019

1 Mediebidrag

Slidgigt har godt af korrekt træning

Søren Thorgaard Skou

01/04/2019

1 Mediebidrag

Slidgigt i knæet - er operation nødvendigt?

Søren Thorgaard Skou

15/10/2012

1 element af Mediedækning

Slidgigt kan opstå tidligt - og skal behandles tidligt

Søren Thorgaard Skou

27/11/2015

1 element af Mediedækning

Slidgigt kan trænes væk

Søren Thorgaard Skou

05/08/2018

1 Mediebidrag

Slidgigt skal trænes væk

Søren Thorgaard Skou

27/01/2015

1 element af Mediedækning

Slidgigt: Få kommuner tilbyder gratis træningsforløb

Søren Thorgaard Skou

02/11/2015

3 elementer af Mediedækning

Slidgigtpatienter ud af smertehelvede: Styrketræning er løsningen

Søren Thorgaard Skou

20/01/2018

1 Mediebidrag

Slidgigtpatienter ud af smertehelvede: Styrketræning er løsningen

Søren Thorgaard Skou

20/01/2018

1 Mediebidrag

Slut med smerter: Else er kommet tilbage på cyklen

Søren Thorgaard Skou

25/03/2019

1 Mediebidrag

Smerte og sensitisering ved knæartrose og vedvarende smerte efter operation

Søren Thorgaard Skou

20/05/2015

1 element af Mediedækning

Smerte og smerteoverfølsomhed skal behandles inden operation

Søren Thorgaard Skou

20/05/2015

1 element af Mediedækning

Smerter i hofte og knæ efter slidgigt kan trænes væk

Søren Thorgaard Skou

05/08/2018

1 Mediebidrag

Smerter i hofte og knæ efter slidgigt kan trænes væk

Søren Thorgaard Skou

05/08/2018

1 Mediebidrag

Smerter i hofte og knæ efter slidgigt kan trænes væk

Søren Thorgaard Skou

05/08/2018

1 Mediebidrag

Smerter i hofte og knæ efter slidgigt kan trænes væk

Søren Thorgaard Skou

05/08/2018

1 Mediebidrag

Smerter trænes væk

Søren Thorgaard Skou

16/04/2015

1 element af Mediedækning

Smertetest skal hjælpe folk med slidgigt

Søren Thorgaard Skou

21/12/2012

1 element af Mediedækning

Søren Skou er ny professor i træning og sundhed på SDU

Søren Thorgaard Skou

17/09/2019

1 Mediebidrag

Søren Skou er ny professor i træning og sundhed på SDU

Søren Thorgaard Skou

07/10/2019

1 Mediebidrag

Søren T. Skou får Fyens Stiftstidendes Forskerpris

Søren Thorgaard Skou

09/05/2019

1 Mediebidrag

Søren Thorgaard Skou får Danske Fysioterapeuters Pris 2015

Søren Thorgaard Skou

02/09/2015

1 element af Mediedækning

Stor international pris til forskerteam fra Syddansk Universitet

Søren Thorgaard Skou

24/04/2019

1 Mediebidrag

Stor international pris til forskerteam fra Syddansk Universitet

Søren Thorgaard Skou & Ewa M. Roos

24/04/2019

1 Mediebidrag

Stor pris for forskning i slidgigt

Søren Thorgaard Skou

24/04/2016

5 elementer af Mediedækning

Stort potentiale i at udbrede slidgigt-tilbud

Søren Thorgaard Skou

19/02/2015

1 element af Mediedækning

Study Points to Benefits of Knee Replacement Surgery Over Therapy Alone

Søren Thorgaard Skou

21/10/2015

1 element af Mediedækning

Study shows value of knee replacement surgery, other options

Søren Thorgaard Skou

21/10/2015

1 element af Mediedækning

Study tackles non-surgical treatment of knee osteoarthritis

Søren Thorgaard Skou
07/09/2018
1 Mediebidrag

Sundhedsministeren på gigtskole

Søren Thorgaard Skou
01/12/2013
1 element af Mediedækning

The GLA:D Program for Osteoarthritis

Søren Thorgaard Skou
28/05/2018
1 Mediebidrag

Total knee replacement is linked to reduced pain but with serious side effects, trial finds

Søren Thorgaard Skou
23/10/2015
1 element af Mediedækning

Træn dig GLA:D med artrose - slidgigt

Søren Thorgaard Skou
26/10/2015
1 element af Mediedækning

TRÆN GIGTEN VÆK - OG FÅ DIT ARBEJDSLIV TILBAGE

Søren Thorgaard Skou
17/02/2018
1 Mediebidrag

Træn knæet og behold arbejdet : nordjysk pilotprojekt lover godt for hele landet

Søren Thorgaard Skou
12/03/2012
1 element af Mediedækning

Træning er vejen frem

Søren Thorgaard Skou
02/12/2016
1 element af Mediedækning

Træning frem for knæoperation

Søren Thorgaard Skou
22/10/2015
1 element af Mediedækning

Træning mindsker smerten ved slidgigt

Søren Thorgaard Skou
30/04/2019
1 Mediebidrag

Træning mindsker smerten ved slidgigt

Søren Thorgaard Skou
30/04/2019
1 Mediebidrag

Træning skal være en naturlig del af hverdagen

Søren Thorgaard Skou
15/01/2020
1 Mediebidrag

Træning som første behandling af kroniske sygdomme

Søren Thorgaard Skou
07/02/2020
1 Mediebidrag

Træning som medicin

Søren Thorgaard Skou
16/01/2020
1 Mediebidrag

Træning som medicin

Søren Thorgaard Skou
16/01/2020
1 Mediebidrag

Træning som medicin

Søren Thorgaard Skou
16/01/2020
1 Mediebidrag

Træning som medicin

Søren Thorgaard Skou
16/01/2020
1 Mediebidrag

Træning som medicin

Søren Thorgaard Skou
16/01/2020
1 Mediebidrag

Træning som medicin

Søren Thorgaard Skou
16/01/2020
1 Mediebidrag

Træning som medicin

Søren Thorgaard Skou
16/01/2020
1 Mediebidrag

Træning som medicin

Søren Thorgaard Skou
16/01/2020
1 Mediebidrag

Træning som medicin

Søren Thorgaard Skou
16/01/2020
1 Mediebidrag

Træning ved artrose
Søren Thorgaard Skou
28/04/2019
1 Mediebidrag

TRÆNINGEN DÆMPER SMERTERNE
Søren Thorgaard Skou
14/09/2019
1 Mediebidrag

Træningen giver færre smerter - også på lang sigt
Søren Thorgaard Skou
16/04/2015
2 elementer af Mediedækning

Træningsfællesskab i naturen skal styrke gigtpatienter
Søren Thorgaard Skou
15/06/2021
1 Mediebidrag

Tusindvis ramt af slidgigt
Søren Thorgaard Skou
17/09/2015
1 element af Mediedækning

TV 2 Fyn 19.30
Søren Thorgaard Skou
29/04/2019
1 Mediebidrag

Udnævnelse
Søren Thorgaard Skou
16/09/2019
1 Mediebidrag

Udnævnelse
Søren Thorgaard Skou
13/09/2019
1 Mediebidrag

Udnævnelse
Søren Thorgaard Skou
16/09/2019
1 Mediebidrag

Udnævnelse
Søren Thorgaard Skou
13/09/2019
1 Mediebidrag

Udnævnelse
Søren Thorgaard Skou
17/09/2019
1 Mediebidrag

UDNÆVNT

Søren Thorgaard Skou
16/09/2019
1 Mediebidrag

Undersøgelse: Knæoperationer mere succesfulde, hvis de udskydes

Søren Thorgaard Skou
22/10/2015
1 element af Mediedækning

Undgå slidgigt

Søren Thorgaard Skou
07/04/2019
1 Mediebidrag

Vægttab og træning kan udskyde operation for slidgigt

Søren Thorgaard Skou
14/05/2019
1 Mediebidrag

Vedligehold formen i vinterhalvåret

Søren Thorgaard Skou
21/09/2019
1 Mediebidrag

Vi opererer årligt knæ for 600 mio. kr. - men er det fornuftigt, spørger forskere

Søren Thorgaard Skou
22/10/2015
1 element af Mediedækning

Vi opererer årligt knæ for 600 mio. kr. – men er det fornuftigt, spørger forskere

Søren Thorgaard Skou
22/10/2015
1 element af Mediedækning

Vi skal fortsat have fokus på ventetiderne

Søren Thorgaard Skou
09/11/2015
1 element af Mediedækning

Videnskabeligt boost af yngre forskere

Søren Thorgaard Skou
23/08/2018
1 Mediebidrag

Yngre forskere henter rekord mange penge fra EU

Søren Thorgaard Skou
24/08/2018
1 Mediebidrag

Formel pædagogisk uddannelse

2018 PhD Supervisor course, IOB, SDU
2015-2017 Formal teaching qualification certificate in higher education pedagogy at AAU (10 ECTS)
(adjunktpædagogikum)
2016 Certified on C1 level in English language on the Common European Framework of Reference for Languages:

learning, teaching, assessment.

2016 Electronic multiple choice tests to evaluate students at SDU,

2015 GRADE guidelines (system for rating quality of evidence) at The Danish Health Authority, .

2015 Online and blended learning for teaching at university level at the course "Teaching for tomorrow" at SDU (5 ECTS).

Uddannelsesadministrative opgaver

Responsible for module on the Master of Physiotherapy from September 2015 to January 2018, responsible for theme and lecturer in RCT/study design at SDU in September 2016-January 2017, and responsible for theme and lecturer in Statistics at SDU in September 2015-January 2016.

Course developer and leader of PhD-course at SDU: "Using news media and social media to increase the awareness and dissemination of your research" from September 2016

Course developer and co-leader of the GLA:D-course at SDU, which has now been exported to Canada and Australia.

Erfaring med undervisning, vejledning og eksamen

Teaching

More than 1200 hours of teaching activities at bachelor, master or PhD level

Furthermore, several presentations and courses for patients with knee and hip pain aimed at teaching them about their disease and how to treat it with a special emphasis on exercise and help to self-help.

Examiner experience

Chairman of PhD committee at SDU, Spring 2018

Examiner at nine examinations at MSc-level or BA-level

Examiner in Randomized Controlled Trials (RCT) and study design at the MSc in Physiotherapy at SDU Autumn 2016

Examiner in Basic statistics at the MSc in Physiotherapy at SDU Autumn 2015

Examiner of two projects at the MSc in Public Health at SDU Summer 2015

Examiner of a project at the MSc in Medicine with industrial specialization at AAU Winter 2014/2015

Examiner of a project at the MSc in Clinical Science and Technology at AAU Winter 2012/2013

Examiner of Assessment and treatment of musculoskeletal disorders at the BA in physiotherapy at UCN Winter 2012 and Summer 2012.

Examiner of MPhil thesis at University of Queensland, Australia, February 2018.

Referee of application for an academic position at the School of Health and Rehabilitation Sciences, University of Queensland, Australia (2017).

Furthermore, I have been censor at four examinations at the BA in Medicine at Aalborg University, 2016.

Metoder, materialer og redskaber og refleksion over egen pædagogisk praksis og fremtidig udvikling

I have been teaching a broad group of students at various levels and clinicians both at the university, the hospital and in other settings. The organization of the teaching has also been multiple, as it has been in large classes of more than 100, medium size classes, classes of no more than 20 and groups of 4-5 students. The teaching has involved different approaches, sometimes being lectures, other times being workshops, group-based teaching, laboratory-based teaching and practical teaching of specific clinical methods. I have intentionally tried to challenge myself by changing the audience, setting and approach to develop my teaching skills as much as possible. I have experienced that this has increased my possibilities and variation when approaching a specific teaching task, both new ones and tasks that I have previously performed. Furthermore, I have developed my teaching skills by taking a course in online and blended learning at university level, which gave me very relevant tools to use in my teaching, and a course in electronic multiple-choice tests, which can be used actively as formative assessment to support the learning process throughout a course.

Whenever possible, I have tried to approach students based on the level that they are at by using differentiated teaching, giving more skilled students additional tasks and students challenged by the specific task extra supervision, motivation or help to succeed. One example is the Basic statistics course at the Master of Physiotherapy at SDU, where the level of previous knowledge within statistics was very different among the students. Here a practical approach applying differentiated teaching helped improve the learning process of the individual student. I also try to employ different methods and media in my teaching to help the students learn based on their preferred method in the most effective way. Two examples of this are that I some years ago started using screencasts for the students to watch before the lecture and small group work sessions during a lecture. This was well received by the students and seems to be helpful tools for my future teaching career.

From my own MSc and as a supervisor for several projects at AAU, I have personal experiences and competences of using the problem-based learning method (PBL) both as student and as supervisor. I believe that these experiences and competences are beneficial and applicable to the teaching I am delivering at SDU. By giving students the possibility to acquire knowledge and skills independently working with a specific problem, PBL offers an important method used alongside other teaching methods. Furthermore, I use different online resources aimed at refining my teaching competences.

I believe that teaching competences can be improved continuously throughout a teaching career. To develop my own competences further, I underwent the formal teaching qualification certificate in higher education pedagogy (Adjunkt pædagogikum) at AAU in January 2017. In the official evaluation statement, my two supervisors evaluated the work I undertook during the Adjunkt pædagogikum as "excellent" and commented that I am a "committed" and "dedicated" teacher and supervisor with "clear visions for continuing his development of his pedagogical competencies". As part of the program I completed several workshops related to teaching, including a workshop on assessment and another one on flipped classroom. My pedagogical supervisor helped me improve my teaching by increasing my focus on using dialogs and discussions as part of my teaching and increasing my awareness of my role as a teacher in the classroom and as a supervisor of projects. I also underwent English language certification, ensuring that I am on level C1 of the Common European Framework of Reference for Languages. Combined with future courses, and the actual teaching and supervision at SDU and other institutions my qualifications as a teacher will be further developed.

Uddannelsesudvikling og universitetspædagogisk (følge)forskning, herunder pædagogiske priser

Responsible for module on the Master of Physiotherapy from September 2015 to January 2018

Forskningslederkursus

Research Management Course at Copenhagen Business School 2017-2018 with the aim of professionalizing research leadership