A new Last Aid Course for kids from 8-14 years - a pilot-test

Bollig, Georg; Mainzer, Kirsten; Fiedler, Holger; Barra, Franca; Pothmann, Raymund

Publication date: 2019

Document version: Final published version

Citation for published version (APA):
Bollig, G., Mainzer, K., Fiedler, H., Barra, F., & Pothmann, R. (2019). A new Last Aid Course for kids from 8-14 years - a pilot-test. Abstract from 16th World Congress of the European Association for Palliative Care, Berlin, Germany.

Terms of use
This work is brought to you by the University of Southern Denmark through the SDU Research Portal. Unless otherwise specified it has been shared according to the terms for self-archiving.
If no other license is stated, these terms apply:

- You may download this work for personal use only.
- You may not further distribute the material or use it for any profit-making activity or commercial gain
- You may freely distribute the URL identifying this open access version

If you believe that this document breaches copyright please contact us providing details and we will investigate your claim. Please direct all enquiries to puresupport@bib.sdu.dk

Download date: 08. Feb. 2021
A new Last Aid Course for kids from 8-14 years - a pilot-test

Bollig G¹,²,³, Mainzer K⁴, Fiedler H⁵, Barra F⁶, Pothmann R⁴

¹Palliative Care Team, Oncology and Pulmonology, Medical Department Sanderborg/Tender, South Jutland Hospital, Sønderborg, Denmark
²Palliative Care research group, Medical Research Unit, Institute of Regional Health Research, University of Southern Denmark
³Last Aid International, Germany
⁴Pediatric palliative care team (Kinder-PACCT), Hamburg, Germany
⁵Pediatric palliative care team, Kinder Palliativteam, Frankfurt, Germany
⁶Childrens Hospice Stemmenbrücke, Hamburg, Germany
Contact: georg.bollig@rsyd.dk

Results: 10 children between 9 and 14 years participated in the Last Aid course that was held within 3 hours on one afternoon. 9 out of 10 participants had experience with the death of family members. All children stated that they would recommend the course to other children and that also adults should participate in Last Aid courses. The children appreciated the course and most felt somehow more prepared for a potential death in their social network.

Background/aims:
Last aid courses for adults have been introduced to educate the public about Palliative care and to enhance the public discussion about death and dying (1,2). The aim of the present study was to investigate the feasibility and acceptance of a similar approach adapted to the needs of children.

Methods:
Based on the Last Aid course for adults (1,2) a multi-professional working-group adapted the curriculum for children between 8 and 14 years. The first pilot-course was evaluated by oral feedback of the children after the course and a questionnaire filled out by the participants some weeks after taking part in the Last Aid course.

Conclusions:
The results of the pilot-test are very encouraging. More Last Aid courses for children will be taught within the next year. A scientific evaluation with a mixed-methods approach will be part of the pilot-testing-phase. Due to suggestions of the children the age span for participation was widened to include children from 8-16 years of age.

References:
3. www.lastaid.info