The Use of Personal Narratives in Hospital Based Palliative Care Interventions
an Integrative Literature Review
Roikjaer, Stine Gundtoft; Missel, Malene Svenningsen; Bergenholztz, Heidi; Schønay, Mai Nanna; Timm, Helle Ussing

Publication date:
2019

Document license
Unspecified

Citation for published version (APA):
Roikjaer, S. G., Missel, M. S., Bergenholztz, H., Schønay, M. N., & Timm, H. U. (2019). The Use of Personal Narratives in Hospital Based Palliative Care Interventions: an Integrative Literature Review. Poster session presented at 16th World Congress of the European Association for Palliative Care, Berlin, Germany.

Terms of use
This work is brought to you by the University of Southern Denmark through the SDU Research Portal. Unless otherwise specified it has been shared according to the terms for self-archiving. If no other license is stated, these terms apply:

- You may download this work for personal use only.
- You may not further distribute the material or use it for any profit-making activity or commercial gain.
- You may freely distribute the URL identifying this open access version.

If you believe that this document breaches copyright please contact us providing details and we will investigate your claim. Please direct all enquiries to puresupport@bib.sdu.dk

Download date: 11. Jan. 2021
The use of personal narratives in hospital based palliative care interventions – an integrative literature review

Stine Gundtoft Roikjær1,2, Malene Misset1, Heidi Maria Bergenholtz1,5, Mai Nanna Schønau1,6 and Helle Timm1,3

1. Clinical Studies, University of Southern Denmark.
2. Department of Medicine 2, Naestved, Slagelse and Ringsted Hospitals, Region Zealand.
3. REHPA, the Danish Knowledge Centre for Rehabilitation and Palliative Care, the Region of Southern Denmark, the University of Southern Denmark.
5. Department of Medicine and Surgery, Holbaek Hospital, Region Zealand.
6. Department of People and Technology/Roskilde University, Denmark.

The authors have no conflicts of interests.

AIM
To review the literature on personal narratives in hospital based palliative care interventions.

INTRODUCTION
People living with life-threatening illness experience unmet existential needs despite the growing research and clinical field of palliative care. Narrative interventions show promise in complying existential needs, but there is a necessity for more knowledge on the characteristics of narrative interventions and the feasibility of using personal narratives in a hospital. The specific research questions of this study were:

Research questions
- What characterizes personal narrative interventions in hospital based palliative care?
- What is the purpose and significance of personal narrative interventions for the patients?
- What is the provision of using personal narratives in general palliative care?

METHODS
We conducted a systematic integrative review with qualitative analysis and narrative synthesis in adherence to PRISMA where applicable. PROSPERO#:CRD42018089202. A systematic search was conducted in Pubmed, Embase, SCOPUS, Cinahl, SocINDEX and PsychInfo for primary research articles published until June 2018. Full-text articles were assessed against eligibility criteria followed by a discussion of quality using Critical Appraisal Skills Programme.

RESULTS
Out of 480 original articles, 24 studies were found eligible for this review: eight qualitative, 14 quantitative, and two mixed methods. The articles reported on Dignity therapy, Legacy building, Outlook, Short term life review and Life review. Data analysis resulted in five themes: core principles, theoretical framework, content of narrative, outcome and acceptability and feasibility.

CONCLUSION
Personal narratives in hospital based palliative care is and can be managed in a hospital setting to relieve psychosocial and existential suffering. The personal narrative interventions at the hospital are characterized by a common psychotherapeutic theoretical understanding and aim of relieving existential suffering. However, different interventions have been developed. Each use their own procedure manual to guide, structure and facilitate the personal narrative to the specific purpose of boosting a sense of meaning, and enhance quality of life. Although the evidence from this review is from a hospital setting, the scope is limited beyond a specialized palliative care setting.