DEVELOPMENT OF A PATIENT DECISION AID TEMPLATE FOR USE IN DIFFERENT CLINICAL SETTINGS

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INTRODUCTION

Shared decision making (SDM) is a key element on the agenda of today’s health care system. Despite considerable interest from policy-makers, health care professionals and patients, SDM is not yet routine practice in clinical encounters.

Health care professionals report barriers to SDM such as lack of skills and lack of decision support. Patient decision aids (PtDAs) have been shown to be an effective and reliable support in the dialogue between patient and health care professional.

AIM

The aim of this study was to develop and test a patient decision aid template and test two different prototypes designed to support SDM in adjuvant therapy for breast cancer and diagnostic work-up for suspicion of lung cancer.

Introduction to qualitative statements:

"It requires an innovative thinking and courage of the physician to change work practice". - Physician

"The question is; How does the physician endure and accept the choice of the patient?" - Nurse

"It structures and models the consultation in a way that gives the best condition for actual influence on the treatment for the patient". - Lead Nurse

"This demands that the physician uses it 100 % - that we turn everything around and say, “We want this”" - Physician

RESULTS

Preparation for Decision Making, score converted to 0-100 scale. Statistical test showed that there was no significant difference in the distributions of the scores by patients and relatives in the two demonstration projects. In both projects scores were generally good, and showed that the PtDA template were useful in both of the chosen clinical decision making situations.

PtDA’s

Breast cancer // The final design

Pulmonary Medicine // The final design

CONCLUSION

Using a systematic process and high user involvement we developed a PtDA template and two prototypes that meet the IPDAS criteria.

Testing of the PtDA prototypes, showed that the template can be adapted to other clinical settings without affecting the quality of the PtDA.

Field testing of these prototypes with larger groups of patients and professionals is currently being performed, and test of additional prototypes based on the PtDA template in different clinical settings is already going on.

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