Aquaporin-4 IgG autoimmune syndrome and immunoreactivity associated with thyroid cancer

Soelberg, Kerstin; Larsen, Stine Rosenkilde; Mørch, Marlene; Thomassen, Mads; Brusgaard, Klaus; Paul, Friedemann; Smith, Terry J; Godballe, Christian; Grauslund, Jakob; Lillevang, Søren Thue; Asgari, Nasrin

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Tumor cells can express so-called onconeural antigens, which are normally restricted to mature neurons and glial cells in the CNS. The detection of neural-reactive immunoglobulin G (IgG) aids the diagnosis of paraneoplastic neurologic syndromes (PNS); however, the diagnostic utility and potential pathogenicity of autoantibodies vary between neurologic diseases. By contrast, anti-aquaporin-4 (AQP4) IgG from patients with neuromyelitis optica spectrum disorder (NMOSD) is a specific biomarker for NMOSD. AQP4 is the most abundant water channel in the CNS, particularly abundant on astrocytes, forming the glia limitans of the blood–brain barrier. There is compelling evidence that AQP4-IgG reactivity and pathogenicity is restricted to the CNS, probably through an impaired blood–brain barrier. The clinical features of NMOSD include inflammation of the optic nerve, spinal cord, and specific brain areas coinciding with sites of high AQP4 expression. Some cases of NMOSD thus far reported may reflect a paraneoplastic immune response.

Case report. In 2002, a 64-year-old man with no history of CNS diseases developed sudden bilateral vision loss and constricted visual fields. Visual acuity was 1/36 and 6/24 in the right and left eye, respectively. Bilateral optic disc edema, greater in the right eye, was noted. Intraocular and intracranial pressures were normal. The neurologic examination, brain MRI, and CSF were normal except for the presence of oligoclonal bands in CSF. He did not receive any treatment. After 3 months, atrophy of the optic head and visual loss (2/36) of the right eye was apparent; the left eye was normal. AQP4-IgG was not determined at disease onset. Two years before the onset of optic neuritis, the patient had undergone surgical thyroidectomy and radioactive iodine ablation for an aggressive oncocytic cancer of the thyroid (follicular type). No evidence of metastatic disease was detected by whole-body MRI. The patient was negative for serum antithyroglobulin antibodies and antithyroid peroxidase antibodies.

In 2006, recurrent dyspepsia occurred. A gastroscopy demonstrated an ulcerating jejunal tumor, which was surgically removed and diagnosed as adenocarcinoma. Serum AQP4-IgG, anti-Ma2/TA, antitransglutaminase, and antinuclear antibodies were detectable in 2010. Brain MRI was normal and whole-body MRI remained negative for metastatic disease. Three years later (2013), the patient died of disseminated adenocarcinoma in the retroperitoneum, lymph nodes, and gastrointestinal tract. No autopsy was performed. Potentially deleterious germline mutations such as RET, TP53, and the mismatch repair genes MLH1, MSH2, MSH2, and PMS2 were investigated, but none was identified. Immunohistochemical staining for AQP4 in the paraffin-embedded neoplastic thyroid tissue (3 μm) and the jejunum was performed after antigen retrieval, with primary rabbit anti-AQP4-4 antibody, dilution 1:400 (Alomone Labs, Jerusalem, Israel), and counterstaining with toluidine blue. Staining of the thyroid cancer revealed high-level expression of AQP4 in multifocal areas (figure). There was no AQP4 expression in the neoplastic tissue from the jejunum (not shown).

Discussion. We report the clinical and laboratory investigations of a patient with NMOSD who developed 2 apparently unrelated malignancies over a 6-year period. AQP4 was expressed in thyroid neoplastic tissue and later AQP4-IgG was detectable in serum. These findings suggest that autoimmunity against tumor-expressed AQP4 potentially elicited development of NMOSD, extending the spectrum of paraneoplastic AQP4 autoimmunity. Reports of patients with AQP4-IgG seropositive NMOSD had a history of neoplastic disease. Furthermore, 27% of individuals undergoing investigation for PNS were found to have detectable AQP4-IgG. Congruent with the current case, high AQP4 antigen expression in neoplastic tumor cells has been demonstrated in PNS. Outside the CNS, AQP4 is normally expressed at low levels in basolateral plasma membranes of epithelia in a number of tissues. It has been suggested that the differential expression of AQP4 may reflect the biological nature of neoplastic thyroid cells. In this case, the thyroid tumor was characterized as oncocytic carcinoma with high
expression of AQP4, which appeared in a multifocal pattern (figure).

In addition to serum AQP4 IgG positivity, anti-Ma2/TA was also detected. This antibody is viewed as an indicator of limbic encephalitis, of which the patient did not manifest suggestive symptoms. However, onconeural antibodies may be detected in individuals without neurologic symptoms. Seropositivity for AQP4-IgG 8 years after onset of optic neuritis suggests that the patient’s blood–brain barrier remained intact, thus restricting entry of these antibodies into the CNS.

This case of NMOSD with AQP4-IgG seropositivity in the context of thyroid cancer expressing high-level AQP4 expands the spectrum of paraneoplastic autoimmunity targeting this antigen.

From Vejle Hospital (K.S., N.A.); Institute of Molecular Medicine (K.S., M.T.M., N.A.), University of Southern Denmark; Odense University Hospital (S.R.L., M.T., K.B., T.J.S., C.G., J.G., S.T.L.), Denmark; Clinical and Experimental Multiple Sclerosis Research Center and NeuroCare Clinical Research Center (F.P.), Charité-Universitätsmedizin Berlin; Experimental and Clinical Research Center (F.P.), Max Delbrueck Center for Molecular Medicine and Charité-Universitätsmedizin Berlin, Germany; and University of Michigan Medical School (T.J.S.), Ann Arbor.

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Correspondence to Dr. Asgari: nasgari@health.sdu.dk

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