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A Quantitative Analytical Method to Test for Salt Effects on Giant Unilamellar Vesicles

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Today, free-standing membranes, i.e. liposomes and vesicles, are used in a multitude of applications, e.g. as drug delivery devices and artificial cell models. Because current laboratory techniques do not allow handling of large sample sizes, systematic and quantitative studies on the impact of different effectors, e.g. electrolytes, are limited. In this work, we evaluated the Hofmeister effects of ten alkali metal halides on giant unilamellar vesicles made of palmitoyloleoylphosphatidylcholine for a large sample size by combining the highly parallel water-in-oil emulsion transfer vesicle preparation method with automatic haemocytometry. We found that this new quantitative screening method is highly reliable and consistent with previously reported results. Thus, this method may provide a significant methodological advance in analysis of effects on free-standing model membranes.

In 1888 and 1890, Hofmeister described the ability of neutral salts to precipitate a given protein by demonstrating that distinct salts have distinct effectiveness in stabilizing protein suspensions¹ ². Specific salt effects have since been attributed to a broad range of phenomena of physicochemical, biological and environmental significance³.

According to the so-called Hofmeister, lyotropic or chaotropic series, anions are usually ordered as follows: $\text{SO}_4^{2-}$, $\text{HPO}_4^{2-}$, $\text{OH}^-$, $\text{F}^-$, $\text{HCOO}^-$, $\text{CH}_3\text{COO}^-$, $\text{Cl}^-$, $\text{Br}^-$, $\text{NO}_3^-$, $\text{I}^-$, SCN⁻ and $\text{ClO}_4^-$². There exists a broad consensus concerning anions by far dominating cations in terms of Hofmeister effects⁴. Nevertheless, a Hofmeister series was also reported for cations² ⁴–⁷: Cs⁺, NH₄⁺, Rb⁺, K⁺, Na⁺, Li⁺, Mg²⁺, Ca²⁺ and Ba²⁺. Anions and cations on the left side of the two series were found to increase the solvent surface tension and decrease the solubility of nonpolar molecules. These ions are known as kosmotropes or salting-out ions. In contrast, anions and cations on the right hand side increase the solubility of nonpolar molecules, weaken the hydrophobic effect and are known as chaotropes or salting-in ions.

Despite its ubiquity, a molecular-level understanding of the Hofmeister series is still lacking. Ninham and Nostro recently summarised the current level of understanding of Hofmeister effects⁹. Originally, it was believed that ions affect the physical behaviour of aqueous macromolecular systems by making or breaking the water structure⁴. However, recent studies cast serious doubts on this notion. Neither was the hydrogen-bonding network significantly changed by the presence of ions, nor were ions found to have a long-range effect on bulk water structure. Evidences from work on protein/water and lipid/water interfaces suggest that bulk water structure making and breaking are not responsible for phenomena related to the Hofmeister series (for a recent review see Zhang and Cremer³).

Biophysical studies of salt effects on pure model bilayer systems (e.g. solid-supported membranes, free-standing artificial vesicles) suggest that salts can fundamentally alter the structure of phospholipid head groups¹⁰–¹² and that both weakly hydrated chaotropic anions and strongly hydrated, kosmotropic cations are attracted to the model membrane¹⁸–²⁰. In general, all observed effects are ion-specific and a function of ion size, valency and polarizability²¹ (for a recent review, see Kunz et al.²²). Many studies concentrated on cations, mainly focusing on the biological function and importance of biologically relevant Na⁺, K⁺, Ca²⁺, and Mg²⁺¹⁶–²³,²⁵. Anion effects on the structural properties of lipid bilayers have been examined in a rather limited and nonsystematic way⁷,³¹–³³. Current analytical techniques addressing anion and cation effects on model membranes are demanding in technical requirements and are serial in design. Thus, despite the best efforts only a small fraction of effectors are testable.
The aim of the present paper is to reduce restrictions of current protocols. To exemplify the potential of the new quantitative analytical method, we systematically investigated a wide range of alkali metal halides and quantified their effect on the preparation of zwitterionic palmitoyloleoylphosphatidylcholine (POPC) free-standing giant unilamellar vesicles (GUV). The method involved the application of the recently described water-in-oil (W/O) emulsion transfer method shown to result in unilamellar vesicles, originally designed to prepare asymmetric vesicles and modified by the authors both to provide a parallel and resource-saving vesicle preparation procedure and to prepare multicompartmental vesicles, as well as of haemocytometry measurements to determine the vesicle yield and to test the reliability of the new semi-automatic quantitative analytical method described herein. In contrast to widely used flow cytometry analyses, we used the impedance method for the quantification of vesicles. The effect of four alkali metal chlorides, i.e. LiCl, NaCl, KCl and CsCl, four sodium halides, i.e. NaF, NaCl, NaBr and NaI, and four potassium halides, i.e. KF, KCl, KBr and KI, on the preparation of free-standing GUVs was tested over a concentration range of 0 to 500 mM in seven replicas. Our results are in perfect agreement with literature. We hence conclude that the new semi-automatic quantitative analytical method is highly reliable and therefore may provide significant methodological advance in analysis of free-standing model membranes.

Results
In the negative control, vesicles were absent both using the automatic and manual vesicle counting. No significant differences, i.e. \( p > 0.05 \), were found in the vesicle yield when comparing automatic and manual vesicle counting (Fig. 1).

The effect of halogens and alkali metals on vesicle yield was quantified by performing automatic vesicle counting with a common alkali metal cation (Na\(^+\), K\(^+\)) or halogen anion (Cl\(^-\)). Figs. 2, 3 and 4 show the vesicle concentration in dependence of the alkali metal halide species and the ionic strength of the equiosmolar intravesicular and intervesicular solution. The matrices below indicate significant differences using Tukey’s HSD or Dunnett’s T3 post hoc test.

Discussion
Because neither variations in vesicle size nor vesicle aggregates were found, the automatic and manual vesicle counting were not biased by vesicles that were not individually distinguishable, i.e. by aggregates of vesicles, or differences in vesicle size distributions. The numbers obtained therefore represent the number of individual vesicles for each condition tested.

In preliminary studies, vesicles were found to be stable both in presence and absence of electrolytes on glass surfaces treated with repel silane and in microplates. In the presence of electrolytes, vesicles undergo lysis on untreated glass surfaces; but in the absence of

Figure 1 | Comparability of automatic haemocytometric and manual counting of vesicles prepared in the presence of alkali metal halides at a concentration of 500 mM. An unpaired 2-tailed Welch’s t test did not reveal any significant differences at the \( p < 0.05 \) level. Sample sizes see text. The dashed lines represent the mean values of the positive control group, i.e. in the absence of electrolytes, of the automatic vesicle counting \( m_{\text{automatic}} = 7337 \) vesicles/\( \mu \text{L} \) and the manual vesicle counting \( m_{\text{manual}} = 10675 \) vesicles/\( \mu \text{L} \).
electrolytes, vesicles were found to be stable for hours. Due to technical limitations, the surfaces of the Neubauer cell counting chamber were untreated and as a consequence the manual vesicle counting methodology had to be adjusted accordingly. Because events of lysis were not observable during automated vesicle counting, it is reasonable to consider the manual vesicle count for the samples of the positive control, as the measurement the most reliable. Statistical analysis did not reveal any significant differences between automatic and manual vesicle counting. However, a closer look at the results reveals for most of the electrolytes a slightly reduced number of manual counts when compared to automatic vesicle counting, in the presence of salt and the opposite effect in the absence of salt, i.e. for the positive control (cf. Fig. 1). From the comparison of automatic and manual counting for the positive control one may assume that there is vesicle lysis during the automatic counting, and the actual vesicle yield may therefore be underestimated in this study. However, the opposite trend in the presence of salt indicates that the shorter measuring time of the automatic counting (1 min) compared to the manual counting (4 ± 1 min) compensates for this shortcoming.

Collins and Washabaugh reported that anions by far dominate cations in terms of Hofmeister effects. The results reported here are in perfect accordance to these findings because the span of vesicle concentration is larger along the halides (cf. Figs. 2 and 3) than along the alkali metals (cf. Fig. 4). In addition, only iodide – independent of the alkali metal cation, i.e. sodium or potassium – does not negatively affect vesicle preparation if compared to the positive control at concentrations of 100 and 20 mM. This is consistent with results we reported previously in the context of DNA-mediated self-assembly of vesicles.

Our results reveal a general trend in the effect of halogens and alkali metals on vesicle preparation. The most hydrophobic (i.e. the most chaotropic) anion affects least the vesicle preparation. Interestingly, for cations the inverse series is obtained in our measurements, with the most hydrophilic (i.e. the most kosmotropic) cation affecting the vesicle preparation the least. This general trend exactly fits the series obtained for the influence of anions and cations on the dipole potential of PC liposomes, the attraction of anions and cations to solid-supported membranes, and the absorption of cations to phosphatidylserine liposomes and POPC vesicles.

Because a molecular-level understanding of the Hofmeister series is still lacking, one can only speculate about how the tested electrolytes affect the vesicle yield. The anions and cations tested may interfere to different extents with the vesicle preparation method and

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**Figure 2 | Trends in vesicle yield in presence of 500, 100, and 20 mM of NaF, NaCl, NaBr, and NaI.** The vesicle concentration correlates positively with the Hofmeister series, i.e. down the halogen group. A one-way analysis of variance with Tukey’s honestly significant difference post hoc test was used for all samples. Significant differences of the pairwise tests are listed in tabular form below the box plot with levels of significance of $p < 0.05$ (*), $p < 0.01$ (**), and $p < 0.001$ (***)). Sample size for each sodium halide: $n = 7$; sample size for the positive control: $n = 48$. The dashed line represents the mean value of the positive control group, i.e. in the absence of electrolytes. Solid line segments connect the mean values of neighbouring sodium halides.
cause reduced vesicle counts when compared to the positive control where no electrolytes are present. Because no changes in the number of vesicles were observed for vesicles stored in microplates for several hours, the stability of vesicles is not negatively affected by the presence of electrolytes once they have been prepared. We introduced a density difference between the equiosmolar solutions of the vesicle lumen and the solution hosting the vesicles. Thus, the vesicles form pellets at the bottom of the microplate wells. This not only allows a manipulation (e.g. exchange of the supernatant, transfer to another vessel) of vesicles in a straightforward manner but also a removal of vesicles, for which an exchange of the solutions inside and outside the vesicle took place (e.g. by a temporal reduction of the membrane integrity) and which as a consequence do not sink to the bottom of the aqueous phase. As Pautot et al. already reported, vesicles that are equally dense as the surrounding medium remain at the interface between the emulsion phase and the aqueous phase and do not accumulate at the bottom of the aqueous phase. Furthermore, because no differences in the number of water-in-oil emulsion droplets were found for all conditions tested when counted manually (data not shown), we assume that the surface coverage of oil-water interfaces is complete and not affected by the presence of electrolytes, i.e. the water-in-oil droplets in the emulsion phase and the interface between the emulsion phase and the aqueous phase are stabilized by a complete single layer of phospholipids although ions were shown to interact with phospholipid membranes (see Methods for details). Pautot et al. already discussed the role of the kinetics of interfacial lipid adsorption for the vesicle preparation procedure used in this study. Since the emulsion droplets pass through the interface, they pick up part of the monolayer for completion of a bilayer. One may speculate that different electrolytes affect the absorption of new lipids to replenish the interface differently. Thus, during the relatively fast sedimentation stage, the probability of breakage of emulsion droplets when turning into vesicles, i.e. when emulsion droplets pass the interface between the emulsion phase and the aqueous phase, may depend on the electrolytes present in the aqueous phase.

The combination of the highly parallel vesicle preparation protocol and automatic haemocytometry measurements allowed a reliable quantitative analytical evaluation of the effect of alkali metal halides on the preparation of artificial vesicles prepared by the W/O emulsion transfer method. The sample size of 279 individual measurements allowed solid statistical evaluations. The method reported therefore outnumbers current in vitro and in silico techniques.

![Figure 3](https://www.nature.com/scientificreports)
by providing quantitative analytical method of large sample sizes. Our findings reported here are consistent with previous results, i.e. the fitting of automatic and manual vesicle counting, the dominance of anions over cations, and the finding of ion-specific effects as a function of ion size, valency and polarizability following the Hofmeister series or the reverse Hofmeister series, which demonstrates the reliability of our method. Thus, the new semi-automatic quantitative analytical method may provide a significant methodological advance in analysis of free-standing model membranes.

Methods

The phospholipid POPC (Sigma-Aldrich, Buchs, Switzerland, cat # P3017) was purchased as a powder and dissolved in chloroform (Scharlau, Barcelona, Spain) to a concentration of 10 mg/mL upon arrival. After chloroform evaporation (under vacuum, 60 min), POPC was dissolved in light mineral oil (Sigma-Aldrich, Buchs, Switzerland, cat # 330779) to a final concentration of 200 mM. The POPC in mineral oil was stored under normal atmosphere and used within two days after preparation.

For the vesicle preparation we used a modified version of the W/O emulsion transfer method presented by Pautot et al.52,53. For a schematic illustration of the vesicle preparation technique and the technical terms (italicized hereafter) used see53. For a detailed description of the modifications of the original W/O emulsion transfer method see4. Briefly, the modification involved the use of microplates (U96 MicroWell plates, polystyrene clear, U-bottom, Thermo Fisher Scientific, Langenselbold, Germany) and the density difference between the equiosmolar monosaccharidic intervesicular and the disaccharidic intravesicular aqueous solutions, to detach the vesicles from the interface between intermediate and aqueous phase. The centrifugation to prepare vesicles was performed at 4°C and 1500 g for 10 min. All other steps of the vesicle preparation were performed at room temperature.

All solutions were prepared using high quality water (Milli-Q, Millipore, Brussels, Belgium). Sucrose (99.5%) and Glucose (99.0%) were purchase from Sigma-Aldrich (Buchs, Switzerland). The origins and the purity grade of the various alkali metal halides to be investigated were as follows: LiCl (99.0%), KCl (99.5%), CsCl (99.0%), NaF (99.0%), NaBr (99.5%), NaI (99.0%), KF (99.5%), KBr (99.0%), and KI (99.0%) were purchase from Sigma-Aldrich (Buchs, Switzerland); NaCl (99.5%) was purchased from Carl Roth (Karlsruhe, Germany).

The emulsion phase (sucrose) as well as the aqueous phase (glucose) was adjusted to permeability of vesicles by applying a vapour pressure osmometer (Vapro5520, ELITech Group, Puteaux, France). Additionally, to the emulsion phase and the aqueous phase either 20, 100, or 500 mM of the alkali metal halides was added and the solutions were readjusted to equiosmolar conditions. Consequently, the emulsion phase as well as the aqueous phase only differed in the density. The W/O emulsion was prepared in microtubes by adding 2 µL of the emulsion phase to 200 µL of the POPC dissolved in mineral oil. The mixture was mechanically agitated and placed over the intermediate phase (100 µL placed over 100 µL of aqueous phase). After incubation (10 min), the centrifugation of the microplates induced vesicle formation. Vesicle preparation was performed in nine replicas for 500 mM and seven replicas for 100 mM and 20 mM. The number of replicas for the positive and the negative control was 50 and 4, respectively.

Figure 4 | Trends in vesicle yield in presence of 500, 100, and 20 mM of LiCl, NaCl, KCl, and CsCl. The vesicle concentration correlates positively with the reverse Hofmeister series, i.e. down the alkali metal group, as indicated by the significant differences between LiCl and KCl at a concentration of 500 mM and between LiCl and CsCl at a concentration of 100 and 20 mM. A one-way analysis of variance with Tukey’s honestly significant difference post hoc test was used for all samples. Significant differences of the pairwise tests are listed in tabular form below the box plot with levels of significance of p < 0.05 (*), p < 0.01 (**), and p < 0.001 (***). Sample size for each alkali metal chloride: n = 7; sample size for the positive control: n = 48. The dashed line represents the mean value of positive control group, i.e. in the absence of electrolytes. Solid line segments connect the mean values of neighbouring alkali metal chlorides.
Figure 5 | Light microscope images of vesicles for all conditions tested. The conditions (i.e. the ions present and their concentration) are listed in the column and row headings. In the positive control experiment, no electrolytes were present. After the transfer from the microplate wells to the microscope slides, within minutes, the vesicles spontaneously sink to the glass surface as a result of the density difference between the vesicle lumen and the hosting medium. Little to no aggregates were found for all conditions. Scale bars: 50 μm.
Automatic vesicle counting was performed based on the impedance technology of a fully automated haematology analyser (Sysmex XT-2000iV, Sysmex, Norderstedt, Germany) to test whether the vesicle preparation method resulted in oil-in-water emulsion droplets or other artefacts that were counted for vesicles incorrectly, in a negative control the same procedure as in the positive control, i.e. electrolytes neither present in the emulsion phase nor in the aqueous phase, was used. The only difference between the negative and the positive control was the presence of negative phospholipids in the mineral oil for the negative control. For all conditions tested seven replicas and 48 replicas for the positive control were analyzed. The manual vesicle counting for the remaining two replicas of each salt of the concentration of 500 mM and of the positive control was performed using an improved Neubauer cell counting chamber mounted to an inverted light microscope at 40× magnification (Nikon Eclipse TS100). Due to density difference between the equiosmolar monosaccharide inter- and the disaccharide intravesicular aqueous solutions, vesicles sank to the bottom of the microplate or the cell counting chamber within seconds. Whereas vesicles were found to be stable for days in polystyrene microplates, contact with the glass surface of the cell counting chamber caused immediate vesicle lysis in presence of salts. Thus, the manual vesicle counting of the two replicas was limited to a primary square of the cell counting chamber and repeated once for each replica. Automatic and manual vesicle counting was accomplished in one and three to five minutes, respectively. Samples were diluted 1:6 for the automatic counting and 1:60 for the manual counting with the equiosmolar aqueous phasehosting the vesicles.

For the images of figure 5, all conditions tested were observed with an inverted light microscope Nikon Eclipse TE2000-S and images captured with a Photometrics Cascade II 512 camera and in-house software. All glass surfaces were treated according to the supplier’s recommendations with PlusOne Repel-Silane ES (GE Healthcare, Hilleshög, Denmark). The bright field images of figure 5 were automatically contrast-adjusted afterwards (equally across the entire image) using Adobe Photoshop CS, version 8.0.

All statistical analyses were performed according to Janssen and Laatz by using the PAST software version 18.0.2 (Polar Engineering and Consulting, Nikiski, USA). The comparability of automatic and manual vesicle counting was quantified by an unpaired 2-tailed Welch's t-test. A one-way analysis of variance with Tukey's honestly significant difference (HSD) post hoc test, if homogeneity of variance was accepted, or with Dunnett's T3 post hoc test, if homogeneity of variance was rejected, were used to test for differences among the halogens and alkali metals, with levels of p < 0.05. Normal distribution was tested by a one-sample Kolmogorov-Smirnov test for each salt, each concentration, and each counting method individually. Samples were considered normally distributed if p > 0.05. Homogeneity of variance of the samples to be compared was tested by using a Levene's test. Inhomogeneity in variance was accepted if p < 0.05.

The box plots (Figs. 1–4) depict the five-number summaries of the set of observations: sample minimum, lower quartile, median, upper quartile, and sample maximum. Values which are more than one and a half box lengths from either end of the box are flagged as outliers (1.5–3 box lengths from either end of the box: circles; >3 box lengths from either end of the box: asterisks).


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**Author contributions**

MH and PEH conceived and designed the experiments. MH and EB performed the experiments. MH and PEH analyzed the data. All authors contributed to reagents/materials/analysis tools. All authors wrote the paper and reviewed the manuscript.

**Additional information**

**Competing financial interests**: The authors declare no competing financial interests.

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