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Department of Medicine

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RESUME

As a PhD student, I am at the beginning of my research career. However, my experience in healthcare spans over a decade, during which I have been actively engaged in developing and improving clinical practices to benefit patients/citizens and healthcare staff across various arenas. My research expertise lies in qualitative studies and surveys, with a focus on person-centered care. I have been involved in teaching and quality improvement initiatives aimed at delivering of evidence based and person-centered care to enhance patient outcomes.

Overall, my research aims to contribute to a better understanding of the complex interplay between patient care and health related outcomes, with the ultimate goal of improving patients' well-being and quality of life. In my PhD study, I am exploring the experienced impact of COPD on intimacy/sexual health and the association with loneliness and well-being.

EDUCATION

-**PhD Student** (AUG. 2022 – JUL. 2025), Department of Regional Health Research, University of Southern Denmark, SDU and Department of Medicine, Vejle Hospital, Hospital Lillebaelt

-**Master in nursing science, MSc (cand.cur)** (DEC. 2008), Aarhus University

-**Registered nurse, Bachelor of Nursing** (NOV. 2004), University College Lillebaelt

EMPLOYMENT (most recent)

-**Clinical Nurse Specialist** (MAY 2017 – AUG. 2022)

Department of Orthopaedic Surgery, Vejle Hospital, Hospital Lillebaelt

-**Extern teacher** (FEB. 2014 – 2018)

University College Lillebaelt, UCL (School of Nursing)

-**Healthcare Consultant** (DEC. 2013 – APR. 2017)

Welfare Administration, Municipality of Vejle

-**Adjunct** (FEB. 2013 - NOV. 2013 – a temporary job)

University College Lillebaelt, UCL (School of Nursing)

- **Quality Coordinator** (NOV. 2008 - JAN. 2013)

Department of Orthopaedic Surgery, Vejle & Middelfart Hospital

AREAS OF EXPERTISE (from work experience)

Project management

-Implementation and evaluation of evidence-based nursing practice, e.g. the model "Excellent Nursing", at four orthopaedic units at Vejle Hospital

-Development and coordination of the project "Our Desired Workplace – better environment and collaboration" at orthopaedic units, Vejle Hospital

-Development and implementation of the project "Early detection of illness" in nursing homes and home-care services, Municipality of Vejle

-Implementation of "The Danish Quality Model" (Den Danske Kvalitets Model, DDKM) and "Patient-safe hospital" (Patientsikkert Sygehus), at ten orthopaedic units, at Vejle and Middelfart Hospital

Teaching

- Excellent Nursing, education for nurses at the Department of Orthopaedic Surgery and Department of Medicine

-Diploma in Clinical development and research, regarding "Data collection" and "Qualitative research and analysis", University College Lillebaelt (several times)

-Bachelor in nursing: E.g. Fundamental nursing, Clinical quality improvement and Development of clinical guidelines, University College Lillebaelt

Supervision

-Diploma in Research Methods, Lillebaelt Hospital (main supervisor: 9 students)

-Bachelor in nursing, University College Lillebaelt (main supervisor: 3 students)

BOARD MEMBER

-Excellent Nursing Evaluation Board, Lillebaelt Hospital (AUG. 2023-)

-The Nursing Board, Hospital Lillebaelt (2022)

-The Nursing Council, Hospital Lillebaelt (2020-2021)

-Conference planning committee, "Sygeplejesymposiet", Lillebaelt Hospital (2017-2022), incl. preparation of submission guidelines, selection of abstracts

-The Magnet Program, regarding structural empowerment, Lillebaelt Hospital (2018-2019) (Initiating the Onboarding program)

-The National Knowledge Center for Orthopedic Nursing (2017-2022)

PRIZES

-Best poster, "Creative Communication", National Conference for Nurses working with Development & Research, 2019

PUBLICATION & DISSEMINATION (no. as 1st author)

1 publication as 1st author

15 conference contributions as 1st author (3 international abstracts & 12 national abstracts)

Updated: May 2023