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ThRIVE
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1. Formal pedagogical training

2023: Team-based Learning (TBL)

2023: Facilitating, not teaching: Developing facilitation skills for the classroom

2018: Engaging students in group work

PhD Supervision process, methods, and tools

2015-2016: Lecturer training program, University of Southern Denmark.

2015: Course: "Roles, supervision, and relations", University of Southern Denmark.

2015: Course: "Teaching evaluation", University of Southern Denmark.

2015: Course: "Prezi for beginners and advanced", University of Southern Denmark.

2011: Course: "Oral scientific dissemination", University of Southern Denmark.

2. Administrative tasks related to education

2021-
Member of the Study Board of Psychology.

2019-:
Responsible for coordinating the quantitative method track across the education program (advanced statistics).

2017:
Responsible for the Ph.d. course "Principal Theories of Psychotraumatology and Key Skills in Communication, Public Engagement and Dissemination" (8 ECTS).

Training in diagnostics and CAPS-5.

2015-:
Responsible module coordinator for B07 – Clinical Psychology (undergraduate level, 15 ECTS) and K01 Clinical Psychology (graduate level, 15 ECTS).

Responsible for and the developer of the quantitative method track (advanced statistics) on B07 including exercise material (5 ECTS)

Responsible for revision of the curriculum (studieordning) – Clinical Psychology (B07 and K01).

Professional groups: Clinical track, Quantitative method track, and Assessment and test track on the education.

2013-2015:
Responsible for teaching exercises in quantitative method track (basic statistics) on B03 - Developmental Psychology (5 ECTS).

3. Experience with teaching, supervision, and examination

3.1. Teaching

2022:
Clinical, academic writing, and statistical lectures on B07 (clinical psychology (15 ECTS)

2023:
Clinical lectures on K01, Clinical Psychology(15 ECTS)
Clinical, academic writing, and statistical lectures on B07 (clinical psychology (15 ECTS)

2022:

Clinical lectures on K01, Clinical Psychology(15 ECTS)

2021:

Clinical, academic writing, and statistical lectures on B07 (clinical psychology (15 ECTS)

2020:

Clinical, academic writing, and statistical lectures on B07 (clinical psychology (15 ECTS)

Clinical lectures on K01, Clinical Psychology(15 ECTS)

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2019:

Clinical, academic writing, and statistical lectures on B07 (clinical psychology (15 ECTS)

Clinical lectures on K01, Clinical Psychology(15 ECTS)

2018:

Clinical, academic writing, and statistical lectures on B07 (clinical psychology (15 ECTS)

Clinical lectures on K01, Clinical Psychology(15 ECTS)

2017:

Teaching PhD. course on Principal Theories of Psychotraumatology and KeySkills in Communication, Public Engagement and Dissemination (Diagnostics and assessment incl. Workshop, Poster and conference workshop I+ II, (8 ECTS).

Teaching and training in diagnostics and CAPS-5.

Clinical and statistical lectures on B07 (clinical psychology (15 ECTS)

Clinical lectures on K01, Clinical Psychology (15 ECTS)

2016:

Clinical and statistical lectures on B07(clinical psychology (15 ECTS)

Clinical lectures on K01, Clinical Psychology(15 ECTS)

2015:

Clinical and statistical lectures on B07 - Clinical Psychology & K01 Clinical psychology (30 ECTS).

Lectures in academic written communication to bachelor thesis, B12, bachelormodule (15 ECTS).

Clinical lectures on B01 – Introduction to studying psychology (15 ECTS).

2011-2015:

Classroom training in statistical data analysis on B03 - Developmental Psychology (5 ECTS).

2011:

Lecture on aging psychology, Developmental psychology, B03 (15 ECTS).

2010:

Classroom teaching on B01 Study Introduction (15 ECTS).

3.2. Supervision

PH.D. LEVEL

2024-2027: Main-supervisor Frida Lau Græbe

Pain, sexual assault and posttraumatic symptoms

2021-2024:

Co-supervisor for Ph.D. student

Kristian Stampe Nielsen "Investigating the Role of Bystanders in Gender-Based Violence and Harassment at Work".

2018-2021:

Main-supervisor for Ph.D. student

Maria Hardeberg Bach "A person-centered approach to understanding service needs following sexual assault".

2017-2020:

Co-supervisor/main supervisor - for 7 CONTEXT Marie Curie EID ph.d. projects:

Camilla Perrera "Effectiveness of the WHO's low-intensity psychological interventions for refugees".

Kinan Aldamann "Managerial practices to ensure the wellbeing of the humanitarian volunteers in post-conflict situations".

Maria Lousion Vang "Secondary traumatization in mental health professionals working with victims of child abuse".

Ida Hahr-Pedersen "Investigating poly-victimization in child abuse cases"

Natalie Flanagan "Crossing Borders: Examining the process and mechanisms of the intergenerational transmission of

trauma in asylum-seeking families".

Áine Travers "childhood trauma and related mental health outcomes in an offender population"

Tracey McDonagh "Developmental, psychosocial. and trauma related factors that predict offender desistance" (2017-2021)

2015-2017:

Co-supervisor for Ph.D. student

Louise Hjort Nielsen "Evaluation of the multi-disciplinary model for Centre for victims of Rape, Aarhus".

MASTER LEVEL

2025: Supervision 4 master's theses (4 individuals, 3 Norwegian).

2024:

Supervision 4 master's theses (4 individuals, all Norwegian).

Risiko og beskyttelsesfaktorer assosiert med utvikling av compassion fatigue blant psykologer: et systematisk review (Risk and protective factors associated with the development of compassion fatigue among psychologists: a systematic review).

Virtuell virkelighet og Utvidet virkelighet for PTSD: En systematisk litteraturstudie om virkning og brukererfaringer fra terapeuter og klienter (Virtual reality and Augmented reality for PTSD: A systematic review on efficacy and user experiences from therapists and clients).

Den terapeutiske allianse i konteksten av voksne barn av foreldre med et alkohol- eller stoffmisbruk: En IPA undersøkelse av terapeuters perspektiver i Tuba (The Therapeutic Alliance in the Context of adult children of Alcohol- or Substance Abusing parents: An IPA Study of Therapists' Perspectives in TUBA).

Negative Barndomsopplevelser og Risikabelt Alkoholbruk: En Tversnittstudie på Den Eldre Populasjonen i Norge (Adverse Childhood Experiences and Risky Alcohol Use: A Cross-Sectional Study on The Elderly Population in Norway).

2021:

Supervision 3 master's theses (2 individual, 1 group).

Den Løgnagtige Patient (The lying patient).

Behandling af komorbid PTSD og borderline personlighedsforstyrrelse: et systematisk review (Treatment of comorbid PTSD and borderline personality disorder: a systematic review).

Korttidsterapier til soldater og veteraner med posttraumatisk stresslidelse: et systematisk review (Brief psychotherapies for soldiers and veterans with posttraumatic stress disorder: a systematic review)

2020:

Supervision 2 master's theses (individual).

"Risikofaktorer assosierede med vedvarende sorglidelse og ikke tabsrelateret posttraumatisk stresslidelse - et systematisk review (Risk factors associated with prolonged grief disorder and not bereavement-related posttraumatic stress disorder - A systematic review). "

"Medierende faktorer i forholdet mellem oplevelse af mobning, emotionel vold og emotionel omsorgssvigt i barndommen og efterfølgende udvikling af spiseforstyrrelser: Et systematisk review (Mediating Factors in the Relationship between Experiences of Bullying, Emotional Abuse, and Emotional Neglect in Childhood and the Subsequent Development of Eating disorders: A Systematic Review)"

2019:

Supervision 1 master's theses (individual).

"Komorbid borderline personlighedsforstyrrelse og alkoholafhængighed - ætiologi og behandling (comorbid borderline personality disorder and alcohol misuse- etiology and treatment)".

2018:

Supervision 5 master's theses (2 groups, 3 individual).

"Metakognitiv Terapi til behandling af Generaliseret Angstlidelse og Depression: Et systematisk review af randomiseret kontrollert studier (Metacognitive Therapy in the treatment of Generalized Anxiety Disorder and Depression: A systematic review of randomized controlled trials)".

"Misbrug i barndommen og utviklingen af posttraumatiske symptomer - Betydningen af tilknytning og svigt (Childhood Abuse and the Development of Posttraumatic Stress - The Influence of Attachment and Betrayal)".

"Behandling av PTSD etter seksuelle overgrep - Et systematisk Review av RCT-studier (Treatment of PTSD Following Sexual Assault - A systematic Review of RCT-studies).

Traumer i barndommen og skizofreni - et systematisk review af sammenhængen og de ætiologiske mekanismer (Childhood trauma and schizophrenia – a systematic review of the relationship and the etiological mechanisms).

Systematic Literature Review on Risk factors on the Relationship Between Child maltreatment and Complex Posttraumatic Stress Disorder in Adults

2017:

Supervision 4 master's theses (2 groups, 2 individual).

"The Vulnerable Child: Associations among Childhood Emotional Maltreatment, Early Maladaptive Schemas, and Psychological Distress in Adulthood"

"Barnet i skilsmissefamilien - med fokus på tilpasning (Children of Divorce – with Focus on Adjustment)".

"At hjelpe til det gjør ondt – et systematisk review over risiko- og beskyttende faktorer for indirekte traumatisering (Helping till it hurts – a systematic review of risk and protective factors for indirect traumatization)".

Barndomstraumer og borderline personlighedsforstyrrelse – betydningen af tilknytning og dissociation (Childhood trauma and borderline personality disorder – the influence of attachment and dissociation").

2016:

Supervision 2 master's theses (1 group, 1 individual):

"Depresjon i barn av PTSD-ramte flyktninger" (Depression in children of refugee parents suffering from PTSD)

"Et litteraturstudie i DSM section III's borderline personlighedsforstyrrelse og de kliniske implikasjoner for mentaliseringsbasert praksis" (a literature study of DSM section III's Borderline personality disorder and clinical implications for mentalisation based practiced).

2015:

Supervision 3 master's theses (individual):

"Komplekse traumer og posttraumatisk stresslidelse hos ungdommer- en systematisk gjennomgang av forskningslitteratur vedrørende risiko- og beskyttelsesfaktorer" (Complex trauma and posttraumatic stress disorder in adolescents – a systematic literature review on risk and protective factors).

"Utviklingen av narsissisme. En litteraturstudie om involverte faktorer i utviklingen av narsissistisk personlighet". (the development of narsissisme. A literature study of factors involved in the development of a narcissistic personality)

"Review of and research on sexual abuse and PTSD".

BACHELOR LEVEL

2010:

Supervision on written assignments, Introduction to studying psychology, B01 (15 ECTS)

3.3. Examination

2025:

22 oral examinations, Clinical Psychology, K01 (15 ECTS), exam

2024:

22 oral examinations, Clinical Psychology, K01 (15 ECTS), exam

2023:

8 written exams and re-exams statistical data analysis, B07 - Clinical Psychology (15 ECTS)

2021:

22 oral examinations, Clinical Psychology, K01 (15 ECTS), exam

10 written exams and re-exams statistical data analysis, B07 - Clinical Psychology (15 ECTS)

8 written exams Clinical psychology, Essays, B07 - Clinical Psychology (15 ECTS).

2020:

27 oral examinations, Clinical Psychology, K01 (15 ECTS), exam and re-exam

4 extraordinary written examens, Clinical Psychology, K01 (15 ECTS).

30 written exams and re-exams statistical data analysis, B07 - Clinical Psychology (15 ECTS).

8 written exams Clinical psychology, Essays, B07 - Clinical Psychology (15 ECTS).

2019:

22 oral examinations, Clinical Psychology, K01 (15 ECTS)

36 written exams statistical data analysis, B07 - Clinical Psychology (15 ECTS).

8 written exams Clinical psychology, Essays, B07 - Clinical Psychology (15 ECTS).

1 written re-exams Clinical psychology, Essays, B07 - Clinical Psychology (15 ECTS).

8 written re-exams statistical data analysis, B07 - Clinical Psychology (15 ECTS).

2018:

18 oral examinations, Clinical Psychology, K01 (15 ECTS)

47 written exams statistical data analysis, B07 - Clinical Psychology (15 ECTS).

5 master's theses, including 4 oral exams.

5 written re-exams Clinical psychology, Essays, B07 - Clinical Psychology (15 ECTS).

6 written re-exams statistical data analysis, B07 - Clinical Psychology (15 ECTS).

2017:

11 Oral examinations, Clinical Psychology, K01

10 written exams statistical data analysis, Clinical Psychology, B07

4 master's theses, including 4 oral exams.

2016:

Written exams 6 short essays and 18 oral exams, Clinical Psychology, K01

Written exams 44 statistical data analysis, Clinical Psychology, B07 (exam and re-exam).

2 master's theses, including 3 oral exams.

2015:

Written exams 8 short essays, 22 oral exams, Clinical Psychology, K01

Written exams 58 statistical data analysis, Clinical Psychology, B07

Written exams 6 statistical data analysis, Developmental Psychology, B03

3 master's theses

2013 & 2014:

260 Written exams statistical data analysis, Developmental Psychology, B03

50 Written exams shortessays, Entrance exams (MMI), Psychology.

25 Written exams,Personality and social psychology, B04.

2011 & 2012:

100 Written exams,statistical data analysis, Developmental Psychology, B03

2010:

6 written and 34 oral exams, B01 Introduction to Psychology.

3.4. Exam coordinating

2016-:

Responsible for the exam and re-exam, Clinical Psychology, K01 (15 ECTS)

Responsible for the exam and re-exam, Clinical Psychology, B07 (15 ECTS)

2015:

Responsible for the exam and re-exam, Clinical Psychology, B07 (15 ECTS)

2013-2015

Responsible for the exam and re-exam, statistical dataanalysis, Developmental Psychology, B03 (15 ECTS)

3.5. Censor

2018- Censorkorpsset

total mastertheses: 45
total bachelor theses:47

2025:
Master theses

2024:
Master theses
Bachelor theses
Clinical psychology, essay exams

2023:
Master theses
Bachelor theses
Clinical psychology, essay exams

2022:
Master theses

2021:
Master theses
Bachelor theses
Clinical psychology, essay exams

2020:
Master theses
Bachelor theses

2019:
Master theses
Developmental psychology, Essay exams

2018:
Developmental psychology, Essay exams
Bachelor theses
Master theses

4. Methods, materials and tools

Lecturing (small and large class rooms (also online teaching), group work, group supervision, individual supervision etc.

In addition to more traditional teaching tools such as power point presentations, video clips, ITSLearning, and hands-on exercises (different clinical screening and assessment tools and treatment methods, SPSS etc.) I have especially used peer-feedback, the e-tools Shakespeak (student response system), the creation of WIKIs, and tools available for creating mind maps (e.g. Coogler). The rationale for using these and the more traditional methods are to engage students in participating actively in their own learning process and promote their critical thinking and self-reliance during and after the lecture.

5. Educational development and applied research into teaching at university

2019:
Developer of new exam format, Clinical Psychology, B07.

2017:
Developer of the Ph.d. course "Principal Theories of Psychotraumatology and Key Skills in Communication, Public Engagement and Dissemination" (8 ECTS).

Development of teaching in Training in diagnostics and CAPS-5.

2016:
Research project on optimising the output of evaluation of teaching processes and implementation of results in the applied

evaluation strategy

2015- Revision of the curriculum (studieordning) – Clinical Psychology (B07 and K01). continuous development and refinement of the two modules in relation to teaching and exams including the overall quantitative methods, testing and dissemination tracks on the education program.

2015 -:

The developer and further development of the quantitative method track (advanced statistics) on B07 including exercise material (5 ECTS) and examen.

2011:

Developer of exercise material for teaching to quantitative method track (basic statistics), B03 - Developmental Psychology.

2011:

Contributed to the development of the e-tool BINKO for psychology students and part of discussion group in relation to the content of B01 – Introduction to psychology (15 ECTS).