

Personlige data

Morten Rune Blichfeldt-Eckhardt

Født: 07.06.1976

2003, jun: Lægevidenskabelig embedseksamen fra Syddansk Universitet.

2005, jan: Opnåelse af B-autorisation til selvstændigt virke.

2011, sept: Speciallæge i Anæstesiologi.

27.05.14: Nordic Education in Advanced Pain Medicine, SSAI.

01.04.16: Ph.d.-afhandling forsvaret ved Syddansk Universitet.

E-mail: mr.be@rsyd.dk

Telefon: +45 51438970

Employment

Postdoc

University of Southern Denmark

Odense, Denmark

1. Jul 2017 → present

Afdelingslæge

Odense University Hospital

Odense, Denmark

1. Jan 2012 → present

Afdelingslæge

Vejle Sygehus

Vejle, Denmark

1. Sept 2011 → 31. Dec 2011

Hoveduddannelse i anæstesiologi

Odense University Hospital

Odense, Denmark

1. Nov 2006 → 8. Dec 2011

Reservelæge

Kolding Sygehus

Kolding, Denmark

1. Sept 2006 → 31. Oct 2006

Introstilling

Sydvestjysk Sygehus Esbjerg

Esbjerg, Denmark

1. Feb 2005 → 31. Aug 2006

Turnusstilling

Sygehus Sønderjylland

6400 Sønderborg, Denmark

1. Aug 2003 → 31. Jan 2005

Publications

Pain profiles and variability in temporal summation of pain and conditioned pain modulation in pain-free individuals and patients with low back pain, osteoarthritis, and fibromyalgia

Petersen, K.K.-S., O'Neill, S., Blichfeldt-Eckhardt, M. R., Nim, C., Arendt-Nielsen, L. & Vægter, H. B., 10. Oct 2024, (E-pub ahead of print) In: European Journal of Pain.

Low-grade systemic inflammation, but not neuroinflammation, predicts 12-months postoperative outcome after total hip arthroplasty in patients with painful osteoarthritis. An explorative study.

Blichfeldt-Eckhardt, M. R., Varnum, C., Lauridsen, J. T., Rasmussen, L. E., Mortensen, W. C. P., Vægter, H. B. & Lambertsen, K. L., 18. Jul 2024, (Accepted/In press) In: Bone & Joint Research.

Examining the Duration of Carryover Effect in Patients With Chronic Pain Treated With Spinal Cord Stimulation (EChO Study): An Open, Interventional, Investigator-Initiated, International Multicenter Study

Meier, K., de Vos, C. C., Bordeleau, M., van der Tuin, S., Billet, B., Ruland, T., Blichfeldt-Eckhardt, M. R., Winkelmüller, M., Gulisano, H. A., Gatzinsky, K., Knudsen, A. L., Hedemann Sørensen, J. C., Milidou, I. & Cottin, S. C., Jul 2024, In: Neuromodulation. 27, 5, p. 887-898

Validation of the Danish Version of the Fibromyalgia Impact Questionnaire Revised

Poulsen, S. S., Jensen, H. I., Bruun, K. D., Blichfeldt-Eckhardt, M. R. & Kvorning, N., 14. May 2024, In: Journal of Pain Research. 17, p. 1745-1750

Microglial TNFR2 signaling regulates the inflammatory response after CNS injury in a sex-specific fashion

Raffaele, S., Pedersen, E. T., Laursen, C. C. H., Gao, H., Andersen, K. M., Nielsen, P. V., Orti-Casan, N., Blichfeldt-Eckhardt, M. R., Koch, S., Deb-Chatterji, M., Magnus, T., Stubbe, J., Madsen, K., Meyer, M., Degn, M., Eisel, U. L. M., Wlodarczyk, A., Fumagalli, M., Clausen, B. H. & Brambilla, R. & 1 others, Lambertsen, K. L., Feb 2024, In: Brain, Behavior, and Immunity. 116, p. 269-285

Naltrexone 6 mg once daily versus placebo in women with fibromyalgia: a randomised, double-blind, placebo-controlled trial

Due Bruun, K., Christensen, R., Amris, K., Vaegter, H. B., Blichfeldt-Eckhardt, M. R., Bye-Møller, L., Holsgaard-Larsen, A. & Toft, P., Jan 2024, In: The Lancet Rheumatology. 6, 1, p. e31-e39

Does Spinal Cord Stimulation Improve Sleep Disturbances Independently of Pain Relief in Patients With Chronic Pain? An Explorative, Observational Study

Nejatbakhsh, E., Kristensen, S. B., Scherer, C., Meier, K. & Blichfeldt-Eckhardt, M., 2024, (E-pub ahead of print) In: Neuromodulation.

The Danish Pain Research Biobank (DANPAIN-Biobank): a collection of blood, cerebrospinal fluid, and clinical data for the study of neuroimmune and glia-related biomarkers of chronic pain

Blichfeldt-Eckhardt, M. R., Mortensen, W. C. P., Varnum, C., Bendix, L., Lauridsen, J. T., Jensen, H. I., Rasmussen, L. E., Nielsen, H. H., Toft, P., Lambertsen, K. L. & Vaegter, H. B., 30. Aug 2023, In: Annals of Translational Medicine. 11, 10, 16 p., 343.

Der findes ingen simple forklaringer på kroniske smertetilstande

Bruun-Plesner, K., Hartvigsen, J., Blichfeldt-Eckhardt, M. R., Graven-Nielsen, T. & Vægter, H. B., Jan 2023, In: Ugeskrift for Læger. 185, 1

Comparison of Spinal Cord Stimulation Outcomes Between Preoperative Opioid Users and Nonusers: A Cohort Study of 467 Patients

Poulsen, D. M., Nikolajsen, L., Blichfeldt-Eckhardt, M. R., Gulisano, H. A., Hedemann Sørensen, J. C. & Meier, K., Jul 2022, In: Neuromodulation. 25, 5, p. 700-709

Obstructive sleep apnea is common in patients with high-impact chronic pain - an exploratory study from an interdisciplinary pain center

Larsen, D. B., Bendix, L., Abeler, K., Petersen, K. K., Sprehn, M., Bruun, K. D., Blichfeldt-Eckhardt, M. R. & Vaegter, H. B., 27. Jan 2022, In: Scandinavian Journal of Pain. 22, 1, p. 106-117

Performance of the 2016 diagnostic criteria for fibromyalgia in a tertiary care pain rehabilitation setting: A diagnostic accuracy study

Bruun-Plesner, K., Jensen, H. I., Blichfeldt-Eckhardt, M. R., Vægter, H. B., Toft, P., Amris, K. & Kvorning, N., 27. Jan 2022, In: Scandinavian Journal of Pain. 22, 1, p. 67-76

Elevated Levels of PGE2-Metabolite in Cerebrospinal Fluid and Cox-2 Gene Polymorphisms in Patients with Chronic, Post Cholecystectomy Pain and Visceral Hyperalgesia Compared to Healthy Controls. A Hypothesis-Generating Pilot Study
Blichfeldt-Eckhardt, M. R., Olsen, D. A., Andersen, R. F., Toft, P. & Bendix, L., 2022, In: Journal of Pain Research. 15, p. 3921-3929

Low-dose naltrexone for the treatment of fibromyalgia: protocol for a double-blind, randomized, placebo-controlled trial
Bruun, K. D., Amris, K., Vaegter, H. B., Blichfeldt-Eckhardt, M. R., Holsgaard-Larsen, A., Christensen, R. & Toft, P., 15. Nov 2021, In: Trials. 22, 13 p., 804.

Spinal cord stimulation in severe cases of complex regional pain syndrome: A retrospective cohort study with long-term follow-up

Eriksen, L. E., Terkelsen, A. J., Blichfeldt-Eckhardt, M. R., Sørensen, J. C. H. & Meier, K., Nov 2021, In: European Journal of Pain. 25, 10, p. 2212-2225

The effect of pre-analytical handling on the stability of fractalkine, monocyte chemoattractant protein 1 (MCP1), interleukin 6 and interleukin 8 in samples of human cerebrospinal fluid

Mortensen, W. C. P., Bendix, L., Jensen, H. I., Varnum, C., Rasmussen, L. E., Lauridsen, J. T., Borbye-Lorenzen, N., Skogstrand, K., Toft, P., Vaegter, H. B. & Blichfeldt-Eckhardt, M. R., Jul 2021, In: Journal of Immunological Methods. 494, 113057.

Complications and Effects of Dorsal Root Ganglion Stimulation in the Treatment of Chronic Neuropathic Pain: A Nationwide Cohort Study in Denmark

Horan, M., Jacobsen, A. H., Scherer, C., Rosenlund, C., Gulisano, H. A., Sjøe, M., Sørensen, J. C. H., Meier, K. & Blichfeldt-Eckhardt, M. R., Jun 2021, In: Neuromodulation. 24, 4, p. 729-737

Cryoneurolysis for the management of chronic pain in patients with knee osteoarthritis; a double-blinded randomized controlled sham trial

Nygaard, N.-P. B., Koch-Jensen, C., Vægter, H. B., Wedderkopp, N., Blichfeldt-Eckhardt, M. & Gram, B., 26. Feb 2021, In: BMC Musculoskeletal Disorders. 22, 10 p., 228.

Pain Catastrophizing Does Not Predict Spinal Cord Stimulation Outcomes: A Cohort Study of 259 Patients With Long-Term Follow-Up

Poulsen, D. M., Sørensen, J. C. H., Blichfeldt-Eckhardt, M. R., Gulisano, H. A., Knudsen, A. L. H., Nikolajsen, L. & Meier, K., Jan 2021, In: Neuromodulation. 24, 1, p. 76-85

Low-Dose Naltrexone for the Treatment of Fibromyalgia: Investigation of Dose-Response Relationships

Bruun-Plesner, K., Blichfeldt-Eckhardt, M. R., Vaegter, H. B., Lauridsen, J. T., Amris, K. & Toft, P., 1. Oct 2020, In: Pain Medicine. 21, 10, p. 2253-2261

Response to Letter to the Editor Regarding "Complications and Effects of Dorsal Root Ganglion Stimulation in the Treatment of Chronic Neuropathic Pain: A Nationwide Cohort Study in Denmark"

Horan, M. & Blichfeldt-Eckhardt, M. R., 1. Oct 2020, In: Neuromodulation. 23, 7, p. 1047 1 p.

Treatment of ipsilateral shoulder pain after thoracic surgery-time for comparative studies?

Blichfeldt-Eckhardt, M. R. & Toft, P., Mar 2019, In: Journal of Thoracic Disease. 11, Suppl 3, p. S417-S419

There is inter-individual variability in which symptoms are relieved in patients with fibromyalgia treated with low dose naltrexone (LDN)

Plesner, K. B., Amris, K., Toft, P., Vaegter, H. B. & Blichfeldt-Eckhardt, M. R., 2019, In: Clinical and Experimental Rheumatology. 37, Suppl. 116, p. S139 1 p.

From acute to chronic pain after thoracic surgery: the significance of different components of the acute pain response

Blichfeldt-Eckhardt, M. R., Andersen, C., Ørding, H., Licht, P. B. & Toft, P., 1. Jan 2018, In: Journal of Pain Research. 11, p. 1541-1548

Behandling af postoperative smerter

Blichfeldt-Eckhardt, M. R., Jensen, J. M. & Møller, J. F., 1. Jun 2017, In: Ugeskrift for Læger. 179, 13, p. 1151-1154 V02170090.

Phrenic nerve block for thoracic surgery: a reply

Blichfeldt-Eckhardt, M. R., Andersen, C., Licht, P. B., Toft, P. & Ørding, H., 1. Mar 2017, In: Anaesthesia. 72, 3, p. 414-415

From acute to chronic postsurgical pain: The Significance of the Acute Pain Response

Blichfeldt-Eckhardt, M. R., 2017, Syddansk Universitet. Det Sundhedsvidenskabelige Fakultet.

Ikkekirurgisk behandling af lumbal spinalstenose

Bruun Plesner, K., Blichfeldt-Eckhardt, M. R., Bendix, L., Vægter, H. B. & Handberg, G., 2017, In: Ugeskrift for Læger. 179, 1, p. 86-87

Ikke Kirurgisk behandling af lumbal spinalstenose.

Bruun-Plesner, K., Blichfeldt-Eckhardt, M. R., Bendix, L., Vægter, H. B. & Handberg, G., 2017, In: Ugeskrift for Læger. 179

Shoulder Pain After Thoracic Surgery: Type and Time Course, a Prospective Cohort Study

Blichfeldt-Eckhardt, M. R., Andersen, C., Ørding, H., Licht, P. B. & Toft, P., 2017, In: Journal of Cardiothoracic and Vascular Anesthesia. 31, 1, p. 147-151

A randomised, controlled, double-blind trial of ultrasound-guided phrenic nerve block to prevent shoulder pain after thoracic surgery

Blichfeldt-Eckhardt, M. R., Laursen, C. B., Berg, H., Holm, J. H., Hansen, L. N., Ørding, H., Andersen, C., Licht, P. B. & Toft, P., 2016, In: Anaesthesia. 71, 12, p. 1441-1448

The importance of phrenic nerve preservation and its effect on long-term postoperative lung function after pneumonectomy

Kocher, G. J., Lysgaard, J., Blichfeldt-Eckhardt, M. R., Elle, B., Schmid, R. A. & Licht, P. B., 2016, In: European Journal of Cardio-Thoracic Surgery. 49, 4, p. 1059-1062

Early visceral pain predicts chronic pain after laparoscopic cholecystectomy

Blichfeldt-Eckhardt, M. R., Ording, H., Andersen, C., Licht, P. B. & Toft, P., 2014, In: Pain. 155, 11, p. 2400-2407

Undervisning

2016	Delkursusleder og underviser på 'A-kursus' for læger i hoveduddannelse i anæstesi i akutte og kroniske smerter
2015-17	Undervisning i af læger i introduktionsstilling i Anæstesi i 'Kritisk Litteraturlæsning'
2010-17	Undervisning ved medicinstudiet, Syddansk Universitet i ultralyd, genoplivning, sepsis, shock og den akutte patient samt eksaminator ved embedseksamen i medicin (OSCE) samt interview og udvælgelse af kommende medicinstuderende til medicinstudiet ved SDU
2010-13	Undervisning af farmakologer og bioingeniør-studerende i kredsløb og shock
2009-11	Undervisning af læger og sygeplejersker i hjertestoppsimulator på Vejle Sygehus
2006-10	2009-11
2005-07	2006-10
2005-06	Undervisning af læger og sygeplejersker i anæstesisimulator, Sydvestjysk Sygehus

Anden forskningsrelateret aktivitet

Medvejleder på ph.d.-projektet: Fibromyalgia and Naltrexone: Effect on pain or other fibromyalgia symptoms? v. Karin Plesner

Løbende vejledning af yngre anæstesiologer i forskningstræningsmodul og enkeltprojekter

Medlem af forskningsrådet ved Anæstesiologisk-Intensiv Afdeling V, Odense, 2012-17

Forskningsbevillinger

Sammenlagt legater og stipendier over DKK 2.000.000

Fonden til lægevidenskabens fremme, Gigtforeningen, Fabrikant Mads Clausens Fond, Region Syddanmarks Ph.D-pulje, Region Syddanmarks forskningspulje, Introduktionsstipendie Klinisk Institut, Fritz Karners Lægefond, Overlæge dr.med. Edgar Schnohr og hustru Gilberte Schnohrs fond, Udviklingsrådet Vejle Sygehus, Oberstinde Kirsten Jensa la Cours Fond, Else Poulsens Mindelegat, DASAIMs Forskningsinitiativ, Lippmann Fonden, Læge Frk.K.Rasmussens Mindelegat, Legat stiftet af Foreningen Bikuben. Overlæge Sophus Johansens fond, Karen S. Jensens legat, Aase og Ejnar Danielsens Fond.