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Education

2019 PhD. REHPA, The National Knowledge Centre for Rehabilitation and Palliative Care, Odense University Hospital and the Dept. of Clinical Research, University of Southern Denmark
2010 Master of Science in Public Health (MScPH). University of Copenhagen, Denmark

Employment

2019-present Postdoc/seniorkonsultant REHPA, The National Knowledge Centre for Rehabilitation and Palliative Care, Odense University Hospital and the Dept. of Clinical Research, University of Southern Denmark
2015-2018 PhD student at the University of Southern Denmark: REHPA, The National Knowledge Centre for Rehabilitation and Palliative Care. Employed at the Dept. of Medicine, Holbæk University Hospital. Thesis submitted Nov 2018.
2012-2019 Research consultant, Unit for Production, Research and Innovation (PFI), Region Zealand, Sorø (part time 2015-2019)
2011-2012 Academic and administrative assistant, DANBIO – The Danish nationwide rheumatologic registry, Copenhagen University Hospital at Glostrup
2010-2011 Research assistant, Centre for Primary Health Care Research, Clinical Research Centre, Lund University, Sweden
2008-2009 Internship at the Public Health Unit, Trelleborg Municipality, Sweden
2006-2007 Student worker, the Health Technology Assessment Unit, Danish Health and Medicines Authority, Copenhagen
2005-2006 Project secretary, Office of Health Administration, County of Copenhagen (Sundhedsforvaltningen, Københavns Amt), Gentofte, Denmark
2004-2005 Student worker, Transdisciplinary Pain Centre, Copenhagen University Hospital Rigshospitalet, Copenhagen

Research outputs

Sørensen HD, Egholm CL, Løkke A, Barna EN, Hougaard MS, Raunkjær M et al. **Using a Patient-Reported Outcome Measure to Assess Physical, Psychosocial, and Existential Issues in COPD.** Journal of Clinical Medicine. 2024 okt. doi: 10.3390/jcm13206200

Muxoll Grønhaug L, Farver-Vestergaard I, Frølund JC, Egholm CL, Ottesen AL. **Unveiling the burden of COPD: Perspectives on a Patient-Reported Outcome Measure to support communication in outpatient consultations - An interview study among patients.** Frontiers in Rehabilitation Sciences. 2024 sep. 2;5:1434298. doi: 10.3389/fresc.2024.1434298

Kristensen MB, Egholm CL, Vistisen HS, Borregaard B, Bruvik SM, Birgitte MB et al. **Challenges and benefits of using the HeartDiet food frequency questionnaire in cardiac rehabilitation practice.** Nutrition, Metabolism and Cardiovascular Diseases. 2024 aug.;34(8):1968-1975. Epub 2024 maj. doi: 10.1016/j.numecd.2024.04.016

Sørensen HD, Pedersen T, Farver-Vestergaard I, Ottesen AL, Barna EN, Raunkjær M et al.. **Palliative care needs in outpatients with COPD assessed by a holistic patient reported outcome measure: an observational study.** 2024. Poster session præsenteret ved European Association for Palliative Care World Research Congress, Barcelona, Spanien.

Pedersen T, Grønvold M, Lykke C, Ottesen AL, Barna EN, Egholm CL et al.. **Palliative care symptoms among cancer, kidney, heart, and lung patients: A quantitative study.** 2024. Poster session præsenteret ved 13th World Research Congress of the EAPC, Barcelona, Spanien.

Axelsen MS, Baumgarten M, Egholm CL, Jensen JF, Thomsen TG, Bunkenborg G. **A multi-faceted patient safety resource: A qualitative interview study on hospital managers' perception of the nurse-led Rapid Response Team.** Journal of Advanced Nursing. 2024 jan.;80(1):124-135. Epub 2023 jun. 30. doi: 10.1111/jan.15770

Sørensen DM, Dalton SO, Egholm CL, Bidstrup P, Brodersen JB, Rosted E. **Barriers and facilitators to national guideline implementation for palliative cancer care in a Danish cross-sectoral healthcare setting: A qualitative study of healthcare professionals' experiences.** *Psycho-Oncology*. 2024 jan.;33(1):e6267. Epub 2023 dec. 11. doi: 10.1002/pon.6267

Helmark L, Lindström C, Rottmann N, Skovbakke S, Andersen CM, Johansen JB et al. **A web-based intervention for patients with an implantable cardioverter defibrillator – A qualitative study of nurses' experiences (Data from the ACQUIRE-ICD study).** *PEC Innovation*. 2023 dec.;2. doi: 10.1016/j.pecinn.2022.100110

Axelsen MS, Jensen J, Baumgarten M, Egholm CL, Thomsen TG, Bunkenborg G. **A multi-faceted patient safety resource: A qualitative interview study on hospital managers' perception of the nurse-led Rapid Response Team.** 2023. Poster session præsenteret ved Nordic Conference in Nursing Research, Reykjavik, Island.

Axelsen MS, Baumgarten M, Lindström C, Jensen J, Thomsen TG, Bunkenborg G. **The multi-faceted RRT Hospital managers' perceptions of the nurse-led Rapid Response Team.** 2023. Poster session præsenteret ved 5th Nordic Conference in Nursing Research, Reykjavik, Island.

Sørensen DM, Dalton SO, Lindström C, Envold Bidstrup P, Rosted EE. **Barriers and facilitators of for implementing existing national guidelines aiming to optimize the pathways for palliative cancer patients in a Danish cross- sectoral setting: a qualitative study based on The Consolidated Implementation Framework for Implementation Research.** 2023. Poster session præsenteret ved Danske Kræftforskningsdage - Danish Cancer Research Days 2023, Odense C, Danmark.

Lindström C, Mikkelsen TB, Refer IF, Thomassen K, Nadarajah V, Bergenholtz H et al.. **Patients' experiences using Patient Reported Outcome Measures in basic palliative care.** 2023. Poster session præsenteret ved European Association of Palliative Care (EAPC) 18th world conference , Rotterdam, Holland.

Lindström C, Mikkelsen TB, Refer IF, Nadarajah V, Thomassen K, Bergenholtz H et al.. **Professionals' experiences using Patient Reported Outcome Measures in basic palliative care.** 2023. Poster session præsenteret ved European Association of Palliative Care (EAPC) 18th world conference , Rotterdam, Holland.

Lindström C, Jensen S, Wandel A, Hørder M. **The implementation of the 2017 national policy on patient-reported outcomes in Denmark: An overview of developments after six years.** *Health Policy*. 2023 apr.;130:104755. doi: 10.1016/j.healthpol.2023.104755

Lindström C, Refer IF, Christensen EH, Mikkelsen TB, Bergenholtz H, Raunkiær M. **National PRO til basal palliation: implementeringserfaringer fra en pilotevaluering.** 2023. Poster session præsenteret ved Årsmøde Dansk Selskab for Kvalitet i Sundhedssektoren, Nyborg, Danmark.

Egholm CL, Helmark C, Rossau HK, Munkehøj P, Brøndum S, Pedersen SS et al. **Implementation of systematic screening for anxiety and depression in cardiac rehabilitation: Real world lessons from a longitudinal study.** *Journal of Psychosomatic Research*. 2022 jul.;158:110909. doi: 10.1016/j.jpsychores.2022.110909

Helmark C, Egholm CL, Rottmann N, Skovbakke SJ, Johansen JB, Nielsen JC et al. **A webbased intervention for patients with an implantable cardioverter defibrillator, a qualitative study of nurses experiences.** *EP - Europace*. 2022 maj;24(Suppl. 1):euac053.575. doi: 10.1093/europace/euac053.575

Helmark L, Lindström C, Rottmann N, Skovbakke S, Johansen JB, Nielsen JC et al.. **A web-based intervention for patients with an implantable cardioverter defibrillator – a qualitative study of nurses' experiences (Data from the ACQUIRE-ICD study).** 2022. Poster session præsenteret ved EHRA 2022, Copenhagen, Danmark.

Kristensen MB, Egholm CL, Zwisler ADO. **HjerteKost som en del af det nationale HjertePRO.** REHPA, Videncenter for Rehabilitering og Pallation, 2021. 74 s.

Tang LH, Joshi V, Egholm CL, Zwisler AD. **Are survivors of cardiac arrest provided with standard cardiac rehabilitation? Results from a national survey of hospitals and municipalities in Denmark.** European Journal of Cardiovascular Nursing. 2021 feb.;20(2):115-123. Epub 2020 aug. 3. doi: 10.1177/1474515120946313

Egholm CL, Packness A, Stokholm J, Rasmussen K, Ellervik C, Simonsen E et al. **Questionnaire development for the Lolland-Falster Health Study, Denmark: an iterative and incremental process.** BMC Medical Research Methodology. 2020 mar. 3;20:52. doi: 10.1186/s12874-020-00931-1

Egholm CL, Helmark L, Christensen J, Eldh AC, Winblad U, Bunkenborg G et al. **Facilitators for using data from a quality registry in local quality improvement work: A cross-sectional survey of the Danish Cardiac Rehabilitation Database.** BMJ Open. 2019 jun. 12;9(6):e028291. doi: 10.1136/bmjopen-2018-028291

Helmark L, Egholm CL, Kousgaard MB, Zwisler ADO, Doherty P. **Nurses' perceptions of feedback from cardiac rehabilitation registries: A qualitative study across the UK and Denmark.** British Journal of Cardiac Nursing. 2019 maj 7;14(5). doi: 10.12968/bjca.2018.0029

Egholm CL, Helmark C, Doherty P, Nilsen P, Zwisler AD, Bunkenborg G. **"Struggling with practices" - A qualitative study of factors influencing the implementation of clinical quality registries for cardiac rehabilitation in England and Denmark.** BMC Health Services Research. 2019 feb. 6;19:102. doi: 10.1186/s12913-019-3940-5

Egholm CL. **Implementation of national clinical guidelines and clinical quality registries to improve cardiac rehabilitation.** Odense: Syddansk Universitet. Det Sundhedsvidenskabelige Fakultet, 2018. 211 s.

Kristensen MB, Dieperink KB, Rossau HK, Egholm CL, Viggers L, Bertelsen BM et al. **Dietary interventions in cardiac rehabilitation: The gap between guidelines and clinical practice.** Clinical Nutrition ESPEN. 2018 okt.;27:120-126. doi: 10.1016/j.clnesp.2018.05.007

Jepsen R, Egholm CL, Brodersen J, Simonsen E, Grarup J, Cyron A et al. **Lolland-Falster Health Study: Study protocol for a household-based prospective cohort study.** Scandinavian Journal of Public Health. 2018 sep. 7;48(4):382-390. doi: 10.1177/1403494818799613

Lindström Egholm C, Rossau HK, Nilsen P, Bunkenborg G, Rod MH, Doherty P et al. **Implementation of a politically initiated national clinical guideline for cardiac rehabilitation in hospitals and municipalities in Denmark.** Health Policy. 2018 sep.;122(9):1043-1051. doi: 10.1016/j.healthpol.2018.07.015

Egholm CL, Helmark C, Eldh AC, Winblad U, Bunkenborg G, Zwisler ADO et al. **Facilitators for use of quality registry data in cardiac rehabilitation: A survey study.** 2018. Poster session præsenteret ved The 3rd Nordic Implementation Conference, København, Danmark.

Helmark L, Egholm CL, Kousgaard MB, Zwisler ADO, Doherty P. **Improving feedback from national cardiac rehabilitation databases: A study of nurses' perceptions.** 2018. Poster session præsenteret ved EuroPrevent, Ljubljana, Slovenien.

Helmark L, Egholm CL, Kousgaard MB, Zwisler ADO, Doherty P. **Improving feedback from national cardiac rehabilitation databases - a study of nurses perceptions.** 2018.

Egholm CL, Helmark L, Doherty P, Nilsen P, Zwisler ADO, Bunkenborg G. **Implementation of national quality registries in Denmark and the UK: what are the barriers seen from the healthcare professionals' perspective? a qualitative study applying the CFIR framework.** 2017. Poster session præsenteret ved Knowledge Utilisation Colloquium, Melbourne, Australien.

Egholm CL, Helmark L, Doherty P, Nilsen P, Bartels P, Zwisler ADO et al. **Barriers and facilitators to implementation of national quality registries: a cardiac rehabilitation case study.** 2017. Poster session præsenteret ved International Forum on Quality and Safety in Healthcare, London, Storbritannien.

Egholm CL, Rossau HK, Nilsen P, Bunkenborg G, Rod MH, Zwisler ADO. **Fulfillment of national recommendations for cardiac rehabilitation: Mapping Change After Launch of a New Guideline.** 2016. Poster session præsenteret ved Guidelines International Network (GIN) annual conference, Philadelphia, USA.

Egholm CL, Rossau HK, Zwisler ADO. **Fulfillment of national recommendations for cardiac rehabilitation in hospitals and municipalities in Denmark: mapping change after launch of a new guideline.** 2016. Poster session præsenteret ved International Forum on Quality and Safety in Health Care, Göteborg, Sverige.

Lindstrøm Egholm C, Bunkenborg G, Nilsen P, Rod MH, Doherty P, Helmark L et al.. **Opleves kliniske databaser som et redskab ved implementering af kliniske retningslinjer?** 2016. Poster session præsenteret ved Dansk Implementeringsnetværks Årsmøde , Odense .

Zwisler AD, Rossau HK, Nakano A, Foghmar S, Eichhorst R, Prescott E et al. **The Danish Cardiac Rehabilitation Database.** Clinical Epidemiology. 2016;8:451-456. doi: 10.2147/CLEP.S99502

Egholm CL, Krogh NS, Pincus T, Dreyer L, Ellingsen T, Glinthorg B et al. **Discordance of Global Assessments by Patient and Physician Is Higher in Female than in Male Patients Regardless of the Physician's Sex: Data on Patients with Rheumatoid Arthritis, Axial Spondyloarthritis, and Psoriatic Arthritis from the DANBIO Registry.** The Journal of Rheumatology. 2015 okt.;42(10):1781-1785. doi: 10.3899/jrheum.150007

Professional memberships

Board member, the Lolland-Falster Health Study (LOFUS), Region Zealand, 2014-2016 and 2018-2019.
Board member of the Danish Implementation Network (DIN), 2018 – present. Active member of the sub-group Danish Implementation Network for Researchers (DIN-F) since 2016.

Academic secretary for the head of the steering committee, the Danish Cardiac Rehabilitation Database, 2016-2018.

Academic secretary for the scientific board, the Lolland-Falster Health Study (LOFUS), Region Zealand, 2016 – 2018.

Member of the Swedish Implementation Science Interest Group, Linköping University, Sweden 2016 – present

Member of the Research Network for Patient Safety and Quality in Health Care (FPKS), 2016 – present

Awards and prices

Research grant from the Region Zealand Research Foundation, DKK 51.700. September 2016.

2 x Student scholarship from the IHI Open School for attending the International Forum in Gothenburg, Sweden, 12-15 April 2016, and London, UK, 26-28 April 2017.

Travel bursary to the European League Against Rheumatism Annual Congress, Madrid, Spain, 12-15.June, 2013, for poster presentation.