

Teaching CV

Lene Lauge Berring
IRS - Psykiatrien Region Sjælland
E-mail: lberring@health.sdu.dk
E-mail: lel@regionsjaelland.dk
Mobile +45 28562921



Formel pædagogisk uddannelse

My teaching and supervision tasks are grounded in my early training in 'experience-oriented psychotherapy' and my formal management training and experiences. I teach using constructivist philosophy and principles of the learning organization and action learning .

As a teacher, I am inspired by Schön and Argyris : 'The reflective practitioner' who engages students in interactive learning courses and 'learning-filled' dialogues. I feel this supports initiatives where the students develop own knowledge of (and with) practice and learn in a collaborative community.

2020	Pædagogikum 10 ECTS
2019	Student response system. University of Southern Denmark. ECTS 1/2.
2018	Ph. d. Vejleder kursus i Lund (4 dage)
2014	Effective Speaking. University of Copenhagen. Academic English. ECTS 2,6.
2006	Kurs i aksjonsforskning med vekt på handlingsorienteret forskningsamarbejd (Co-operative Inquiry). Høgskolen i Hedmark. Avd. for Helse og socialfag. ECTS 10.

Administrative opgaver

I have participated in several advisory boards related to education, examinations and study programs. My focus has been on linking theoretical and practical knowledge.

Advisory Boards

2017	Medlem af aftager panelet SDU
2016 -	Leder af psykiatriens koncept for relationer og deeskalering
2010 - 12	Censorformand specialuddannelsen i psykiatrisk sygepleje
2008- 12	Leder af kognitiv uddannelse i retspsykiatrien
2008 - 10	Medlem af uddannelsesrådet under DASYS, Dansk Sygepleje Selskab
2008 -	Censor korpset for folkesundhedsvidenskabelige og relaterede uddannelser
2005 - 7	Leder af den kognitive skole i Københavns amt
2004- 10	Medlem af specialerådet for specialuddannelsen i psykiatrisk sygepleje

Erfaringer med undervisning vejledning og eksamen

I have taught, mentored and supervised mainly on issues in which I have first hands comprehensive knowledge and research experience.

I am an experienced supervisor both in group supervisions as well as individual supervision. My supervising style is a mix of critical and transmission-oriented processes tailored to the student's different needs.

I always motivate the students to disseminate their results in different forms of publication, such as poster presentations, book chapters, papers or as oral presentations. I think an important lesson for the students is their responsibility for bringing back new knowledge to the field of mental health.

Teaching

I have taught, examined and supervised students at the master and candidate levels and a few pre-graduate nurse students at the bachelor level.

I have had various roles at the Advanced Nurse Practitioners Training Program (Mental Health). (teacher, supervisor and censorship). I have had approx. 30 teaching sessions, as well as supervised and examined a large amount of advanced nurse practitioners' students in the last 20 years.

2020	1 specialestuderende & 3 masterstuderende
2019	1. specialestuderende og 3 masterstuderende
2019	Ph.d. student Anette Juel Kynde (co-supervisor with Dr. Eric Roy Larsen, Dr. Annette Erlangsen, and Professor Niels Buus, "Co-designing web-based psychoeducational resources for relatives of people with severe suicidal behaviour". Faculty of Health, University of Southern Denmark.
2019	Opponent på 2 ph.d. projekter
2018	2 specialestuderende og 1 masterstuderende

2017	Ph.d. student. Bodil Winther Hansen (co-supervisor with Professor Lena Karin Erlandsson and Dr. Christel Leufstadius, "Creative activities as intervention in mental health. Exploring the concept and the occupational value of creative activities as intervention". The Faculty of medicine Centre. Lund University.
2017	1 specialestuderende
2017	Censor på 4 specialestuderende (RUC)
2016	Censor på 2 speciale studerende (AU)
2014	Censor 3 specialer (AU)
2008-13	Censor 4 specialer (AU)

Undervisning og vejledning i udvalg

Borgernær Sygepleje

Berring, L. L.
05/05/2022 → 19/05/2022

Borgernær Sygepleje

Berring, L. L.
09/02/2023 → 14/02/2023

Brugerdeltagelse og Psykiatrisk sygepleje

Berring, L. L.
19/09/2022 → 19/09/2022

Deeskalering af somatisk personale i Region Sjælland

Lauge Berring, L.
01/01/2019 → ...

Deeskalering for somatisk personale i Region Sjælland

Lauge Berring, L.
01/11/2018 → ...

Evidens i Psykiatrien

Lauge Berring, L. & Hybholt, L.
01/01/2016 → ...

Litteratursøgning

Lauge Berring, L.
05/09/2019 → 05/09/2019

Træningsprogram i volds og tvangsforebyggelse for sundhedsprofessionellen i region Sjællands Psykiatri

Lauge Berring, L.
01/01/2017 → ...

Metoder, Materialer og redskaber

Methods of teaching

I support my diverse students with my varying teaching methods. I practice 'blended learning' which combines 'face to face teaching' and e-activities. I include lecturing, homework, Walk and Talks, share-pair-share, groupwork, videos, e-activities in the form of Zoom presentations, Poll Everywhere and surveyXact.

Assessment

Assessment must be done depending on the student needs, but I prefer that assessment is done through the method: Feed Forward, where the students reflects upon: 1) What went well, 2) What do you want to do better, and 3) What will you do in the future. Then follows a peer reflection based on the same questions. Lastly, I make my assessment, based on a rubric or other learning goals or expectations.

Original productions

I developed (together with service users and clinicians) a mobile app: Safe, which is a learning tool for relatives, people, and clinicians dealing with self-harm (can be downloaded for free: 'safe regsj').

Uddannelsesudvikling og universitetspædagogisk (følge)forskning, herunder pædagogiske priser

My scientific production related to educational development and applied research have a long history and several of my teaching projects are documented in reports, papers and abstracts:2016: My Ph.d. thesis included educational development, which is specifically illustrated in one of the publications: Berring, L. L., Hummelvoll, J. K., Pedersen, L., & Buus, N. (2016). A Co-operative Inquiry into Generating, Describing, and Transforming Knowledge About De-escalation Practices in Mental Health Settings. *Issues in Mental Health Nursing*, 37(7), 451–463. <https://doi.org/10.3109/01612840.2016.1154628>. The concept of relationships and de-escalation have been presented at several scientific conferences, as keynotes, workshops and oral presentations. We have followed the process through surveys and focus-groups. One paper is in process: Berring, LL. Winkel, & A. Rozenkranz, F: Enhancing Staff and Patient Safety. A descriptive survey study of staff member's perceptions of a multifaceted approach to a Restraint and Violence prevention learning program in mental health care settings. Expected to be published in *Journal of Health Organization and Management*. This project led to another training program, where De-escalation was transformed into a general hospital setting. (Berring, L.L. & Bachmann, L.Ø. (in process): De-escalation training at general hospitals. Expected to be published in *International Journal of Integrated Care*.2005 – 7: The training program: A Cognitive School, that was funded by the health authorities with approximately 1.500.000 DDKR. An evaluation report was produced.2004: Developing and implementing a violence prevention training program, which in 2007 was presented at the: Violence in Clinical psychiatry conference in Amsterdam. It was an interactive workshop, involving the audience (n=100) in a training session that exemplified how our study program in violence prevention in psychiatry was applied in daily life. The title was: Prevention, Intervention & Evaluation – violence policy - Is it really working? It also included a peer reviewed publication (5 pages).2000: Implementing nursing documentation VIPS, at Gentofte Hospital together with Dr. Tove Lindhardt. We produced several reports (audit) and minor papers related to this process. It also resulted in several lectures in Denmark and a scientific oral presentation at the Acendio Conference in Bled (2007): "Knowing your patient. How introduction to the VIPS model, helps nurses to know their patients". We collaborated with the VIPS developers: The professors Ehnfors M, Ehrenberg A & Thorell-Ekstrand I. And Dr. Anna Björkdahl from Stockholm, who transformed VIPS into a mental health context.