

## Work affiliations

2022 – current position: Researcher, National Institute of Public Health, University of Southern Denmark, Research Department Health and morbidity in the population  
Nov 2016–2022: Ph.D. student at the National Institute of Public Health, University of Southern Denmark, Research Department Health and morbidity in the population  
May 2014–Nov 2016: Research assistant at the National Institute of Public Health, University of Southern Denmark, Research Programme Health and Social Conditions  
2012–May 2014: Student assistant in the Department of Public Health, Section of General Practice, University of Copenhagen, Unit of Woman and Gender Research in Medicine  
2010-2013: Student Counsellor at the Faculty of Health and Medical Sciences, University of Copenhagen, Public Health Science  
2011-2012: Student assistant in The Center of Gladsaxe Municipality Health Prevention, Gladsaxe Municipality  
2011: Student assistant at The Danish Cancer Society Research Center, Research Unit of Survivorship

## Educational Background

2016-2022: PhD student, National Institute of Public Health, University of Southern Denmark  
2013–2014: Master Student, Novo Nordisk A/S, Global Research and Development, Department of Epidemiology and Biostatistics  
2011–2014: University of Copenhagen – MSc in Public Health Science (Cand.Scient.San.Publ)  
Spring 2013: London School of Hygiene and Tropical Medicine – MSc Master Programme Modules  
2008–2011: University of Copenhagen – BSc. in Public Health Science (Bach.Scient.San.Publ)

## Research output

### **Trends in smoking-related diseases by socioeconomic position following a national smoking ban in 2007: a nationwide study in the Danish population**

Jarlstrup, N., Thygesen, L. C., Pisinger, C., Vestbo, J., Grønbaek, M. K. & Tolstrup, J., Aug 2023, In: BMC Public Health. 23, 10 p., 1648.

### **§RØG – En undersøgelse af tobak, adfærd og regler: Udvalgte tendenser 2022, rapport 4**

Jarlstrup, N., Pedersen, M. T., Lund, L. & Bast, L. S., 12. Apr 2023, Syddansk Universitet. Statens Institut for Folkesundhed. 108 p.

### **The impact of the Danish national smoking ban from 2007 on the incidence of eight smoking-related diseases: a nationwide register-based interrupted time series analysis**

Jarlstrup, N. S., Thygesen, L. C., Grønbaek, M. K., Rod, M. H. & Tolstrup, J. S., 1. Apr 2023, In: Nicotine & Tobacco Research. 25, 4, p. 648-656

### **Danskernes rygevaner 2022**

Jarlstrup, N., Pedersen, M. T. & Bast, L. S., Feb 2023, Sundhedsstyrelsen. 100 p.

### **Brug af røgfrie nikotinprodukter blandt unge: §RØG – en undersøgelse af forbrug af snus, tyggetobak og nikotinposer, efterår 2022**

Jarlstrup, N., Pedersen, M. T. & Bast, L. S., 2023, Sundhedsstyrelsen. 54 p.

### **Evaluating the Effects of Denmark's New Tobacco Control Act on Young People's Use of Nicotine Products: A Study Protocol of the §SMOKE Study**

Klitgaard, M. B., Jarlstrup, N. S., Lund, L., Brink, A. L., Knudsen, A., Christensen, A. I. & Bast, L. S., 6. Oct 2022, In: International Journal of Environmental Research and Public Health. 19, 19, 12 p., 12782.

### **Use of tobacco and nicotine products among young people in Denmark—status in single and dual use**

Bast, L. S., Klitgaard, M. B., Kjeld, S. G., Jarlstrup, N. S. & Christensen, A. I., May 2022, In: International Journal of Environmental Research and Public Health. 19, 9, 5623.

### **§RØG - En undersøgelse af tobak, adfærd og regler: Basisrapport 2020**

Schneekloth Jarlstrup, N., Andersen, M. B., Kjeld, S. G. & Bast, L. S., 2020, Syddansk Universitet. Statens Institut for Folkesundhed.

### **Danskernes rygevaner: Udvikling fra 1994 til 2017**

Hoffmann, S. H., Schramm, S., Schneekloth Jarlstrup, N. & Christensen, A. I., Dec 2018, Syddansk Universitet. Statens Institut for Folkesundhed. 83 p.

### **Danskernes rygevaner: Årsrapport 2017**

Schramm, S., Hoffmann, S. H., Schneekloth Jarlstrup, N. & Christensen, A. I., Dec 2018, Syddansk Universitet. Statens Institut for Folkesundhed. 44 p.

### **International Approaches to Tobacco Use Cessation Programs and Policy in Adolescents and Young Adults: Denmark**

Schneekloth Jarlstrup, N., Juel, K., Pisinger, C. H., Grønbæk, M., Holm, S. & Andersen, S., Mar 2018, In: Current Addiction Reports. 5, 1, p. 42-53

### **Contingency management: Brug af økonomiske incitamenter i rygestopinterventioner**

Kristensen, M. M., Schneekloth Jarlstrup, N. & Paldam Folker, A., 2018

### **Evaluering af kapitel 2 i Lov om elektroniske cigaretter**

Lund, L., Laumøller, S. G., Schneekloth Jarlstrup, N. & Bast, L. S., 2018, Syddansk Universitet. Statens Institut for Folkesundhed. 39 p.

### **Forebyggelses af brug af snus og tyggetobak blandt unge**

Kristensen, M. M., Schneekloth Jarlstrup, N. & Paldam Folker, A., 2018

### **Very Brief Advice: Very Brief Advice. Kort rådgivning om rygestop**

Jensen, H. A. R., Kristensen, M. M., Schneekloth Jarlstrup, N. & Paldam Folker, A., 2018

### **Monitorering af kommunernes forebyggelsesindsats 2017: Arbejdet med Sundhedsstyrelsens forebyggelsespakker siden 2013 og anbefalinger til borgere med kronisk sygdom.**

Sølvhøj, I. N., Cloos, C. Ø., Schneekloth Jarlstrup, N. & Holmberg, T., Dec 2017, Syddansk Universitet. Statens Institut for Folkesundhed. 140 p.

### **How to measure experiences of healthcare quality in Denmark among patients with heart disease? The development and psychometric evaluation of a patient-reported instrument**

Zinckernagel, L., Schneekloth, N., Zwisler, A. D. O., Ersbøll, A. K., Rod, M. H., Jensen, P. D., Timm, H. & Holmberg, T., 2017, In: BMJ Open. 7, 10, 14 p., e016234.

### **Perceived Sexual Difficulties and Sexual Counseling in Men and Women Across Heart Diagnoses: A Nationwide Cross-Sectional Study**

Rundblad, L., Zwisler, A. D., Johansen, P. P., Holmberg, T., Schneekloth Christiansen, N. & Giraldi, A., 2017, In: Journal of Sexual Medicine. 14, 6, p. 785-796

### **Røgfri Skoletid**

Bast, L. S., Kristensen, M. M., Schneekloth Jarlstrup, N. & Andersen, A., 2017, 19 p..

### **The association between supportive relatives and lower occurrence of anxiety and depression in heart patients: results from a nationwide survey**

Hansen, C., Zinckernagel, L., Schneekloth, N., Zwisler, A-D. O. & Holmberg, T., 2017, In: European Journal of Cardiovascular Nursing. 16, 8, p. 733-741

### **Kortlægning. Kommunernes arbejde med implementering af Sundhedsstyrelsens forebyggelsespakker 2015: Udvikling i arbejdet fra 2013-2015**

Schneekloth Christiansen, N., Holmberg, T., Hærvig, K. K., Christensen, A. I. & Rod, M. H., 2016, Center for Interventionsforskning, Statens Institut for Folkesundhed, Syddansk Universitet. 185 p.

**Notat. Opfølgning på succeskriterier for Center for Forebyggelse i praksis i perioden fra 2013 til 2015**

Schneekloth Christiansen, N., Holmberg, T., Hærvig, K. K., Christensen, A. I. & Rod, M. H., 2016, København: Center for Interventionsforskning, Statens Institut for Folkesundhed, Syddansk Universitet. 44 p.

**Notat. Supplerende analyser til rapporten: "Livet med en hjertesygdom. En undersøgelse om det at leve med en hjertesygdom og af hjertepatienters vurdering af sundhedsvæsenets indsats"**

Pant, S. W., Zinckernagel, L., Schneekloth Christiansen, N., Rod, M. H. & Holmberg, T., 2016, Jun 13, 2016.

**Livet med en hjertesygdom: En undersøgelse om det at leve med en hjertesygdom og af hjertepatienters vurdering af sundhedsvæsenets indsats**

Schneekloth Christiansen, N., Zinckernagel, L., Olsen Zwisler, A., Rod, M. H. & Holmberg, T., 5. Jul 2015, Hjerteforeningen. 103 p.

**Risk for cardiovascular disease among Seventh-day Adventists and Baptists in Denmark, 1977-2009**

Christiansen, N. S., Schmidt, A. W., Johansen, C., Ross, L., Hvidt, N. C. & Thygesen, L. C., 15. Apr 2015, In: International Journal of Cardiology. 185, p. 133-135

**Kortlægning. Kommunernes arbejde med implementering af Sundhedsstyrelsens forebyggelsespakker. Midtvejsrapport. 2014.**

Schneekloth Christiansen, N., Pedersen, C. H., Heering Holt, D., Holmberg, T., Christensen, A. I. & Rod, M. H., 2014, Center for Interventionsforskning, Statens Institut for Folkesundhed, Syddansk Universitet, i samarbejde med Center for Forebyggelse i praksis, KL og Sundhedsstyrelsen. 82 p.

**Other academic contributions****The impact of the national Danish smoking ban on smoking-related morbidity - a register-based natural experiment.**

Jarlstrup NS, Thygesen LC, Grønbæk M, Tolstrup JS. 2018. Poster session presented at the European Congress of Epidemiology, Lyon, France.

**The impact of the Danish smoking legislation from 2007 on population smoking trends and sale of tobacco.**

Schneekloth Christiansen N, Rod MH, Grønbæk M, Tolstrup JS. 2017. Poster session presented at 7th European Conference of Tobacco or Health, Porto, Portugal.

**The impact of implementation capacity for the implementation of health promotion guidelines in Danish municipalities.**

Schneekloth Christiansen N, Rod MH, Christensen AI, Curtis T, Holmberg T. 2016. Poster session presented at The Nordic Health Promotion Research Conference, Jyväskylä, Finland.

**Perceived sexual difficulties in patients with heart disease.**

Rundblad L, Zwisler ADO, Palm Johansen P, Holmberg T, Schneekloth Christiansen N, Giraldi A. 2015. Poster session presented at Region Hovedstadens Psykiatri Forskningsdag, København, Danmark.

**"Living with a Heart Disease": Results from the first scientific study about living with a heart disease and heart patients' experiences with the health care system.**

Schneekloth Christiansen N, Holmberg T. 2015. Oral presentation at the conference for Hjerteforeningens netværk for kontaktsygeplejersker og sygeplejersker i almen praksis, Århus, Denmark

**Courses of supplementary qualifications**

Statistical programming in STATA

Statistical programming in SAS

Survey Xact

Microsoft Excel (Advanced)

Microsoft Excel (basic)

Test of English as a Foreign Language (TOEFL)