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Research Unit of General Practice  
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## Employment

### **Postdoc, Faculty of Life Sciences, University of Copenhagen**

University of Copenhagen  
Copenhagen K, Denmark  
1. Dec 2005 → 31. May 2007

### **Medical advisor, Danish Medicines Agency, Copenhagen**

Lægemiddelstyrelsen  
København, Denmark  
1. Dec 2005 → 31. May 2007

### **PhD student, Internal Medicine, The Royal Veterinary and Agricultural University**

University of Copenhagen  
Copenhagen K, Denmark  
1. Aug 2001 → 11. Nov 2005

### **Amanuensis, Internal Medicine, The Royal Veterinary and Agricultural University**

University of Copenhagen  
Copenhagen K, Denmark  
1. Feb 2000 → 31. Jul 2001

### **Research assistant, Internal Medicine, The Royal Veterinary and Agricultural University**

University of Copenhagen  
Copenhagen K, Denmark  
1. Mar 1999 → 31. Jan 2000

## Research Activities

Main research areas:

2014 - Lifestyle-related diseases (Diabetes, COPD, CVD): Intervention studies focusing on disease prevention and health promotion. Population-based cohorts.

2008 - 2014 Asthma and allergy: Epidemiological and clinical studies focusing on disease prevention and management of risk factors. Population-based and occupational cohorts.

1999 - 2007 Calcium and phosphorus homeostasis: Intervention and experimental studies focusing on disease prevention (periparturient hypocalcaemia)

On-going research projects:

2014 - Early Detection and Prevention (in Danish: Tidlig Opsporing of Forebyggelse (TOF), [www.projektof.dk](http://www.projektof.dk)). Development and test of a step-wise, targeted approach to prevention of lifestyle-related diseases.

2015 - SPIMEU (Determinants of Successful Implementation of Selective Prevention of Cardio-metabolic Diseases Across Europe, [www.spimeu.org](http://www.spimeu.org)). Development and test of step-wise, targeted prevention actions in five EU Member States representing various health care systems.

2017 - WellCo (<http://wellco-project.eu/>). Development of a new ICT-based platform for a well-being and health oriented virtual coach for behaviour change.

## Project Management and coordination

2019 - Group leader for the Research group on Health Promotion and Prevention of Lifestyle-related Diseases [https://www.sdu.dk/en/om\\_sdu/institutter\\_centre/ist\\_sundhedstjenesteforsk/forskning/almenpraksis/forskningsomraader/sundhedsfremme\\_og\\_forebyggelse](https://www.sdu.dk/en/om_sdu/institutter_centre/ist_sundhedstjenesteforsk/forskning/almenpraksis/forskningsomraader/sundhedsfremme_og_forebyggelse)), Research unit of General Practice, SDU

2014 -Research and project leader of the Early Detection and Prevention Study (TOF) incl. project management and coordination of research activities between external and internal research partners.  
2015 - 2017 National project leader of the Trans-european SPIMEU project  
2010 - 2014 Project leader of the interinstitutional research project Exposure to organic dust in greenhouses – A health problem ?  
2009 - 2014 Project coordinator of the interinstitutional research project Risk factors for asthma among grown ups – a Danish survey study.  
2008 - 2010 National project leader of the Trans-european GA2LEN (Global Allergy and Asthma European Network) research project "GA2LEN follow up study

## Continuing education (2008-2019)

2017 - 2018: Research Management Course – Uddannelse for forskningsledere, CBS, Copenhagen  
2015: Process management for researcher. Module 4 (Procesledelse), SDU  
2014: Development of complex interventions for changing professional behaviour (PhD course) (Udviklingen af komplekse interventioner til ændring af professional adfærd), University of Aarhus  
2014: Project management in research, Module 2, E14, SDU  
2013: Involving methods creating results. Course 5: Create your own process design (Involverende metoder, der skaber resultater. Kursus 5: Skab dit eget procesdesign), SDU  
2013: Involving methods creating results. Course 4: Creating ideas (Involverende metoder, der skaber resultater. Kursus 4: Idegenerering), SDU  
2013: Involving methods creating results. Course 3: Reflection and communication (Involverende metoder, der skaber resultater. Kursus 3: Refleksion og kommunikation), SDU  
2013: Use of cases in teaching (Brug af cases i undervisningen), SDU  
2012: Counselling – roles and relations (Vejledning – roller og relationer), SDU  
2012 - 2013: Lecture Training Programme, SDU.  
2011: Biostatistics in health related research (Biostatistiske metoder i sundhedsvidenskabelig forskning), SDU  
2009: Project management in research, Module 1, E09, SDU.  
2008: Course for medical specialists on exposure- and risk assessments, OUH.

## Publications

### **The effect of exercise referral schemes and self-management strategies on use of prescription analgesics among community-dwelling older adults: registry linkage with randomised controlled trials**

Svensson, N. H., Thorlund, J. B., Olsen, P. Ø., Søndergaard, J., Wehberg, S., Andersen, H. S., Caserotti, P. & Thilsing, T., 31. Jul 2024, In: BMC Geriatrics.

### **Can exercise and self-management strategies reduce use of healthcare services among older adults?**

Svensson, N. H., Thorlund, J. B., Olsen, P. Ø., Søndergaard, J., Wehberg, S., Andersen, H. S., Caserotti, P. & Thilsing, T., 13. Jun 2024.

### **Effectiveness of exercise referral schemes and self-management strategies in reducing use of healthcare services among community-dwelling older adults**

Svensson, N. H., Thorlund, J. B., Olsen, P. Ø., Søndergaard, J., Wehberg, S., Andersen, H. S., Caserotti, P. & Thilsing, T., 13. Jun 2024.

### **Sarcopenia and sarcopenic obesity among older adults in the nordic countries: a scoping review**

Baygi, F., Buhl, S. F., Thilsing, T., Søndergaard, J. & Nielsen, J. B., 13. May 2024, In: BMC Geriatrics.

### **The effectiveness of social-support-based weight-loss interventions: a systematic review and meta-analysis**

Jensen, M. T., Nielsen, S. S., Jessen-Winge, C., Madsen, C. M. T., Thilsing, T., Larrabee Sønderlund, A. & Christensen, J. R., May 2024, In: International Journal of Obesity. 48, p. 599-611

### **Healthcare needs in elderly patients with chronic heart failure in view of a personalized blended collaborative care intervention: a cross sectional study**

ESCAPE consortium , 13. Mar 2024, In: Frontiers in Cardiovascular Medicine. 11, 12 p., 1332356.

### **Sundhedstjek på botilbud: Hvordan styrker vi implementeringen?**

Broholm-Jørgensen, M., Dahlbo, M. H., Klinting, G. P., Larrabee Sønderlund, A., Søndergaard, J. & Thilsing, T., Mar 2024 , In: Practicus. 47, 269, p. 24-25

**Advancing health equity for populations with intellectual disabilities: A systematic review of facilitators and barriers to implementation of health checks and screening**

Larrabee Sonderlund, A., Baygi, F., Søndergaard, J. & Thilsing, T., 5. Feb 2024, In: SSM - Health Systems.

**Introducing Point-of-Care PCR technology in general practice: Ambiguities, experiences, and perceptions among health care professionals**

Simonsen, L. M., Eilerskov, N., Andersen, R. S., Søndergaard, J., Nielsen, J. B., Thilsing, T., Balasubramaniam, K., Jarbøl, D. E. & Assing Hvidt, E., 2024, In: Health: An Interdisciplinary Journal for the Study of Health, Illness and Society. p. 1-20 20 p.

**The effect of psychological interventions targeting overweight and obesity in school-aged children: a systematic review and meta-analysis**

Baygi, F., Djalalinia, S., Qorbani, M., Larrabee Sonderlund, A., Kousgaard Andersen, M. K., Thilsing, T., Heitmann, B. L. & Nielsen, J. B., Dec 2023, In: BMC Public Health. 23, 1478.

**Implementing PCR testing in general practice-a qualitative study using normalization process theory**

Shahzad, S., Balasubramaniam, K., Kousgaard, M. B., Thilsing, T., Søndergaard, J. & Overbeck, G., 30. Nov 2023, In: BMC Health Services Research. 23, 1, 9 p., 1325.

**Needs of multimorbid heart failure patients and their carers: A qualitative interview study and the creation of personas as a basis for a blended collaborative care intervention**

Engelmann, P., Eilerskov, N., Thilsing, T., Bernardini, F., Rasmussen, S., Löwe, B., Herrmann-Lingen, C., Gostoli, S., Andréasson, F., Rafanelli, C., Pedersen, S. S., Jaarsma, T. & Kohlmann, S., 10. Nov 2023, In: Frontiers in Cardiovascular Medicine. 10, 12 p., 1186390.

**Forekomst af sarkopeni og sarkopenisk fedme samt sammenhæng med proteinindtag hos hjemmeboende ældre ≥75 år**

Buhl, S. F., Svensson, N. H., Skjødt, M., Thilsing, T., Søndergaard, J., Baygi, F. & Caserotti, P., 2. Nov 2023.

**Exploring targeted preventive health check interventions: – a realist synthesis**

Christoffersen, N. B., Nilou, F. E., Thilsing, T., Larsen, L. B., Østergaard, J. N. & Broholm-Jørgensen, M., 5. Oct 2023, In: BMC Public Health. 23, 17 p., 1928.

**Association between Malnutrition Risk Factors and Physical Function in Community-Dwelling Adults ≥80 Years**

Buhl, S. F., Olsen, P. Ø., Thilsing, T. & Caserotti, P., 6. Jan 2023, In: Journal of Ageing and Longevity. 3, p. 33-45

**Kan superviseret træning og adfærsændrende teknikker ændre smerteniveauet over tid blandt ældre modtagere ad de kommunalt forebyggende hjemmebesøg?**

Svensson, N. H., Buhl, S. F., Thorlund, J. B., Olsen, P. Ø., Søndergaard, J., Wehberg, S., Andersen, H. S., Caserotti, P. & Thilsing, T., 2023.

**Use of Prescription Analgesics among Danish Community-dwelling older Adults: The Impact of structured Exercise Programs and Self-Management Strategies**

Svensson, N. H., Thorlund, J. B., Olsen, P. Ø., Søndergaard, J., Wehberg, S., Andersen, H. S., Caserotti, P. & Thilsing, T., 2023.

**Use of Prescription Analgesics among Danish Community-dwelling older Adults: The Impact of structured Exercise Programs and Self-Management Strategies**

Svensson, N. H., Thorlund, J. B., Olsen, P. Ø., Søndergaard, J., Wehberg, S., Andersen, H. S., Caserotti, P. & Thilsing, T., 2023.

**The Association Between Individualised Religiosity and Health Behaviour in Denmark: Are Social Networks a Mediating Factor?**

Svensson, N. H., Larrabee Sonderlund, A., Wehberg, S., Hvidt, N. C., Søndergaard, J. & Thilsing, T., 9. Sept 2022, In: Journal of Religion and Health.

**Ugens tal: Forebyggende helbredstjek til borgere er i fokus i ny rapport**

Nilou, F., Christoffersen, N. B., Thilsing, T. & Broholm-Jørgensen, M., 29. Jun 2022, Syddansk Universitet. Statens Institut for Folkesundhed.

**Can Exercise Referral Schemes and Self-management Strategies Reduce the Use of Analgesics and Health Care Services Among Older Adults? – A PhD Protocol**

Svensson, N. H., Thorlund, J. B., Søndergaard, J., Sopina, L., Caserotti, P. & Thilsing, T., 23. Jun 2022.

**Can Exercise Referral Schemes and Self-management Strategies Reduce the Use of Analgesics and Health Care Services Among Older Adults? – A PhD Protocol.**

Svensson, N. H., Thorlund, J. B., Søndergaard, J., Sopina, L., Caserotti, P. & Thilsing, T., 23. Jun 2022.

**Religiosity and Health Behaviour - Is Social Network a Mediating Factor?**

Svensson, N. H., Larrabee Sonderlund, A., Wehberg, S., Hvidt, N. C., Søndergaard, J. & Thilsing, T., 22. Jun 2022.

**Religiosity and Health Behaviour - Is Social Network a Mediating Factor?**

Svensson, N. H., Larrabee Sonderlund, A., Wehberg, S., Hvidt, N. C., Søndergaard, J. & Thilsing, T., 22. Jun 2022.

**Effects of Exercise and Self-Management Interventions on Use of Analgesics and Health Care Services Among Older Adults – A Study Protocol**

Svensson, N. H., Thorlund, J. B., Søndergaard, J., Sopina, L., Caserotti, P. & Thilsing, T., 9. Jun 2022.

**Effects of Exercise and Self-Management Interventions on Use of Analgesics and Health Care Services Among Older Adults – A Study Protocol.**

Svensson, N. H., Thorlund, J. B., Søndergaard, J., Sopina, L., Caserotti, P. & Thilsing, T., 9. Jun 2022.

**Non-participation in a targeted prevention program aimed at lifestyle-related diseases: a questionnaire-based assessment of patient-reported reasons**

Leick, C., Larsen, L. B., Larrabee Sonderlund, A., Svensson, N. H., Søndergaard, J. & Thilsing, T., May 2022, In: BMC Public Health. 22, 1, 970.

**Needs of multimorbid elderly with chronic heart failure regarding a blended- collaborative care: A qualitative interview study in preparation of an intervention within the EU project ESCAPE**

Kohlmann, S., Jaarsma, T., Rafanelli, C., Andréasson, F., Gostoli, S., Löwe, B., Rasmussen, S., Bernardini, F., Thilsing, T., Eilerskov, N., Engelmann, P. & Consortium, F. T. E., 2022, In: Journal of Psychosomatic Research. 157, p. 24 1 p., 110871.

**Systematiske og målrettede individorienterede forebyggelsesindsatser: Anbefalinger til fremtidige indsatser**

Nilou, F., Christoffersen, N. B., Thilsing, T. & Broholm-Jørgensen, M., 2022, Syddansk Universitet. Statens Institut for Folkesundhed. 117 p.

**Involving people with type 2 diabetes in facilitating participation in a cardiovascular screening programme**

Dahl, M., Søndergaard, S. F., Diederichsen, A., Søndergaard, J., Thilsing, T. & Lindholt, J. S., Jun 2021, In: Health Expectations. 24, 3, p. 880-891

**Effects of a Co-design Based Invitation Strategy on Participation in a Preventive Health Check Program: randomized controlled trial**

Thilsing, T., Bruun Larsen, L., Larrabee Sonderlund, A., Andreassen, S. S., Christensen, J. R., Svensson, N. H., Dahl, M. & Søndergaard, J., 10. Mar 2021, In: JMIR public health and surveillance. 7, 3, e25617.

**The association between maternal experiences of interpersonal discrimination and adverse birth outcomes: A systematic review of the evidence**

Sonderlund, A. L., Schoenthaler, A. & Thilsing, T., 4. Feb 2021, In: International Journal of Environmental Research and Public Health. 18, 4, 1465.

**A cohort study of cucumber greenhouse workers' exposure to microorganisms as measured using NGS and MALDI-TOF MS and biomarkers of systemic inflammation**

Madsen, A. M., White, J. K., Markouch, A., Kadhim, S., Jonge, N. D., Thilsing, T., Hansen, V. M., Bælum, J., Nielsen, J. L., Vogel, U. & Tendal, K., Jan 2021, In: Environmental Research. 192, 14 p., 110325.

**High variability in implementation of selective-prevention services for cardiometabolic diseases in five european primary care settings**

Lionis, C., Anastasaki, M., Bertias, A., Angelaki, A., Carlsson, A. C., Gudjonsdottir, H., Wändell, P., Larrabee Sonderlund, A., Thilsing, T., Søndergaard, J., Seifert, B., Kral, N., De Wit, N. J., Hollander, M., Korevaar, J. & Schellevis, F., 4. Dec 2020, In: International Journal of Environmental Research and Public Health. 17, 23, 15 p.

**Health professionals' perceptions of weight loss programmes and recommendations for future implementation: A qualitative study**

Jessen-Winge, C., Ilvig, P. M., Thilsing, T., Lee, K., Fritz, H. & Christensen, J. R., 18. Nov 2020, In: BMJ Open. 10, 11, 039667.

**Patient preferences for preventive health checks in Danish general practice: a discrete choice experiment among patients at high risk of noncommunicable diseases**

Larsen, L. B., Thilsing, T. & Pedersen, L. B., 19. Oct 2020, In: Family Practice. 37, 5, p. 689-694

**Religiosity and Health-Related Risk Behaviours in a Secular Culture: Is there a Correlation?**

Svensson, N. H., Hvidt, N. C., Nissen, S. P., Storsveen, M. M., Assing Hvidt, E., Søndergaard, J. & Thilsing, T., Oct 2020, In: Journal of Religion and Health. 59, p. 2381-2396

**Does GP empathy influence patient enablement and success in lifestyle change among high risk patients?**

Hansen, C. B., Pavlovic, K. M. H., Søndergaard, J. & Thilsing, T., 8. Aug 2020, In: BMC Family Practice. 21, 1, 159.

**Changes in Health-Risk Behavior, Body Mass Index, Mental Well-Being, and Risk Status Following Participation in a Stepwise Web-Based and Face-to-Face Intervention for Prevention of Lifestyle-Related Diseases: Nonrandomized Follow-Up Cohort Study**

Thilsing, T., Larrabee Sonderlund, A., Søndergaard, J., Svensson, N. H., Christensen, J. R., Thomsen, J. L., Hvidt, N. C. & Larsen, L. B., 9. Jul 2020, In: JMIR public health and surveillance. 6, 3, 12 p., e16083.

**Evalueringsrapport for TOF pilotprojekt 2: Resultater af den kvantitative evaluering**

Thilsing, T., Svensson, N. H., Søndergaard, J. & Bruun Larsen, L., 2020, 24 p.

**Should social disconnectedness be included in primary-care screening for cardiometabolic disease? A systematic review of the relationship between everyday stress, social connectedness, and allostatic load**

Larrabee Sonderlund, A., Thilsing, T. & Søndergaard, J., 19. Dec 2019, In: PLOS ONE. 14, 12, 22 p., e0226717.

**An evidence-based toolbox for the design and implementation of selective-prevention primary-care initiatives targeting cardio-metabolic disease**

Larrabee Sonderlund, A., Thilsing, T., Korevaar, J., Hollander, M., Lionis, C., Schellevis, F. G., Wändell, P. E., Carlsson, A. C., de Waard, A. K. M., de Wit, N. J., Seifert, B., Angleaki, A., Kral, N. & Søndergaard, J., 1. Dec 2019, In: Preventive Medicine Reports. 16, 10 p., 100979.

**Step-wise approach to prevention of chronic diseases in the Danish primary care sector with the use of a personal digital health profile and targeted follow-up: an assessment of attendance**

Larsen, L. B., Søndergaard, J., Thomsen, J. L., Halling, A., Larrabee Sonderlund, A., Christensen, J. R. & Thilsing, T., 13. Aug 2019, In: BMC Public Health. 19, 1, 14 p., 1092.

**Lifestyle and mental well-being following participation in the TOF pilot-study**

Thilsing, T., Larrabee Sonderlund, A., Søndergaard, J., Svensson, N. H., Christensen, J. R., Hvidt, N. C. & Bruun Larsen, L., 20. Jun 2019.

### **Lifestyle and mental well-being following participation in the TOF pilot-study**

Thilsing, T., Larrabee Sonderlund, A., Søndergaard, J., Svensson, N. H., Christensen, J. R., Hvidt, N. C. & Bruun Larsen, L., 19. Jun 2019.

### **Project Early Detection and Prevention**

Thilsing, T., Søndergaard, J., Larrabee Sonderlund, A., Pedersen, L. B., Christensen, J. R., Svensson, N. H., Assing Hvidt, E., Hvidt, N. C. & Bruun Larsen, L., 25. Apr 2019. 1 p.

### **"Only ITT analysis provides information about the actual effects of a health policy"**

Larsen, L. B., Thilsing, T., Søndergaard, J. & Bjerregaard, A.-L., Mar 2019, In: Journal of Clinical Epidemiology. 107, p. 124-125

### **Selective prevention of cardiometabolic diseases: activities and attitudes of general practitioners across Europe**

de Waard, A.-K. M., Hollander, M., Korevaar, J. C., Nielen, M. M. J., Carlsson, A. C., Lionis, C., Seifert, B., Thilsing, T., de Wit, N. J., Schellevis, F. G., Søndergaard, J. (Member of author group), Larrabee Sonderlund, A. (Member of author group) & SPIMEU Project Group, Feb 2019, In: European Journal of Public Health. 29, 1, p. 88-93

### **Digital Recruitment and Acceptance of a Stepwise Model to Prevent Chronic Disease in the Danish Primary Care Sector: Cross-Sectional Study**

Larsen, L. B., Søndergaard, J., Thomsen, J. L., Halling, A., Sønderlund, A. L., Christensen, J. R. & Thilsing, T., 17. Jan 2019, In: Journal of Medical Internet Research. 21, 1, 17 p., e11658.

### **What should selective cardiometabolic prevention programmes in European primary care look like? A consensus-based design by the SPIMEU group**

Král, N., de Waard, A. K. M., Schellevis, F. G., Korevaar, J. C., Lionis, C., Carlsson, A. C., Sønderlund, A. L., Søndergaard, J., Larsen, L. B., Hollander, M., Thilsing, T., Angelaki, A., de Wit, N. J. & Seifert, B., 2019, In: European Journal of General Practice. 25, 3, p. 101-108

### **Projekt Tidlig opsporing og Forebyggelse (TOF)**

Thilsing, T., Christensen, J. R., Sønderlund, A., Thomsen, J. L., Waldorff, F. B., Søndergaard, J., Hvidt, N. C., Assing Hvidt, E., Svensson, N. H., Pedersen, L. B. & Bruun Larsen, L., 12. Nov 2018.

### **Projekt Tidlig Opsporing og Forebyggelse (TOF projektet)**

Thilsing, T., Christensen, J. R., Larrabee Sonderlund, A., Thomsen, J. L., Waldorff, F. B., Søndergaard, J., Hvidt, N. C., Assing Hvidt, E., Svensson, N. H., Pedersen, L. B. & Bruun Larsen, L., 12. Nov 2018.

### **A third perspective on the effects of general health checks may provide a less biased estimate (letter commenting J Clin Epidemiol 2016;71:120-2)**

Bruun Larsen, L., Thilsing, T., Søndergaard, J. & Bjerregaard, A.-L., Oct 2018, In: Journal of Clinical Epidemiology. 102, p. 144-145

### **Occupational exposure and incidence of asthma based on prescription of drugs**

Baelum, J., Skadhauge, L. R., Thilsing, T., Davidsen, J. R., Omland, O. & Schlunssen, V., 15. Sept 2018, In: European Respiratory Journal. 52, Suppl. 62, p. PA373 1 p.

### **Association of osteoarthritis risk factors with knee and hip pain in a population-based sample of 29-59 year olds in Denmark: a cross-sectional analysis**

van Tunen, J., Peat, G., Bricca, A., Bruun Larsen, L., Søndergaard, J., Thilsing, T., Roos, E. M. & Thorlund, J. B., 21. Aug 2018, In: BMC Musculoskeletal Disorders. 19, 11 p., 300.

### **Targeted prevention in primary care aimed at lifestyle-related diseases: a study protocol for a non-randomised pilot study**

Bruun Larsen, L., Sønderlund, A., Søndergaard, J., Thomsen, J. L., Halling, A., Hvidt, N. C., Assing Hvidt, E., Mønsted, T., Pedersen, L. B., Roos, E. M., Pedersen, P. V. & Thilsing, T., 21. Jul 2018, In: BMC Family Practice. 19, p. 124 15 p., 124.

### **Risk factors for incident asthma and COPD in a cohort of young adults**

Traulsen, L. K., Bælum, J., Halling, A., Thomsen, G., Thilsing, T., Lee Sherson, D., Sigsgaard, T., Omland, Ø., Malling, T. H. & Skadhauge, L. R., Mar 2018, In: The Clinical Respiratory Journal. 12, 3, p. 1021-1029

### **Dietary Intake of Flavonoids and Ventilatory Function in European Adults: A GA<sup>2</sup>LEN Study**

Garcia-Larsen, V., Thawer, N., Charles, D., Cassidy, A., Van Zele, T., Thilsing, T., Ahlström, M., Haahtela, T., Keil, T., Matricardi, P. M., Brozek, G., Kowalski, M. L., Makowska, J., Nizankowska-Mogilnicka, E., Rymarczyk, B., Loureiro, C., Todo-Bom, A., Bachert, C., Forsberg, B. & Janson, C. & 3 others, Torén, K., Potts, J. F. & Burney, P. G. J., 15. Jan 2018, In: Nutrients. 10, 1, 13 p., 95.

### **Determinants of persistent asthma in young adults**

Traulsen, L. K., Halling, A., Bælum, J., Davidsen, J. R., Miller, M., Omland, Ø., Sherson, D., Sigsgaard, T., Thilsing, T., Thomsen, G. & Skadhauge, L. R., 2018, In: European Clinical Respiratory Journal. 5, 1, 9 p., 1478593.

### **A novel approach to population-based risk stratification, comprising individualized lifestyle intervention in Danish general practice to prevent chronic diseases: Results from a feasibility study**

Bruun Larsen, L., Søndergaard, J., Halling, A., Thilsing, T. & Thomsen, J. L., 1. Dec 2017, In: Health Informatics Journal. 23, 4, p. 249-259

### **Targeted prevention of lifestyle related diseases in the primary care sector – results from the TOF pilot project**

Bruun Larsen, L., Skaarup Andreassen, S. (Member of author group) & Thilsing, T., 24. Aug 2017.

### **A large scale intervention study on targeted prevention of lifestyle related diseases: The TOF project**

Thilsing, T., Christensen, J. R., Søderlund, A., Thomsen, J. L., Waldorff, F. B., Andreassen, S. S., Søndergaard, J. & Bruun Larsen, L., 16. Jun 2017.

### **Determinants of participation in targeted preventive health checks: the TOF pilot project**

Bruun Larsen, L., Søndergaard, J. (Member of author group), Thomsen, J. L. (Member of author group) & Thilsing, T. (Member of author group), 15. Jun 2017.

### **Early Detection and Prevention: A large scale intervention study on lifestyle related disease**

Thilsing, T., Christensen, J. R., Søderlund, A., Søndergaard, J., Thomsen, J. L., Andreassen, S. S. & Bruun Larsen, L., 15. Jun 2017.

### **Association of osteoarthritis risk factors with knee and hip pain in a population-based sample of 2424 30-59 year olds in Denmark: a cross-sectional analysis**

van Tunen, J., Peat, G., Bricca, A., Bruun Larsen, L., Søndergaard, J., Thilsing, T., Roos, E. M. & Thorlund, J. B., 2017, In: Osteoarthritis and Cartilage. 25, Suppl. 1, p. S192–S193

### **Is fruit and vegetable intake associated with asthma or chronic rhino-sinusitis in European adults? Results from the Global Allergy and Asthma Network of Excellence (GA<sup>2</sup>LEN) Survey**

Garcia-Larsen, V., Arthur, R., Potts, J. F., Howarth, P. H., Ahlström, M., Haahtela, T., Loureiro, C., Bom, A. T., Brozek, G., Makowska, J., Kowalski, M. L., Thilsing, T., Keil, T., Matricardi, P. M., Torén, K., Van Zele, T., Bachert, C., Rymarczyk, B., Janson, C. & Forsberg, B. & 2 others, Nizankowska-Mogilnicka, E. & Burney, P. G. J., 2017, In: Clinical and Translational Allergy. 7, 9 p., 3.

### **Perspektiver på samarbejdet mellem almen praksis og kommune om sundhedsfremme og forebyggelse: en kvalitativ undersøgelse**

Assing Hvidt, E., Søgaard, G. I., Søndergaard, J., Bruun Larsen, L. & Thilsing, T., 2017, Syddansk Universitet. 51 p.

### **Gender, occupation, and prescription of medicine for asthma**

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## Activities

**Systematiske og målrettede individorienterede forebyggelsesindsatser – en realistisk syntese**  
Christoffersen, N. B. (Speaker), Broholm-Jørgensen, M. (Speaker) & Thilsing, T. (Speaker)  
15. Sept 2022

**Formand for PhD bedømmelsesudvalg**

Thilsing, T. (Examiner)  
Feb 2019 → May 2019

**Forskningslederkursus**

Thilsing, T. (Participant)  
6. Sept 2017 → 19. Jan 2018

**Procesledelse**

Thilsing, T. (Participant)  
30. Nov 2015 → 10. Dec 2015

**Ph.d. kursus. Udviklingen af komplekse interventioner til ændring af professionel adfærd, Aarhus Universitet.**

Thilsing, T. (Participant)  
1. Oct 2014 → 3. Oct 2014

**Projektledeelse for forskere**

Thilsing, T. (Participant)  
26. May 2014 → 28. May 2014

**Involverede metoder, der skaber resultater**

Thilsing, T. (Participant)  
12. Jun 2013

**Brug af cases i undervisningen**

Thilsing, T. (Participant)  
4. Jun 2013

**Involverede metoder, der skaber resultater**

Thilsing, T. (Participant)  
27. May 2013

**Vejledning - roller og relationer**

Thilsing, T. (Participant)  
11. Dec 2012

**Optaget på universitetspædagogikumuddannelsen**

Thilsing, T. (Participant)  
1. Aug 2012 → ...

**BMJ Case Reports (Journal)**

Thilsing, T. (Peer reviewer)  
2012

**Minerals to Dairy Cows with Focus on Calcium and Magnesium Balance**

Thilsing, T. (Participant)  
23. Sept 2011

**Projektledeelse for forskere E09**

Thilsing, T. (Participant)  
Oct 2009 → Dec 2009

