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Ansættelser

Projektleder, Sandoz A/S

1. jun. 2007 → 31. dec. 2007

Postdoc, Faculty of Life Sciences, Københavns Universitet

Københavns Universitet
Copenhagen K, Danmark
1. dec. 2005 → 31. maj 2007

Medicinsk Sekretær, Lægemiddelstyrelsen, København

Lægemiddelstyrelsen
København, Danmark
1. dec. 2005 → 31. maj 2007

PhD studerende, Intern Medicin, Den Kongelige Veterinær og Landbohøjskole

Københavns Universitet
Copenhagen K, Danmark
1. aug. 2001 → 11. nov. 2005

Amanuensis, Intern Medicin, Den Kongelige Veterinær- og Landbohøjskole

Københavns Universitet
Copenhagen K, Danmark
1. feb. 2000 → 31. jul. 2001

Forskningsassistent, Intern Medicin, Den Kongelige Veterinær- og Landbohøjskole

Københavns Universitet
Copenhagen K, Danmark
1. mar. 1999 → 31. jan. 2000

Assisterende dyrlæge i praksis, Nordenskov dyrlægerne

1. mar. 1998 → 28. feb. 1999

Forskningsaktiviteter

Primære forskningsområder:

2014 - : Livsstilsrelaterede sygdomme (Diabetes, KOL, Hjertekarlidelser): Interventionsstudier med fokus på sygdomsforebyggelse og sundhedsfremme. Populations-baserede kohorter.

2008 - 2014: Astma og Allergi: Epidemiologiske og kliniske studier med fokus på sygdomsforebyggelse og håndtering af risikofaktorer. Populations- og erhvervsbaserede kohorter.

1999 - 2007: Calcium og Phosphorstofskiftet: Interventions- og kliniske studier med fokus på sygdomsforebyggelse (periparturient hypocalcæmi)

Igangværende forskningsprojekter:

2014 - : Projekt Tidlig Opsporing og Forebyggelse (TOF), www.projekttof.dk. Udvikling og test af en trinvis, målrettet tilgang til forebyggelse af livsstils-relaterede sygdomme.

2015 - : SPIMEU ((Determinants of Successful Implementation of Selective Prevention of Cardio-metabolic Diseases Across Europe, www.spimeu.org). Udvikling og test af en trinvis, målrettet tilgang til forebyggelse i 5 EU lande med forskellige sundhedssystemer.

2017 - : WellCo (<http://wellco-project.eu/>). Udvikling af ny ICT baseret virtuel coach til personlig rådgivning, vejledning og opfølgning af brugere i forbindelse med ændring til og opretholdelse af sund livsstil.

Projektledelse og -koordinering

2019 - : Gruppeleder for Forskningsgruppen vedr. Sundhedsfremme og Forebyggelse af Livsstilsrelaterede sygdomme, Forskningsenheden for Almen Praksis, SDU (https://www.sdu.dk/da/om_sdu/institutter_centre/ist_sundhedstjenesteforsk/forskning/almenpraksis/forskningsomraader/sundhedsfremme_og_forebyggelse)
2014 -Projektleder og Forskningskoordinator på Projekt Tidlig Opsporing og Forebyggelse (TOF) (www.projekttof.dk)
2015 - 2017National projektleder på SPIMEU projektet
2010 - 2014Projektleder på det tværinstitutionelle forskningsprojekt Organisk Støv i væksthushavterier - et helbredsproblem ?
2009 - 2014Projektkoordinator på det tværinstitutionelle forskningsprojekt Risikofaktorer for Astma hos Voksne (RAV).
2008 - 2010National projektleder på det tværeuropæiske forskningsprojekt Global Allergy and Asthma European Network (GA2LEN) follow up study

Videreuddannelse (2008-2019)

2017 - 2018: Research Management Course – Uddannelse for forskningsledere, CBS, Copenhagen
2015: Process management for researcher. Module 4 (Procesledelse), SDU
2014: Development of complex interventions for changing professional behaviour (PhD course) (Udviklingen af komplekse interventioner til ændring af professionel adfærd), University of Aarhus
2014: Project management in research, Module 2, E14, SDU
2013: Involving methods creating results. Course 5: Create your own process design (Involverende metoder, der skaber resultater. Kursus 5: Skab dit eget procesdesign), SDU
2013: Involving methods creating results. Course 4: Creating ideas (Involverende metoder, der skaber resultater. Kursus 4: Idegenerering), SDU
2013: Involving methods creating results. Course 3: Reflection and communication (Involverende metoder, der skaber resultater. Kursus 3: Refleksion og kommunikation), SDU
2013: Use of cases in teaching (Brug af cases i undervisningen), SDU
2012: Counselling – roles and relations (Vejledning – roller og relationer), SDU
2012 - 2013: Lecture Training Programme, SDU.
2011: Biostatistics in health related research (Biostatistiske metoder i sundhedsvidenskabelig forskning), SDU
2009: Project management in research, Module 1, E09, SDU.
2008: Course for medical specialists on exposure- and risk assessments, OUH.

Publikationer

The effect of exercise referral schemes and self-management strategies on use of prescription analgesics among community-dwelling older adults: registry linkage with randomised controlled trials

Svensson, N. H., Thorlund, J. B., Olsen, P. Ø., Søndergaard, J., Wehberg, S., Andersen, H. S., Caserotti, P. & Thilsing, T., 31. jul. 2024, I: BMC Geriatrics.

Can exercise and self-management strategies reduce use of healthcare services among older adults?

Svensson, N. H., Thorlund, J. B., Olsen, P. Ø., Søndergaard, J., Wehberg, S., Andersen, H. S., Caserotti, P. & Thilsing, T., 13. jun. 2024.

Effectiveness of exercise referral schemes and self-management strategies in reducing use of healthcare services among community-dwelling older adults

Svensson, N. H., Thorlund, J. B., Olsen, P. Ø., Søndergaard, J., Wehberg, S., Andersen, H. S., Caserotti, P. & Thilsing, T., 13. jun. 2024.

Sarcopenia and sarcopenic obesity among older adults in the nordic countries: a scoping review

Baygi, F., Buhl, S. F., Thilsing, T., Søndergaard, J. & Nielsen, J. B., 13. maj 2024, I: BMC Geriatrics.

The effectiveness of social-support-based weight-loss interventions: a systematic review and meta-analysis

Jensen, M. T., Nielsen, S. S., Jessen-Winge, C., Madsen, C. M. T., Thilsing, T., Larrabee Sønderlund, A. & Christensen, J. R., maj 2024, I: International Journal of Obesity. 48, s. 599-611

Healthcare needs in elderly patients with chronic heart failure in view of a personalized blended collaborative care intervention: a cross sectional study

ESCAPE consortium , 13. mar. 2024, I: *Frontiers in Cardiovascular Medicine*. 11, 12 s., 1332356.

Sundhedstjek på botilbud: Hvordan styrker vi implementeringen?

Broholm-Jørgensen, M., Dahlbo, M. H., Klinting, G. P., Larrabee Sonderlund, A., Søndergaard, J. & Thilsing, T., mar. 2024, I: *Practicus*. 47, 269, s. 24-25

Advancing health equity for populations with intellectual disabilities: A systematic review of facilitators and barriers to implementation of health checks and screening

Larrabee Sonderlund, A., Baygi, F., Søndergaard, J. & Thilsing, T., 5. feb. 2024, I: *SSM - Health Systems*.

Introducing Point-of-Care PCR technology in general practice: Ambiguities, experiences, and perceptions among health care professionals

Simonsen, L. M., Eilerskov, N., Andersen, R. S., Søndergaard, J., Nielsen, J. B., Thilsing, T., Balasubramaniam, K., Jarbøl, D. E. & Assing Hvidt, E., 2024, I: *Health: An Interdisciplinary Journal for the Study of Health, Illness and Society*. s. 1-20 20 s.

The effect of psychological interventions targeting overweight and obesity in school-aged children: a systematic review and meta-analysis

Baygi, F., Djalalinia, S., Qorbani, M., Larrabee Sonderlund, A., Kousgaard Andersen, M. K., Thilsing, T., Heitmann, B. L. & Nielsen, J. B., dec. 2023, I: *BMC Public Health*. 23, 1478.

Implementing PCR testing in general practice—a qualitative study using normalization process theory

Shahzad, S., Balasubramaniam, K., Kousgaard, M. B., Thilsing, T., Søndergaard, J. & Overbeck, G., 30. nov. 2023, I: *BMC Health Services Research*. 23, 1, 9 s., 1325.

Needs of multimorbid heart failure patients and their carers: A qualitative interview study and the creation of personas as a basis for a blended collaborative care intervention

Engelmann, P., Eilerskov, N., Thilsing, T., Bernardini, F., Rasmussen, S., Löwe, B., Herrmann-Lingen, C., Gostoli, S., Andréasson, F., Rafanelli, C., Pedersen, S. S., Jaarsma, T. & Kohlmann, S., 10. nov. 2023, I: *Frontiers in Cardiovascular Medicine*. 10, 12 s., 1186390.

Forekomst af sarkopeni og sarkopenisk fedme samt sammenhæng med proteinindtag hos hjemmeboende ældre ≥75 år

Buhl, S. F., Svensson, N. H., Skjødt, M., Thilsing, T., Søndergaard, J., Baygi, F. & Caserotti, P., 2. nov. 2023.

Exploring targeted preventive health check interventions: – a realist synthesis

Christoffersen, N. B., Nilou, F. E., Thilsing, T., Larsen, L. B., Østergaard, J. N. & Broholm-Jørgensen, M., 5. okt. 2023, I: *BMC Public Health*. 23, 17 s., 1928.

Association between Malnutrition Risk Factors and Physical Function in Community-Dwelling Adults ≥80 Years

Buhl, S. F., Olsen, P. Ø., Thilsing, T. & Caserotti, P., 6. jan. 2023, I: *Journal of Ageing and Longevity*. 3, s. 33-45

Kan superviseret træning og adfærsændrende teknikker ændre smerteniveauet over tid blandt ældre modtagere ad de kommunalt forebyggende hjemmebesøg?

Svensson, N. H., Buhl, S. F., Thorlund, J. B., Olsen, P. Ø., Søndergaard, J., Wehberg, S., Andersen, H. S., Caserotti, P. & Thilsing, T., 2023.

Use of Prescription Analgesics among Danish Community-dwelling older Adults: The Impact of structured Exercise Programs and Self-Management Strategies

Svensson, N. H., Thorlund, J. B., Olsen, P. Ø., Søndergaard, J., Wehberg, S., Andersen, H. S., Caserotti, P. & Thilsing, T., 2023.

Use of Prescription Analgesics among Danish Community-dwelling older Adults: The Impact of structured Exercise Programs and Self-Management Strategies

Svensson, N. H., Thorlund, J. B., Olsen, P. Ø., Søndergaard, J., Wehberg, S., Andersen, H. S., Caserotti, P. & Thilsing, T., 2023.

The Association Between Individualised Religiosity and Health Behaviour in Denmark: Are Social Networks a Mediating Factor?

Svensson, N. H., Larrabee Sonderlund, A., Wehberg, S., Hvidt, N. C., Søndergaard, J. & Thilsing, T., 9. sep. 2022, I: Journal of Religion and Health.

Ugens tal: Forebyggende helbredstjek til borgere er i fokus i ny rapport

Nilou, F., Christoffersen, N. B., Thilsing, T. & Broholm-Jørgensen, M., 29. jun. 2022, Syddansk Universitet. Statens Institut for Folkesundhed.

Can Exercise Referral Schemes and Self-management Strategies Reduce the Use of Analgesics and Health Care Services Among Older Adults? – A PhD Protocol

Svensson, N. H., Thorlund, J. B., Søndergaard, J., Sopina, L., Caserotti, P. & Thilsing, T., 23. jun. 2022.

Can Exercise Referral Schemes and Self-management Strategies Reduce the Use of Analgesics and Health Care Services Among Older Adults? – A PhD Protocol.

Svensson, N. H., Thorlund, J. B., Søndergaard, J., Sopina, L., Caserotti, P. & Thilsing, T., 23. jun. 2022.

Religiosity and Health Behaviour - Is Social Network a Mediating Factor?

Svensson, N. H., Larrabee Sonderlund, A., Wehberg, S., Hvidt, N. C., Søndergaard, J. & Thilsing, T., 22. jun. 2022.

Religiosity and Health Behaviour - Is Social Network a Mediating Factor?

Svensson, N. H., Larrabee Sonderlund, A., Wehberg, S., Hvidt, N. C., Søndergaard, J. & Thilsing, T., 22. jun. 2022.

Effects of Exercise and Self-Management Interventions on Use of Analgesics and Health Care Services Among Older Adults – A Study Protocol

Svensson, N. H., Thorlund, J. B., Søndergaard, J., Sopina, L., Caserotti, P. & Thilsing, T., 9. jun. 2022.

Effects of Exercise and Self-Management Interventions on Use of Analgesics and Health Care Services Among Older Adults – A Study Protocol.

Svensson, N. H., Thorlund, J. B., Søndergaard, J., Sopina, L., Caserotti, P. & Thilsing, T., 9. jun. 2022.

Non-participation in a targeted prevention program aimed at lifestyle-related diseases: a questionnaire-based assessment of patient-reported reasons

Leick, C., Larsen, L. B., Larrabee Sonderlund, A., Svensson, N. H., Søndergaard, J. & Thilsing, T., maj 2022, I: BMC Public Health. 22, 1, 970.

Needs of multimorbid elderly with chronic heart failure regarding a blended- collaborative care: A qualitative interview study in preparation of an intervention within the EU project ESCAPE

Kohlmann, S., Jaarsma, T., Rafanelli, C., Andréasson, F., Gostoli, S., Löwe, B., Rasmussen, S., Bernardini, F., Thilsing, T., Eilerskov, N., Engemann, P. & Consortium, F. T. E., 2022, I: Journal of Psychosomatic Research. 157, s. 24 1 s., 110871.

Systematiske og målrettede individorienterede forebyggelsesindsatser: Anbefalinger til fremtidige indsatser

Nilou, F., Christoffersen, N. B., Thilsing, T. & Broholm-Jørgensen, M., 2022, Syddansk Universitet. Statens Institut for Folkesundhed. 117 s.

Involving people with type 2 diabetes in facilitating participation in a cardiovascular screening programme

Dahl, M., Søndergaard, S. F., Diederichsen, A., Søndergaard, J., Thilsing, T. & Lindholt, J. S., jun. 2021, I: Health Expectations. 24, 3, s. 880-891

Effects of a Co-design Based Invitation Strategy on Participation in a Preventive Health Check Program: randomized controlled trial

Thilsing, T., Bruun Larsen, L., Larrabee Sonderlund, A., Andreassen, S. S., Christensen, J. R., Svensson, N. H., Dahl, M. & Søndergaard, J., 10. mar. 2021, I: JMIR public health and surveillance. 7, 3, e25617.

The association between maternal experiences of interpersonal discrimination and adverse birth outcomes: A systematic review of the evidence

Sonderlund, A. L., Schoenthaler, A. & Thilsing, T., 4. feb. 2021, I: *International Journal of Environmental Research and Public Health*. 18, 4, 1465.

A cohort study of cucumber greenhouse workers' exposure to microorganisms as measured using NGS and MALDI-TOF MS and biomarkers of systemic inflammation

Madsen, A. M., White, J. K., Markouch, A., Kadhim, S., Jonge, N. D., Thilsing, T., Hansen, V. M., Bælum, J., Nielsen, J. L., Vogel, U. & Tendal, K., jan. 2021, I: *Environmental Research*. 192, 14 s., 110325.

High variability in implementation of selective-prevention services for cardiometabolic diseases in five european primary care settings

Lionis, C., Anastasaki, M., Bertsiadis, A., Angelaki, A., Carlsson, A. C., Gudjonsdottir, H., Wändell, P., Larrabee Sonderlund, A., Thilsing, T., Søndergaard, J., Seifert, B., Kral, N., De Wit, N. J., Hollander, M., Korevaar, J. & Schellevis, F., 4. dec. 2020, I: *International Journal of Environmental Research and Public Health*. 17, 23, 15 s.

Health professionals' perceptions of weight loss programmes and recommendations for future implementation: A qualitative study

Jessen-Winge, C., Ilvig, P. M., Thilsing, T., Lee, K., Fritz, H. & Christensen, J. R., 18. nov. 2020, I: *BMJ Open*. 10, 11, 039667.

Patient preferences for preventive health checks in Danish general practice: a discrete choice experiment among patients at high risk of noncommunicable diseases

Larsen, L. B., Thilsing, T. & Pedersen, L. B., 19. okt. 2020, I: *Family Practice*. 37, 5, s. 689-694

Religiosity and Health-Related Risk Behaviours in a Secular Culture: Is there a Correlation?

Svensson, N. H., Hvidt, N. C., Nissen, S. P., Storsveen, M. M., Assing Hvidt, E., Søndergaard, J. & Thilsing, T., okt. 2020, I: *Journal of Religion and Health*. 59, s. 2381-2396

Does GP empathy influence patient enablement and success in lifestyle change among high risk patients?

Hansen, C. B., Pavlovic, K. M. H., Søndergaard, J. & Thilsing, T., 8. aug. 2020, I: *BMC Family Practice*. 21, 1, 159.

Changes in Health-Risk Behavior, Body Mass Index, Mental Well-Being, and Risk Status Following Participation in a Stepwise Web-Based and Face-to-Face Intervention for Prevention of Lifestyle-Related Diseases: Nonrandomized Follow-Up Cohort Study

Thilsing, T., Larrabee Sonderlund, A., Søndergaard, J., Svensson, N. H., Christensen, J. R., Thomsen, J. L., Hvidt, N. C. & Larsen, L. B., 9. jul. 2020, I: *JMIR public health and surveillance*. 6, 3, 12 s., e16083.

Evalueringsrapport for TOF pilotprojekt 2: Resultater af den kvantitative evaluering

Thilsing, T., Svensson, N. H., Søndergaard, J. & Bruun Larsen, L., 2020, 24 s.

Should social disconnectedness be included in primary-care screening for cardiometabolic disease? A systematic review of the relationship between everyday stress, social connectedness, and allostatic load

Larrabee Sonderlund, A., Thilsing, T. & Søndergaard, J., 19. dec. 2019, I: *PLOS ONE*. 14, 12, 22 s., e0226717.

An evidence-based toolbox for the design and implementation of selective-prevention primary-care initiatives targeting cardio-metabolic disease

Larrabee Sonderlund, A., Thilsing, T., Korevaar, J., Hollander, M., Lionis, C., Schellevis, F. G., Wändell, P. E., Carlsson, A. C., de Waard, A. K. M., de Wit, N. J., Seifert, B., Angleaki, A., Kral, N. & Søndergaard, J., 1. dec. 2019, I: *Preventive Medicine Reports*. 16, 10 s., 100979.

Step-wise approach to prevention of chronic diseases in the Danish primary care sector with the use of a personal digital health profile and targeted follow-up: an assessment of attendance

Larsen, L. B., Søndergaard, J., Thomsen, J. L., Halling, A., Larrabee Sonderlund, A., Christensen, J. R. & Thilsing, T., 13. aug. 2019, I: *BMC Public Health*. 19, 1, 14 s., 1092.

Lifestyle and mental well-being following participation in the TOF pilot-study

Thilsing, T., Larrabee Sonderlund, A., Søndergaard, J., Svensson, N. H., Christensen, J. R., Hvidt, N. C. & Bruun Larsen, L., 20. jun. 2019.

Lifestyle and mental well-being following participation in the TOF pilot-study

Thilsing, T., Larrabee Sonderlund, A., Søndergaard, J., Svensson, N. H., Christensen, J. R., Hvidt, N. C. & Bruun Larsen, L., 19. jun. 2019.

Project Early Detection and Prevention

Thilsing, T., Søndergaard, J., Larrabee Sonderlund, A., Pedersen, L. B., Christensen, J. R., Svensson, N. H., Assing Hvidt, E., Hvidt, N. C. & Bruun Larsen, L., 25. apr. 2019. 1 s.

"Only ITT analysis provides information about the actual effects of a health policy"

Larsen, L. B., Thilsing, T., Søndergaard, J. & Bjerregaard, A.-L., mar. 2019, I: Journal of Clinical Epidemiology. 107, s. 124-125

Selective prevention of cardiometabolic diseases: activities and attitudes of general practitioners across Europe

de Waard, A.-K. M., Hollander, M., Korevaar, J. C., Nielen, M. M. J., Carlsson, A. C., Lionis, C., Seifert, B., Thilsing, T., de Wit, N. J., Schellevis, F. G., Søndergaard, J. (Medlem af forfattergruppering), Larrabee Sonderlund, A. (Medlem af forfattergruppering) & SPIMEU Project Group, feb. 2019, I: European Journal of Public Health. 29, 1, s. 88-93

Digital Recruitment and Acceptance of a Stepwise Model to Prevent Chronic Disease in the Danish Primary Care Sector: Cross-Sectional Study

Larsen, L. B., Søndergaard, J., Thomsen, J. L., Halling, A., Sønderlund, A. L., Christensen, J. R. & Thilsing, T., 17. jan. 2019, I: Journal of Medical Internet Research. 21, 1, 17 s., e11658.

What should selective cardiometabolic prevention programmes in European primary care look like? A consensus-based design by the SPIMEU group

Král, N., de Waard, A. K. M., Schellevis, F. G., Korevaar, J. C., Lionis, C., Carlsson, A. C., Sønderlund, A. L., Søndergaard, J., Larsen, L. B., Hollander, M., Thilsing, T., Angelaki, A., de Wit, N. J. & Seifert, B., 2019, I: European Journal of General Practice. 25, 3, s. 101-108

Projekt Tidlig opsporing og Forebyggelse (TOF)

Thilsing, T., Christensen, J. R., Sønderlund, A., Thomsen, J. L., Waldorff, F. B., Søndergaard, J., Hvidt, N. C., Assing Hvidt, E., Svensson, N. H., Pedersen, L. B. & Bruun Larsen, L., 12. nov. 2018.

Projekt Tidlig Opsporing og Forebyggelse (TOF projektet)

Thilsing, T., Christensen, J. R., Larrabee Sonderlund, A., Thomsen, J. L., Waldorff, F. B., Søndergaard, J., Hvidt, N. C., Assing Hvidt, E., Svensson, N. H., Pedersen, L. B. & Bruun Larsen, L., 12. nov. 2018.

A third perspective on the effects of general health checks may provide a less biased estimate (letter commenting J Clin Epidemiol 2016;71:120-2)

Bruun Larsen, L., Thilsing, T., Søndergaard, J. & Bjerregaard, A.-L., okt. 2018, I: Journal of Clinical Epidemiology. 102, s. 144-145

Occupational exposure and incidence of asthma based on prescription of drugs

Baelum, J., Skadhauge, L. R., Thilsing, T., Davidsen, J. R., Omland, O. & Schlunssen, V., 15. sep. 2018, I: European Respiratory Journal. 52, Suppl. 62, s. PA373 1 s.

Association of osteoarthritis risk factors with knee and hip pain in a population-based sample of 29-59 year olds in Denmark: a cross-sectional analysis

van Tunen, J., Peat, G., Bricca, A., Bruun Larsen, L., Søndergaard, J., Thilsing, T., Roos, E. M. & Thorlund, J. B., 21. aug. 2018, I: BMC Musculoskeletal Disorders. 19, 11 s., 300.

Targeted prevention in primary care aimed at lifestyle-related diseases: a study protocol for a non-randomised pilot study
Bruun Larsen, L., Sønderlund, A., Søndergaard, J., Thomsen, J. L., Halling, A., Hvidt, N. C., Assing Hvidt, E., Mønsted, T., Pedersen, L. B., Roos, E. M., Pedersen, P. V. & Thilsing, T., 21. jul. 2018, I: BMC Family Practice. 19, s. 124-134, 124.

Risk factors for incident asthma and COPD in a cohort of young adults

Traulsen, L. K., Bælum, J., Halling, A., Thomsen, G., Thilsing, T., Lee Sherson, D., Sigsgaard, T., Omland, Ø., Malling, T. H. & Skadhauge, L. R., mar. 2018, I: Clinical Respiratory Journal. 12, 3, s. 1021-1029

Dietary Intake of Flavonoids and Ventilatory Function in European Adults: A GA²LEN Study

Garcia-Larsen, V., Thawer, N., Charles, D., Cassidy, A., Van Zele, T., Thilsing, T., Ahlström, M., Haahtela, T., Keil, T., Matricardi, P. M., Brozek, G., Kowalski, M. L., Makowska, J., Nizankowska-Mogilnicka, E., Rymarczyk, B., Loureiro, C., Todo-Bom, A., Bachert, C., Forsberg, B. & Janson, C. & 3 flere, Torén, K., Potts, J. F. & Burney, P. G. J., 15. jan. 2018, I: Nutrients. 10, 1, 13 s., 95.

Determinants of persistent asthma in young adults

Traulsen, L. K., Halling, A., Bælum, J., Davidsen, J. R., Miller, M., Omland, Ø., Sherson, D., Sigsgaard, T., Thilsing, T., Thomsen, G. & Skadhauge, L. R., 2018, I: European Clinical Respiratory Journal. 5, 1, 9 s., 1478593.

A novel approach to population-based risk stratification, comprising individualized lifestyle intervention in Danish general practice to prevent chronic diseases: Results from a feasibility study

Bruun Larsen, L., Søndergaard, J., Halling, A., Thilsing, T. & Thomsen, J. L., 1. dec. 2017, I: Health Informatics Journal. 23, 4, s. 249-259

Targeted prevention of lifestyle related diseases in the primary care sector – results from the TOF pilot project

Bruun Larsen, L., Skaarup Andreassen, S. (Medlem af forfattergruppering) & Thilsing, T., 24. aug. 2017.

A large scale intervention study on targeted prevention of lifestyle related diseases: The TOF project

Thilsing, T., Christensen, J. R., Søderlund, A., Thomsen, J. L., Waldorff, F. B., Andreassen, S. S., Søndergaard, J. & Bruun Larsen, L., 16. jun. 2017.

Determinants of participation in targeted preventive health checks: the TOF pilot project

Bruun Larsen, L., Søndergaard, J. (Medlem af forfattergruppering), Thomsen, J. L. (Medlem af forfattergruppering) & Thilsing, T. (Medlem af forfattergruppering), 15. jun. 2017.

Early Detection and Prevention: A large scale intervention study on lifestyle related disease

Thilsing, T., Christensen, J. R., Søderlund, A., Søndergaard, J., Thomsen, J. L., Andreassen, S. S. & Bruun Larsen, L., 15. jun. 2017.

Association of osteoarthritis risk factors with knee and hip pain in a population-based sample of 2424 30-59 year olds in Denmark: a cross-sectional analysis

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Aktiviteter

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Christoffersen, N. B. (Oplægsholder), Broholm-Jørgensen, M. (Oplægsholder) & Thilsing, T. (Oplægsholder)
15. sep. 2022

Formand for PhD bedømmelsesudvalg

Thilsing, T. (Eksaminator)
feb. 2019 → maj 2019

Forskningslederkursus

Thilsing, T. (Deltager)
6. sep. 2017 → 19. jan. 2018

Procesledelse

Thilsing, T. (Deltager)
30. nov. 2015 → 10. dec. 2015

Ph.d. kursus. Udviklingen af komplekse interventioner til ændring af professionel adfærd, Aarhus Universitet.

Thilsing, T. (Deltager)
1. okt. 2014 → 3. okt. 2014

Projektledeelse for forskere

Thilsing, T. (Deltager)
26. maj 2014 → 28. maj 2014

Involverede metoder, der skaber resultater

Thilsing, T. (Deltager)
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Brug af cases i undervisningen

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Thilsing, T. (Deltager)
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Vejledning - roller og relationer

Thilsing, T. (Deltager)
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Thilsing, T. (Deltager)
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