

Education

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| 2019 - | Lecture training program |
| 2015 - 2020 | Ph.d. from the Institute of Public Health, University of Southern Denmark |
| 2012-2014 | Certificate Program in Project Management (E-learn), University of California, Berkeley |
| 2008 | Learning principals and methods ("Alment voksenpædagogisk grundkursus"), University College Zealand (120 hours) |
| 2008 | Certified instructor of course in occupational health and safety at the workplace/ "Arbejdsmiljøuddannelsen", The Danish Working Environment Authority |
| 2006 | Cand. Scient. in public health science, University of Southern Denmark |
| 2004 | Bachelor in public health science, University of Southern Denmark |

Employments

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| 2020 - | Assistant professor at University College South |
| 2015 - | Adjunkt at University College South Denmark |
| 2014 | Consultant of health, Municipality of Vejen, 2014 - 2015 |
| 2013 | Part time conference coordinator at Tataowar Coaching & Consulting, Qatar, 2012 - 2013 |
| 2007 | Consultant of occupational health & safety, Municipality of Esbjerg, 2007-2011 |
| 2006 | Consultant of health, Municipality of Bramming & Ribe County |
| 2004 | Student Counselor for public health students, University of Southern Denmark, 2004-2006 |
| 2003 | Student assistant, department of health promotion, Ribe County, 2003-2006 |
| 2002 | Instructor and teaching assistant at different courses at the bachelor in public health science, and assistant for different professors, University of Southern Denmark, 2002-2006 |