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## Employment

### Department of Regional Health Research

1. Mar 2023 → 29. Feb 2028

### VIP

IRS - Mental Health Services in the Region of Southern Denmark, Forensic Mental Health Research Unit Middelfart  
27. Sept 2022 → 31. Dec 2025

### Associate Professor

IRS - Mental Health Services in the Region of Southern Denmark, Forensic Mental Health Research Unit Middelfart  
1. Mar 2023 → 29. Feb 2028

## Publications

### Recovery and quality of life of family members of persons with a substance use disorder

Rowaert, S., Vandeveld, S., Tingleff, E. & Lemmens, G., 2025, (Accepted/In press) *Handbook of Addiction, Recovery and Quality of Life: Cross-cutting Perspectives across the Globe*. Maria, F., Vanderplasschen, W., Yu, M., De Maeyer, J. & Savahl, S. (eds.). 1 ed. Springer, (International Handbooks of Quality-of-Life).

### Variation in opinions on coercion use among mental healthcare professionals: a questionnaire study

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### A qualitative systematic review of service users' perceptions of carer involvement and support in adult mental health inpatient settings

Tingleff, E., Rowaert, S., Davies, J. & Pedersen, M. L., 20. Jun 2024.

### "It's still our child". A qualitative interview study with parent carers in forensic mental health

Tingleff, E., Rowaert, S., Vinding, S., Vestphal, T. K., Wilson, R. & Gildberg, F., 18. Jun 2024.

### Support and involvement of family members in forensic mental health settings: Evolutions through the years

Rowaert, S., Tingleff, E. & Davies, J., 18. Jun 2024.

### A systematic review of interventions to reduce mechanical restraint in adult mental health inpatient settings

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### A systematic review of interventions to reduce mechanical restraint in adult mental health inpatient settings

Pedersen, M. L., Gildberg, F., Baker, J. & Tingleff, E., May 2024.

### Service users' perceptions of carer involvement and support in adult mental health inpatient settings: a qualitative evidence synthesis

Pedersen, M. L., Rowaert, S., Davies, J. & Tingleff, E., May 2024.

**Staff responses to interventions aiming to reduce mechanical restraint in adult mental health inpatient settings: a questionnaire-based survey**

Pedersen, M. L., Gildberg, F., Bogh, S. B., Birkeland, S. & Tingleff, E., May 2024, In: *Nordic Journal of Psychiatry*. 78, 4, p. 328-338

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**Tilting at Windmills: A Qualitative Study about Family Caregiver Interactions and Perceptions in Forensic Mental Health Care**

Vestphal, T. K., Tingleff, E. B., Jørgensen, R., Rowaert, S. & Gildberg, F. A., Mar 2024, In: *Issues in Mental Health Nursing*. 45, 3, p. 322-330

**En introduktion til personcentreret omsorg i psykiatrisk sygepleje**

Wilson, R., Tingleff, E. (Translator) & Gildberg, F. (Translator), 2024, (Accepted/In press) *Grundbog i klinisk psykiatrisk sygepleje*. 3 ed. FADL's Forlag

**Forord**

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**Interventions to reduce the use of mechanical restraint in adult mental health inpatient settings**

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**Introduktion**

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**Klinisk beslutningstagen i forbindelse med akutte situationer og tvang**

Pedersen, M. L., Gildberg, F., Berring, L. L. & Tingleff, E., 2024, (Accepted/In press) *Grundbog i Klinisk Psykiatrisk Sygepleje*. Tingleff, E. B., Ahrendt, L., Paaske, K. A. J. & Gildberg, F. A. (eds.). 3 ed. Roskilde: FADL's Forlag

**Støtte og involvering af patientens pårørende**

Tingleff, E. & Voltelen, B., 2024, *Grundbog i Klinisk Psykiatrisk Sygepleje*. 3 ed. FADL's Forlag

**Den totale afskaffelse af tvang i Dansk Psykiatri!? CPS konference 2023**

Unmack Larsen, S. (Editor), Harder Kerring, J. (Editor), Birkeland, S. (Editor), Hounsgaard, L. (Editor), Hansen, J. P. (Editor), Tingleff, E. (Editor), Gildberg, F. (Editor) & Pedersen, M. L. (Editor), Nov 2023, Middelfart: Psykiatrien i Region Syddanmark.

**Staff graduation of psychiatric coercive measures: A regional survey**

Birkeland, S., Gildberg, F., Tingleff, E., Pedersen, M. L., Lindekilde, C. R., Morsø, L. & Bogh, S. B., Nov 2023, *Den totale afskaffelse af tvang i Dansk Psykiatri!?: CPS konference 2023*. Larsen, S. U., Kerring, J. H., Birkeland, S. F., Hounsgaard, L., Hansen, J. P., Tingleff, E. B., Gildberg, F. A. & Pedersen, M. L. (eds.). Middelfart: Psykiatrien i Region Syddanmark

**Grey literature and comprehensive search strategies are important in qualitative syntheses**

Pedersen, M. L. & Tingleff, E., Oct 2023, In: *Journal of Clinical Nursing*. 32, 19-20, p. 7640-7641

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Pedersen, M. L., Gildberg, F., Laulund, R., Jørgensen, K. & Tingleff, E., Oct 2023, In: International Journal of Mental Health Nursing. 32, 5, p. 1274-1288

**A qualitative systematic review of service users' perceptions of carer involvement and support in adult mental health inpatient settings**

Tingleff, E., Rowaert, S., Davies, J. & Pedersen, M. L., 19. Sept 2023, PROSPERO.

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Damsgaard, J. B., Tingleff, E. & Danbjørn, D. B., 19. Sept 2023, In: Tidsskrift for Psykisk Helsearbeid. 20, 3, p. 227-230

**Experiences of family caregivers in forensic mental health care: A qualitative evidence synthesis**

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**A Review of Ethnic Disparities in Restrictive Mental Health Practices**

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**"It's still our child": A qualitative interview study with parent carers in forensic mental health**

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**Nurses' decision-making in the use of rapid tranquillisation in adult mental health? An integrative review of the literature**

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**Research initiatives to reduce coercive and restrictive practices in Danish forensic mental health settings**

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**Experiences of family caregivers of forensic mental health patients – A qualitative evidence synthesis**

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**Interventioner til at reducere bæltefikseringer i retspsykiatrien**

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**"It's still our child". A qualitative interview study with parent carers in forensic mental health**

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**A systematic review of interventions to reduce mechanical restraint in adult mental health inpatient settings**

Pedersen, M. L., Gildberg, F., Baker, J. & Tingleff, E., 12. Nov 2022, PROSPERO.

**Etnicitet og brugen af tvangsforanstaltninger i psykiatrien: et scoping review**

Pedersen, M. L., Gildberg, F., Baker, J., Damsgaard, J. B. & Tingleff, E., Nov 2022.

**Klinisk beslutningstagen i brugen af akut beroligende tvangsmedicin i voksenpsykiatrien**

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**Clinical decision-making in cases of rapid tranquillisation in mental health inpatient settings: an integrative review**

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**Protest or Illness. A PhD study of patients' and relatives' perceptions of situations associated with mechanical restraint in forensic psychiatry**

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**Reducing mechanical restraint in forensic mental health**

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**Risk Factors for Coercion in Mental Health Services: The FOSTREN-EViPRG Training School 2021 Abstract Book**

Rosendal Lindekilde, C., Almvik, R., Hounsgaard, L., Nissen, R. D., Tingleff, E., Whittington, R. & Gildberg, F., 21. Sept 2021, 1 ed. Middelfart. 101 p.

**Pårørendes oplevelser af at blive involveret af de sundhedsprofessionelle i plejen og behandlingen på voksenpsykiatrisk afdeling: Et systematisk litteraturstudie**

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**Ethnicity and the use of Coercive Measures in Mental Health Inpatient Settings: A scoping review**

Pedersen, M. L., Gildberg, F., Brammer Damsgaard, J. & Tingleff, E., Sept 2021, *Risk Factors for Coercion in Mental Health Services: The FOSTREN-EViPRG Training School 2021 Abstract Book*. Lindekilde, C., Almvik, R., Hounsgaard, L., Damberg Nissen, R., Boldrup Tingleff, E., Whittington, R. & Gildberg, F. (eds.). Middelfart, Vol. 1. p. 89-90

### **Reducing mechanical restraint in forensic mental health**

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### **En introduktion til personcentreret omsorg i psykiatrisk sygepleje**

Wilson, R., Tingleff, E. (Translator) & Gildberg, F. (Translator), 21. Jan 2021, *Grundbog i klinisk psykiatrisk sygepleje*. Gildberg, F. A., Ahrendt, L., Munksgaard, G. & Alexander Jul Paaske, K. (eds.). Roskilde: FADL's Forlag, p. 242-255

### **Tvang ud fra et patientperspektiv**

Tingleff, E. & Gildberg, F., 21. Jan 2021, *Grundbog i klinisk psykiatrisk sygepleje*. Gildberg, F., Ahrendt, L., Munksgaard, G. & Paaske, K. A. J. (eds.). Roskilde: FADL's Forlag, p. 104-125

### **The invisible ones: A qualitative systematic review of the experiences associated with being relatives of mentally ill patients in forensic psychiatry**

Kirstine Vestphal, T., Gildberg, F., Rowaert, S., Jørgensen, R. & Tingleff, E., 2021, 5 p. PROSPERO.

### **Those who fight alongside -Experiences of the relatives of patients in forensic and general psychiatry**

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### **Those who fight alongside -Experiences of the relatives of patients in forensic and general psychiatry**

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### **Relatives of mentally ill patients in forensic and general psychiatry - Those who fight alongside**

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### **Searching for qualitative health research required several databases and alternative search strategies: a study of coverage in bibliographic databases**

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### **A Matter of Trust and Distrust: A Qualitative Investigation of Parents' Perceptions About the Use of Mechanical Restraint on Their Adult Children in a Forensic Psychiatric Setting**

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### **Forensic psychiatric patients' perceptions of situations associated with mechanical restraint: A qualitative interview study**

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### **Development of research based recommendations for clinical practice to reduce the use and duration of mechanical restraint episodes**

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Protest eller sygdom: Et kvalitativt studie af patienter og pårørendes opfattelser af situationer forbundet med bæltefikseringer i retspsykiatrien

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**En kvalitativ metasyntese af psykiatriske sygeplejerskers oplevelser af transitionen fra at være studerende til at være nyuddannet**

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