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Academic Qualifications

Academic CV

- 2016: Habilitation (Dr.phil.habil., Disputats) and *venia legendi* in Health Psychology, Europa University Flensburg
- 1996: Ph.d. (Dr.phil., magna cum laude) in Psychology, University of Bremen
- 1991: M.Sc. in Psychology, thesis in clinical psychology, University of Hamburg, Germany
- 1984: Minor degree in German literature and Sports Science, University of Heidelberg

Clinical CV

- 2008-2011: Education in Psychodynamic Interactional Group Analysis, Göttingen
- 2006-2007: Education in Cognitive Therapy, St.Hans, Roskilde

Ph.d. Supervision

- 2023-2020: PhD student Tine Taulbjerg: Transgender. Co supervisor: Marianne Andersen (start 1.1.2020)2023-2020: PhD student Anne Katrine Hartmann Poulsen: Stuck between youth and family. Co supervisor: Christina Maar (start 1.2.2020)2023-2020: PhD student Martin Mau: Long-distance walking . Co-supervisor: Søren Harnow, Ida Skytte, Dorthe Nielsen (start 1.1.2020)2021-2018: PhD student, Simon Høegmark: Nature as therapeutical space. Co supervisor: Tonny Elmose Andersen, Patrik Grahn (start 1.6.2018)2020-2014: PhD student, MD, Lotte Poulsen: "Bariatric surgery and body scheme", main supervisor MD, ph.d. Jens Ahm
- 2020-2017: Phd student Aida Hougaard Andersen: Existential doctor-patient communication, Co-supervisor Elisabeth Asking Hvidt & Niels Christian Hvidt (start 1.6.2018)
- 2019-2016: PhD student, Annegrete Månsson: FOKUS – shooting sport with ADHD children.Co-supervisor Mette Elmose & Søren Dalsgaard (start 1.1.2016)
- 2018-2015: PhD student, cand.psych. Kim Mathiasen: iINCREMENTAL – Increasing access to evidence based psychotherapy to improve mental health through the use of internet interventions, co-supervisor Tonny Elmose Andersen (start 1.6.2015)
- 2013-2016: PhD student, Sengül Sari: "Exercise as treatment for alcohol dependence", co-supervisor Randi Bilberg
- 2014-2011: PhD student, Lotte Nygaard Andersen: "Prevention and treatment of chronic pain in the Sønderborg Community", main supervisor: prof. Karen Søgaaard, (5.11.2014)
- 2013-2010: PhD student Randi Bilberg: "Patients' anxiety and concern as predictors for the perceived quality and efficacy of treatment", co-supervisor prof. Søren Overgaard, Odense University Hospital (29.11.2013)
- 2012-2009: PhD student, Pernille Andreassen: "Health Understandings and Strategies in Families with Overweight Children", co-supervisor asc. prof. Lone Grøn (19.12.2012)
- 2012-2008: PhD student, Jeanet Lemche: "Hospital Architecture in the Future – an innovative, phenomenological, industrial project"(10.10.2012)
- 2010-2006: PhD student, Thomas Bredahl: "Adherence to Physical Activity – psychological aspects in Prescribed Exercise and Motivational Counselling" (24.6.2010)
- 2010-2008: PhD student, Kristoffer Henriksen: "The Ecology of Talent Development in Sport: A multiple Case Study of Successful Athletic Talent Development Environments in Scandinavia", co-supervisor prof. Natalia Stambulova (20.5.2010)

Publikationer

Hovman, A. R., Pihl-Thingvad, J., Elklit, A., Roessler, K. K., & Vang, M. L. (2024). *Incivility and Stress as Offense to Self in Danish Courtrooms – Characteristics of Negative Acts Experienced by Prosecutors*. Poster session præsenteret ved Arbejds miljø forsknings fondens årskonference 2024, København, Danmark.

Hovman, A. R., Pihl-Thingvad, J., Elklit, A., Roessler, K. K., & Vang, M. L. (2024). Negative Acts in the Courtroom: Characteristics, Distribution, and Frequency among a National Cohort of Danish Prosecutors. *Behavioral Sciences*, 14(4), Artikel 332. <https://doi.org/10.3390/bs14040332>

Hovman, A. R., Pihl-Thingvad, J., Elklit, A., Roessler, K. K., & Vang, M. L. (2024). *Incivility and Stress as Offense to Self in Danish Courtrooms – Characteristics of Negative Acts Experienced by Prosecutors*. Poster session præsenteret ved DASAM Årsmøde - Årsmøde i Dansk selskab for Arbejds- og Miljømedicin, Nyborg, Danmark.

Roessler, K. K. (2024). Arkitekturpsykologi på Syddansk Universitet: Når psykologi, omgivelser og bevægelse spiller sammen. I E. Bundgård Iversen, B. Ibsen, & J. Hansen (red.), *Idrættens og civilsamfundets knaster: Kritiske samfundsvidenskabelige analyser* (s. 313-330). Syddansk Universitetsforlag.
<https://www.universitypress.dk/images/pdf/3548-12.pdf>

Mau, M., Roessler, K. K., Andersen, L. N., & Vang, M. L. (2024). Self-Perceived Interpersonal Problems Among Long-Term Unemployed Individuals, and Vocational Rehabilitation Programs (In)ability to Change Them. *Journal of Occupational Rehabilitation*. Advance online publication. <https://doi.org/10.1007/s10926-024-10188-w>

Hjort, M., Høj, M., Weber, S., & Roessler, K. K. (2024). User involvement in the design of outdoor environments to support mental health recovery—From reflection to action. *Environment and Social Psychology*, 9(4), Artikel 2158.
<https://doi.org/10.54517/esp.v9i4.2158>

Hendricks, O., Andersen, T. E., Christiansen, A. A., Hauge, E. M., Horsted, T. I., Bo Bojesen, A., Østergaard, M., Hetland, M. L., Krogh, N. S., Roessler, K. K., & Hørslev-Petersen, K. (2023). *Efficacy and safety of cannabidiol followed by an open label add-on of tetrahydrocannabinol for the treatment of chronic pain in patients with inflammatory arthritis: concept and preliminary data*. Poster session præsenteret ved Medical Cannabis 2023, Frankfurt, Tyskland.

Hendricks, O., Andersen, T. E., Christiansen, A. A., Hauge, E. M., Horsted, T. I., Bo Bojesen, A., Østergaard, M., Hetland, M. L., Krogh, N. S., Roessler, K. K., & Hørslev-Petersen, K. (2023). Efficacy and safety of cannabidiol followed by an open label add-on of tetrahydrocannabinol for the treatment of chronic pain in patients with inflammatory arthritis: concept and preliminary data. I *Abstract book* (s. 9). Artikel P-57 Bio Events. <https://med-cannabis2023.com/wp-content/uploads/sites/112/2023/11/Med-Cannabis2023-Abstract-Book-1.pdf>

Kristensen, T. T., Christensen, L. L., Glintborg, D., Gudex, C., Andersen, M. S., & Roessler, K. K. (2023). The Buss-Perry Aggression Questionnaire: Translation and Preliminary Validation in a Danish Population Sample. *Journal of Aggression, Maltreatment & Trauma*, 32(12), 1831-1846. <https://doi.org/10.1080/10926771.2023.2178352>

Ravn, S. L., Roessler, K. K., & Andersen, T. E. (2023). *Expectancies and experiences with values-based cognitive behavioral therapy in individuals with pain and disability post-whiplash early after injury: a thematic analysis of interviews*. 411. Poster session præsenteret ved Congress of the European Pain Federation, Budapest, Ungarn.
https://europeanpainfederation.eu/wp-content/uploads/2023/12/ABSTRACT-BOOK_T-2023b.pdf

Søby, A. K., Andersen, A. H., Andersen, C. M., Roessler, K. K., & Uniche, L. (2023). Stuck between youth and family life - an identification of adolescents' experiences and needs during their mother's breast cancer trajectory: A systematic review. *Journal of Psychosocial Oncology Research and Practice*, 5(Suppl. 1), 91-92. Artikel 37742.
<https://journals.lww.com/jporp/toc/2023/09001>

Søby, A. K., Andersen, A. H., Andersen, C. M., & Roessler, K. K. (2023). "Når mor har brystkræft": en identificering af unges oplevelser og behov under moderens brystkræftforløb. 76-76. Poster session præsenteret ved Danske Kræftforskningsdage - Danish Cancer Research Days 2023, Odense C, Danmark. https://www.dccc.dk/siteassets/danskekræftforskningsdage/2023/abstractbook/abstractbook_final_2023_vers2.pdf

Søby, A. K. H., Moos, C. M., Andersen, A. H., Ravn, S. L., Andersen, C. M., & Roessler, K. K. (2023). Adolescents' needs for information and psychosocial support during their mother's breast cancer trajectory: A systematic review. *Psycho-Oncology*, 32(8), 1163-1172. <https://doi.org/10.1002/pon.6172>

Andersen, A. H., Illes, Z., & Roessler, K. K. (2023). Regaining Autonomy in a Holding Environment: Patients' Perspectives on the Existential Communication with Physicians When Suffering from a Severe, Chronic Illness: A Qualitative Nordic Study. *Journal of Religion and Health*, 62(4), 2375-2390. <https://doi.org/10.1007/s10943-022-01658-7>

Søby, A. K., Andersen, C. M., Andersen, A. H., Christiansen, P. M., & Roessler, K. K. (2023). *Stuck between youth and family life – an identification of adolescents' experiences and needs during their mother's course of breast cancer*. 13-13. Abstract fra Psyko-onkologisk Internat (DPOC), Vejle, Danmark.

Mau, M., Klausen, S. H., & Roessler, K. K. (2023). Becoming a person: How long-distance walking can lead to personal growth – A cultural and health-related approach. *New Ideas in Psychology*, 68, Artikel 100975. <https://doi.org/10.1016/j.newideapsych.2022.100975>

Roessler, K. K. (2023). Architekturpsychologie an der Süddänischen Universität. I T. C. Vollmer (red.), *Architekturpsychologie Perspektiven* (s. 61-77). Springer. https://doi.org/10.1007/978-3-658-40607-3_5

Hjort, M., Mau, M., Høj, M., & Roessler, K. K. (2023). The Importance of the Outdoor Environment for the Recovery of Psychiatric Patients: A Scoping Review. *International Journal of Environmental Research and Public Health*, 20(3), Artikel 2240. <https://doi.org/10.3390/ijerph20032240>

Mau, M., Nielsen, D. S., Jakobsen, I. S., Klausen, S. H., & Roessler, K. K. (2023). Walking alone: how movement in nature was used by older people in response to feelings of being alone during COVID-19. *Nordic Psychology*. Advance online publication. <https://doi.org/10.1080/19012276.2023.2217521>

Wieghorst, A., Roessler, K. K., Hendricks, O., & Andersen, T. E. (2022). The effect of medical cannabis on cognitive functions: a systematic review. *Systematic Reviews*, 11(1), Artikel 210. <https://doi.org/10.1186/s13643-022-02073-5>

Mathiasen, K., Andersen, T. E., Lichtenstein, M. B., Ehlers, L. H., Riper, H., Kleiboer, A., & Roessler, K. K. (2022). The Clinical Effectiveness of Blended Cognitive Behavioral Therapy Compared With Face-to-Face Cognitive Behavioral Therapy for Adult Depression: Randomized Controlled Noninferiority Trial. *Journal of Medical Internet Research*, 24(9), e36577. <https://doi.org/10.2196/36577>

Pihl-Thingvad, J., Taulbjerg Kristensen, T., Paarup, H. M., Baelum, J., & Roessler, K. K. (2022). Workplace Social Capital as Buffer for Emotional Demands and Perceived Stress in Symphony Orchestras: A Danish Cross-Sectional Survey. *Medical Problems of Performing Artists*, 37(3), 192-199. <https://doi.org/10.21091/mppa.2022.3026>

Roessler, K. K., Weber, S., Tawil, N., & Kühn, S. (2022). Psychological attributes of house facades: A graph network approach in environmental psychology. *Journal of Environmental Psychology*, 82, Artikel 101846. <https://doi.org/10.1016/j.jenvp.2022.101846>

Andersen, T. E., Ravn, S. L., Mejldal, A., & Roessler, K. K. (2022). Values-based cognitive behavioural therapy for the prevention of chronic whiplash associated disorders: A randomized controlled trial. *European Journal of Pain*, 26(6), 1256-1268. <https://doi.org/10.1002/ejp.1945>

Søby, A. K. H., Andersen, C. M., Bille, C., Larsen, B. F., Heidemann, L. N., Johansen, R. A., Timm, H., & Roessler, K. K. (2022). What do women at high risk of breast cancer request of a patient education day? Focus interviews with women before and after deciding about prophylactic interventions. *European Journal of Cancer Care*, 31(4), Artikel e13588. <https://doi.org/10.1111/ecc.13588>

Bank, M., & Roessler, K. K. (2022). Therapeutic Environments in Drug Treatment: From Stigmatising Spaces to Enabling Places. A Theory-Based Qualitative Analysis. *International Journal of Environmental Research and Public Health*, 19(9), Artikel 5005. <https://doi.org/10.3390/ijerph19095005>

Andersen, L. N., Stochkendahl, M. J., & Roessler, K. K. (2022). En route to flourishing - a longitudinal mixed methods study of long-term unemployed citizens in an interdisciplinary rehabilitation program. *BMC Public Health*, 22(1), Artikel 675. <https://doi.org/10.1186/s12889-022-13060-9>

Andersen, L. N., Stochkendahl, M. J., & Roessler, K. K. (2022). Parked on the verge: vocational rehabilitation of long-term unemployed citizens – a mixed methods study. *Archives of Public Health*, 80, Artikel 73. <https://doi.org/10.1186/s13690-022-00838-x>

Mau, M., Vang, M. L., Mejlidal, A., Høegmark, S., & Roessler, K. K. (2022). Can Rehabilitation in Nature Improve Self-Perceived Interpersonal Problems? A Matched-Control Study. *International Journal of Environmental Research and Public Health*, 19(6), Artikel 3622. <https://doi.org/10.3390/ijerph19063622>

Andersen, T. E., Vægter, H. B., Linton, S. J., Hendricks, O., & Roessler, K. K. (2022). Chronic Pain – Theory, Prevention and Management. I S. S. Pedersen, K. K. Roessler, T. Elmoose Andersen, A. T. Johnsen, & F. Pouwer (red.), *Textbook of Applied Medical Psychology: A Multidisciplinary Approach* (s. 181-231). Syddansk Universitetsforlag.

Roessler, K. K., Pedersen, B. K., Gorely, T., & Martinsen, E. W. (2022). Physical Activity and Exercise as Treatment for Somatic and Mental Disease. I S. S. Pedersen, K. K. Roessler, T. Elmoose Andersen, A. T. Johnsen, & F. Pouwer (red.), *Textbook of Applied Medical Psychology: A Multidisciplinary Approach* (s. 459-485). Syddansk Universitetsforlag.

Pedersen, S. S., Roessler, K. K., Andersen, T. E., Johnsen, A. T., & Pouwer, F. (2022). Preface. I S. S. Pedersen, K. K. Roessler, T. Elmoose Andersen, A. T. Johnsen, & F. Pouwer (red.), *Textbook of Applied Medical Psychology: A Multidisciplinary Approach* (s. 9-10). Syddansk Universitetsforlag.

Roessler, K. K., Kooy, R. E., & Pouwer, F. (2022). The Rise of a New Specialisation: Medical Psychology. A Historical Overview. I S. S. Pedersen, K. K. Roessler, T. Elmoose Andersen, A. T. Johnsen, & F. Pouwer (red.), *Textbook of Applied Medical Psychology: A Multidisciplinary Approach* (s. 11-34). Syddansk Universitetsforlag.

Høegmark, S., Andersen, T. E., Grahn, P., & Roessler, K. K. (2022). The Wildman Programme – Experiences from a first implementation of a nature-based intervention designed for men with stress and chronic illnesses. *Complementary Therapies in Clinical Practice*, 46, Artikel 101535. <https://doi.org/10.1016/j.ctcp.2022.101535>

Pedersen, S. S., Roessler, K. K., Andersen, T. E., Johnsen, A. T., & Pouwer, F. (red.) (2022). *Textbook of Applied Medical Psychology: A Multidisciplinary Approach*. Syddansk Universitetsforlag.

Høegmark, S., Andersen, T. E., Grahn, P., Mejlidal, A., & Roessler, K. K. (2021). The wildman programme—rehabilitation and reconnection with nature for men with mental or physical health problems—a matched-control study. *International Journal of Environmental Research and Public Health*, 18(21), Artikel 11465. <https://doi.org/10.3390/ijerph182111465>

Roessler, K. K., Hvidt, N. C., la Cour, K., Mau, M., Graven, V., & Assing Hvidt, E. (2021). Art Therapy as a Liminal, Playful Space: Patient Experiences during a Cancer Rehabilitation Program. I B. Wagoner, & T. Zittoun (red.), *Experience on the Edge: Theorizing Liminality* (s. 137-152). Springer. https://doi.org/10.1007/978-3-030-83171-4_8

Mau, M., Aaby, A., Klausen, S. H., & Roessler, K. K. (2021). Are long-distance walks therapeutic? A systematic scoping review of the conceptualization of long-distance walking and its relation to mental health. *International Journal of Environmental Research and Public Health*, 18(15), Artikel 7741. <https://doi.org/10.3390/ijerph18157741>

Mau, M., Nielsen, D. S., Jakobsen, I. S., Klausen, S. H., & Roessler, K. K. (2021). Mental movements: How long-distance walking influences reflection processes among middle-age and older adults. *Scandinavian Journal of Psychology*, 62(3), 365-373. <https://doi.org/10.1111/sjop.12721>

Andersen, A. H., Assing Hvidt, E., Huniche, L., Hvidt, N. C., & Roessler, K. K. (2021). Why We Suffer? Existential Challenges of Patients With Chronic Illness: A Kierkegaardian Inspired Interpretative Phenomenological Analysis. *Journal of Humanistic Psychology*. Advance online publication. <https://doi.org/10.1177/00221678211002439>

Kristensen, T. T., Christensen, L. L., Frystyk, J., Glintborg, D., T'Sjoen, G., Roessler, K. K., & Andersen, M. S. (2021). Effects of testosterone therapy on constructs related to aggression in transgender men: A systematic review. *Hormones and Behavior*, 128, 104912. <https://doi.org/10.1016/j.yhbeh.2020.104912>

Roessler, K. K., Graven, V., la Cour, K., Hvidt, N. C., Rottmann, N., & Assing Hvidt, E. (2021). "The quietness of the place calmed my troubled mind": The restorative potential of environments in an existential rehabilitation programme for patients with cancer. *Expository Times*, 132(5), 201-210. <https://doi.org/10.1177/0014524620923852>

Andersen, A. H., & Roessler, K. K. (2021). Læge-patient-relationens betydning for livet med kronisk sygdom. I E. A. Hvidt, J. Søndergaard, & A. Grønning (red.), *Relationer i sundhedsvæsenet: hvorfor og hvordan?* (s. 107-122). Samfundslitteratur.

Andersen, A. H., Viftrup, D. T., Pedersen, H. F., & Roessler, K. K. (2020). Clients' Faith Experiences as an Opportunity or a Challenge for Psychotherapy: A Qualitative Analysis of Clinical Records. *Religions*, 11(10), Artikel 502. <https://doi.org/10.3390/rel11100502>

Andersen, A. H., Assing Hvidt, E., Hvidt, N. C., & Roessler, K. K. (2020). 'Maybe we are losing sight of the human dimension'—physicians' approaches to existential, spiritual, and religious needs among patients with chronic pain or multiple sclerosis. A qualitative interview-study. *Health Psychology and Behavioral Medicine*, 8(1), 248-269. <https://doi.org/10.1080/21642850.2020.1792308>

Roessler, K. K., & Grove, S. (2020). Adolescents need more sleep: Rethinking the preventive options of school environments. *Scandinavian Journal of Public Health*, 48(4), 468-471. <https://doi.org/10.1177/1403494818785788>

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Roessler, K. K. (2020). And Finally.. The Discovery of Common Slowness^{*}. *Expository Times*, 131(8), 382-389. <https://doi.org/10.1177/0014524619899251>

Mau, M., Wehner Rasmussen, K., Jacobsen, M., & Roessler, K. K. (2020). Walking against depression: a brief report. *idrottsforum.org*. <https://idrottsforum.org/wp-content/uploads/2020/05/mauetal200526.pdf>

Andersen, A. H., Assing Hvidt, E., Hvidt, N. C., & Roessler, K. K. (2019). Doctor-patient communication about existential, spiritual and religious needs in chronic pain: A systematic review. *Archive for the Psychology of Religion*, 41(3), 277-299. <https://doi.org/10.1177/0084672419883339>

Månsson, A., Elmose, M., Dalsgaard, S., & Roessler, K. K. (2019). Skydeidræt som kropsforankret læring: En kropsfænomenologisk analyse af børn med uopmærksomhed, hyperaktivitet og impulsivitet. *Pædagogisk Psykologisk Tidsskrift*, 56(5-6), 30-47.

Andersen, T. E., Ravn, S. L., Mejldal, A., & Roessler, K. K. (2019). *Value-based Cognitive Behavioural Therapy for the Prevention of Chronic Whiplash Associated Disorders: A Randomized Controlled Trial with Cross-over Design*. Poster session præsenteret ved 11th Congress of the European pain Federation , Valencia, Spanien.

Mau, M., Muller, A. E., & Roessler, K. K. (2019). Alcohol relapse and near-relapse experiences show that relapse models need to be updated. *Alcoholism Treatment Quarterly*, 37(3), 285-301. <https://doi.org/10.1080/07347324.2018.1532775>

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Hendricks, O., Andersen, T. E., Christiansen, A. A., Primdahl, J., Hauge, E. M., Ellingsen, T., Horsted, T. I., Bachmann, A. G., Loft, A. G., Bojesen, A. B., Østergaard, M., Lund Hetland, M., Krogh, N. S., Roessler, K. K., & Petersen, K. H. (2019). Efficacy and safety of cannabidiol followed by an open label add-on of tetrahydrocannabinol for the treatment of chronic pain in patients with rheumatoid arthritis or ankylosing spondylitis: Protocol for a multicentre, randomised, placebo-

controlled study. *BMJ Open*, 9(6), Artikel e028197. <https://doi.org/10.1136/bmjopen-2018-028197>

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Christiansen, A. A., Hendricks, R. C., Primdahl, J., Roessler, K. K., Andersen, T. E., Hørslev-Petersen, K., & Hendricks, O. (2019). 'Isn't biological treatment something healthy?': Lay people's perceptions of medical terms. *Scandinavian Journal of Rheumatology*, 48(3), 253-255. <https://doi.org/10.1080/03009742.2018.1522667>

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Mathiasen, K., Riper, H., Andersen, T. E., & Roessler, K. K. (2018). Guided Internet-Based Cognitive Behavioral Therapy for Adult Depression and Anxiety in Routine Secondary Care: Observational Study. *Journal of Medical Internet Research*, 20(11), Artikel e10927. <https://doi.org/10.2196/10927>

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