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## Employment

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1. Mar 2021 → present

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1. Jul 2009 → 31. Dec 2019

## Research output

**Risk of somatic disease and mortality in individuals of parents with alcohol use disorder: a register-based cohort study**  
Holst, C., Tolstrup, J. S. & Becker, U., Apr 2022, In: *Addiction*. 117, 4, p. 905-912

### **Bariatric Surgery and Risk of Unemployment and Sickness Absence**

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### **Demographic factors and delay of treatment for alcohol use disorders among 6584 Danish men receiving alcohol treatment**

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### **An Ethnographic study of unhealthy alcohol use in a Danish Emergency Department**

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### **Association between negative life events and morbidity in homeless seeking treatment for substance abuse in Greenland**

Niclasen, B. V., Johansen, E. L. R., Becker, U. & Nielsen, A. S., Oct 2021, In: *Nordic Journal of Psychiatry*. 75, 7, p. 516-522

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### **Changes in relationship status following bariatric surgery**

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### **Alkoholrelateret sygelighed og dødelighed**

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### **Det kommunale alkoholbehandlingstilbud**

Nielsen, A. S. & Becker, U., 5. Apr 2021, In: Ugeskrift for Læger. 183, 7A, V11200848.

### **Young adult predictors of alcohol dependence to age 53: a 44-year prospective cohort study of Danish men**

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### **Cognitive Function After Treatment for Alcohol Problems**

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**Intelligence Test Scores Before and After Alcohol-Related Disorders: A Longitudinal Study of Danish Male Conscripts**

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## **Alkohol og sygdom**

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## **Does glucagon-like peptide-1 (GLP-1) receptor agonist stimulation reduce alcohol intake in patients with alcohol dependence: Study protocol of a randomised, double-blinded, placebo-controlled clinical trial**

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## **Alcohol consumption and risk of unemployment, sickness absence and disability pension in Denmark: a prospective cohort study**

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## **Alcohol dependence and risk of somatic diseases and mortality: a cohort study in 19002 men and women attending alcohol treatment**

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## **Presence of alcoholic steatohepatitis, but no selective histological feature, indicates an increased risk of cirrhosis and premature death**

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### **Hvor stort er misbrugsproblemet, social ulighed - resultater fra Befolkningsundersøgelserne**

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**Der er stor variation i screening for psykiske lidelser hos stofmisbrugerens**

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**Randomiseret undersøgelse og metaanalyse af somatostatin over for placebo ved blødende esophagusvaricer**

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**Organisational and technical observations from a pilot project**

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**Somatostatin v placebo in bleeding oesophageal varices: Randomised Trial and meta-analysis**

Gotzsche, P. C., Gjørup, I., Bonnen, H., Brahe, N. E. B., Becker, U. & Burcharth, F., 10. Jun 1995, In: *B M J*. 310, 6993, 1 p.

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**Carbohydrate-Deficient Transferrin—A Valid Marker of Alcoholism in Population Studies? Results from the Copenhagen City Heart Study**

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**Alcohol Intake in a population study: Assessment and characterization**

Becker, U., Deis, A., Sørensen, T. I. A. & Grønbaek, M. K., 1995, In: *Alcologia*. p. 35-42

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**Short-term effect of recombinant human growth hormone in patients with alcoholic cirrhosis**

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**The influence of ethanol and liver disease on sex hormones and hepatic estrogen receptors in women**

Becker, U., 1. Jan 1994, In: *Acta Obstetrica et Gynecologica Scandinavica*. 73, 5, p. 437-438

**The prognosis of patients with alcoholic liver disease. An international randomized, placebo-controlled trial on the effect of malotilate on survival**

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**The influence of ethanol and liver disease on sex hormones and hepatic oestrogen receptors in women.**

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**Urinary growth hormone (U-GH) excretion and serum insulin-like growth factor 1 (IGF-1) in patients with alcoholic cirrhosis**

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**Insulin-Like growth factor 1 and growth hormone in chronic liver disease**

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**Sex hormones in postmenopausal women with primary biliary cirrhosis**

Becker, U., Almdal, T., Christensen, E., Gluud, C., Farholt, S., Bennett, P., Svenstrup, B. & Hardt, F., May 1991, In: Hepatology. 13, 5, p. 865-869 5 p.

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**Menstrual disturbances and fertility in chronic alcoholic women**

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**Reply from the authors**

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**Thyroid Hormones and Thyroxine-binding Globulin in Relation to Liver Function and Serum Testosterone in Men with Alcoholic Cirrhosis**

Becker, U., Gluud, C. & Bennet, P., 1. Jan 1988, In: Acta Medica Scandinavica. 224, 4, p. 367-373

**A method for quantitative measurement of estrogen-receptors in small needle-biopsy specimens of human-liver**

Becker, U., Andersen, J., Poulsen, H. S., Burcharth, F., Gluud, C. N. & Horn, T., 1988, In: Hepatology. 8, 5, p. 1439 1 p.

### **Antacid Treatment of Duodenal Ulcer**

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### **Effect of oral propranolol on splanchnic oxygen uptake and haemodynamics in patients with cirrhosis**

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### **Den diagnostiske og terapeutiske værdi af endoskopisk retrograd kolangiopankreatikografi på et centralsygehus**

Friis, M., Becker, P. U., Malchow-Møller, A. & Hardt, F., 1. Jan 1985, In: Ugeskrift for Læger. 147, 50, p. 4092-4095

### **Graviditetsspecifikke leverlidelser**

Jensen, F. R., Becker, P. U. & Qvist, I., 1. Jan 1985, In: Ugeskrift for Læger. 147, 43, p. 3387-3390

### **Leversygdom og graviditet**

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### **Relapse prevention of duodenal ulcers with trimipramine, cimetidine, or placebo: A Double-Blind Comparison**

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### **Konsekvensanalyse af ventrikelrøntgenundersøgelser på patienter under 40 år**

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### **Controlled comparison of novaluzid and cimetidine in duodenal-ulcer healing and 6-month recurrence rate**

Becker, U., Andersen, C., Lindorff, K. & Ranlov, P. J., 1984, In: Scandinavian Journal of Gastroenterology. 19, Suppl. 98, p. 4 1 p.

### **Alkoholrealteret leversygdom i unge kvinder**

Becker, U. & Federspiel, B., 1. Jan 1983, In: Ugeskrift for Læger. 145, 2, p. 102-103

### **Efficacy of trimipramine and cimetidine in the treatment of duodenal ulcer: A double-blind comparison**

Becker, U., Faurshou, P., Jensen, J., Pedersen, P. B. & Ranløv, P. J., 1. Jan 1983, In: Scandinavian Journal of Gastroenterology. 18, 1, p. 137-143

### **Consequence analysis of barium meal in patients under 40 years**

Becker, U., Andersen, I. B., Elsborg, L., Rygaard, H. & Oigard, A., 1983, In: Scandinavian Journal of Gastroenterology. 18, Suppl. 86, p. 6 1 p.

### **Vi-Siblin's effekt på patienter med colondyspepsi**

Becker, U., Bjerrum, L., Pilgaard, S., Pærregaard, A. & Olsson, M. S., 25. Feb 1980, In: Ugeskrift for læger. 142, 9, p. 570-572

### **Efficacy of trimipramine and cimetidine in the treatment of duodenal-ulcer: A double-blind comparison**

Becker, U., Faurshou, P., Jensen, J., Pedersen, P. B. & Ranlov, P. J., 1980, In: Scandinavian Journal of Gastroenterology. 15, 7, p. 913 1 p.

### **A New Method for the Determination of Gastrointestinal Transit Times**

Becker, U. & Elsborg, L., 1979, In: Scandinavian Journal of Gastroenterology. 14, 3, p. 355-359

### **En ny metode til bestemmelse af tarmens transittid**

Becker, U., Elsborg, L. & Mosbech, J., 9. Oct 1978, In: Ugeskrift for Læger. 140, 41, p. 2504-2507

### **Leverbiopsi a.m. Menghini. Et eksempel på "produktionskontrol"**

Becker, U. & Naesbol, C., 9. Dec 1974, In: Ugeskrift for Læger. 136, 50, p. 2808-2812

## **Activities**

### **Behandling via videokonference – muligheder, erfaringer og forudsætninger**

Kia Kejlskov Egan (Lecturer), Ulrik Becker (Lecturer) & Charlotte Knudsen (Lecturer)  
29. Jan 2019 → 30. Jan 2019

### **Presentaion of PAUSE Research plans**

Ulrik Becker (Lecturer)  
3. Jun 2013

### **Afhængighed og overforbrug i et helhedsorienteret rehabiliterings perspektiv**

Ulrik Becker (Other)  
15. May 2013

### **Status på alkoholbehandling i dag**

Ulrik Becker (Lecturer)  
8. Apr 2013

### **Den lægelige misbrugsbehandling i kommunerne**

Ulrik Becker (Lecturer)  
20. Mar 2013

### **Den sundhedsfaglige lægedækning i alkoholbehandling.: Hvor er der udvikling og hvor er der udfordringer. Problematikker set i forhold til det kommunale og regionale regi**

Ulrik Becker (Lecturer)  
31. Jan 2013

### **Vejledning for ph.d. forsvaret i 2010**

Ulrik Becker (Supervisor)  
15. Oct 2010

## **Press / Media**

### **10-4 - Sundhedsstyrelsen melder nye genstandsgrænser ud**

Ulrik Becker  
07/03/2022  
1 Media contribution

### **Afhængighed kan muligvis behandles med diabetesmedicin**

Ulrik Becker  
07/10/2019  
1 Media contribution

### **Alkohol. En holbergsk fejlslutning**

Ulrik Becker  
08/01/2017  
2 items of Media coverage

### **Beredskabsmeddelelse**

Ulrik Becker

15/04/2020  
1 Media contribution

**De rige og veluddannede drikker mest**

Ulrik Becker  
07/11/2020  
1 Media contribution

**Debat: Offentlig og privat alkoholbehandling trænger til et servicetjek**

Ulrik Becker  
14/11/2019  
1 Media contribution

**DIN SUNDHED**

Ulrik Becker  
30/11/2020  
1 Media contribution

**Dødelig druk overbelaster danske hospitaler**

Ulrik Becker  
14/10/2019  
1 Media contribution

**Dør du for tidligt af at drikke otte glas vin om ugen?**

Ulrik Becker  
18/04/2018  
1 Media contribution

**Ekspert angriber S-forslag om alkoholbehandling**

Ulrik Becker  
04/11/2018  
1 Media contribution

**Ekspert har nærstuderet forslag fra S-profiler, der skulle afhjælpe alkoholproblem:»Det lyder fuldstændig vanvittigt«**

Ulrik Becker  
04/11/2018  
1 Media contribution

**Fagfolk: Alkoholbehandling er ikke på niveau med resten af sundhedsvæsenet**

Ulrik Becker  
05/03/2019  
1 Media contribution

**Fedmeopererede er i stor risiko for at udvikle alkoholproblemer**

Ulrik Becker  
28/12/2020  
1 Media contribution

**GÆSTEHJØRNET**

Ulrik Becker  
18/03/2019  
1 Media contribution

**Hvad har vi brugt det til?**

Ulrik Becker  
06/03/2021

1 Media contribution

**Hvorfor bliver jeg mere fuld, når jeg har menstruation?**

Ulrik Becker

12/03/2018

1 Media contribution

**Kommunen sætter turbo på kampagne om alkoholbehandling**

Ulrik Becker

19/01/2016

1 item of Media coverage

**Motion mindsker risiko for alkoholisme**

Ulrik Becker

25/01/2015

1 item of Media coverage

**Ny debat: Skal alkohol tilbage på den sundhedspolitiske agenda?**

Ulrik Becker

24/10/2019

1 Media contribution

**Ny kampagne om alkohol**

Ulrik Becker

20/01/2016

1 item of Media coverage

**Nyt studie: Lavt alkoholforbrug mindsker risikoen for type 2-diabetes**

Ulrik Becker

25/10/2020

1 Media contribution

**Overbelastede hospitaler: Ingen ved, hvordan vi skal håndtere dødelig druk**

Ulrik Becker

14/10/2019

1 Media contribution

**Overbelastede hospitaler: Ingen ved, hvordan vi skal håndtere dødelig druk**

Ulrik Becker

14/10/2019

1 Media contribution

**Overbelastede hospitaler: Ingen ved, hvordan vi skal håndtere dødelig druk**

Ulrik Becker

15/10/2019

1 Media contribution

**Overbelastede hospitaler: Ingen ved, hvordan vi skal håndtere dødelig druk**

Ulrik Becker

18/10/2019

1 Media contribution

**Overblik: Det mener aktører om at få alkohol tilbage på den politiske agenda**

Ulrik Becker

06/12/2019

1 Media contribution

**Professor: Effektiv alkoholforebyggelse i Danmark er en by i Rusland**

Ulrik Becker

29/10/2019

1 Media contribution

**Professor: Effektiv alkoholforebyggelse i Danmark er en by i Rusland**

Ulrik Becker

29/10/2019

1 Media contribution

**Respekt for Vejen-borgere, der går i alkoholbehandling**

Ulrik Becker

19/01/2016

3 items of Media coverage

**Respekt og gratis alkohol-behandling til Furesøborgere**

Ulrik Becker

28/01/2016

1 item of Media coverage

**Silkeborg med i alkohol-kampagne**

Ulrik Becker

12/01/2016

1 item of Media coverage

**Skive Kommune med i kampagne: Respekt for at gå i misbrugsbehandling**

Ulrik Becker

18/01/2016

1 item of Media coverage

**Skræddersyet kamp mod misbrug**

Ulrik Becker

22/01/2016

1 item of Media coverage

**Sundhedsreform deler Danmark i et A- og B-hold**

Ulrik Becker

04/02/2019

1 Media contribution

**Curriculum Vitae - Ulrik Becker**

Gastrounit, Medical Division  
Copenhagen University Hospital Hvidovre  
Kettegård Allé  
DK-2650 Hvidovre, Denmark

**February 2018**

National Institute of Public Health  
University of Southern Denmark  
Studiestræde 6,  
DK-1455 Copenhagen K

**Education**

1993 DMSci, Copenhagen University  
1989 - 1992 Specialist in Hepatology,  
Internal Medicine and Medical Gastroenterology  
1975 MD Copenhagen University

**Employment**

01.02.10- Professor, Alcohol related epidemiology, National Institute of Public Health, University of Southern Denmark;

01.07.11 - Part-time Clinical PhD Lecturer, Copenhagen University  
 01.07.09-31-12.20 Chief Physician, Dept of Med Gastroenterology, Hvidovre Hospital  
 01.10.99 - Medical consultant, National Social Appeals Board  
 01.12.99 - 30.06.09 Head of Department, Alcohol Units, Hvidovre Hospital;  
 01.09.92 – 30.11.01 Chief Physician, Dept of Med Gastroenterology, Hvidovre Hospital  
 01.08.75 – 01.09.92 House Officer, Senior House Officer, Specialist Registrar, Staff Specialist

### Scientific focus areas

I have a particular interest in analytical studies of alcohol-related consequences and studies of structure, organization, effects of alcohol intervention both privately and publicly financed in municipalities and regions and have been involved in a number of population studies in Denmark and in Greenland with a focus on alcohol problems. In addition, I have performed clinical research on liver diseases, gastroenterological diseases and other consequences of high alcohol consumption, as well as contributing to technology assessment and national clinical guidelines on the treatment of alcohol dependence. My research focus is, besides the above mentioned, on:

- Epidemiology: Transmission of alcohol problems within families; the relationship between cognitive function, psychiatric co-morbidity and alcohol problems; case fatality studies; effect modification of alcohol effects; social outcomes; changes over calendar time.
- Intervention/implementation: Methods; structure; organization.
- New arenas for alcohol intervention: Focus on hospitals and general practice.
- Social Inequality: Stigmatization; barriers; qualitative studies; integration of voluntary social work.

### Funding

I received a grant of 16 million DKR from the Strategic Research Council to the project PAUSE, "Phenotypes in Alcohol Use Disorders. A multidisciplinary approach to improve understanding, diagnosis, and treatment of patients with Alcohol Use Disorders (AUD)".

I had a significant role in relation to the application from TrykFonden who donated 100 million DKR. The national study of KRAM-factors (diet, smoking, alcohol and exercise) is another major project with a grant of 24 million DKR, and in addition I have received numerous grants from for example National Board of Health, Danish Ministry of Health for up to 2 million DKR each.

### Supervision, guidance and teaching

I have supervised 8 PhD students and is currently supervising 4 PhD students. I have been opponent at 4 PhD Theses. Furthermore, I have supervised 9 pre-graduate theses and I have been teaching pre- and postgraduate teaching at nurses and medical school as well as specialist educations of gastroenterology, general practice and psychiatry.

### Dissemination and outreach

I have been keynote speaker at international conferences. I have participated in and continue to participate in discussions on the organization of Danish alcohol treatment and the need for increased focus on Danish alcohol culture as well as effective preventive measures. I have been a member of the Medical Association's health and abuse committee and has commented on several alcohol-related public health problems primarily in the national newspapers. I am often used as a lecturer and speaker and have been one of the initiators of the basic education for alcohol therapists in both Denmark and Greenland.

### International experience and co-operation

I have visited the Liver Unit, King's College Hospital London 1985, and the Mayo Clinic, USA 1996. I have for several years and still have cooperation with Department of Psychiatry & Behavioral Sciences, University of Kansas Medical Center, USA as well as scientific collaboration with scientists in Greenland and Australia. I was a Member of Worldwide Alcoholic Liver Disease Outcomes study group and appointed Danish member of steering committee of SALVE (Consortium for the Study of Alcoholic Liver Disease in Europe, EASL (European Association for the Study of the Liver)) 2018-2019.

### Administrative and managerial experience

2012-2018 Board member, Alcohol & Society  
 2007-2008 Member of the Health-committee, Danish Medical Association  
 2007-2008 Chairman Addiction-committee, Danish Medical Association  
 1999-2009 Head of Department, Alcohol Units, Hvidovre University Hospital  
 1999-2008 Chairman of Hvidovre Hospitals foundation for studies of liver diseases  
 1987-1991 +  
 2003-2007 Board member and treasurer of the Danish Association of the Study of the liver  
 1986-1987 Chairman of junior doctor's council, Hvidovre Hospital

### Publications

Books and chapters	21	5.959 citations
Reviews	14	
Original papers	163	h-index: 38 (exclusive self citations)

total

198

R-score: 42