

René Klinkby Støving
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Formal pedagogical education

- 2019 Supervisor course for medical doctors. Kolding 9 December.
- 2018 Conflict management. Pia Hardy, Fortuna. Copenhagen 11 -12 June.
- 2017 Masterclass for professors: Oral presentation technique and performance. Supervised by Bent Nørgaard, MSc rhetoric and stage instructor. Odense University Hospital April 21 - May 26.
- 2016 Media communication by journalist Palle Steffensen. Psychiatry in the Region of Southern Denmark. Vejle, January 19.
- 2015 Change and implementation - create results with effective communication. South Denmark Region. Middelfart 17 June.
- 2010 Chief Physician's Management and Administration Training (OLAU), Middelfart, 20-24 September.
- 2001 Supervisor course, medical doctors. Tønder 18-19. April.

Education administrative tasks

- 2001 - 2006 Responsible for the education of medical doctors at Endocrinology department M, OUH.
- 2012- Regular, semi-annual oral and written assignments on courses in the master's program: Multiple choice and short answer assignments at K3 and K6 (endocrinology and nutrition) as well as oral and written assignments at the OSCE at K14 (weekly course).

Experience with teaching, supervising and exams

- 1995- regular teaching of medicine and biomedicine students at SDU in endocrinology topics, primarily eating disorders and obesity. A total of more than 200 lectures at i.a. the following courses in the master's part: R6 Nutrition and metabolism 2007 - 2017. K3 Digestion, nutrition and metabolism 2017 - K14 Ugekursus 2010-2019.
- 1995- More than 300 lectures for medically and interdisciplinary health professionals in medical and psychiatric wards in the whole country in eating disorders (primarily somatic aspects of anorexia nervosa) and obesity (primarily endocrinological aspects of bariatric surgery).
- 2012- Half-yearly participated in the Objectively Structured Clinical Examination (OSCE) both in writing and orally examinations for medical students in various endocrinological topics.
- 2017 Mid-term evaluation of PhD students at Aarhus University. Pil Lindgren: Feasibility of the smartphone application "Recovery Record" in interdisciplinary eating disorder treatment: experiences of patients and clinicians and effect on outcome. Principal supervisor Loa Clausen M.Sc. in Psychology, PhD (2017). Phd student Benjamin Mac Donald: Involuntary treatment in anorexia nervosa: Patients accounting for multiple episodes. Main supervisor Loa Clausen, psychologist, associate professor. Aarhus University (2020)
- 2020- Virtual lectures in clinical nutrition: University of Copenhagen: Nutrition Related Diseases. Aarhus University: Advance Molecular Nutrition.
- 1999 - 2022 Clinical supervisor (mentor) for 13 medical doctors: Lotte Krogh 1999-2000, Ayad Heidari 2001-2002, Dorte Hansen 2002-2003, Karoline Schousbo 2002-2003, Birgitte Vind 2003-2004, Pernille Nørrelund Hansen 2003 -2004, Mohammed Yusuf Naderi 2004-2005, Anzhalika Tarulis 2005-2006, Younes Yazdanfard 2007-2008, Line Bisgaard Jørgensen 2011-2012, Judith Kolovics 2012-13, Lene Hymøller Mundbjerg 2018-2020. Line Velling Magnussen 2020-2022.

Main supervisor in PhD projects

1. Simone Daugaard Hemmingsen, cand. psych: The effect of intensive re-nutrition on cognitive functions in patients with severe anorexia nervosa (RESAN). Ongoing project.
2. Jacob Stampe Frølich, MD: Bone loss in eating disorders. A cross sectional study on bone microarchitecture and a follow up study on the FANS cohort. Defended SDU September 26, 2019.
3. Laura Al-Dakhiel Winkler, MD: The Funen Anorexia Nervosa Study (FANS). A follow up study of outcome, quality of life, mortality and body composition and menstrual cycle function. Defended SDU December 6, 2016.
4. Alin Razvan Andries, MD: Cannabinoid CB1 receptor agonist treatment in severe chronic anorexia nervosa: A randomized, placebo-controlled, double-blind, crossover study.
5. Mia Beck Lichtenstein, cand. psych.: Exercise Dependence. A study of prevalence, quality of life, eating disorder symptoms, personality profile and leptin at exercisers with and without symptoms of exercise dependence.

Defended SDU April 10, 2014.

Co-supervisor in ongoing PhD project

1. Caroline Bruun Abild: Disturbed eating behavior among children and adolescents with type 1 diabetes - an observational and explorative study of prevalence, psychosocial and clinical characteristics". Main supervisor: Niels Jessen, Head of Research at Steno Diabetes Center Aarhus (SDCA),
2. Karen Krogh Johansen: Eating Disorders among Danish middle- and long-distance runners. Body dissatisfaction, low energy availability and bone stress fractures. Main supervisor: Mia Beck Lichtenstein, associate professor, Department of Clinical Research, University of Southern Denmark.
3. Alia Arif Hussain: Chronicity and lipid dysregulation in anorexia nervosa. Main supervisor: Jan Magnus Sjögren, associate professor, Ph.D. Psychiatric Center Ballerup, Capital Region of Denmark Psychiatry, Denmark.
4. Louise Laage Stentebjerg: Pregnancy following gastric bypass - consequences for mother. Main supervisor: Dorte Møller Jensen, MD, PhD, Steno Diabetes Center Odense (SDCO), Odense University Hospital.

Methods, materials and tools

My strength is that I create PowerPoints with a few clear points on each "slide". Whether I present as a keynote speaker at an international congress or I teach at pregraduate level, I spend time preparing a pedagogic presentation so that the audience can follow along. I see it as my challenge to simplify difficult subjects. I consequently focus on the essentials, deselect details, and repeat keynote messages. During many years, I have almost always received positive evaluations from the audiences. I always read and receive feedback with great interest so that I can improve and develop my teaching. The risk with a very structured PowerPoint teaching is that it does not leave much room for improvisation and spontaneity. I am aware of this, and I therefore also seek room for humor, where appropriate, and prioritize time in the end of a lecture, for questions and concluding remarks.