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Kvalifikationer

PhD, Singing in Pulmonary Rehabilitation for People with Chronic Obstructive Pulmonary Disease (COPD). Center for Music in the Brain, Department of Clinical Medicine, Faculty of Health, Graduate School of Health, Aarhus Universitet
Dimissionsdato: 10. jun. 2022

M.Sc., Digital Communication and Design - Digital Experiences and Art, IT-Universitetet i København
Dimissionsdato: 19. dec. 2014

Diploma Graduate Degree (5 years' training), Classical Singing and Singing Pedagogy, The Royal Danish Academy of Music, Det Kongelige Danske Musikkonservatorium
Dimissionsdato: 20. dec. 2003

Ansættelse

Institut for Regional Sundhedsforskning

SDU

Odense M, Danmark

1. dec. 2025 → 30. nov. 2030

Lektor

IRS - Sjællands Universitetshospital, Forskningsenhed for Lungemedicin (Roskilde)

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1. dec. 2025 → 30. nov. 2030

Assistant Professor

Sjællands Universitetshospital

Køge, Danmark

1. mar. 2024 → present

Publikationer

Der mangler evidens for gavnlige effekter af "kunstbaserede metoder" i sundhedssammenhænge. Dokumentationen er begrænset og metodologisk problematisk, implementering kræver et langt bedre grundlag, og flere kritiske perspektiver er afgørende.

Kaasgaard, M., McCrary, M., Grebosz-Haring, K., Kreutz, G., Musgrave, G., Bathke, A., Pickard, A., Holt, N., Davies, C., Clift, S. & Skov, M., 12. mar. 2026, (Afsendt) I: Bibliotek for Læger.

Symptombyrde ved lungesygdomme - PLUZ Årsrapport 2025 (Lungemedicinsk Forskningsenhed)

Kaasgaard, M., 5. mar. 2026, Region Sjælland - Sjællands Universitetshospital.

Quality of life and symptom burden 6-12 months after surgery for stage I or II non-small cell lung cancer (NSCLC) – a cross-sectional, observational, survey-based study

Kaasgaard, M., Borg, M. H., Pers Kalsoft, J., Alstrup, G., Nielsen, A. O., Kristiansen, P., Stensen Bhatia, L., Stæhr Jensen, J.-U., Petersen, R. H., Jakobsen, E., Hilberg, O. & Bodtger, U., 5. feb. 2026, (Afsendt).

Group-based or individual delivery of rehabilitation after surgery for non-small cell lung cancer - satisfaction and barriers

Kaasgaard, M., Hilberg, O., Ottesen, A. L., Jakobsen, E. & Bodtger, U., nov. 2025, I: European Respiratory Journal. 66, Suppl. 69, 1 s., PA1775.

Singing for adults with chronic respiratory diseases (Cochrane protocol)

Kaasgaard, M., Clift, S., Hansen Nejtgaard, C., Buch Rasmussen, K., Grebosz-Haring, K., Hartmeyer, H. L., Hostrup, M., Bathke, A. & McCray, J. M., 28. okt. 2025, (Afsendt) I: Cochrane Database of Systematic Reviews.

Translation and cross-cultural adaptation of the Breathing Vigilance Questionnaire (Breathe-VQ) in patients with respiratory diseases

Kaasgaard, M., Farver-Vestergaard, I., Kal, E., Lewis, A. & Andreasson, K. H., 24. okt. 2025, (Afsendt) I: Danish Medical Journal.

Patient Reported Outcomes after surgical resection for non-small cell lung cancer and perceptions of post-surgical rehabilitation programmes

Kaasgaard, M., Borg, M. H., Pers Kaltoft, J., Alstrup, G., Nielsen, A. O., Kristiansen, P., Stensen Bhatia, L., Stæhr Jensen, J.-U., Petersen, R. H., Jakobsen, E., Hilberg, O. & Bodtger, U., 7. okt. 2025, (Afsendt) I: BMJ Open Respiratory Research.

Teaching critical appraisal of research within applied arts in health in a mixed-group of students and in an online format

Kaasgaard, M., 2. okt. 2025, I: Improving University Science Teaching and Learning. 21, 2, 21 s.

Arts, cultural engagement and health inequalities. Critical reflections on the UK Creative Health Review (2023)

Clift, S., McCray, J. M., Kaasgaard, M., Kreutz, G., Musgrave, G., Danso, A., Silverstein-Bamford, J., Davies, C., Pelowski, M., Schurig, E., Köehler, F., Bungay, H., Holt, N., Jensen, A., Kahlil, R., Phillips, K., Pickard, A., Thun-Hohenstein, L. & Grebosz-Haring, K., 27. maj 2025, (Afsendt) I: Cultural Trends.

Receiving Bad News by Telephone: The Lived Experience of Patients Undergoing the Diagnostic Workup for a Suspected Lung Cancer Diagnosis

Andersen, I. C., Agerskov, H., Kaasgaard, M., Simony, C. & Bodtger, U., 31. mar. 2025, (E-pub ahead of print) I: Cancer Nursing.

Translation and cross-cultural adaptation of the Breathing Vigilance Questionnaire (Breathe-VQ) into Danish

Kaasgaard, M., Farver-Vestergaard, I., Kal, E., Lewis, A. & Andreasson, K. H., 15. mar. 2025.

The need for robust critique of arts and health research: the treatment of the Gene Cohen et al. (2006) paper on singing, wellbeing and health in subsequent evidence reviews

Clift, S., Grebosz-Haring, K., Thun-Hohenstein, L., Schuchter-Wiegand, A. K., Bathke, A. & Kaasgaard, M., 2025, I: Arts & Health. 17, 2, s. 97-115

Attendance rate and perceived relevance related to type, content, and delivery of current rehabilitation programmes after surgical resection for non-small cell lung cancer

Kaasgaard, M., Bodtger, U., Ottesen, A. L., Jakobsen, E. & Hilberg, O., 10. dec. 2024, I: Frontiers in Rehabilitation Sciences. 5, 15 s., 1447767.

Attendance rate and perceived relevance related to type, content, and delivery of current rehabilitation programmes after surgical resection for non-small cell lung cancer

Kaasgaard, M., Bodtger, U., Ottesen, A. L., Jacobsen, E. & Hilberg, O., nov. 2024.

Self-reported maintenance training in patients with COPD—a 56 months' follow-up study after initial pulmonary rehabilitation

Kaasgaard, M., Bodtger, U., Skou, S. T., Clift, S., Hilberg, O., Rasmussen, D. B. & Ottesen, A. L., nov. 2024.

Long-term self-reported attendance in exercise training or lung choir and status of quality of life following initial pulmonary rehabilitation for COPD

Kaasgaard, M., Bodtger, U., Skou, S. T., Clift, S., Hilberg, O., Rasmussen, D. B. & Ottesen, A. L., 19. sep. 2024, I: Frontiers in Rehabilitation Sciences. 5, 14 s., 1447765.

Self-reported maintenance training in patients with COPD - a 56 months' follow-up study after initial pulmonary rehabilitation

Kaasgaard, M., Bodtger, U., Skou, S. T., Clift, S., Hilberg, O., Rasmussen, D. B. & Ottesen, A. L., sep. 2024, I: European Respiratory Journal. 64, Suppl. 68, 1 s.

Is it premature to formulate recommendations for policy and practice, based on culture and health research? A robust critique of the CultureForHealth (2022) report

Kaasgaard, M., Grebosz-Haring, K., Davies, C., Musgrave, G., Shriram, J., McCrary, M. & Clift, S., 11. jul. 2024, I: Frontiers in Public Health. 12, 12 s., 1414070.

A Critique of Music, Singing, Dancing and Health RCTs included in the EU CultureForHealth-report (2022): Abstract as part of symposium accepted for 12th triennial conference of the European Society for the Cognitive Sciences of Music (ESCOM 12)

Kaasgaard, M., Grebosz-Haring, K., Musgrave, G. & Clift, S., jul. 2024.

PLUZ Årsrapport 2023

Kaasgaard, M., 23. feb. 2024, Region Sjælland - Sjællands Universitetshospital. 22 s.

Årsrapport 2023 - Forsknings- og implementeringsenheden PROgrez

The PROgrez research group, 1. feb. 2024, 31 s.

Luft under sangens vinger

Kaasgaard, M., jan. 2024

Self-reported maintenance training in patients with COPD - a 56 months' follow-up study after initial pulmonary rehabilitation

Kaasgaard, M., Bodtger, U., Skou, S. T., Clift, S., Hilberg, O., Rasmussen, D. B. & Ottesen, A. L., 2024, I: European Respiratory Journal. 64, Suppl. 68, PA4974.

Translation and cross-cultural adaptation of Breathing Vigilance Questionnaire (Breathe-VQ) into Danish

Kaasgaard, M., Farver-Vestergaard, I., Kal, E., Lewis, A. & Andreasson, K. H., 2024, I: European Respiratory Journal. 64, Suppl. 68, PA3239.

Is adherence to community-based pulmonary rehabilitation related to long-term participation in physical training or to maintained level of quality of life?

Kaasgaard, M., Bodtger, U., Ottesen, A. L., Skou, S. T., Hilberg, O. & Rasmussen, D. B., 24. nov. 2023.

Singing as Training Modality in Pulmonary Rehabilitation?

Kaasgaard, M., 13. nov. 2023, American Thoracic Society.

Sing-a-Lung: Singing as training modality in pulmonary rehabilitation for patients with Chronic Obstructive Pulmonary Disease (COPD): A multicenter, randomised controlled trial

Kaasgaard, M., 10. nov. 2023.

Sangtræning til KOL-patienter

Kaasgaard, M., 1. jun. 2023, I: Månedsskrift for Almen Praksis. 2023, juni/juli, s. 390-398

PLUZ årsrapport 2022

Kaasgaard, M., 20. feb. 2023, Region Sjælland - Sjællands Universitetshospital. 28 s.

Is singing training a feasible rehabilitation modality for patients with lung cancer after intended curative treatment? - a study protocol.

Kaasgaard, M., Skou, S. T., Andersen, I. C., Dalton, S. O., Hilberg, O. & Bodtger, U., 8. dec. 2022.

Culture for health?

Clift, S., Daffern, H., Davies, C., Grebosz-Haring, K., Kaasgaard, M., McCray, J. M. & Musgrave, G., 7. dec. 2022

Sing-a-Lung: Does Singing for Lung Health provide physiological changes in COPD?

Kaasgaard, M., Rasmussen, D. B., Ottesen, A. L., Vuust, P., Hilberg, O. & Bodtger, U., 1. dec. 2022, I: European Respiratory Journal. 60, Suppl. 66, 372.

Sing-a-Lung: Does Singing for Lung Health provide physiological changes in COPD?

Kaasgaard, M., Rasmussen, D. B., Ottesen, A. L., Vuust, P., Hilberg, O. & Bodtger, U., 25. nov. 2022.

Is Singing Training beneficial to people with COPD?

Kaasgaard, M., 15. sep. 2022, I: Best Practice Nordic.

Sing-a-Lung: Does Singing for Lung Health provide physiological changes in COPD? (accepted and invited as chair of poster session)

Kaasgaard, M., Rasmussen, D. B., Ottesen, A. L., Vuust, P., Hilberg, O. & Bodtger, U., 5. sep. 2022.

Singing in Pulmonary Rehabilitation of Patients with Chronic Obstructive Pulmonary Disease

Kaasgaard, M., 10. jun. 2022, Aarhus Universitet. 198 s.

Sing-a-Lung: Are changes in physical exercise capacity and quality of life associated after a 10 weeks' Singing for Lung Health programme within pulmonary rehabilitation for patients with COPD?

Kaasgaard, M., Rasmussen, D. B., Ottesen, A. L., Vuust, P., Hilberg, O. & Bodtger, U., 3. jun. 2022.

Physiological changes related to 10 weeks of singing for lung health in patients with COPD

Kaasgaard, M., Rasmussen, D. B., Løkke, A., Vuust, P., Hilberg, O. & Bodtger, U., 1. maj 2022, I: BMJ Open Respiratory Research. 9, 1, 17 s., e001206.

Use of Singing for Lung Health as an alternative training modality within pulmonary rehabilitation for COPD: a randomised controlled trial

Kaasgaard, M., Rasmussen, D. B., Andreasson, K. H., Hilberg, O., Løkke, A., Vuust, P. & Bodtger, U., maj 2022, I: European Respiratory Journal. 59, 5, 12 s., 2101142.

Adherence to singing training vs. physical training in COPD rehabilitation

Kaasgaard, M., Rasmussen, D. B., Hjerrild Andreasson, K., Ottesen, A. L., Vuust, P., Hilberg, O. & Bodtger, U., 26. nov. 2021.

Adherence to singing training vs. physical training in COPD rehabilitation: Post hoc analyses from the Sing-a-Lung trial

Kaasgaard, M., Rasmussen, D. B., Hjerrild Andreasson, K., Løkke, A., Vuust, P., Hilberg, O. & Bodtger, U., 25. nov. 2021, I: European Respiratory Journal. 2021, PA320.

Sing-a-Lung: Can group singing as activity in pulmonary rehabilitation improve dyspnoea, Quality of Life, and psychological wellbeing for patients with Chronic Obstructive Pulmonary Disease (COPD)?

Mette Kaasgaard, A. P., Rasmussen, D. B., Løkke, A., Vuust, P., Hilberg, O. & Bodtger, U., 25. jun. 2021.

PLUZ årsrapport 2021

Kaasgaard, M., 2021, Region Sjælland - Sjællands Universitetshospital. 18 s.

Sing-a-Lung: Can group singing as activity in pulmonary rehabilitation improve dypnoea, Quality of Life, and psychological wellbeing for patients with Chronic Obstructive Pulmonary Disease (COPD)?

Kaasgaard, M., 2021.

Heterogeneity in Danish lung choirs and their singing leaders: delivery, approach, and experiences: a survey-based study
Kaasgaard, M., Andersen, I. C., Rasmussen, D. B., Hilberg, O., Løkke, A., Vuust, P. & Bodtger, U., 30. nov. 2020, I: BMJ Open. 10, 11, 11 s., e041700.

Sing-a-Lung: Group singing as training modality in pulmonary rehabilitation for patients with Chronic Obstructive Pulmonary Disease (COPD): A multicenter, cluster-randomised, non-inferiority, controlled trial

Kaasgaard, M., Rasmussen, D. B., Ottesen, A. L., Vuust, P., Hilberg, O. & Bodtger, U., 9. sep. 2020, I: European Respiratory Journal. 56, Suppl. 64, 2 s., 4663.

PLUZ årsrapport 2020

Kaasgaard, M., 2020, Region Sjælland - Sjællands Universitetshospital. 20 s.

Heterogeneity of Danish lung choirs and their singing leaders - a study of performance, experiences, and attitudes in an emerging field

Kaasgaard, M., Andersen, I. C., Vuust, P., Hilberg, O., Loekke, A. & Boedtger, U., 21. nov. 2019, I: European Respiratory Journal. 54, Suppl. 63

Heterogeneity of Danish lung choirs and their singing leaders – a study of performance, experiences, and attitudes in an emerging field

Kaasgaard, M., Andersen, I. C., Vuust, P., Hilberg, O., Løkke Ottesen, A. & Bødtger, U., 1. okt. 2019.