

## **CV Peter Krstrup, Professor of Sport and Health Sciences, University of Southern Denmark**

Peter Krstrup is Professor of Sport and Health Sciences at the University of Southern Denmark, Odense, Denmark, and Honorary Visiting Professor of Sport and Health Sciences at Exeter University, United Kingdom. He is 53 years old and is a world leading expert in football science. He has authored 415 original research articles, of which 175 deals the fitness and health effects of football and other sports, another 95 with physical-tactical-technical match analyses, fatigue, recovery, training and testing in elite football, and 120 articles on muscle energetics, muscle fiber recruitment and muscle mechanical efficiency. His H-index is 91 with more than 35000 scientific citations. He started his pioneering research in Football for Health back in 2003 and is now the leader of a group of 200 researchers in 18 countries. He has played football since the age of 5 and is still active. He has played 200 matches in the Danish 2nd and 3rd League and has been a football coach for a total of 20 years. He is UEFA Pro-license Coach, has been assistant coach and fitness coach for the Danish Women's National Team in 2012-2014 and 2019-2021 (bronze medal, Euro 2013). He is currently Fitness Coach in OB, in the Danish Superliga. He has established the international "Football is Medicine" platform in 2018, which have now organized 6 annual conferences in Lisbon, Odense, Tórshavn, Doha, Atlanta and Florence.