

CV Peter Krstrup, Professor i Sport og Sundhed, Syddansk Universitet, Odense, Danmark

Peter Krstrup is Professor of Sport and Health Sciences at the University of Southern Denmark, Odense, Denmark, and Honorary Visiting Professor of Sport and Health Sciences at Exeter University, United Kingdom. He is 51 years old and is a world leading expert in football science. He has authored 335 original research articles, of which 165 deals the fitness and health effects of football and other sports, and another 90 with physical-tactical-technical match analyses, fatigue, recovery, training and testing in elite football. Started his pioneering research in Football for Health back in 2003 and is now the leader of a group of 200 researchers in 18 countries. He has played football since the age of 5 and is hoping that he is just about halfway through his career. He has played 200 matches in the Danish 2nd and 3rd League and has been a football coach for a total of 15 years. He is UEFA Pro-license Coach and was assistant coach for the Danish Women's National Team winning a bronze medal in the Euro 2013. He has established the international Football is Medicine platform "Football is Medicine" in 2018.