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INSIDE

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Part-time position:  
Department of Cardiology  
Odense University Hospital  
Sdr. Boulevard 29  
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## Educational background

Doctorate  
University/College of Higher Education: University of Aarhus, Denmark  
Date: 21 June, 2002  
Supervisor: Professor Ask Elklit (University of Aarhus)  
Dr. Mogens Lytken Larsen, MD (Aarhus University Hospital)  
Title of dissertation: "Psychosocial sequelae following coronary artery disease"

Master's degree  
University/College of Higher Education: University of Aarhus, Denmark  
Date: September 2, 1996  
Main subject: Health and Clinical Psychology

Bachelor degrees  
University/College of Higher Education: University of Manitoba, Canada  
Date: October 23, 1993  
Main subject: Psychology  
Distinction: BA Honors degree

University/College of Higher Education: Aarhus School of Business, Aarhus University, Denmark  
Date: June, 1987  
Main subject: Business Languages English and French (Den Erhvervsproglige Korrespondenteksamen Engelsk-Fransk)

## Grants

2020: Sygesikring Danmark (Grant # 2020-0041); DKK 5,000,000 (PI)

2020: Odense University Hospital Research Foundation (eMindYourHeart) (Grant # 98-A4420); DKK 299,000 (PI)

2020: Digitaliseringsstyrelsen "Datadriven prediction of anxiety and depression in patients with ischemic heart disease". "Signature project". DKK 6,300,000 (co-PI)

2020: EU grant 'Evaluation of a patient-centred biopsychosocial blended collaborative care pathway for the treatment of multimorbid elderly patients (ESCAPE)' [contract under negotiation - #945377-2], € 6,100,000 (PI, coordinator)

2020: Fulbright Scholarship, J. William Fulbright Foreign Scholarship Board, Washington D.C., for a visit to Yale School of Medicine, the US; "Implementation of Patient-RepOrted outcoMes In clinical cardiology practiSE [PROMISE]" DKK 200,000 (PI)

2020: The Danish Agency of Science and Higher Education; (EUopSTART grant # 0184-0024B); "Evaluation of a patient-centred biopsychosocial blended collaborative care pathway for the treatment of multimorbid elderly patients – ESCAPE"; DKK 75,000 (PI)

2020: Region of Southern Denmark and Region of Zealand joint research foundation (eMindYourHeart) (Grant # A343);

DKK 270,000 (PI)

2019: Karen Elise Jensen Fonden (MY-CHOICE); DKK 2,000,000 (PI)

2019: Helsefonden (eMindYourHeart register-based study); DKK 493,200 (19-B-0257) (co-applicant)

2018: Danish Heart Foundation; DKK 1,000,000 (eMindYourHeart) (18-R124-A8309-22106) (PI)

2017: Strategic funding (Welfare Innovation) from University of Southern Denmark to the eMindYourHeart project; DKK 499,000 (PI)

2016: Vetenskapsrådet SEK 4,000,000 (Grant # 2016-01379) (co-applicant)

2015: Innovationsfonden DKK 19,167,322 (Grant # 5159-0002E) (co-applicant)

2015: The Lundbeck Foundation; DKK 4,300,000 (Grant # R198-2015-175) (PI)

2015: TrygFonden; DKK 7.000.000 (A personalized and interactive web-based health care innovation to AdvanCe the Quality of life and care of patients with heart failure (ACQUIRE-HF) (PI)

2014: Patient@home seeding grant; DKK 244.500 (PI)

2014: The Danish Cancer Society; DKK 650,000 for the project "Communication about existential problems in patients with cancer in general practice – how to qualify?" (co-investigator together with Prof.dr.theol. Niels Christian Hvidt and others)

2014: The Danish Agency for Science, Technology and Innovation; DKK 75,000 (EUopSTART grant # 4016-00283B; the Healthy Heart Hub; PI)

2013: Danish Heart Foundation; DKK 306,000 (Grant # 13-04-R95-A4436-22742 DESTRESS-ICD trial; PI)

2012: Boston Scientific; €2,632,803 (independent research grant for the REMOTE-CIED trial; co-investigator together with Dr. M. Meine, University Medical Center, Utrecht, and Dr. H. Versteeg, University of Tilburg)

2011: Medtronic; € 180,000 (independent research grant for the ENHANCED-ICD trial; co-investigator together with Dr. M. Meine, University Medical Center, Utrecht)

2009: The Netherlands Organisation for Health Research and Development (ZonMw); € 800,000 (VIDI grant # 91710393; PI)

2009: The Netherlands Organisation for Health Research and Development (ZonMw); € 459,999 (Grant #300020002; PI)

2009: Danish Heart Foundation; DKK 800,000 (Grant # 09-10-R75-A2713-22565; co-applicant and PI)

2006: Danish Heart Foundation; Dkr. 150,000 (Grant # 06-4-B505-A924-22283F; PI)

2005: The Netherlands Organisation for Scientific Research (NWO); € 200,000 (VENI grant # 451-05-001; PI)

2004: Dutch Heart Foundation; € 168,596 (Grant # 2003-B-38 J Denollet; co-applicant)

2003: Danish Heart Foundation; DKK 155,500 (Grant # 03-2-9-9-22092; PI)

2002: Danish Medical Research Council; DKK 1,380,960 (Grant # 22-02-0558; PI)

1999: Danish Heart Foundation; DKK 60,000 (Grant # 99-1-F-22717; PI)

## Prizes

2019: First Prize in Cardiology at the British Medical Association Book award 2019. "ESC Textbook of Cardiovascular Medicine, 3rd edition". [my contribution: coordinator and author of section 59 entitled "Psychological factors and heart disease].

2018: Prize for the best poster presentation at the EuroHeartCare Conference, the 18th Annual Spring Meeting of Cardiovascular Nursing (CCNAP), Dublin, Ireland, June 9, 2018.

2013: Prize for the best oral abstract presentation in my session at the EuroHeartCare Conference, the 13th Annual Spring Meeting of Cardiovascular Nursing (CCNAP), Glasgow, UK, March 22, 2013.

2012: Prize for the best oral abstract presentation in my session at the 12th Annual Spring Meeting of Cardiovascular Nursing and Allied Professions (CCNAP), Copenhagen, Denmark, March 16, 2012.

2003: Prize for my PhD dissertation in connection with Aarhus University's 75th anniversary. Aarhus University Research Foundation, Denmark, June 4th, 2003. Dkr. 50,000

## Positions of trust

2021-Present: Advisory Board Member of the Center for Compassion, Odense University Hospital, Denmark

2021-Present: Member of Steering Committee, "Hjertero" (AI project for patients with ischemic heart disease and anxiety / depression). The project is coordinated by Syddans Sundhedsinnovation.

2021-Present: Visiting Professor, Department of Health Sciences, University of York, the UK

2021-Present: Advisory Board Member of the EU project entitled "A patient-centered early risk prediction, prevention, and intervention platform to support the continuum of care in coronary artery disease (CAD) using eHealth and artificial intelligence" [Timely]. Website for the project: <http://timely-project.eu/Advisory-Board/>

2019-present: Member of the Research Committee of the Department of Cardiology, Odense University Hospital, Denmark.

2018-2019: Member of steering committee related to the development of a national clinical guideline on phase II cardiac rehabilitation in patients with atrial fibrillation, endocarditis and patients implanted with an ICD. See <https://www.sst.dk/da/Udgivelser/2019/Puljefinansieret-NKR-rehabilitering-atrieflimren-atrieflagren-endokarditis-og-ICD>

2018-2019: Representative of the Region of Southern Denmark to participate in the national PRO initiative (Kommissorium for klinisk koordinationsgruppe – Hjerterehabilitering), Sundhedsdatastyrelsen.

2017-2018: Representative of the Danish Society of Cardiology to participate in the national PRO initiative (Kommissorium for klinisk koordinationsgruppe – Depression), Sundhedsdatastyrelsen.

2017-2018: Steering committee member of SDU strategic funding for drones

2016-present: Steering committee member of the DANISH-CRT trial

2015-2017: Member of the Research Committee of the Danish Heart Foundation

2014-2015: Member of the Psychiatric Research Foundation, Region of Southern Denmark

2014-2015: Member of the Strategic Council for Psychiatric Research, Region of Southern Denmark

2012-2014: Chair of the Programme Committee and Board Member of the Council of Cardiovascular Nursing and Allied Professions (CCNAP), under the auspices of the European Society of Cardiology

2010-2017: Steering committee member of "Evaluation of Factors Impacting Clinical Outcome and Cost Effectiveness of the S-ICD (The EFFORTLESS S-ICD Registry)", Boston Scientific

2010-present: Steering committee member of "Utilization of implantable cardioverter DEFIBrillator therapy in the treatment of heart disease: Clinical and psychological outcomes in WOMEN (The DEFIB-WOMEN Study)"

2012–2012: Nucleus member within the Cardiac Rehabilitation Section of the European Association of Cardiovascular Prevention and Rehabilitation (EACPR)

2010-2012: Member of advisory committee on "Stress and cardiovascular disease" for the Dutch Heart Foundation

2010-2012: Member of the Science Committee of the Council of Cardiovascular Nursing and Allied Professions (CCNAP), under the auspices of the European Society of Cardiology

2010-2013: Steering committee member of "Effect of rehabilitation in complex cardiology (The CopenHeart Project)", Denmark

2008-2016: Advisory member of the DANISH trial, a randomized controlled trial examining the effectiveness of ICD therapy versus usual care in patients with non-ischemic cardiomyopathy, Denmark

2008-2014: Consultant on a prospective observational study in ICD patients and randomized controlled trial using cognitive behavioral therapy as the mainstay of treatment at Cleveland Clinic, Ohio, USA

2007-2013: Steering committee member of PANORAMIC: PATient NOTifier Feature for Reduction of Anxiety: A Multicenter ICD Study, St. Jude Medical

2008-2012: Member of an expert committee that has to provide an advice on prophylactic implantation of the implantable cardioverter defibrillator in patients with non-ischemic cardiomyopathy to the Member of the Danish Health and Medicines Authority

2007-2008: Member of the scientific program committee for the American Psychosomatic Society's annual conference

## Supervision of PhD projects

I am currently or have been the supervisor of the following PhD students:

Martens EJ. (2003-2007). The complex nature of post-myocardial infarction depression: Evolution and consequences (with Prof. J. Denollet and Prof. H. Bonnier). Defence: May 11, 2007.

Spindler H. (2004-2007). Cardiac psychology: An overview of theoretical considerations and empirical evidence from an interdisciplinary perspective (with Dr. M. Lytken Larsen and Prof. A. Elklit). Defence: September 14, 2007.

Schiffer AAJJ. (2003-2008; part-time). Health outcomes in chronic heart failure: The role of Type D personality (with Prof. J. Denollet and Dr. J. Widdershoven). Defence: April 24, 2008.

•Pelle AJM. (2005-2009). The complexity of psychological factors in cardiac disease. (with Prof. J. Denollet and Dr. B. Szabo). Defence: October 16, 2009.

Versteeg H. (2008-2011). Cardiovascular implantable electronic devices: The patient perspective (with Prof. J. Denollet, Prof. P. Doevendans, and Dr. M. Meine). Defence: November 4, 2011.

Habibovic M. (2009-2013). WEB-based distress management program for implantable CARdioverter dEfibrillator patients (WEBCARE): A randomized controlled trial (with Prof. J. Denollet). Defence: February 7, 2014.

Ringoir L. (2009-2013). The efficacy of telehealth in patients with congestive heart failure: A randomized controlled trial (with Prof. V. Pop and Dr. F. Pouwer). Defence: February 21, 2014.

Damen N. (2010-2014). Psychological factors and biomarkers in cardiac patients treated with percutaneous coronary intervention: Overlapping or independent risk markers for morbidity and mortality? (with Prof.dr. E Boersma). Defence: May 23, 2014.

Starrenburg A. (2008-2012). The role of psychological factors in health outcomes in patients treated with defibrillator therapy (with Dr. J. van der Palen). Defence: 2 July 2014.

Brouwers C. (2010-2014). Adjustment following implantation with a left ventricular assist device in patients and their partners: A prospective, multi-center observational study (ADJUST-LVAD) (with Prof. J. Denollet and Dr. N. de Jonge). Defence: 5 September, 2014.

Hoogwegt M.T. (2010-2014). Towards a comprehensive understanding of patients with an implantable cardioverter defibrillator: A biopsychosocial approach (with Dr. D. Theuns and Dr. N. Kupper). Defence: 12 September, 2014.

Mastenbroek M.H. (2013-2017). How to improve implantable cardioverter defibrillator therapy: Focus on patient-reported outcomes and enhanced programming (with Prof.dr. P. Doevendans, Dr. M. Meine and Dr. H. Versteeg). Defence: 7 April 2015.

Skuladottir H. (2014-2017). Physiological and psychological factors in symptomatic atrial fibrillation (with Prof.dr. F. Braunschweig, Prof.dr. Märten Rosenqvist, Dr. Jonas Schwieler). Date of defence to be determined.

Schlosser L. (2015-2018). Individuelt tilrettelagte patientforløb for patienter med medicinoverforbrugshovedpine (Esbjerg Hospital). Defence: 11 January 2018.

Jørgensen S.H. (2016-2019). Use of mHealth enhanced self-monitoring as an adjunct to the treatment of borderline personality disorder: The mDIARY Study (with Dr. Mia Lichtenstein). Date of defence to be determined.

Nanna Berg Eskildsen. (2016-2019). Empowerment in cancer follow up - Does patient empowerment make sense in cancer patients during follow up and how can it be measured? (with Dr. Anna Thit Johnsen). Date of defence to be determined.

Frydensberg V. (2017-2020). A one-size fits all approach to implantable cardioverter defibrillator therapy - do women derive the same benefits as men? (with Dr. Jens Brock Johansen). Date of defence to be determined.

Christiansen J. (2017-2020). A prospective study of mechanisms that may explain the association between loneliness and

impaired health.

Helmark KC. (2019-2022). Screening patients with ischemic heart disease for anxiety and depression in cardiac rehabilitation in Denmark – from guidelines to real-world clinical practice.

Ahm R (2022-2024). Living with heart disease – initiatives to improve mental and physical health.

Skov O (2022-2024). Mental health in patients with an implantable cardioverter defibrillator – effectiveness of the ACQUIRE-ICD eHealth intervention on patient-reported and clinical outcomes.