

1. Formal pedagogical training

2015-16: Lecturer training program, University of Southern Denmark.

2012: Course "Using different methods of examination", University of Southern Denmark.

2011: Course "University teaching skills – A practical introduction for Ph.D. students", University of Southern Denmark.

2011: Course "Teaching patient communication to medical students", Faculty of Health Sciences, University of Southern Denmark.

2. Administrative tasks relating to education

2021-: Internship. Module K04. Psychology masters. Module administrator

2019-2021: User Perspectives and Rehabilitation. Rehabilitation masters. Module administrator

2015-2017: Internship. Module K04. Psychology masters. Module administrator

2015-2016: Health Psychology and Medical Psychology. Module K03. Psychology masters. Module administrator

3 Experience with teaching, supervision and examination

3.1 Teaching

(All courses were taught in Danish, except for B06 where English is the teaching language.)

2022: Health Psychology and Medical Psychology 1, Module B06, Psychology bachelor. Lecture: The role of the informal caregivers.

2022: Health Psychology and Medical Psychology. Module K03. Psychology masters. Lecture: Intimate relationships, dyadic coping and rehabilitation.

2022: Internship. Module K04. Psychology masters. Class teaching with group work and collegial supervision on challenges during the internship, including ethical questions, emotional challenges in psychologists' work and work-life-balance (4 x 3 lessons).

2021: Health Psychology and Medical Psychology. Module K03. Psychology masters. Lecture: Intimate relationships, dyadic coping and rehabilitation.

2021: User Perspectives and Rehabilitation. Rehabilitation Masters. Lectures: rehabilitation psychology, changes and disruptions following illness; identity reconstruction; existential aspects; social relations; informal caregivers; methods: semi-structured interview.

2020: Health Psychology and Medical Psychology. Module K03. Psychology masters. Lecture: Cancer, informal caregivers and intimate relationships (together with Anne Katrine Hartmann Søby).

2020: User Perspectives and Rehabilitation. Rehabilitation Masters. Lectures: rehabilitation psychology, changes and disruptions following illness; identity reconstruction; existential aspects; social relations; informal caregivers; methods: semi-structured interview.

2019: Health Psychology. Module B06. Psychology bachelor. Lectures and class teaching: qualitative methods - semi-structured interview.

2019: Health Psychology and Medical Psychology. Module K03. Psychology masters. Lecture: Cancer.

2018: Module Rehabilitation and Palliative Care. Rehabilitation masters. Lecture: Existential aspects in life-threatening disease (together with Vibeke Poulsen Graven).

2018: Health Psychology. Module B06. Psychology bachelor. Lectures and class teaching: qualitative methods.

2018: Clinical Psychology. Module K01. Psychology masters. Lecture and class teaching: Recapitulation and summary of module content.

2018: Health Psychology and Medical Psychology. Module K03. Psychology masters. Lectures: Cancer, rehabilitation and couples/informal caregivers (together with Dorte Gilså Hansen).

2017: Health Psychology and Medical Psychology. Module K03. Psychology masters. Lectures: Biopsychosocial model, stress and coping; couples and informal caregivers.

2017: Internship. Module K04. Psychology Masters. Lecture: Introduction to the internship module.

2016: Health Psychology and Medical Psychology. Module K03. Psychology masters. Lectures: Biopsychosocial model, stress and coping; couples and informal caregivers; mixed methods. Class teaching: mixed methods.

2016: Internship. Module K04. Psychology Masters. Lecture: Introduction to the internship module.

2015: Health Psychology and Medical Psychology. Module K03. Psychology masters. Lectures: Stress and coping; couples and cancer.

2015: Internship. Module K04. Psychology masters. Class teaching ("Holdundervisning") and group work including reflections, collegial supervision and career development exercise

2014: Psychology of Health and Counselling Psychology. Module B06. Bachelor in Psychology. Facilitating group work on Cognitive Behavior Therapy.

2014: Health Psychology and Medical Psychology. Module K03. Psychology masters. Case analysis; feedback on written group work.

2013: Cancer Survivorship module, diploma programme for health professionals with a bachelor degree. Metropolitan University College Metropol, Copenhagen. Lectures: Family caregivers and cancer; women and cancer.

2012-2013: From healthy to sick. Module B12. Medical bachelor students. Lecture: The risk concept (Spring 2012, Fall 2013); class teaching ("holdundervisning"): Prevention, early diagnostic and early intervention (Spring 2011, Spring 2012, Fall 2012, Fall 2013)

2011-2012: Mental and behavioural disorders. Module K7. Medical master students. Class teaching ("holdundervisning"):

Affective disorders in general practice (Spring 2011, Fall 2011, Fall 2012); somatisation in general practice (Fall 2011, Spring 2012, Fall 2012)

2012: Skills for patient communication. Medical master students. Course on practical skills training.

3.2 Supervision

2023: Supervision of 4 master theses, Master in Psychology, University of Southern Denmark.

2022-2024: Co-supervision of Ph.d.-student Robert Ahm, Project: "Living with heart disease – initiatives to improve mental and physical health", University of Southern Denmark.

2022-2025: Co-supervision of Ph.d.-student Ole Skov, Project: "Mental health in patients with an implantable cardioverter defibrillator – effectiveness of the ACQUIRE-ICD eHealth intervention on patient-reported and clinical outcomes", University of Southern Denmark.

2022: Supervision of a pregraduate research student in psychology, Department of Psychology, University of Southern Denmark.

2021-2022: Supervision and examination of 1 master thesis, Master in Psychology, University of Southern Denmark.

2020-2021: Supervision and examination of 1 master thesis, Master in Psychology, University of Southern Denmark.

2019-2020: Co-supervision of Ph.d.-student Natalie Flanagan, CONTEXT, Project: Crossing Borders: A study of the associations between maternal traumatic exposure and trauma sequelae, child psychosocial adjustment and resiliency, mother-child interactions and intra-family communication styles in asylum-seeking families.

2018-2019: Supervision and examination of 2 master theses, Master in Psychology, University of Southern Denmark.

2017-2018: Co-supervision of a pregraduate research student in medicine, Research Unit of General Practice, University of Southern Denmark.

2017: Co-supervision of a pregraduate research student in psychology, Department of Psychology, University of Southern Denmark.

2015-16: Supervision and examination of 5 master theses (4 individual and 1 group-based), Master in Psychology, University of Southern Denmark.

2013-14: Co-supervision of a pregraduate research student in medicine, Research Unit of General Practice, University of Southern Denmark.

2012: Supervision and examination of a group-based master thesis (2 students), Master of Rehabilitation, University of Southern Denmark.

3.3 Examination

2020-2021: User Perspectives and Rehabilitation. Rehabilitation Masters. Developing and grading written exams.

2018: Health Psychology. Module B06. Psychology bachelor students. Grading written exams.

2014-2016: Medical Psychology and Health Psychology. Module K03. Psychology master students. Grading written exams (essays).

2014: Introduction to Psychology. Module B01. Oral examination of students with Psychology as their minor subject.

2012-2013: From healthy to sick. Module B12. Medical bachelor students. Developing multiple choice questions.

4. Methods, materials and tools

My methods, materials and tools vary with the teaching subject and aim and with the type of class, i.e. lectures, group work and digital teaching activities. I have for example used a classical lecture format in classes of approximately 100 students, supplemented by think-pair-share exercises or case-based approaches. I have also facilitated different types of group work, e.g. collegial supervision, analysis of videotaped consultations and role play in communication training. With respect to e-learning, I use Student Response Systems and I have been involved in a project on digital teaching material, in which we produced videos (vodcasts) for use in the internship module in the Psychology Masters.

5. Educational development and applied research into teaching

I continuously work on improving my teaching and the study programme in order to enhance the students' learning. In 2016, we have for example developed new teaching materials for use in the internship module, and I have developed a mixed-method track for the module K03, Medical and Health Psychology. In 2018/19 I have developed the methods track on the semi-structured interview for module B06, Health Psychology, which included both lectures and group teaching. In 2020 I have developed the curriculum and teaching activities for the module "User perspectives and Rehabilitation", Rehabilitation Masters.