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## Undervisnings CV

Teaching portfolio Mia Beck Lichtenstein

I have more than 20 years of experience with academic teaching started in 1999 after achieving my bachelor's degree at the Department of Sport Science and Clinical Biomechanics.

Almost all my teaching and supervision has been conducted at the University of Southern Denmark at different departments at the Faculty of Health Sciences. I have also held several lectures at the Open Public University at University of Southern Denmark and at Aarhus University.

In this document I present my teaching skills/education, teaching management, teaching experience, supervision, examination tasks and finally my teaching philosophy.

Teaching skills and education

June 2014 till June 2015 completed lecturer training program for university teachers (Universitetspædagogikum). Including e-learning project, pedagogical development project, and the development of teaching portfolio.

Courses completed in the lecturer training program for university teachers:

2014: Course "Stemmen i personlig udvikling" (The voice in personal development). 1 ECTS.

2014: Course "Den gode Forelæsning" (The good oral lecture). 0.5 ECTS.

2014: Course "Aktiver dine studerende med diskussionsfora, blogs eller wikier" (Activate your students with online discussion, blogs or wikies). 0.5 ECTS.

2014: Oral presenter at the conference "Teaching for active learning" at November 3th at SDU. 0.5 ECTS.

2017: Course: PhD supervision process, methods, and tools. University of Southern Denmark.

Teaching management

2014: Responsible for the module Clinical Psychology (B07) at the bachelor education at Department of Psychology.

2014: Responsible for the master's degree in clinical psychology including test and assessment methods (K01) at Department of Psychology.

2015-2016: Responsible for the master's degree in applied psychology in a health perspective (K06) at Department of Psychology.

Teaching experience – lectures, supervision, and examination

1999-2004: Teaching assistant and responsible for the bachelor class Track and Field at the Department of Sport Science and Clinical Biomechanics. I had three classes with 25-30 students for one year (60 hours) teaching theoretical biomechanics and pedagogical principles.

2009: External associate professor at the Department of Sport Science and Clinical Biomechanics. I have been teaching six times a three-hour lecture at the candidate level. Topics were eating disorders, exercise addiction and mental training in sport.

2014-2018: Holding three x three-hours lectures for large classes (100 students) and four two-hours group teaching (20 students) at the bachelor module Clinical Psychology (15 ECTS) at the Department of Psychology.

2014-2017: Oral lecturer at the candidate course (K01) Clinical psychology, including test and assessment methods (15 ECTS) at the Department of Psychology. Three-hours talk for 100 students. Topics were eating disorders and exercise addiction.

2014-2016: Guest teacher in the course Adjusted Sport and Movement (15 ECTS) at the candidate level at the Department of Sport Science and Clinical Biomechanics.

2015-2016: Lecturer at the candidate course (K06) applied psychology in a health perspective. I had two two-hours talks in introduction to the course and evaluation of the module.

2014 – present: I have held several lectures at the Open Public University at University of Southern Denmark and at Aarhus University.

Supervision and examination at bachelor- and candidate level

1999-2004: Has been a supervisor at 20 practical-pedagogical theses about didactical perspectives in teaching track and field. I have been the oral examiner of 10 groups defending the written thesis.

2012: Supervisor at a candidate thesis about exercise addiction at the Department of Sport Science and Clinical Biomechanics.

2013: Supervisor and examiner at two bachelor projects about eating disorders at the Department of Psychology

2014: Developer of examination tasks at the module Clinical psychology (B07). Developing a Multiple Choice Examination (50 questions with 4 response options). Developer of the written examination thesis Written Essay 48 Hours Examination.

2014: Examiner at the module Clinical psychology and grading 40 written theses. Also responsible for the correction guide for internal raters.

2015-2016: Developer of the exam task at the modul (K06) Applied psychology. Developing the exam task Written Essay 48 Hours Examination.

2015-2016: Examiner at the module Applied psychology and evaluation/rating 30-40 written theses each year. Also responsible of the correction guide for intern assessors.

2015-2018: Supervisor and examiner of six candidate theses (30 ECTS) the Department of Psychology.

Internship supervisor for candidate students at Department of Psychology

Each intern was supervised for one year and examined based on their skills as a psychologist.

2017: Intern Tanja L. Eriksen

2018: Intern Esben Skov Jensen and Magnus Kristoffer Omdahl

2019: Intern Rita Merza and Jakob Hyldig Nielsen

2020: Intern Eik Runge and Jacob Bindzus

2021: Intern Marina Bohn Hansen

PhD. supervisor

2020 - present: PhD main supervisor for a feasibility study exploring the usability of virtual reality exposure therapy in patients with social anxiety disorder (The VR8, candidate Mathias Torp Ernst). Department of Clinical Research, University of Southern Denmark.

2018 – present: PhD co-supervisor for a clinical project assessing cognitive functions in severe anorexia nervosa (The RESAN-project, candidate Simone Hemmingsen). Department of Clinical Research, University of Southern Denmark.

2018 – 2020: PhD co-supervisor for an RCT-study investigating borderline personality disorder and app-based treatment (ENTER M-diary study, candidate: Stig Helweg-Jørgensen). Defended 2021. Department of Psychology, University of Southern Denmark.

2021: PhD main supervisor for a coming cohorte project addressing internetbased cognitive behavioural therapy for depression (The IPSYK-program, candidate Esben Skov Jensen). Department of Clinical Research, University of Southern Denmark. PhD main supervisor for a cohorte project investigating dropout and completion in internetbased cognitive behavioural therapy for depression (The IPSYK-program, candidate Esben Skov Jensen). The PhD protocol is accepted at the PhD-school at the University of Southern Denmark. Expected start 01.01.2022 (has reached funding for three years).

2021: PhD main supervisor for a coming epidemiological project assessing eating disorders in Danish runners (candidate Karen Krogh Johansen). Department of Clinical Research, University of Southern Denmark. The PhD protocol is accepted at the PhD-school at the University of Southern Denmark. Expected start 01.01.2023 (has partly reached funding).

Teaching skills and teaching philosophy – reflections on pedagogical tools and development of skills

My main teaching methods have been oral talks, lectures, group teaching, digital learning activities (using Student Response Systems and Blogs) and face-to-face supervision of groups and individual thesis.

I teach and practice from the principal of "constructive alignment". I strive for the best association between my clinical job as a psychologist, my research and my teaching in clinical psychological topics and my choice of examination methods.

It is very important for me that my teaching is close to the kind of reality that the students will meet after graduation.

Furthermore, my choice of exam methods reflects that evaluation of the students learning can be related to the clinical praxis, they should be able to handle after graduation, e.g., case analyses, diagnostic of patients, choice of treatment method, and written reports.

I try constantly to develop my teaching methods to increase learning and activation of the students.

My job as a clinical psychologist and senior researcher ensures a high academic level with great relevance for the psychology students.

My position at the university and my courses in research communication ensures that I develop as a teacher and speaker at all levels. During my passion for research communication, I will constantly improve my skills and impact.