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## Educational Profile

2009-2011 Masters in Public Health Science major in Health Economics and Health Promotion  
Karolinska Institutet, Stockholm, Sweden.

2008-2009 Masters in Medical science major in Global health  
Karolinska Institutet, Stockholm, Sweden.

2002-2006 Bachelor of Science in Physiotherapy,  
Faculty of medicine of University of Dhaka, Dhaka, Bangladesh.

## Working experiences

- 2019' Feb – Present **PhD student at University of Southern Denmark**  
Focus of the study non-western immigrants in Denmark and their palliative care needs
- 2017-2019' Jan **Research assistant at REHPA-Videncenter for Rehabilitering og Palliation**  
Research with in the area of international Palliation focused on Low and middle income countries  
Conducted group discussion with health professionals in Bangladesh  
Published two articles in international journals within the area of Palliative  
Literature search
- 2017 **Scholar researcher at MESU - The Danish Research Centre for Migration, Ethnicity and Health**  
Communication with research group at MESU  
Attending meetings, scientific conferences arranged by MESU
- 2016 **Voluntary researcher at REHPA**  
Communication with palliative care group in Bangladesh  
Literature search  
Quantitative analysis of statistical data from Palliative care group in Bangladesh
- 2011-2015 **Independent Researcher**  
Published articles in international Peer reviewed journals
- 2010-2011 **Caregiver for children, Stockholm municipality, Sweden**  
Provided care for children with cognitive impairments  
Assisted to develop communication and interaction for child with Cognitive impairments  
Training ADL
- 2007-2008 **Clinical Physiotherapist, Abu Miah Development society, Dhaka, Bangladesh.**  
Assessed and made treatment plan for patient with neurological problem.  
Evaluation of treatment progress  
Supervised training assistants
- 2006-2007 **Clinical Physiotherapist Centre for the rehabilitation of the paralyzed (CRP), Dhaka, Bangladesh.**  
*Primary working area was to assess, make treatment protocol and provide treatment for patient with musculoskeletal, neurological problem.*  
*Patients' home visit in every three month.*
- 2006 **Training in Department of Physiotherapy - Bangladesh association for the aged and institute of geriatric medicine (BAAGIM), Dhaka, Bangladesh.**  
*Primary responsible area was to assess and provides treatment for aged people in both indoor and outdoor.*  
*Individual conversation session with elderly people with different socio-economic and physical problem.*

## Funds and awards

Awarded for the best poster in category at European Association of Palliative Care (EAPC) conference 2019.  
Received funding from The Danish Cancer Society to conduct PhD study.  
Received funding from the EGV foundation – Social inclusion for older adults to conduct a project about South Asian immigrants.

## Training and Seminar

Participated in EAPC conference 2019 at Berlin

Participated in conference on "Ældre migranter – ulighed og veje frem"

Participated in seminar on "Generationer og familie" among immigrants in Denmark

## Language skill

My Mother language is Bengali. I am excellent at academic English writing and fluent in speaking. In addition, I am good at Danish, can understand, though often not fluent in speaking. Besides, my mother language I am also fluent in other south Asian languages (e.g. Hindi, Urdu).

## Community Involvement

I have been working as a volunteer besøgsven (visiting friend) at Ældresagen Ishøj since 2014. I am also involved with Bangladeshi community in Copenhagen to integrate Bangladeshi women in to the Danish society. I am member of citizen advisory board in Bispebjerg hospital about food selection, among the diverse patients in hospital.

## Published articles

### **Community-based palliative care in two primary care settings – nursing homes and home care: a national survey**

Raunkiaer, M., Mikkelsen, T. B., Shabnam, J., Christiansen, S. R. & Jarlbaek, L., feb. 2025, I: Scandinavian Journal of Public Health. 53, 1, s. 90-97

### **Life-threatening diseases and long-term side effects in a rehabilitation context: a scoping review**

Grünfeld, F. H., Raunkiaer, M. & Shabnam, J., 2025, (E-pub ahead of print) I: Journal of Public Health.

### **The Social Construction of Palliative Care for Individuals With Dementia: Implications for Social and Healthcare Assistants and Helpers Working in Nursing Homes and Home Care**

Shabnam, J. & Raunkiaer, M., 2025, I: Health and Social Care in the Community. 2025, 12 s., 3480655.

### **Palliative Care Utilisation Among Non-Western Migrants in Denmark: A Qualitative Study Of the Experiences of Patients, Family Caregivers and Healthcare Professionals**

Shabnam, J., Timm, H. U., Nielsen, D. S. & Raunkjær, M., dec. 2024, I: Omega (United States). 90, 2, s. 805-833

### **Implementation of General Palliative Care Identification and Needs Assessment Tools in Hospital Settings: A Scoping Review**

Róin, T., Roikjaer, S. G., Shabnam, J., Egholm, C. L., Steinfeldt, V. Ø. & Bergenholtz, H., 3. okt. 2024.

### **Kommunal basal palliation til mennesker med demens og deres nære pårørende: Social- og sundhedsassistenters og social- og sundhedshjælperes palliative praksis**

Shabnam, J. & Raunkjær, M., 18. sep. 2024, REHPA, Videncenter for Rehabilitering og Palliation. 44 s.

### **Combined rehabilitation and palliative care interventions for patients with life-threatening diseases – PREGOAL: A scoping review of intervention programme goals**

Gärtner, H. S., Shabnam, J., Aagesen, M., Guldin, M.-B., Vind, A., Marså, K., Bergenholtz, H., Graven, V., Pilegaard, M. S. & Thuesen, J., 30. maj 2024.

### **Palliative care symptoms among cancer, kidney, heart, and lung patients: A quantitative study**

Pedersen, T., Grønvold, M., Lykke, C., Ottesen, A. L., Barna, E. N., Egholm, C. L., Mikkelsen, T. B., Raunkjær, M., Shabnam, J. & Hansen, M. B., maj 2024.

### **Identifying Long-term Side Effects Across Multiple Life-threatening Diseases: A Review**

Grünfeld, F. H., Raunkjær, M. & Shabnam, J., mar. 2024, I: Palliative Medicine. 38, Suppl. 1, s. 213 1 s., 3.240.

**Combined rehabilitation and palliative care interventions for patients with life-threatening diseases – PREGOAL: A scoping review of intervention programme goals**

Gärtner, H. S., Shabnam, J., Aagesen, M., Guldin, M.-B., Vind, A. B., Marså, K., Bergenholtz, H., Graven, V., Pilegaard, M. S. & Thuesen, J., 2024, I: Disability and Rehabilitation. 46, 14, s. 2989-2998 11 s.

**Hard to reach – easy to ignore – Manglende forskning blandt etniske minoriteter**

Shabnam, J. & Boelsbjerg, H. B., nov. 2023, I: Omsorg. 3, s. 31-36

**When and how to stop palliative antineoplastic treatment and to organise palliative care for patients with incurable cancer**

Raunkjær, M., Shabnam, J., Marsaa, K., Kurita, G. P., Sjøgren, P. & Guldin, M. B., 2. okt. 2023, I: International Journal of Palliative Nursing. 29, 10, s. 499-506

**Palliative care for non-Western migrants in Denmark: towards a supportive intervention**

Shabnam, J., 23. aug. 2023, Syddansk Universitet. Det Sundhedsvidenskabelige Fakultet. 230 s.

**Development and Modelling of a Supportive Palliative Care Intervention for Non-western Migrants with Palliative Care Needs and their Families Using the Medical Research Council Framework in Denmark**

Shabnam, J., Timm, H., Nielsen, D. S. & Raunkjær, M., jun. 2023.

**Development of a complex intervention (safe and secure) to support non-western migrant patients with palliative care needs and their families**

Shabnam, J., Timm, H., Nielsen, D. S. & Raunkjær, M., feb. 2023, I: European Journal of Oncology Nursing. 62, 102238.

**Combined Rehabilitation and Palliative Care interventions for people with life-threatening diseases–PREGOAL: A scoping review protocol**

Gärtner, H. S., Shabnam, J. & Thuesen, J., 2023, 7 s.

**The Bangladeshi Rights and Protection of Persons With Disability Act of 2013: A Policy Analysis**

Nuri, R. P., Aldersey, H. M., Ghahari, S., Huque, A. S. & Shabnam, J., dec. 2022, I: Journal of Disability Policy Studies. 33, 3, s. 178-187

**Palliative Care Utilization Among Non-Western Migrants in Europe: A Systematic Review**

Shabnam, J., Timm, H. U., Nielsen, D. S. & Raunkjaer, M., feb. 2022, I: Journal of Immigrant and Minority Health. 24, 1, s. 237-255

**Facilitators and barriers to access and utilize palliative care among non-western migrants: A systematic review**

Shabnam, J., Timm, H. U., Nielsen, D. S. & Raunkjær, M., 6. okt. 2021.

**Palliative care for older South Asian Migrants: A systematic review**

Shabnam, J., Timm, H. U., Nielsen, D. S. & Raunkjær, M., jun. 2020, I: Palliative & Supportive Care. 18, 3, s. 346-358

**Palliative Care for Elderly South Asian Immigrants: A Systematic Review**

Shabnam, J., Timm, H. U., Nielsen, D. S. & Raunkjær, M., 23. maj 2019.

**Palliative Care for Elderly South Asian Immigrants: A Systematic Review**

Shabnam, J., Timm, H. U., Nielsen, D. S. & Raunkjær, M., 15. maj 2019.

**24/7 palliative care telephone consultation service in bangladesh: A descriptive mixed method study - They know that we are with them**

Shabnam, J., Ahmad, N., Quadir, S. S., Biswas, F.-N. & Timm, H. U., 11. apr. 2018, I: Progress in Palliative Care. 26, 3, s. 119-125

**Economic empowerment of women and utilization of maternal delivery care in bangladesh**

Dalal, K., Shabnam, J., Andrews-Chavez, J., Mårtensson, L. B. & Timpka, T., 2012, I: International Journal of Preventive Medicine. 3, 9, s. 628-636

