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marketing and public policy implications**

Roy, Abhijit ; Bakpayev, Marat ; Boninsegni, Melanie Florence; Kumar, Smriti; Peronard, Jean-Paul de Cros; Reimer, Thomas

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**Technology-Enabled Well-Being in the Era of IR4.0:  
Marketing and Public Policy Implications**

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## Technology-Enabled Well-Being in the Era of IR4.0: Marketing and Public Policy Implications

Throughout history, technological waves have considerably impacted consumer well-being across three major industrial revolutions. The 1<sup>st</sup> Industrial Revolution of the 18<sup>th</sup>—early 19<sup>th</sup> century brought about weaving machines, steam engines, and railroads while the 2<sup>nd</sup> Industrial Revolution of the late 19<sup>th</sup>—early 20<sup>th</sup> century introduced electricity, light bulbs, radio, telephone, television, and mass production. Finally, the 3<sup>rd</sup> Industrial Revolution of the second half of the 20<sup>th</sup> century gave rise to digital computing, automatized production, and the Internet (Bell, 1973; Rifkin, 2011; Stearns, 2018).

Today's 21<sup>st</sup>-century technological wave with artificial intelligence, machine learning, the Internet of Things, blockchain, robotics, biotechnology, neurotechnology, nanotechnology, 3D printing, virtual and augmented realities, and other cyber-physical systems is referred to as the 4th Industrial Revolution (IR 4.0) (Schwab, 2017; Schwab and Davis, 2018). Together, these technologies continue to transform present-day society drastically. However, despite the unprecedented pace, scale, and nature of the most recent technological revolution, its impact on consumers and their well-being is unclear. Similarly, questions arise concerning public policy responses toward IR 4.0.

Imagine this near-future scenario. A consumer is just getting ready to go home after a stressful day in the office. Biocompatible sensors notify her that her blood sugar level is high. They also suggest a tomato salad for dinner. On the way home, her self-driving car connects with a personal therapy bot. As the driving and the session proceed, the car connects with the fridge and learns that it is out of tomatoes. The bot intelligently suggests a brief shopping trip. The car heads out to a nearby Amazon Go, and the consumer buys tomatoes with Bitcoin. Meanwhile, at home, Alexa; Nest; and a cooking robot, Frank, adjust home settings and prepare for cooking.

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3 Our vignette illustrates an assemblage of technologies that impact consumer well-  
4 being. A healthy diet and exercising benefit individual well-being; self-driving and retailing  
5 support societal well-being—with locally-sourced tomatoes and reduced road accidents;  
6 retailing organized around careful consideration of food waste and intelligent home settings  
7 reducing the carbon footprint helps environmental well-being. These technologies raise  
8 several public policy questions related to evaluating the societal impact of service robots,  
9 regulating data privacy, and promoting technology-enabled healthy eating.

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19 The overarching aim of this article is to examine the transformative impact of IR 4.0  
20 on consumer well-being across individual, societal, and environmental dimensions. Since  
21 new technologies exert a dramatic influence on healthcare, education, financial services,  
22 manufacturing, retailing, and other sectors, it is essential to examine them. We refer to these  
23 sectors as core sectors. Our primary focus is on the consumer well-being field, recognized for  
24 multiple perspectives and conceptualizations (Bahl *et al.*, 2016; Block *et al.*, 2011; Davis and  
25 Pechmann, 2013; Lee *et al.*, 2002; Mende and van Doorn, 2015; Mick *et al.*, 2012; Sirgy and  
26 Lee, 2006; Sirgy *et al.*, 2007).

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37 We position our work as a contribution to consumer well-being and public policy  
38 literature from the lens of increasingly important in our technology-integrated society  
39 emerging technologies (Davenport *et al.*, 2020; Hoffman and Novak, 2018; Huang and Rust,  
40 2018; Kaplan and Haenlein, 2019; Kumar *et al.*, 2020; Mende *et al.*, 2019; van Doorn *et al.*,  
41 2017; Walker *et al.*, 2019). We highlight specific gaps in the literature. First, past studies in  
42 consumer well-being did not incorporate substantial changes that emerging IR 4.0  
43 technologies bring, especially across increasingly blurring digital, physical, and biological  
44 domains. Second, past research focused on individual technologies and individual well-being.  
45 What is unaccounted for is the potential for a synergetic, proactive effect that emerging  
46 technologies bring on the aggregate level not only to individuals but also to society and the  
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3 environment. Finally, understanding the differences between responses to different outcomes  
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5 of technologies has important implications for developing public policy.  
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8 To address the gaps outlined above, in this paper, we discuss how converging novel  
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10 technologies transform core sectors and affect consumer well-being. Our key focus is on  
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12 technologies—also referred to as “new-age technologies” (Kumar *et al.*, 2020), “technology-  
13  
14 enabled interactions” (Yadav and Pavlou, 2020), and “new technologies” (Grewal *et al.*,  
15  
16 2020). In essence, we continue to study “technological products,” highlighted in the classic  
17  
18 study by Mick and Fournier (1998). Another concept closely related to IR 4.0 and often used  
19  
20 to refer to the same technologies is “Industry 4.0” (Erro-Garcés, 2019; Lu, 2017; Liao *et al.*,  
21  
22 2017). We refer to technologies such as artificial intelligence (AI), machine learning (ML),  
23  
24 the Internet of Things (IoT), blockchain, and a multitude of others as IR 4.0 technologies.  
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28 This conceptual paper contributes to two major bodies of literature. First, our primary  
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30 focus is on joining the dialogue on consumer well-being. While there is an established  
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32 understanding of well-being, the available literature lacks the focus on technology-enabled  
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34 changes that may be associated with it. We show how new changes in the technological  
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36 environment enable a synergetic, proactive approach toward consumer well-being. More  
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38 specifically, we propose a conceptual framework that incorporates principles of IR 4.0  
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40 technologies, accounts for their transformational impact on core sectors, and puts forward a  
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42 technology- and policy-oriented perspective on well-being. We portray a novel technology-  
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44 enabled view toward well-being. As such, this research becomes an essential development in  
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46 Transformative Consumer Research (TCR) literature that focuses on well-being. Second, we  
47  
48 provide a novel theoretical contribution to the literature on IR 4.0 as well as diverse  
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50 technology-specific research that investigates sub-fields within it such as AI, ML, the IoT,  
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52 robotics, and many others. We show a more comprehensive perspective toward the  
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54 assemblage of technologies. Finally, we outline public policy implications.  
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3 We begin by proposing our theoretical framework followed by a comprehensive  
4 review of literature on consumer well-being, consumer well-being and technology, and  
5 technology-enabled well-being. We then look at the digital, physical, and biological domains  
6 of IR 4.0 and examine the intersectional ties of newer technologies across these three  
7 domains. In conclusion, we discuss the implications for policymakers and outline directions  
8 for future research.  
9

### 17 **Conceptualizing IR 4.0 Framework for Technology-Enabled Well-Being**

19 We begin with a conceptual overview of consumer well-being and technology. We then  
20 progress toward the conceptualization of technology-enabled well-being (TEW). We provide  
21 an overview of key domains and various sectors, grounding our paper in some specific  
22 illustrative IR 4.0 technologies. Our conceptual framework, shown in Figure 1, highlights  
23 principles of IR 4.0 technologies; blurring of digital, physical, and biological domains;  
24 transformation of core sectors, and the public policy response continuum in the progression  
25 toward TEW.  
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35 Insert Figure 1 about here

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37 Our central claim is that (1) data-driven, (2) intelligent, and (3) connected IR 4.0  
38 technologies are blurring traditional boundaries between digital, physical, and biological  
39 domains. Our approach is different from the earlier investigations on consumer well-being  
40 because it is based on a technological perspective not just from a single technology but rather  
41 from a synergetic view toward multiple agentic technologies across different domains and  
42 sectors. We also connect IR 4.0 technologies to a continuum of public policy reactions. The  
43 traditional context of IR 4.0 is in the manufacturing and supply chain domain (Corsi *et al.*,  
44 2020). However, we argue that novel capacities of IR 4.0 technologies need to be examined  
45 on the consumer side, too. Our work is broadening the context of IR 4.0 toward consumers  
46 and, most importantly, expanding the concept of consumer well-being impacted by  
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3 technologies—both negatively and positively. With IR 4.0 development, consumers are not  
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5 interacting with a single technology; instead, they interact with a multitude of technologies in  
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7 an unprecedented way—with a potential synergy of combined technologies that can  
8  
9 proactively shape consumer well-being.  
10

### 11 12 **Consumer Well-Being**

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14 Well-being is defined as a “state of flourishing that involves health, happiness, and  
15  
16 prosperity” (Mick *et al.*, 2012, p. 6) or an individual’s “perceived satisfaction with all or  
17  
18 component aspects of their lives” (Hoffman, 2012, p. 193). In a recent review of well-being  
19  
20 literature and the various definitions of the construct, Dodge *et al.* (2012) defined well-being  
21  
22 as “the balance point between an individual’s resources pool and the challenges faced” (p.  
23  
24 230). This construct is closely related to the quality of life, life satisfaction, or consumer  
25  
26 welfare and can be operationalized by subjective or objective measures (Mende and van  
27  
28 Doorn, 2015). The concept of consumer well-being implicitly assumes the presence of  
29  
30 positive aspects such as life satisfaction and happiness and simultaneously the absence of  
31  
32 negative conditions such as illness or poverty (Sirgy *et al.*, 1982). Consumer well-being  
33  
34 relates to a positive psychological (i.e., self-acceptance or personal growth), physical (i.e.,  
35  
36 health), emotional (i.e., life satisfaction), and social (i.e., social acceptance or integration)  
37  
38 state at both individual and societal levels (Block *et al.*, 2011). The perspective refers to the  
39  
40 micro- and macro-level customer benefits (Agarwal *et al.*, 2020).  
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47 Overall, current research on well-being has different perspectives. For instance, Burr,  
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49 Taddeo, and Floridi (2020) investigate the ethics of digital well-being at the individual and  
50  
51 societal levels, while McGregor and Goldsmith (1998) identified the economic, physical,  
52  
53 social, emotional, spiritual, political, and environmental aspects of well-being. Likewise,  
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55 Bahl *et al.* (2016) identified the following domains of well-being: individual, societal, and  
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57 environmental. Acknowledging the multidimensional nature of the construct of well-being  
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3 and in line with Bahl *et al.* (2016), we build off the latter dimensions in the present paper.  
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5 These three aspects are well supported in the Transformative Consumer Research (TCR)  
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7 literature (e.g., Bahl *et al.*, 2016; Mick *et al.*, 2012). Illustrative well-being outcomes include  
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9 improved health, financial situation, literacy, and overall access to needed resources as well  
10  
11 as reduced discrimination and marginalization (Ganju *et al.*, 2016). We look beyond the  
12  
13 individual consumer level and account for broader entities by examining the linkages  
14  
15 between communities (cities, society) and their environment because consumer well-being is  
16  
17 linked to long-term macroeconomic stability and cannot exist without collective well-being  
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19 (Anderson and Ostrom, 2015).  
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### 23 24 **Consumer Well-Being and Technology**

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26 We continue our literature review with a broader focus on the relationship between consumer  
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28 well-being and technology. Methodologically, we searched multiple databases (EBSCO  
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30 Business Source Premier, ProQuest (ABI/Info), Web of Science, Google Scholar) for studies  
31  
32 containing the terms well-being\*, consumer well-being\*, and transformative\* in combination  
33  
34 with “fourth industrial revolution,” “IR 4.0,” and technology\* or any discrete technology  
35  
36 such as IoT\*, blockchain\*, artificial intelligence\*, machine learning\* and many more.  
37  
38 Second, we checked identified studies for potentially relevant cross-references. We excluded  
39  
40 studies that mainly focused on technical aspects. We provide the outcomes of the review in  
41  
42 Table 1. We also emphasize the key findings below.  
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46  
47 The primary focus of the current research is on the use of the Internet. Only recently  
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49 have studies in consumer well-being and technology begun shifting toward other emerging  
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51 technologies (Çikrıkci, 2016). Hoffman (2012) identified online social connections with other  
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53 people as being positively related to mental and physical well-being. Ganju *et al.* (2016)  
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55 showed that access to information and communication technology enhances well-being on  
56  
57 the societal level, including welfare, health, education, and living standards. Furthermore,  
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3 information and communication technology represents an essential resource for social  
4 inclusion, thus increasing mental and social well-being by being socially connected with  
5 society (Andrade and Doolin, 2016).  
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10 Service robots can play an essential role in senior care services by enhancing older  
11 adults' physical, psychosocial, and cognitive well-being (Čaić *et al.*, 2018). Assistive robots  
12 can alleviate loneliness by engaging in human-like social interactions and monitoring health  
13 and safety. Mende *et al.* (2019) have shown that using humanoid robots in food services can  
14 lead to compensatory consumption responses and thus possibly impact health-related and  
15 financial individual well-being by causing consumers to overspend on status products and  
16 increase unhealthy food consumption.  
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26 New technologies increasingly enter people's private spaces, making their homes  
27 smarter. Consumers use technologies to automate and personalize tasks in their domestic  
28 environment to raise convenience for utilitarian services and create hedonic value to meet  
29 their needs (Harvey *et al.*, 2020). This technical inclusion in the private environment can also  
30 have a transformative impact on consumers' individual and social well-being on different  
31 levels of service intentions (e.g., supportive, advisory, and persuasive). These are mostly  
32 related to physical and mental health, such as simulating natural sunlight to ease a person's  
33 wake-up or a fitness tracker trying to change someone's sports habits. Health analytics is  
34 becoming progressively important.  
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46 Consumers are equipping their homes with new technologies and increasingly making  
47 use of self-tracking technologies (STT). Thus, smart wearables enable consumers to monitor,  
48 analyze, and interpret personal performance data on health and physical or financial well-  
49 being (Wittkowski *et al.*, 2020). Users of smart devices are expected to monitor their  
50 performance more actively and increase advice compliance as consumers develop into more  
51 competent coproducers of professional services such as physicians or tax accountants.  
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3 However, this advice compliance depends on the self-efficacy of consumers. Self-efficacy is  
4 strengthening the effect of STT use on advice compliance and, finally, the impact on  
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6 consumer well-being.  
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10 Selected papers show the impact of new technologies on well-being. One key  
11 emphasis from Table 1 is that most of the literature focuses on the individual level (and some  
12 on the societal level) of well-being. Meanwhile, a discussion of the environmental level is  
13 very sparse. Furthermore, to a large extent, the interaction between consumers and new  
14 technologies is looked at from a dyadic, individual perspective. As such, the potential of the  
15 interaction between technologies within the technological ecosystem is widely neglected.  
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17 Finally, the interaction between the consumer and technology is treated as mostly as reactive.  
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19 Technology's proactive impact on consumer well-being still needs to be examined.  
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Insert Table 1 about here

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### **Toward Technology-Enabled Well-Being**

33 As observed above, previous studies began assessing the impact of technology on well-being.  
34 In Table 1, we describe the studies with critical findings and well-being implications. Despite  
35 previous efforts to identify different types of technologies linked to well-being, further  
36 theorization is needed about how emerging IR 4.0 technologies change various sectors and  
37 influence consumer well-being. We argue that society is progressing toward technology-  
38 enabled well-being (TEW), which we define as a state of balance between individual,  
39 societal, and environmental needs and available resources provided by data-driven,  
40 intelligent, and connected IR 4.0 technologies. TEW is a multidimensional, holistic construct  
41 that incorporates how IR 4.0 technologies influence individuals, societal interrelationships,  
42 and ecosystems.  
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56 First, we make a note of a data-driven principle. One specific element that we see  
57 across multiple examples of IR 4.0 technologies is that they are built on data. Data  
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3 availability has increased dramatically—with all kinds of information available, be it genetic,  
4 administrative, visual, olfactory, sensory, and auditory (Balmer and Yen, 2017). The  
5 digitization and sensor-based technologies such as wearables to continuously monitor various  
6 human activities have dramatically increased the number of data sources leading to the  
7 emergence of Big Data (Khakurel *et al.*, 2018).  
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15 Second, we note one of the most critical aspects of IR 4.0 technologies—intelligent  
16 principle. IR 4.0 technologies are simulating human intelligence—like a person, technology  
17 can “cognitively” recognize patterns of information and do so without human input  
18 (Armentano and Amandi, 2007). The intelligent principle is connected to data—digitization  
19 is progressing and expanding the availability of data IR 4.0 technologies, learning from it,  
20 and moving toward intelligence. We would argue that intelligence is different from smartness  
21 as decisions could be made without human input, something that is not accentuated in smart  
22 technologies. It incorporates autonomous learning and decision-making capabilities to solve  
23 complex problems and act in a complex dynamic environment on behalf of a person (Xu and  
24 Wang, 2006). McAfee and Brynjolfsson (2017) asserted that many decisions would be fully  
25 turned over to algorithms. We emphasize that IR 4.0 technologies are proactive rather than  
26 reactive. Digital agents aim to influence human behavior to improve well-being or prevent  
27 damage. They are driving intelligent actions from data and giving humans advice about how  
28 they should behave, set priorities, or even start actions for them (Harvey *et al.*, 2020).  
29 Intelligent use of big data is an opportunity to make better and faster decisions or save  
30 resources during routine tasks and thus increase the well-being on various levels.  
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51 The third fundamental principle is that IR 4.0 technologies are connected. So far, the  
52 interaction between technology and humans was mainly considered a dyad between humans  
53 and technology, such as conversations with a service robot (e.g., Mende *et al.*, 2019).

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58 However, in the era of IR 4.0, people and a multitude of technologies are connected into a  
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3 wide-ranging network. Devices can directly communicate with each other. Objects or  
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5 technologies are gaining new capacities due to their connectedness. Sensors, devices, agents,  
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7 technologies are mostly seen individually, not related to each other. However, they can work  
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9 together and build a network-potential that the devices alone could not deliver, enabling what  
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11 we refer to as a synergetic, proactive effect on consumer well-being. This ecosystem of  
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13 intelligent objects and technologies will have capacities to influence consumer well-being in  
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15 a way that digital information, physical devices, or biological processes by themselves could  
16  
17 not. Thus, digital or biological information connected with physical devices can have a more  
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19 substantial impact on well-being than individually. The connections of these capacities are  
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21 ongoing, in real-time, and can be very heterogeneous.  
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### 26 **Blurring of Digital, Physical, and Biological Domains**

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28 In line with “bodies of technologies” (Arthur, 2009), we group technologies into digital,  
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30 physical, and biological domains. As noted previously, the boundaries between these domains  
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32 are blurring (Roy and Roy, 2021), which complicates assigning any new emerging  
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34 technology to only one area (Huang and Rust, 2018; Schwab, 2017). For instance, the  
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36 physical domain is often mixed with digital, and human interactions are combined with the  
37  
38 non-human. Artificial intelligence coexists with natural intelligence, and human labor is  
39  
40 mixed in collaboration with artificial autonomous systems. Physical, biological, and digital  
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42 domains continue to converge, and contemporary societies become more and more hybrid  
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44 environments where technologies increasingly intertwine with humans, and the degree of the  
45  
46 control over them is changing (Aldinhas Ferreira, 2019). Unlike only seeing technology as  
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48 “tools,” IR 4.0 technologies can act proactively in an intelligent way, which can be seen with  
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50 both admiration and fear (Chatila and Havens, 2019).  
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56 While keeping the blurring perspective in view, we propose to list illustrative IR 4.0  
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58 technologies as predominantly digital, predominantly physical, and predominantly biological.  
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3 However, we emphasize that the digital domain is often the basis for further advances in  
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5 physical and biological domains. Consequently, we start with an overview of predominantly  
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7 digital technologies as these are the vehicles for many cross-domain applications.  
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### 10 **Predominantly Digital Domain**

11  
12 Significant advancements in the digital domain include such illustrative IR 4.0 technologies  
13  
14 as artificial intelligence (AI), machine learning (ML), the Internet of Things (IoT), and  
15  
16 blockchain technologies. Kumar *et al.* (2020) provide a conceptual overview of these  
17  
18 technologies, referring to them as “new-age technologies.” Similarly, past research proposes  
19  
20 an agenda that incorporates such technologies in various marketing-related contexts (Huang  
21  
22 and Rust, 2018). In a predominantly digital domain, multiple examples show how IR 4.0  
23  
24 technologies are data-driven, intelligent, and connected (Roy and Roy, 2019).  
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28 IR 4.0 technologies show autonomous learning and decision-making capabilities.  
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30 Here, the primary idea is to design technology so that it independently (i.e., without human  
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32 intervention) makes decisions based on data. Intelligent information processing based on Big  
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34 Data is referred to as ML and AI. Artificial intelligence incorporates automated computer  
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36 programs, i.e., algorithms designed to assist users (Armentano and Amandi, 2007). AI is  
37  
38 designed to solve complex problems effectively using Big Data and machine-learning  
39  
40 techniques (Kumar *et al.*, 2016). ML provides systems with the ability to learn and improve  
41  
42 from experience without being explicitly programmed (Khandani *et al.*, 2010). Therefore, AI  
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44 can be viewed as a computing system designed to realize a set of goals or tasks while  
45  
46 inhabiting, sensing, and autonomously acting in a complex dynamic environment on behalf of  
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48 a person or organization that can interact with its environment and other agents (Xu and  
49  
50 Wang, 2006). Due to the almost unlimited computer capacities, such decision-making is  
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52 possible in real-time and represents the basis for predictive analytics (Green Jr *et al.*, 2017).  
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54 Governments already use AI technology to improve cities. A representative example is  
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3 Pittsburgh's transportation system, where the use of sensors and cameras to recognize traffic  
4 activity has significantly reduced travel time and traffic jams in the city (Snow, 2017). In this  
5 system, AI uses the data to intelligently streamline real-time traffic. The penetration of AI,  
6 however, has raised several questions around data privacy protection, the trustworthiness of  
7 autonomous and intelligent systems, or bias in ML (Chatila and Havens, 2019; Puntoni *et al.*,  
8 2021).  
9

10  
11 The connected principle is aptly reflected in the Internet of Things (IoT), an emergent  
12 phenomenon that vividly transcends digital, physical, and biological domains. The IoT  
13 broadly refers to uniquely identifiable objects, such as artifacts and organisms, and their  
14 interconnection in a network structure that seamlessly links the physical and virtual world  
15 (e.g., Bandyopadhyay and Sen, 2011). As such, the "Things" in the IoT are not limited to  
16 electronic digital devices but can include any physical objects, such as clothing, automobiles,  
17 and household devices as well as people, and even cities. In recent years, due to the  
18 development of low-cost sensors (e.g., RFID technology), ubiquitous wireless high-speed  
19 network (e.g., 5G) connecting the sensor devices anywhere and anytime, and cloud-based  
20 information systems that offer a virtual way to store, manage, and access data, the IoT has  
21 become more interactive and pervasive (e.g., Green Jr *et al.*, 2017; Lee and Lee, 2015). In the  
22 coming years, the IoT is predicted to open up new ways for consumers to perceive and  
23 interact with reality to benefit their well-being (e.g., Hoffman and Novak, 2018; Nobre and  
24 Tavares, 2017).  
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49 With the increase of available data, intelligent processing, and management offered  
50 by algorithms, a need for a safe and collaborative communication infrastructure for these  
51 interactions emerges (Novak and Hoffman, 2019). One relevant solution in this respect is  
52 blockchain, a technology that consists of a growing list of records, called blocks, linked using  
53 an open, distributed network ledger that can efficiently and verifiably records transactions  
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3 between parties (Tapscott and Tapscott, 2016). Once registered, the data in any given block  
4 cannot be retroactively changed without altering subsequent blocks, which requires the  
5  
6 consensus of the majority in the network. As a peer-to-peer network, blockchain is  
7  
8 collectively managed using a protocol for inter-node communication and to validate new  
9  
10 blocks. Therefore, by design, data in a blockchain cannot be easily modified and, due to  
11  
12 decentralized consensus, considered secure (Iansiti and Lakhani, 2017). Essential properties  
13  
14 of blockchain include transparency, immutability, and security, which makes it appropriate  
15  
16 for applications such as smart contracts, financial reporting, management of private  
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18 information (e.g., medical records), and even electrical grid management (Harvey *et al.*,  
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25 2018).

### 26 **Predominantly Physical Domain**

27  
28 The predominantly physical domain includes such illustrative IR 4.0 technologies as robots,  
29  
30 self-driving vehicles, three-dimensional (3D) printing, and wearables. Technologies here are  
31  
32 material objects—extending digital technologies into a physical reality.  
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35  
36 One widely recognized example of the predominantly physical domain is robotics. As  
37  
38 an IR 4.0 technology, robotics has emerged at the crossroads of physical and digital domains.  
39  
40 Robots are intelligent and can even be designed to look like humans. Bekey (2012, p. 18)  
41  
42 refers to a robot as “a machine, situated in the world, that senses, thinks, and acts.” Likewise,  
43  
44 (Duffy, 2003, p. 177) defines a robot as “a physical entity embodied in a complex, dynamic,  
45  
46 and social environment sufficiently empowered to behave in a manner conducive to its goals  
47  
48 and those of its community.” Belk (2016) emphasizes a broader perspective toward robots,  
49  
50 including micro-robots, driverless vehicles, military drones, web crawlers, automatic  
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52 thermostats, robotic toys, vacuum cleaners, satellites, space probes, industrial robots, “bots,”  
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54 and voice-activated devices.  
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3 In our review, we propose to separate self-driving vehicles as an example on their  
4 own. Self-driving vehicles include cars as well as trucks, drones, aircraft, and boats. In  
5 several years, owing to rapid advances such as sensors and AI, these machines will be  
6 available for commercial and consumer applications. Along with passenger transport, the  
7 technologies will also allow drones to perform tasks such as checking power grid lines,  
8 delivering supplies, irrigating fields, and monitoring human masses.  
9

10  
11 The third illustrative IR 4.0 technology is 3D printing. This technology embraces a set  
12 of manufacturing techniques that can collectively create solid three-dimensional structures by  
13 building up successive layers of materials (Xu *et al.*, 2018). In today's on-demand era,  
14 consumers crave the ability to transform their digital experiences into physical ones  
15 (Hoffman and Novak, 2018). Connecting digital with physical, 3D printing is estimated to  
16 drive new consumer demand (Lee *et al.*, 2018; Skilton and Hovsepian, 2018).  
17  
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### 19 **Predominantly Biological Domain**

20 Illustrative examples of IR 4.0 technologies in the biological domain involve innovations in  
21 genetic engineering, neurotechnology, synthetic food, implantable technology. We also note  
22 the development of new biotechnologies, drugs, and smart materials (Patra and Andrew,  
23 2015). Major goals of all these technologies, which involve considerable financial investment  
24 and research effort, include curing hereditary diseases, eliminating hunger problems,  
25 providing cleaner energy sources, and addressing the issues of waste and its recycling (Patra  
26 and Andrew, 2015). Many aspects of the digital domain are expanding into the biological,  
27 bringing in data-driven, intelligent, and connected principles.  
28  
29

30 In this area, some of the innovations with the most significant potential for improving  
31 well-being are genetic engineering and neurotechnology. There are hopes that the  
32 manipulation of human genes will enable protecting people from deadly diseases. Another  
33 ambitious aspiration of genetic engineering is to eventually make it possible to "grow" organs  
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3 for transplantation in a laboratory. Furthermore, with the use of genetic screening, it may be  
4 possible to cure unborn children's diseases. Neurotechnology advancements have the  
5 potential to even implant a full artificial memory in the human brain. Overall, genetic  
6 engineering and neurotechnology have a strong potential to improve well-being and enable a  
7 longer lifespan (Fischer *et al.*, 2002). In the last two decades, the costs of editing the human  
8 genome have fallen six-fold, and the technology can also be used to edit the genes of plants  
9 and animals. Importantly, along with addressing scientific issues, there have also been  
10 growing concerns about ethical issues.

11  
12 Another recent technology that has emerged in the biological domain is the  
13 production of synthetic food. Produced by biochemical processes and 3D printing, synthetic  
14 food imitates natural products in appearance, taste, and smell. Synthetic food provides new  
15 possibilities to combat hunger. Nevertheless, the effects of these technologies on society and,  
16 perhaps more importantly, on the environment must be considered.

17  
18 One final example of IR 4.0 technologies that has recently emerged in the biological  
19 domain is implantable technology. These days, devices are not just being worn but are  
20 increasingly implanted in human bodies to monitor people's behavior, location, and health  
21 functions. While forerunners of devices such as pacemakers and cochlear implants have been  
22 in use for quite some time, many more health devices are expected to be launched in the  
23 future. These will not only help to identify and locate their hosts but also monitor their health  
24 status and even tap into their minds to detect hidden thoughts or moods via the use of "built-  
25 in" smartphones.

26  
27 To summarize, AI, ML, the IoT, blockchain, self-driving vehicles, 3D printing,  
28 wearables, genetic engineering, neurotechnology, synthetic food, and implantable technology  
29 are key illustrative IR 4.0 technologies that open up novel possibilities that historically were  
30 not possible to the same degree. Emerging technologies move beyond solely digital  
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3 disembodied reality into physical and biological space. These IR 4.0 technologies  
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5 demonstrate data-driven autonomous learning and decision-making, interactivity, and the  
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7 possibility of transparent, secure transactions that could be happening among the  
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9 technologies. Advancements lead to a merger between biological and physical, creating  
10  
11 cyborgs, artificial enhancements, and other biologically-based materials that can now be  
12  
13 manipulated. These IR 4.0 technologies explicitly reveal data-driven, intelligent, and  
14  
15 connected principles. The intersectional ties of new technologies across the three domains  
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17 (physical, biological, and digital) are illustrated in Figure 2.  
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Insert Figure 2 about here

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### 23 24 **Public Policy Implications**

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26 As outlined above, data-driven, connected, and intelligent IR 4.0 technologies—that are  
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28 blurring traditional boundaries between digital, physical, and biological—affect consumer  
29  
30 well-being across individual, societal, and environmental well-being. Public policy needs to  
31  
32 respond to this by considering an integrative TEW framework as a guide. Policymakers could  
33  
34 support the spreading of IR 4.0's positive effect throughout the society as well as alleviate  
35  
36 potential exclusion or vulnerability associated with it. They use a combination of both formal  
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38 legal regulation and self-regulation in achieving this balance (Doyle, 1997; Hoffmann-Riem,  
39  
40 1997). In the former, policymakers provide a safe environment for the consumer, and in the  
41  
42 latter, they create a sense of urgency and responsible behavior toward IR 4.0 technologies. In  
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44 our recommendations, we highlight a wider public policy continuum. Namely, policy makers  
45  
46 could (1) evaluate IR 4.0 technologies that are emerging without a clear indication of positive  
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48 and negative effects, (2) regulate and (3) restrict IR 4.0 technologies that have negative  
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50 effects, and (4) guide and (5) promote IR 4.0 technologies that have positive effects. While  
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52 developing a further discussion on how policymakers could respond, we provide some  
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3 illustrations and specific policy recommendations—connected to implications in well-  
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5 being—in Table 2.  
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Insert Table 2 about here

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### 9 10 **Evaluation of IR 4.0 Technologies**

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12 Policymakers could actively use various research methods to evaluate the impact. For  
13  
14 instance, there are several advanced methods available for identifying and analyzing complex  
15  
16 socio-technical networks. The challenge will be to apply these methods to track consumer  
17  
18 well-being over time and to uncover processes that are self-organizing and emergent  
19  
20 networks of consumers and things (e.g., Kuo *et al.*, 2002). Consequently, sophisticated  
21  
22 quantitative methods are needed that go beyond simple time series to model the complexity  
23  
24 of co-evolutionary processes. With few exceptions (e.g., Balta-Ozkan *et al.*, 2013), a more in-  
25  
26 depth and qualitative understanding of the interplay of technologies, contexts, and consumers  
27  
28 is also needed, which are likely to involve ethnographic approaches for making sense of how  
29  
30 things and people are well integrated into networks but also how existing systems of  
31  
32 relationships are challenged by new technology (e.g., Yapchaian, 2018).  
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### 37 38 **Regulation/Restriction of IR 4.0 Technologies**

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40 If IR 4.0 technologies bring in potential threats, policymakers could regulate or even restrict  
41  
42 their use. For instance, currently, the Health Insurance Portability and Accountability Act of  
43  
44 1996 (HIPAA) provides consumer protection. However, much of this regulation appears to be  
45  
46 rather old and does not safeguard consumer privacy today, such as securing consumers'  
47  
48 genetic data from being sold to insurance businesses. As argued by Xu *et al.* (2018), the 4<sup>th</sup>  
49  
50 Industrial Revolution has ushered the era of breakthroughs that far exceed the slow pace of  
51  
52 implementing laws and regulations. Currently, the most far-reaching attempt to provide  
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54 consumer protection is the European Union's General Data Protection Regulation (GDPR)  
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56 which requires businesses to collect user consent before collecting sensitive information. This  
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3 way, consumers can individually prioritize which of their personal data should be recorded  
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5 (the opt-in approach).  
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8 Policymakers should consider the possibilities of creating equal access to IR 4.0  
9  
10 technologies. Special attention should be given to consumers of especially low-income  
11  
12 groups who do not have the economic means to afford IR 4.0 access and/or technologies and  
13  
14 are, therefore, discriminated against participating and taking advantage of the IR 4.0 benefits.  
15  
16 Public policies must provide necessary sponsoring, funding, and subsidiaries for the less-  
17  
18 favored to enter IR 4.0 by directly supporting the purchase of computers and digital devices  
19  
20 in schools and elsewhere accompanied by support for Internet accessibility and instructor  
21  
22 education. The urban and rural digital divide is also something that requires the attention of  
23  
24 policymakers. Rural consumers might not get the same level of access to digital information  
25  
26 as urban consumers (Akileswaran and Hutchinson, 2019; Peronard and Just, 2011).  
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31 Consequently, there is a need for skills and capacity building not only to cope with  
32  
33 the adverse effects of transformative technologies but also to capture the promises of IR 4.0.  
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35 Especially in rural and poor areas, it is critical for policymakers and planners to provide  
36  
37 leadership and convince key stakeholders to participate in shaping a desirable outcome of  
38  
39 changes that follow IR 4.0 (e.g., Akileswaran and Hutchinson, 2019). A tangible way to do  
40  
41 this is by expanding the adoption rates of low-income groups to increase investments in  
42  
43 continuous local educational programs and technology infrastructure so that access to IR 4.0  
44  
45 technologies from more remote geographic areas and households is made possible. Besides,  
46  
47 as talent more than capital is likely to become a critical factor in the future, establishing a  
48  
49 sustainable local business environment with jobs for the many but especially attracting those  
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51 people with ideas and skills must be on the top of policymakers' agendas (e.g., Mellander and  
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53 Florida, 2011). Whenever it gets to putting individuals, society, and the environment into  
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3 potential danger, public policy should restrict the use of IR 4.0 technologies. For instance, the  
4  
5 discriminatory bias in self-learning algorithms may hurt vulnerable consumers.  
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8 Finally, it is important to recognize the significance of the impact of lobbying of  
9  
10 government officials by the technology sector. Oleshchuk (2020) identifies the various  
11  
12 technologies for informational influence to put unidirectional pressure on public policy  
13  
14 decision-makers. Recognizing the perception of the gap between the technology sector and  
15  
16 the legislative branches of government, the first Technological Assessment Institute was set  
17  
18 up in the US [Office of Technology Assessment (OTA)], followed by TA offices in the EU  
19  
20 member states in the 1980s (Salo and Kuusi, 2001). Yet, in 1995, the Congress in the US  
21  
22 terminated this office just as the internet was flourishing and the digital economy unfolding.  
23  
24 Now at a time when most people are deeply concerned with privacy, security, fairness,  
25  
26 transparency, and human safety, coupled with the stunning growth of the IR 4.0 technology  
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28 innovations, it may be time to reinstitute this agency. This will allow governmental agencies  
29  
30 to be proactive rather than reactive in enacting public policies.  
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### 35 **Guide/Promotion of IR 4.0 Technologies**

36  
37 Policymakers can guide consumers regarding IR 4.0 technologies or even promote them to  
38  
39 gain acceptance. As outlined in the previous section, consumers may only reluctantly use  
40  
41 transformative technologies due to a lack of trust and fear. Demonstration projects may prove  
42  
43 valuable as they create awareness-, how-to, and function-knowledge aiming at increased  
44  
45 acceptance (Rogers, 2003). However, the demonstration of innovation may also be  
46  
47 considered persuasive in so far that it provides convincing and compelling arguments for  
48  
49 adoption and diffusion in a given population (Dearing, 2009).  
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54 Nevertheless, the lack of symmetrical communication between businesses/technicians  
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56 and the public is bound to create mistrust and skepticism among consumers. Thus, it is a  
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58 barrier to persuasion and, subsequently, the adoption of IR 4.0 technologies. Consequently,  
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3 ensuring public trust becomes a pivotal communication issue where debate supported by  
4 well-documented and high-quality research is needed. Since much of the current research  
5 stems from the technical sciences, it needs to be scrutinized and reinterpreted by social  
6 scientists to critically assess the tension between the social, economic, and technical  
7 dimensions of IR 4.0. Arguably, best cases can support debates such as panels, workshops,  
8 roundtables, conferences, and build consensus among stakeholders, which will help form new  
9 and relevant policies that will be more readily accepted.

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19 Based on this, policymakers inform consumers of the negative aspect of IR 4.0. For  
20 instance, Berthon *et al.* (2019) suggest issuing warning labeling and other types of  
21 declarations that create awareness of possible frauds and risks as well as installing  
22 transparency measures (e.g., opt-in/out) of personal data use or putting restrictions on  
23 addictive marketing programs of new technologies. Furthermore, educating consumers and  
24 not ignoring their creative potential to use new technologies may counter the challenges of  
25 decreased employment in certain sectors (e.g., An, 2019). That is, policymakers must be  
26 more attentive to help people actively participate in IR 4.0 to absorb and exploit possible  
27 changes that follow from technological development. Training programs for both consumers  
28 and employees are indeed needed.

### 41 42 **Conclusion**

43  
44 We address the need for a conceptual framework at the intersection of IR 4.0 technologies  
45 and humans by analyzing TEW. The critical theoretical contributions of this study are to  
46 understand better the impact of IR 4.0 technologies on the three key facets of well-being  
47 across significant sectors of society. Specifically, by focusing on TEW, we examine in detail  
48 the mostly unexplored impact of IR 4.0 technologies on human needs and resources on an  
49 individual and collective level. By incorporating the individual, societal, and environmental  
50 perspectives, we provide a holistic view of the synergetic, proactive, and transformative  
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3 impact of IR 4.0 technologies. Our study, therefore, extends prior work dealing with the role  
4 of new technologies in customer service interactions and behavioral loyalty (e.g., Mende *et*  
5 *al.*, 2019). These studies focused on B2B settings, company outcomes, and workplace  
6 conditions (e.g., Huang and Rust, 2018), or studies exclusively concerned with consumer  
7 well-being at an individual level (e.g., Lu *et al.*, 2019).  
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15 Thus, the critical contribution is in identifying the future abrupt and radical change  
16 primarily propelled by core drivers of IR 4.0, blurring domains, and impact on well-being at  
17 varied levels (i.e., the individual consumer, society, and environmental) across various  
18 sectors of society (Boninsegni *et al.*, 2022). We propose a conceptual framework that  
19 incorporates critical principles of IR 4.0 technologies and their transformational impact on  
20 core sectors and puts forward technology-enabled views on the essential aspects of well-  
21 being.  
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31 Admittedly, these boundaries domains' are now blurred (Huang and Rust, 2018;  
32 Schwab, 2017). Data-driven, intelligent, and connected IR 4.0 technologies is the force that is  
33 actively contributing to the blurring of the domain. However, we want to theorize on this  
34 more specifically. What are these boundaries? Should they be stable? What are the outcomes  
35 of such blurring? We are building off a comprehensive evaluation of the nature of technology  
36 by Arthur (2009), who notes that domains ("bodies of technologies") re-domain, and that is  
37 how technology progresses. Moreover, looking at technologies and the blurring of  
38 mechanical and biological, Arthur (2009) argues that with the sophistication of tech, it  
39 becomes more biological.  
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51 The blurring of digital, physical, and biological boundaries is also creating something  
52 that Krafft *et al.* (2020) refer to as a "boundary object." The authors note acceleration in  
53 blurring of domains based on AI and 5G and introduce a "boundary object," referring to IR  
54 4.0 technologies. As such, novel IR 4.0 technologies cross the traditional borders across  
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3 domains. Emerging technologies also have “power and capabilities of creating connections  
4 and overcoming discontinuities between disciplines. In doing so, they help further  
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6 collaborations across disciplinary boundaries and hence contribute to advancing and  
7  
8 accelerating knowledge creation” (p. 2). We argue that blurring of the domains is the  
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10 progression of technology, enabling novel approaches to well-being. However, it should be  
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12 approached from the public policy perspective, as the technologies also come with a set of  
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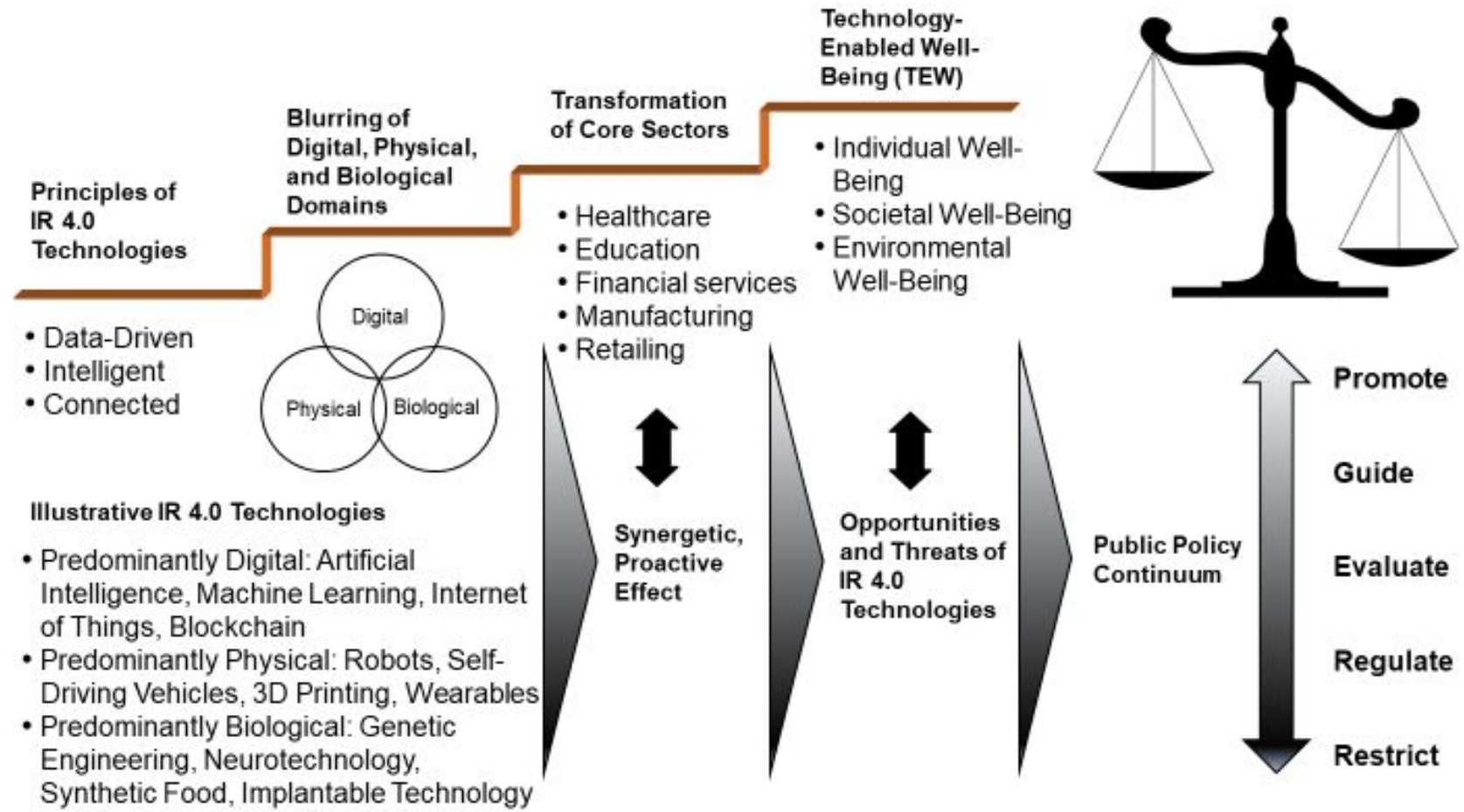
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Figure 1: IR 4.0 Framework for Technology-Enabled Well-Being



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**Figure 2: Intersectional Ties of Newer Technologies Across the Three Domains of IR 4.0**

IR 4.0 Technologies		Key Domains of IR 4.0		
		Predominantly Digital	Predominantly Physical	Predominantly Biological
Predominantly Digital	Artificial Intelligence	●	◐	◐
	Machine Learning	●	◐	◐
	Internet of Things	●	◐	○
	Blockchain	●	◐	○
Predominantly Physical	Social Robotics	◐	●	○
	Self-Driving Vehicles	◐	●	○
	3D Printing	◐	●	◐
	Wearables	◐	●	◐
Predominantly Biological	Genetic Engineering	◐	◐	●
	Neurotechnology	◐	◐	●
	Synthetic Food	◐	◐	●
	Implantable Technology	◐	◐	●



**Table 1: Literature Overview of the Relationship Between Consumer Well-Being and Technology**

Author(s)	Definition of Well-Being	Key Objective	Industry Sectors	Intersection of Technological Domains	Type of Interaction (Individual vs. Assemblage)	Proactive Impact of Technology	Level of Well-Being
Çikrikci (2016)	Positive psychology which focuses on wellness of the individual physically, mentally, and socially (life satisfaction, psychological well-being, self-esteem).	Meta-analysis study to investigate the effect of internet use on well-being.	N.A.	No (Digital)	Individual Technology	No	Individual
Ganju <i>et al.</i> (2016)	Subjective well-being as overall happiness or life satisfaction (implicitly including welfare, health, education, living standards).	Exploring the role of information and communication technology (ICT) in enhancing well-being of nations.	N.A.	No (Digital)	Individual Technology	No	Societal
Hoffman (2012)	N.A.	Examine several key factors that may contribute to whether Internet use will lead to increased consumer well-being.	Online Contact	No (Digital)	Individual Technology	No	Individual, Societal
Andrade and Doolin (2016)	Ability to achieve valuable functioning. Achieved well-being or freedom to achieve well-being according to capability approach.	Use of information and communication technologies (ICTs) for inclusion of newly resettled refugees. ICTs as resource for refugees to exercise their agency and enhance their well-being.	Settlement service	No (Digital)	Individual Technology	No	Individual, Societal
Banker and Khetani (2019)	N.A.	Show overdependence of consumer regarding algorithm-generated recommendations.	Online Purchase; Healthcare	Yes (Digital; Physical)	Individual Technology	No	Individual
Čaić <i>et al.</i> (2018)	Physical, psychosocial, and cognitive health.	Investigate the potential roles for service robots (i.e., socially assistive robots) in value networks of elderly care.	Elderly Care	Yes (Digital; Physical)	Individual Technology	No	Individual

Author(s)	Definition of Well-Being	Key Objective	Industry Sectors	Intersection of Technological Domains	Type of Interaction (Individual vs. Assemblage)	Proactive Impact of Technology	Level of Well-Being
Mende <i>et al.</i> (2019)	N.A.	Examine whether these humanoid robots (compared with human employees) will trigger positive or negative consequences for consumers and companies.	Food service	Yes (Digital; Physical)	Individual Technology	No	Individual
Anderson <i>et al.</i> (2016)	Personal and societal well-being (including e.g., health, environmental sustainability, poverty).	Develop a conceptualization of resource integration under responsibilities with different actors and identification of different resource-integration practices to negotiate responsibilities.	Healthcare	Yes (Digital; Physical)	Individual Technology	No	Individual, Societal
Wittkowski <i>et al.</i> (2020)	Consumers' overall perceptions of their quality of life and health status.	Investigate if self-tracking technologies enhance advice compliance and whether it depends on consumers' self-efficacy.	Healthcare	Yes (Digital; Physical)	Individual Technology	Yes	Individual
Harvey <i>et al.</i> (2020)	Personal and social well-being.	Examine how and why consumers automate smart domestic products.	Home appliances	Yes (Digital; Physical)	Individual Technology	Yes	Individual
Agarwal <i>et al.</i> (2020)	Perceived benefits on micro- and macro-level as customer value in healthcare ecosystem.	Developed framework of value-centered marketing in healthcare. Described how emerging technologies can be used in healthcare system.	Healthcare	Yes (Digital; Biological)	Individual Technology	Yes	Individual, Societal
<i>Our Article</i>	<i>State of balance between individual, societal, and environmental needs and available resources provided by data-driven, intelligent, and connected IR 4.0 technologies.</i>	<i>Theorize technology-enabled well-being, examine opportunities and threats associated with IR 4.0 technologies and discuss public policy implications.</i>	<i>Healthcare; Education; Financial services; Manufacturing; Retailing</i>	<i>Yes (Digital; Physical; Biological)</i>	<i>Assemblage of Technologies</i>	<i>Yes</i>	<i>Individual, Societal, Environmental</i>

**Table 2: Public Policy Implications in the Context of IR 4.0 Technologies and Technology-Enabled Well-Being**

Key Domains of IR 4.0	Example	Public Policy Action	Well-Being Implications	
Predominantly Digital	Emerging Issue: <b>Regulate or Restrict Data Misuse</b>	Individuals lose control of their private data that can be exploited for commercial and criminal ends. Institutions (financial & insurance companies) may take advantage of personal data by offering a lower price to premium consumers if personal data are not concealed.	To mitigate the threat institutions should Provide data control (GDPR) and set standards for application in case of security breach or hacking. Furthermore, to mitigate the threat institutions should increase transparency in product production and tracking.	People are regaining confidence in the use of new technologies. The openness to share data for meaningful and safe generation of synergistic benefits for individuals and society such as data-based investigation of diseases.
	Emerging Opportunity: <b>Guide or Promote Education Access</b>	Lifelong learning of the population through online education and access to open-source-based platforms contributes to education of all ages as well as provide education to disadvantaged segments of the society.	To promote this opportunity institutions should ensure worldwide access by ensuring free and fast online access. They also should provide a smart societal infrastructure through the public use of IR 4.0 to develop population skills and digital capabilities.	Give people knowledge and competencies to succeed in life, promote their mental health and financial well-being. Thus, creating human potential to make the world a better place.
Predominantly Physical	Emerging Issue: <b>Evaluate Legal Responsibility</b>	Automation and AI decision-making can lead to legal and ethical issues (traffic accidents, misdiagnoses, fatalities) which raises the question regarding responsibility and liability.	To mitigate the threat institutions should identify dilemmas of accountability and interrelatedness and prepare protection for affected persons according to legal and ethical standards.	When people are fully informed about the potential dangers but also the possible responsibilities, mental and financial security is provided, which increases well-being.
	Emerging Opportunity: <b>Promote Assistance to Fragile Population</b>	Robotic can provide supportive needs to fragile population regardless of mobility and physical impairments.	To promote this opportunity technology could supplements the care provided by humans (especially in healthcare).	Social interaction and providing companionship are improving health and psychological well-being.
Predominantly Biological	Emerging Issue: <b>Evaluate Adoption Barriers</b>	Lack of trust and knowledge in advanced biological technologies creates barriers for adoption from a part of the population, especially manipulation of genes and organ reproduction raise societal concerns.	To mitigate the threat, institutions should set-up panels, workshops, roundtables, conferences and support bottom-up processes with key stakeholders to inform about potential societal benefits.	Education in all social classes would increase the openness to novel biotechnological technologies and thus create a new potential for health-related well-being.
	Emerging Opportunity: <b>Guide on Medical Advancement</b>	Synergetic use of IR 4.0 technologies such as 3D printing, genetic engineering, and neuroscience to improve early diagnosis, prevention and especially treatment of diseases.	To promote this opportunity institutions should communicate about quality-of-life improvements and at the same time develop ethical protocols.	The population's quality of life and life expectancy can be drastically improved and thus increase health-related well-being.

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3 **Technology-Enabled Well-Being in the Era of the 4th Industrial Revolution:**  
4 **Marketing and Public Policy Implications**  
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6 Abhijit Roy

7 Professor of Marketing

8 Kania School of Management

9 University of Scranton

10 320 Madison Avenue, Scranton, PA 18510

11 Phone : 570-941-7715

12 Email: [roya2@scranton.edu](mailto:roya2@scranton.edu)

13 Marat Bakpayev

14 Assistant Professor of Marketing

15 Labovitz School of Business and Economics

16 University of Minnesota Duluth

17 1318 Kirby Drive, Duluth, MN, 55812

18 Phone: 218-726-8483

19 Email: [mbakpaye@umn.edu](mailto:mbakpaye@umn.edu)

20 Melanie Florence Boninsegni

21 Assistant Professor in Marketing

22 Department of Marketing and Communication

23 IPAG Business School

24 184 Blvd Saint-Germain

25 75006 Paris, France

26 Phone : +33 1 5363 3600

27 Email : [m.boninsegni@ipag.fr](mailto:m.boninsegni@ipag.fr)

28 Smriti Kumar

29 Visiting Assistant Professor,

30 Northeastern University

31 360 Huntington Avenue

32 Boston, Massachusetts 02115

33 Phone: 413-545-5663

34 Email : [sm.kumar@northeastern.edu](mailto:sm.kumar@northeastern.edu)

35 Jean-Paul Peronard

36 Associate Professor

37 Department of Business Development and Technology

38 Aarhus University

39 Birk Centerpark 15

40 DK-7400 Herning, Denmark

41 Phone: +45 87164700

42 Email: [jeanpaul@btech.au.dk](mailto:jeanpaul@btech.au.dk)

43 Thomas Reimer

44 Assistant Professor in Consumer Behavior

45 Department of Sociology, Environmental and Business Economics

46 University of Southern Denmark

47 Degnevej 14, DK-6705 Esbjerg Ø, Denmark

48 Phone: +45 65 50 12 60

49 Email: [thore@sam.sdu.dk](mailto:thore@sam.sdu.dk)

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