

**Patterns of cerebral tissue oxygen tension and cytoplasmic redox state in bacterial meningitis**

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10 bacterial meningitis

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27 **Running title:** Brain oxygen tension and cytoplasmic redox state in bacterial meningitis

28 **Key Words**

29 Bacterial meningitis; Intracerebral microdialysis; Cerebral tissue oxygenation; Intracranial pressure  
30 Ischemia; Mitochondrial dysfunction.

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46 **Abstract**

47 *Background:* Compromised cerebral energy metabolism is common in patients with bacterial  
48 meningitis. In this study simultaneous measurements of cerebral oxygen tension and  
49 lactate/pyruvate ratio were compared to explore whether disturbed energy metabolism was usually  
50 caused by insufficient tissue oxygenation or compromised oxidative metabolism of pyruvate  
51 indicating mitochondrial dysfunction.

52 *Subject and Methods:* Ten consecutive patients with severe streptococcus meningitis were included  
53 in this prospective cohort study. Intracranial pressure, brain tissue oxygen tension (PbtO<sub>2</sub>) and  
54 energy metabolism (intracerebral microdialysis) were continuously monitored in nine patients. A  
55 cerebral lactate/pyruvate (LP) ratio <30 was considered indicating normal oxidative metabolism, LP  
56 ratio >30 simultaneously with pyruvate below lower normal level (70 μmol/L) was interpreted as  
57 biochemical indication of ischemia, and LP ratio >30 simultaneously with a normal or increased  
58 level of pyruvate was interpreted as mitochondrial dysfunction. The biochemical variables were  
59 compared with PbtO<sub>2</sub> simultaneously monitored within the same cerebral region.

60 *Results:* In two cases the LP ratio was normal during the whole study period and the simultaneously  
61 monitored PbtO<sub>2</sub> was 18 ± 6 mmHg. In 6 cases, interpreted as mitochondrial dysfunction, the  
62 simultaneously monitored PbtO<sub>2</sub> was 20 ± 6 mmHg and without correlation to the LP ratio. In one  
63 patient, exhibiting a pattern interpreted as ischemia, PbtO<sub>2</sub> decreased below 10 mmHg and a  
64 correlation between LP and PbtO<sub>2</sub> was observed.

65 *Conclusion:* This study demonstrated that compromised cerebral energy metabolism, evidenced by  
66 increased LP ratio, was common in patients with severe bacterial meningitis while not related to  
67 insufficient tissue oxygenation.

68 **Editorial Comment**

69 In a cohort of patients with streptococcal meningitis, a predominant pattern of cerebral  
70 mitochondrial dysfunction rather than insufficient oxygenation was demonstrated using multimodal  
71 neuromonitoring. This study highlights the potential for multimodal neuromonitoring to investigate  
72 pathology, guide treatment, and design interventional trials in patients with acute cerebral  
73 dysfunction.

74 **Introduction**

75 Despite adequate antibiotic therapy mortality has remained high in community-acquired bacterial  
76 meningitis (20-30%).<sup>1-5</sup> Elevated intracranial pressure (ICP) appears to be an important cause of  
77 unfavorable outcome<sup>6,7</sup> as increased ICP may result in a decrease in cerebral perfusion pressure  
78 (CPP), a reduction of cerebral blood flow and compromised energy metabolism. In a recent  
79 retrospective study of patients with severe bacterial meningitis we demonstrated that cerebral  
80 oxidative metabolism was affected in approximately 50% of the cases.<sup>8</sup> Based on the fact that a  
81 similar biochemical pattern was obtained in experimental, cyanide induced mitochondrial  
82 dysfunction<sup>9</sup> it was tentatively suggested that bacterial meningitis might impair mitochondrial  
83 function. A recent experimental study of lipopolysaccharide (molecule from outer membrane of  
84 gram-negative bacteria) induced aseptic meningitis supported this interpretation.<sup>10</sup> Further, similar  
85 biochemical patterns have been interpreted as indicating mitochondrial dysfunction in various  
86 severe neurosurgical conditions.<sup>11-12</sup>

87 The present investigation had two primary objectives: Firstly, to verify in a prospective study that  
88 cerebral energy metabolism is frequently impaired in severe bacterial meningitis; secondly, to  
89 examine whether it is correct to separate the diagnosis of cerebral ischemia from mitochondrial  
90 dysfunction based on the biochemical pattern obtained during intracerebral microdialysis. In the  
91 present study we relate data from measurements of brain tissue oxygen tension (PbtO<sub>2</sub>) to  
92 simultaneously recorded data reflecting cerebral cytoplasmic redox state evaluated from cerebral  
93 interstitial lactate/pyruvate (LP) ratio obtained by microdialysis. In cerebral ischemia the reduction  
94 of cerebral blood flow will decrease PbtO<sub>2</sub> and cause an instantaneous increase of the LP ratio.<sup>13,14</sup>  
95 In mitochondrial dysfunction an increase in LP ratio has been shown to occur at an unchanged  
96 PbtO<sub>2</sub>.<sup>9,15</sup> As knowledge regarding the relations between LP ratio and PbtO<sub>2</sub> remains incomplete<sup>16</sup>  
97 the present study may be of relevance not only for patients with severe bacterial meningitis but also  
98 for the understanding in general of data obtained during cerebral multi-modal monitoring.<sup>a</sup>

## 99 **Materials and Methods**

### 100 *Study population*

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<sup>a</sup> Preliminary data has been presented as a poster at the 34th annual meeting of NSCMID 2017, Faroe Islands.

101 Consecutive patients with severe community-acquired bacterial meningitis complying with the  
102 inclusion criteria below and admitted to the department of Infectious Diseases, Odense University  
103 Hospital, Denmark during the period January 2014 to June 2016.

#### 104 *Management Protocol.*

105 The project was carried out according to the 1964 Declaration of Helsinki and approved by the  
106 national ethics committee (no. 1302047) and the Danish data agency (no. 2012-58-0018/2008-58-  
107 0035). It is categorized as an 'urgent' project where surrogate informed consent could be obtained  
108 after the patient's inclusion in the project. Patient informed consent was obtained when the  
109 individual was able to decide on the participation.

110 Inclusion criteria were:

- 111 1. Age  $\geq$  18 years
- 112 2. Confirmed community-acquired bacterial meningitis with positive cerebrospinal fluid (CSF)  
113 microscopy/culture or high clinical suspicion of meningitis with increased CSF cell count and/or  
114 decreased CSF/blood glucose ratio.
- 115 3. Decreasing Glasgow Coma Scale (GCS)  $<$  9 and candidate for ICP monitoring.
- 116 4. Admission to the intensive care department.

117 No patients were excluded after inclusion in the study and no adverse events due to intracerebral  
118 monitoring and use of microdialysis probes were seen. In one patient (Pat. 2) the microdialysis  
119 catheter malfunctioned and replacement was possible.

120 The neurosurgeon on call evaluated the need for ICP monitoring and inserted a triple lumen bolt  
121 (Integra Neurosciences Ltd. New Jersey, USA) into the right frontal lobe for positioning of all three  
122 intracerebral probes.

123 All patients received antibiotics according to current guidelines (ceftriaxone + penicillin/ampicillin,  
124 or meropenem) and subsequently adapted to resistance tests. Corticosteroids were given according  
125 to guidelines that is, before or concomitantly with intravenous antibiotics. Standard intensive care  
126 management regarding ventilation, circulation, sedation and fluid therapy was given according to  
127 current sepsis guidelines.<sup>17</sup> Mean arterial pressure, CPP, ICP and PbtO<sub>2</sub>, was monitored

128 continuously and registered every hour when a microvial was analyzed. Treatment of elevated ICP  
129 was defined as a direct action done due to elevated ICP and with the aim of lowering the ICP. This  
130 treatment included CSF drainage, sedation with midazolam and fentanyl and/or infusion of  
131 hypertonic saline aiming at ICP <20 mmHg and a CPP> 60 mmHg.

132 Clinical outcome was evaluated utilizing Glasgow Outcome Score (GOS) at one month after  
133 discharge by a specialist in infectious diseases.

#### 134 ***Intracerebral monitoring***

135 ICP was monitored utilizing a pressure sensitive transducer (Camino® catheter, Integra  
136 Neurosciences Ltd. New Jersey, USA) positioned in the white matter of the right frontal lobe. The  
137 PbtO<sub>2</sub> and the microdialysis probes were via the triple lumen bolt positioned close to each other.  
138 PbtO<sub>2</sub> was measured with a Licox® probe (Licox CCISB, Integra Neurosciences Ltd. New Jersey,  
139 USA) placed 15 mm into the brain parenchyma. Data were collected using the AC3.1 monitor  
140 (Integra Neurosciences Ltd.) and recorded every 20 seconds. Microdialysis probes (70, MDialysis,  
141 Stockholm, Sweden) were perfused with artificial CSF (MDialysis, Stockholm, Sweden) at a rate of  
142 0.3µl/min (106 MD pump, MDialysis, Stockholm, Sweden). The dialysates were collected in  
143 microvials and analyzed for glucose, lactate, pyruvate, glutamate and glycerol every 60 minutes  
144 using an Iscus Flex analyzer (MDialysis, Stockholm, Sweden). After insertion all probes were  
145 allowed a minimum of two hours for stabilization. The base-line levels for the various variables  
146 were established during the subsequent 60 minutes.

147 Microdialysis samples were obtained every hour for a maximum of 5 days due to the durability of  
148 the probes. In some cases it was not possible to start collecting microdialysis vials at the same time  
149 as the ICP monitoring started due to a delay with the clinical staff that worked on the project. ICP  
150 and PbtO<sub>2</sub> values described in the section 'physiological data' were collected concurrently with  
151 microdialysis vials. For all patients included with biochemical data, measurements were available  
152 for a minimum period of 48 hours.

#### 153 ***Statistical analysis***

154 For continuous variables, to evaluate the subjects' characteristics, a descriptive analysis was  
155 performed. Normality was tested graphical with quantile-quantile (Q-Q) plot. All measurements  
156 with normal distribution were presented as mean (± standard deviation). If there was skewed

157 distribution data were presented as median (25<sup>th</sup>-75<sup>th</sup> percentiles). To identify the differences in  
158 population means over time a one-way ANOVA was performed. A regression with robust variance  
159 estimator was used to identify differences in means between groups.

160 The correlation between variables was evaluated by calculating the Pearson correlation coefficient  
161 (r).

162  $P < 0.05$  was considered to be statistically significant. Data management were undertaken with a  
163 Microsoft Excel (Microsoft, Seattle, WA, USA) spreadsheet and analysed using Stata, version 14.2  
164 (c).

## 165 **Results**

### 166 *Basic clinical data*

167 Ten patients were included in the study. Median age of the patients was 69 years (iqr 61-70) and  
168 median GCS during the initial 3h was 12 (iqr 7 – 14). After admission to hospital all patients  
169 deteriorated in GCS and were transferred to the intensive department. All were intubated and  
170 treated with controlled ventilation. Table 1 and 2 gives basic clinical information regarding the ten  
171 patients included in the study.

172 All cases had a verified microbiology diagnosis (Table 1). All patients had a blood culture drawn  
173 within the first 3 hours of admission and in eight cases they were positive. Microscopy of CSF was  
174 performed in all cases with gram-positive cocci seen in seven cases. Eight patients had bacterial  
175 growth in the CSF and one additional was positive with polymerase chain reaction for *S. mitis*.

176 Outcome assessed using GOS was median 3 (iqr 3-4) and in hospital mortality was 20%. No patient  
177 died during the 5 day period of multi-modal monitoring but two patients died within 1 month both  
178 during hospitalization. Patient 1 died on the day of planned discharge after completing antibiotics,  
179 rated stable and recovering to GCS 15. Cause of death was not clear. Patient 5 died during treatment  
180 in the intensive care department without regaining consciousness at any time during hospitalization.  
181 This patient had the longest delay from admission until correct diagnosis was given of all the  
182 patients. The delay until correct antibiotic treatment was given was 19.5 hours. An autopsy was not  
183 performed in any of the cases.



184 The ICP monitoring was stopped because of clinical improvement in all patients except for patient 5  
185 who had active treatment withdrawn.

### 186 ***Physiological data***

187 During the initial 3 hours of multi-modal monitoring mean ICP was  $17 \pm 15.4$  mmHg and mean  
188 PbtO<sub>2</sub> was  $17 \pm 5.1$  mmHg. The variations in mean ICP during the first 48 hours of treatment are  
189 shown in figure 1. The increase in mean ICP that occurred approximately 20-24 hours after  
190 initiation of monitoring was entirely due to a transitory marked increase in one patient (Pat. 3 in  
191 Table 1). In this patient LP ratio remained within normal limits during the entire study period and  
192 the observed increase in ICP was not associated with any change in PbtO<sub>2</sub> or LP ratio. Apart from  
193 the transient increase observed in this patient ICP remained close to normal in all patients during the  
194 study period. No significant difference in ICP means over the 48 hours was demonstrated ( $p=0.86$ ).

195 During the monitoring period a gradual increase in PbtO<sub>2</sub> was obtained as shown in figure 2.  
196 During the period 24-48 hours after start of monitoring mean PbtO<sub>2</sub> was  $23 \pm 7.4$  mmHg. No  
197 significant difference in ICP means, over the 48 hours period, was demonstrated ( $p=0.86$ ).

### 198 ***Biochemical data***

199 In one patient (Pat. 2) the microdialysis catheter was malfunctioning. The biochemical analysis is  
200 accordingly based on data from 9 patients. During the first 3 hours of monitoring mean LP ratio was  
201  $35 \pm 9.2$ . The variations during the initial 48 hours of monitoring are shown in figure 2. During the  
202 period 24-28 hours after start mean LP ratio was  $29 \pm 4.6$ . Figure 2 illustrates the simultaneous  
203 changes in mean PbtO<sub>2</sub> and LP-ratio. As shown in the figure the gradual increase in PbtO<sub>2</sub> occurred  
204 simultaneously with a decrease in mean LP ratio. No significant differences in LP-ratio or PbtO<sub>2</sub>  
205 means, over the 48 hours period, were demonstrated ( $p= 0.43$  and  $p=0.92$  respectively).

206 Normal reference levels of the biochemical variables were defined in accordance with data obtained  
207 from normal human brain utilizing identical microdialysis and analytical techniques.<sup>18</sup> According to  
208 these data the upper normal level of LP ratio was set at 30 (mean normal level + 2SD). Two patients  
209 in the present study exhibited normal LP ratios (*i.e.* below this upper limit) during the whole study  
210 period (Pats. 3 and 6). Data regarding LP ratio, PbtO<sub>2</sub>, pyruvate, lactate, and glucose obtained in  
211 these patients during the initial 48 hours are given in Table 3. During this period simultaneous  
212 recordings of the variables were obtained during altogether 92 hours.

213 In six patients (Pats. 1,4,5,7-9) LP ratios above 30 were obtained simultaneously with normal or  
214 increased levels of pyruvate. In accordance with previous studies this metabolic perturbation was  
215 defined as mitochondrial dysfunction.<sup>11,12</sup> This biochemical pattern was obtained during altogether  
216 143 hours. Table 3 gives the mean levels  $\pm$  SD for the variables described above during the period  
217 defined as mitochondrial dysfunction. The table includes normal reference levels for the  
218 biochemical variables obtained in normal human brain.<sup>18</sup> Significant differences between the patient  
219 groups with normal biochemical variables or mitochondrial dysfunction were found in regards to  
220 LP-ratio ( $p= 0.0006$ ) and glucose ( $p= 0.03$ ).

221 In one patient (Pat. 10) a pattern indicating cerebral ischemia was observed during the period 2-10  
222 hours after start of multi-modality monitoring (Fig. 3). In this patient a pronounced increase in LP  
223 ratio occurred simultaneously with marked decreases in the levels of pyruvate and glucoses as well  
224 as PbtO<sub>2</sub>. During the episode shown in figure 3 median ICP was 9 mmHg. After the transient  
225 ischemic episode all biochemical variables returned to within normal limits<sup>18</sup> during the rest of the  
226 study period and the mean PbtO<sub>2</sub> was  $18 \pm 3.4$  mmHg.

227 Figure 4 gives the correlation between PbtO<sub>2</sub> and LP ratio during the transient ischemic episode in  
228 pat. 10. For comparison the figure also shows the normal range of LP ratio (mean  $\pm$  2 SD). As  
229 illustrated in the figure there was a linear correlation between the two variables (Pearson  $r = -0.9$ ).

230 Figure 5 shows the correlation between PbtO<sub>2</sub> and LP ratio during the period of 143 hours of  
231 mitochondrial dysfunction shown in Table 3 including the normal range of LP ratio (mean  $\pm$  2 SD).  
232 In these patients there was no correlation between the two variables (Pearson  $r = -0.05$ ).

233 Figure 6 shows the relation between PbtO<sub>2</sub> and LP ratio in the two patients defined as Normal LP  
234 ratio in Table 3. In these patients LP ratio remained below the upper normal limit of 30 during the  
235 whole study period. The figure illustrates that although LP ratio was within normal range the  
236 simultaneously measured PbtO<sub>2</sub> varied between 8 and 32 mmHg (Pearson  $r = 0.03$ ).

## 237 Discussion

238 Until now only two studies have been published describing cerebral energy metabolism in patients  
239 with severe community acquired meningitis.<sup>8, 19</sup> In both studies compromised cerebral energy  
240 metabolism was observed in 40-50% of the patients. Non-ischemic increase of LP ratio,  
241 presumably indicating mitochondrial dysfunction, was in both studies described by evaluating the  
242 pattern of the chemical variables obtained in a similar way as in other neurosurgical conditions.<sup>11,12</sup>

243 The differentiation between ischemia and mitochondrial dysfunction might improve by combining  
244 the biochemical analysis with simultaneous measurements of tissue oxygenation. From a theoretical  
245 perspective it would be anticipated that increased LP ratio at a simultaneous decrease in PbtO<sub>2</sub> is  
246 compatible with ischemia while an increase in LP ratio at an unchanged PbtO<sub>2</sub> would indicate  
247 compromised oxidative metabolism of pyruvate – *i.e.* mitochondrial dysfunction. A recent  
248 experimental study of LPS-induced aseptic meningitis supported this interpretation.<sup>10</sup> In patients  
249 with meningitis experiences from monitoring PbtO<sub>2</sub> have previously been published in only two  
250 case reports.<sup>20,21</sup> The present study is the first effort to compare and interpret these two variables  
251 during bacterial meningitis.

252 PbtO<sub>2</sub> varies with changes in arterial oxygen tension (PaO<sub>2</sub>) and cerebral blood flow (CBF) but  
253 exactly what PbtO<sub>2</sub> measures remains to be defined.<sup>22</sup> In an extensive clinical study Rosenthal et al.  
254 concluded that PbtO<sub>2</sub> showed a strong relationship with local CBF.<sup>23</sup> Based on clinical observations  
255 several studies have suggested widely varying thresholds for PbtO<sub>2</sub> below which hypoxic/ischemic  
256 cerebral damage occurs.<sup>24-26</sup> In an experimental study it was verified that the threshold values for  
257 PbtO<sub>2</sub> under which energy metabolism fails was variable and most likely depending on the  
258 metabolic demands of the tissue.<sup>27</sup> Accordingly, in the present investigation we interpret the  
259 obtained level of PbtO<sub>2</sub> as a relative value of regional CBF which cannot by itself be used for  
260 definition of ischemia.

261 The LP ratio obtained during interstitial microdialysis is an accepted measure of cytoplasmatic red-  
262 ox state.<sup>14, 28</sup> An increase of LP ratio above the upper normal limit, defined according to Reinstrup  
263 et al.<sup>18</sup>, indicates impaired cerebral oxidative metabolism which in turn may be caused either by  
264 insufficient oxygenation or mitochondrial dysfunction. Based on experimental and clinical studies  
265 utilizing microdialysis it has been suggested that in cerebral ischemia the obtained increase in LP  
266 ratio is associated with a decrease in pyruvate below normal lower limit while in mitochondrial  
267 dysfunction the increase in LP ratio occurs at a normal or increased concentration of pyruvate.<sup>9-12,15</sup>  
268 In the present study the data from simultaneous measurements of microdialysis (cytoplasmatic red-  
269 ox state) and PbtO<sub>2</sub> (local CBF) offers a possibility to support or falsify this hypothesis under  
270 clinical conditions.

271 In patient no. 10 (Fig. 3) a marked, transient increase in LP ratio occurred simultaneously with  
272 pronounced, transient decreases in local CBF (PbtO<sub>2</sub>) and substrate (glucose). The simultaneously  
273 obtained decrease in pyruvate is in accordance with previous experimental studies of ischemia.<sup>13, 14</sup>

274 Figure 4 shows that in cerebral ischemia there is a linear correlation between LP ratio and PbtO<sub>2</sub>  
275 (Pearson correlation coefficient  $r = -0.9$ ).

276 Patients exhibiting an increase in LP ratio simultaneous with a normal or increased level of  
277 pyruvate were in accordance with our hypothesis tentatively classified as mitochondrial dysfunction  
278 (Table 3). Figure 5 shows that in this group of patients there was no correlation between PbtO<sub>2</sub> and  
279 LP ratio (Pearson correlation coefficient  $r = -0.05$ ). The observation documents that in these  
280 patients impaired oxidative energy metabolism was not caused by insufficient tissue oxygenation.  
281 The finding supports the hypothesis that a useful diagnostic separation between ischemia and  
282 mitochondrial dysfunction may be based exclusively on the biochemical pattern obtained during  
283 routine microdialysis.

284 In patients with a normal LP ratio (Table 3) PbtO<sub>2</sub> was very variable and obvious relation between  
285 PbtO<sub>2</sub> and LP ratio was obtained (Fig. 6). As shown in Table 3 there was no difference in mean  
286 PbtO<sub>2</sub> between patients with meningitis and a normal LP ratio and those with mitochondrial  
287 dysfunction. The relatively high levels of lactate in patients with normal LP ratio are probably  
288 explained by the fact that the patients suffered from bacterial meningitis.<sup>29</sup> An increase in lactate  
289 concentration does not indicate compromised cerebral energy metabolism as long as LP ratio  
290 remains within normal limits. It is well established that variations in cerebral metabolic rate result in  
291 parallel changes in lactate and pyruvate and accordingly no change in LP ratio.<sup>28</sup>

292 The mechanisms underlying non-ischemic mitochondrial dysfunction in severe bacterial infections  
293 are incompletely understood. Experimental studies have shown that pneumococcal meningitis  
294 induces mitochondrial chain complex I (the first enzyme complex in the respiratory chain)  
295 inhibition in the brain which may cause impaired energy metabolism.<sup>30</sup> In septic patients an  
296 association between mitochondrial dysfunction and ATP depletion has been reported to be related  
297 to organ failure and impaired clinical outcome.<sup>31</sup> However, opinions differ regarding the clinical  
298 importance of mitochondrial dysfunction in these conditions. In a recent review it was pointed out  
299 that mitochondrial function is highly variable in sepsis and that data from young, healthy animals  
300 have not supported the view that mitochondrial dysfunction is the general denominator for multiple  
301 organ failure.<sup>32</sup>

## 302 **Limitations of the study**

303 The present study included a limited number of patients. The clinical background and etiology also  
304 varied in the studied group of patients. Accordingly the biochemical patterns described should not  
305 be expected to be reflected in clinical outcome. An evaluation of the possible clinical effects of  
306 transient cerebral ischemia and mitochondrial dysfunction in patients with severe bacterial  
307 meningitis will require a large prospective study.

### 308 **Conclusions**

309 The present prospective study demonstrates that compromised cerebral energy metabolism is  
310 common in patients with severe community acquired bacterial meningitis. A biochemical pattern  
311 indicating mitochondrial dysfunction was observed more frequently than a pattern indicating  
312 cerebral ischemia. The combined data obtained from simultaneous measurements of PbtO<sub>2</sub> and  
313 cerebral LP ratio support the hypothesis that it is possible to separate cerebral ischemia from  
314 mitochondrial dysfunction based on the biochemical pattern obtained by microdialysis.

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### 318 **Conflict of interest**

319 None

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321 Biological material was stored in OPEN, Odense Patient data Explorative Network, Odense  
322 University Hospital, Odense, Denmark: [www.sdu.dk/ki/open](http://www.sdu.dk/ki/open)

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Table 1. Demographics, clinical characteristics and intracranial pressure values/treatment.

Patient	Age years	Gender M/F	GCS <sup>a</sup> Initial 3h	Etiology	Clinical notes	First ICP <sup>b</sup> mmHg	Mean ICP <sup>b</sup> (±SD) mmHg	Mean CPP <sup>c</sup> (±SD) mmHg	ICP <sup>b</sup> intervention	GOS <sup>d</sup> day 30
1	70	F	8	S. pneumoniae	Petechiae, sinusitis, seizures	11	12.3 (±2.9)	73.6 (±8.8)	None	1
2	59	F	11	S. pneumoniae	Pansinusitis	32	6.8 (±6.0)	88.6 (±13.8)	Sedation <sup>e</sup>	4
3*	56	F	7	S. pneumoniae	Brain edema, sinusitis, seizures, septic shock	10	8.7 (±9.4)	78.5 (±13.9)	1. Sedation <sup>e</sup> 2. HNaCl <sup>f</sup> 3. Lumbar drain	3
4	70	M	4	S. mitis	Otitis	31	14.2 (±10.4)	64.4 (±10.3)	Sedation <sup>e</sup>	3
5	85	F	14	S. pneumoniae	Otitis, seizures, septic shock	11	5.7 (±3.2)	85.2 (±13.4)	None	1
6	60	M	14	Gr. C strep.	Seizures	28	12.1 (±5.1)	77.3 (±8.4)	Sedation <sup>e</sup> and HNaCl <sup>f</sup>	3
7	68	M	12	S. pneumoniae	Septic shock	29	7.6 (±3.7)	89.6 (±10.9)	Sedation <sup>e</sup> and EVD <sup>g</sup>	4
8	70	M	14	S. pneumoniae	Sinusitis, otitis, seizures	16	10.3 (±4.4)	77.9 (±11.9)	Sedation <sup>e</sup>	3
9	63	F	7	S. pneumoniae	Sinusitis, seizures, septic shock, dialysis	11	10.4 (±3.7)	93.4 (±14.2)	None	3
10	76	F	15	S. pneumoniae	Hydrocephalus, septic shock	7	4.9 (±5.3)	89.1 (±16.5)	None	4

<sup>a</sup> GCS: Glasgow Coma Scale, <sup>b</sup> ICP: Intracranial pressure, <sup>c</sup> CPP: Cerebral perfusion pressure, <sup>d</sup> GOS: Glasgow Outcome Scale, <sup>e</sup> Sedation: Treatment with midazolam and fentanyl. <sup>f</sup> HNaCl: Hypertonic saline, <sup>g</sup> EVD: External ventricular drain,

\* Patient 3/ICP treatment: The numbering indicates that the interventions were not performed simultaneously but subsequently due to the lack of effect of the above intervention.

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Table 2 Diagnostics, infection parameters, lumbar puncture and outcome.

<b>Diagnostics and treatment</b>	<b>Time hours minutes, median (iqr<sup>a</sup>)</b>
Time from admission to lumbar puncture	2h 57m (1h 52m – 8h 59m)
Time from admission to blood culture	16m (7m - 32m)
Time from admission to head CT scan	1h 15m (55m – 3h 14m)
Time from admission to antibiotics for meningitis	1h 58m (26m – 8h 59m)
<b>Infection parameters</b>	<b>Number, median (iqr)</b>
Temperature °c	39.3 (38.7 – 39.5)
CRP mg/l	98.5 (23.5 - 251.8)
Neutrophils mm <sup>3</sup>	16.1 (11.1 - 26.4)
<b>Lumbar puncture</b>	<b>Number, median (iqr)</b>
CSF <sup>b</sup> - white blood cell count mm <sup>3</sup>	2369 (654 - 4065)
>Neutrophil cells mm <sup>3</sup>	2132 (612 - 3910)
> Mononuclear cells mm <sup>3</sup>	73 (30 - 281)
CSF – Red blood cells mm <sup>3</sup>	299 (60 - 799)
CSF - Protein g/l	5.5 (3.8 - 8.2)
CSF - Lactat mmol/l	18.5 (15.5 - 19.3)
CSF - Glucose mmol/l	0.2 (0.2 - 2.2)
<b>Intensive care department</b>	<b>Time days – hours, median (iqr)</b>
Duration of stay ICU <sup>c</sup>	12d 18h (10d 21h – 13d 8h)
Duration ICP <sup>d</sup> monitoring	6d 6h (5d 15h -7d)
<b>Outcome</b>	<b>Number, median (iqr)</b>
Glasgow Outcome Score day 30	3 (3 - 4)

<sup>a</sup>iqr: interquartile range, <sup>b</sup>CSF: cerebrospinal fluid, <sup>c</sup>ICU: intensive care department, <sup>d</sup>ICP: intracranial pressure.

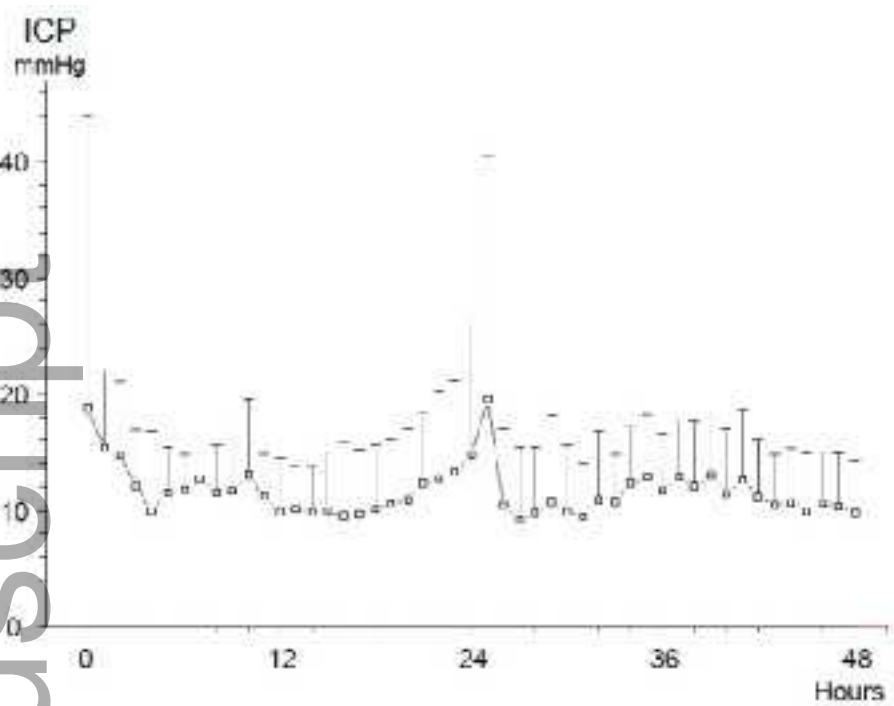
Table 3. Cerebral energy metabolism, intracranial pressure and cerebral perfusion pressure in 9 patients with severe bacterial meningitis.

	<b>Normal (n=2)</b> N=92 hours	<b>Mitochondrial dysfunction (n=7)</b> N=143 hours		<b>Normal reference<sup>f</sup></b>
	<b>Mean ± SD</b>	<b>Mean ± SD</b>	<b>P</b>	<b>Mean ± SD</b>
<b>LP<sup>a</sup></b> (ratio)	24 ± 4	36 ± 5	0.0006	23 ± 4
<b>PbtO<sub>2</sub><sup>b</sup></b> (mmHg)	18 ± 6	20 ± 6	NS <sup>e</sup>	
<b>Pyruvate</b> (μmol/L)	228 ± 94	132 ± 31	NS	166 ± 47
<b>Lactate</b> (mmol/L)	5.3 ± 1.9	4.5 ± 1.2	NS	2.9 ± 0.9
<b>Glucose</b> (mmol/L)	1.9 ± 0.6	0.9 ± 0.6	0.03	1.7 ± 0.9
<b>ICP<sup>c</sup></b> (mmHg)	10.9 ± 7	9.5 ± 5.4	NS	
<b>CPP<sup>d</sup></b> (mmHg)	77.7 ± 10.6	82.6 ± 14.7	NS	

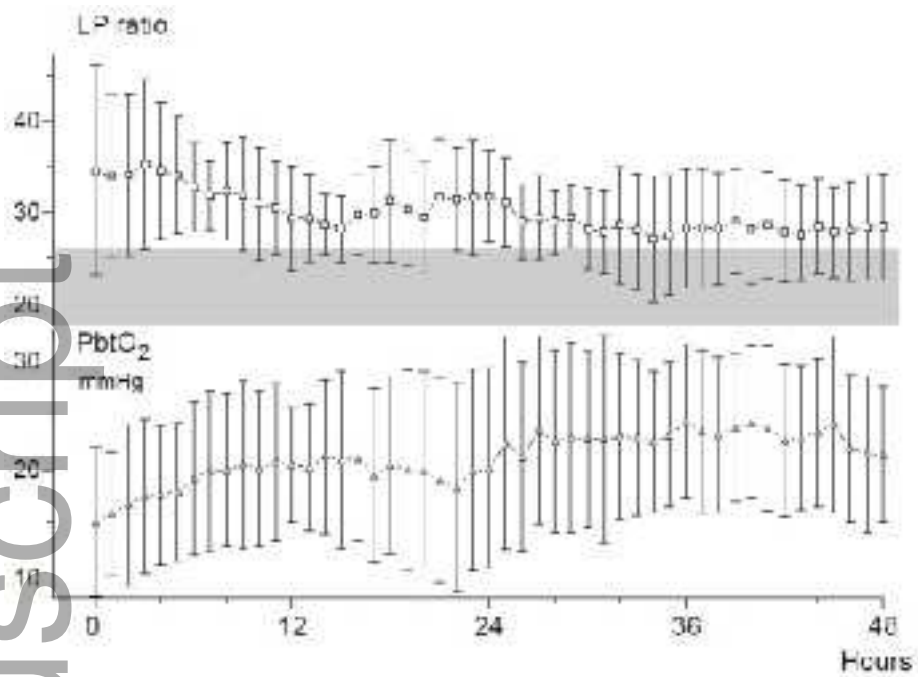
<sup>a</sup>LP: lactate/pyruvate ratio. <sup>b</sup>PbtO<sub>2</sub>: brain tissue oxygen tension. <sup>c</sup>ICP: intracranial pressure.

<sup>d</sup>CPP: cerebral perfusion pressure. <sup>e</sup>NS: not significant. <sup>f</sup>Data from Reinstrup et al <sup>18</sup>.

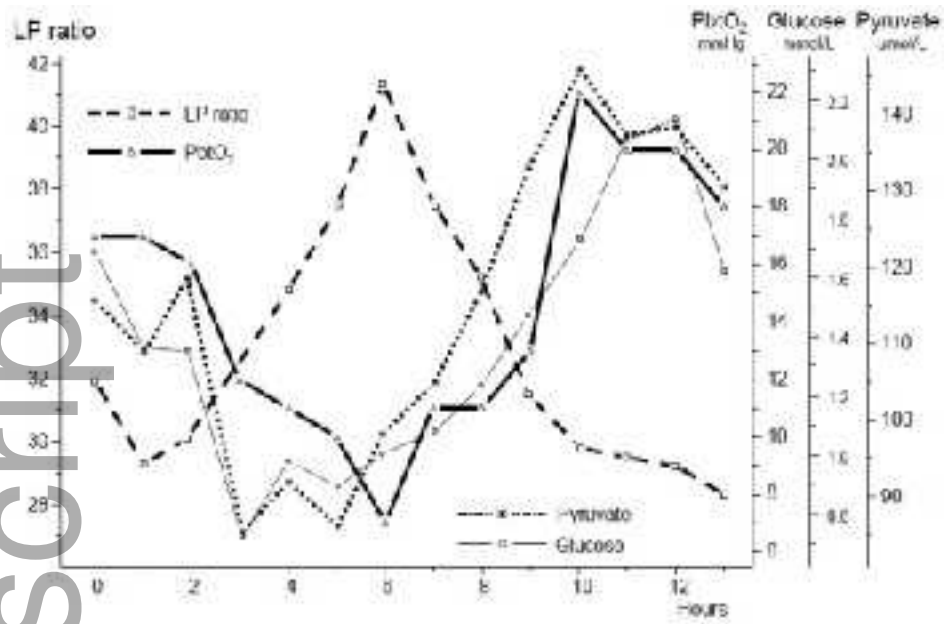
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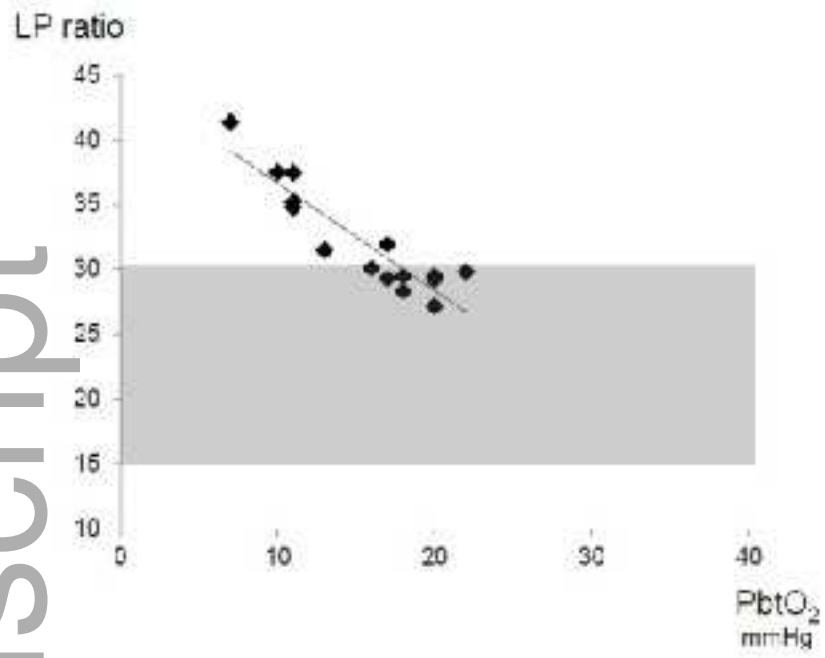


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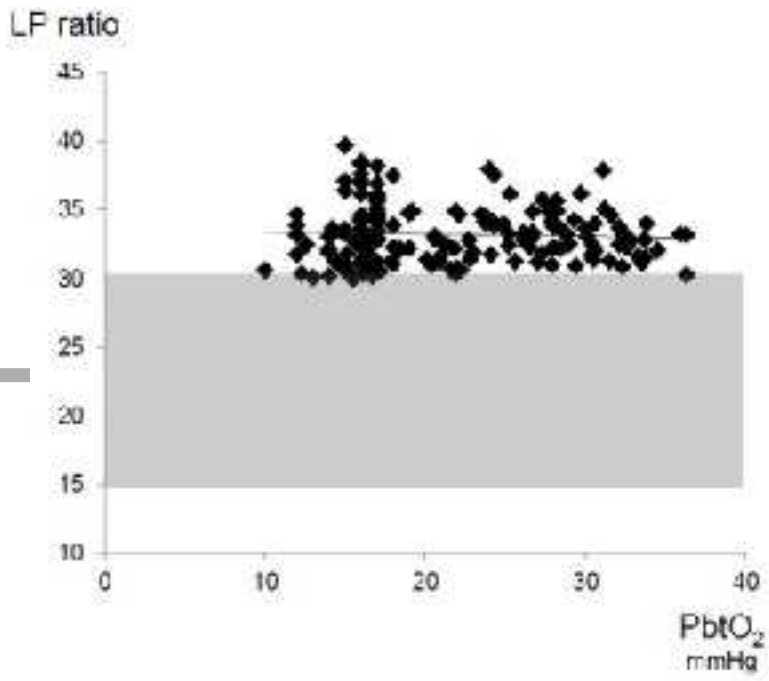


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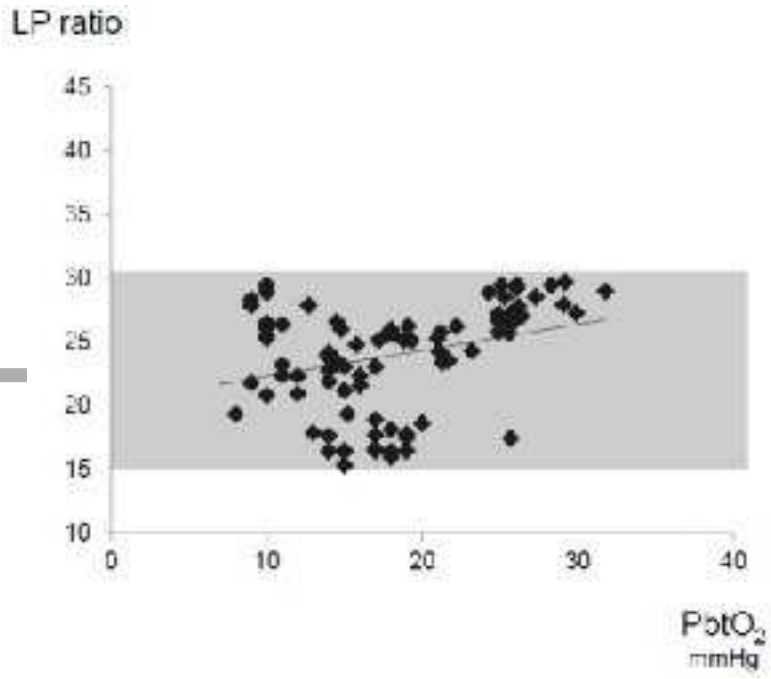




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