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Clinical paper

Recognising out-of-hospital cardiac arrest during emergency calls increases bystander cardiopulmonary resuscitation and survival

Søren Viereck, Thea Palsgaard Møller, Annette Kjær Ersbøll, Josefine Stokholm Bækgaard, Andreas Claesson, Jacob Hollenberg, Fredrik Folke, Freddy K. Lippert

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Background: Initiation of early bystander cardiopulmonary resuscitation (CPR) depends on bystanders’ or medical dispatchers’ recognition of out-of-hospital cardiac arrest (OHCA). The primary aim of our study was to investigate if OHCA recognition during the emergency call was associated with bystander CPR, return of spontaneous circulation (ROSC), and 30-day survival. Our secondary aim was to identify patient-, setting-, and dispatcher-related predictors of OHCA recognition.

Methods: We performed an observational study of all OHCA patients’ emergency calls in the Capital Region of Denmark from 01/01/2013–31/12/2013. OHCAs were collected from the Danish Cardiac Arrest Registry and the Mobile Critical Care Unit database. Emergency call recordings were identified and evaluated. Multivariable logistic regression analyses were applied to all OHCAs and witnessed OHCAs only to analyse the association between OHCA recognition and bystander CPR, ROSC, and 30-day survival. Univariable logistic regression analyses were applied to identify predictors of OHCA recognition.

Results: We included 779 emergency calls in the analyses. During the emergency calls, 70.1% (n = 534) of OHCAs were recognised; OHCA recognition was positively associated with bystander CPR (odds ratio [OR] = 7.84, 95% confidence interval [CI]: 5.10–12.05) in all OHCAs; and ROSC (OR = 1.86, 95% CI: 1.13–3.06) and 30-day survival (OR = 2.80, 95% CI: 1.58–4.96) in witnessed OHCA. Predictors of OHCA recognition were addressing breathing (OR = 1.76, 95% CI: 1.17–2.66) and callers located by the patient’s side (OR = 2.16, 95% CI: 1.46–3.19).

Conclusions: Recognition of OHCA during emergency calls was positively associated with the provision of bystander CPR, ROSC, and 30-day survival in witnessed OHCA.

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Introduction

Despite improvements during the past decades, overall survival after out-of-hospital cardiac arrest (OHCA) remains low [1–4]. The initial time period after collapse is critical; each moment without resuscitation, greatly decreases chance of survival [5,6]. The time from collapse to emergency medical services (EMS) arrival is often more than 5 min [4,7,8], which emphasises the critical importance of early interventions by bystanders guided by medical dispatchers.

High-quality cardiopulmonary resuscitation (CPR) and defibrillation by an automated external defibrillator (AED) prior to EMS arrival has been proven to enhance survival [3,9–16]. In recent years, focus on public access defibrillation programmes has increased, including referral of bystanders to nearby AEDs via interactive maps at the dispatch centre, and allowing professional and lay first responders equipped with AEDs to be dispatched [8,13,17,18]. Bystander CPR, use of AEDs, and public access defibrillation programmes are all dependent upon bystanders or medical dispatchers recognising OHCA [7,8]. Dispatcher-assisted CPR instructions have a positive effect on bystander CPR and patient survival [19–22]. All of this emphasises the importance of the first link in the chain of survival, as highlighted in recent guidelines [23–25].
Few smaller studies have investigated the association between OHCA recognition and survival with contradictory results [26,27]. Based on the beneficial effect of dispatcher-assisted CPR, we hypothesised that OHCA recognition during emergency calls would be positively associated with bystander CPR and survival.

The primary aim of this study was to investigate if OHCA recognition during the emergency call was associated with bystander CPR, return of spontaneous circulation (ROSC), and 30-day survival. The secondary aim was to identify patient-, setting-, and dispatcher-related predictors of OHCA recognition.

Methods

Study design and setting

This observational study was conducted in the Capital Region of Denmark, which covers Copenhagen and surrounding suburbs and has a population of approximately 1.75 million people covering an area of 2549 km² [28]. A single emergency phone number (1–1–2) connects the caller to a switchboard that identifies the location of the patient and the need for police, fire, or medical assistance. Medical emergency calls are transferred to the Emergency Medical Dispatch Centre (EMDC), which receives approximately 105,000 emergency calls annually [29]. Medical dispatchers are either paramedics (30%) or registered nurses with emergency care experience (70%). Dispatchers have six weeks of training in medical dispatching and use of a criteria-based dispatch tool (Danish Index for Emergency Care) [30]. When a medical dispatcher suspects an OHCA, a two-tiered system, including an ambulance and a physician-staffed Mobile Critical Care Unit (MCCU), is dispatched as a “priority A” response (with lights and sirens). The dispatcher is obliged to provide dispatcher-assisted CPR instructions. A map of publicly available AEDs is integrated into the dispatch system for the dispatcher to direct the bystander to the nearest AED [18]. Different instruction algorithms apply, depending on the basic life support experience of the caller, with compression-only CPR for untrained callers and conventional CPR (ratio 30:2) for trained callers. There is no first-responder programme in the Capital Region of Denmark. Ambulance personnel report OHCAs to the Danish Cardiac Arrest Registry and MCCU physicians register OHCAs in the MCCU database.

Data collection

We identified all OHCAs from the Danish Cardiac Arrest Registry and the MCCU database to ensure high catchment. Duplicates from the MCCU database were removed. Data were linked to the EMDC database via ambulance record number or a combination of the unique Danish personal identification number from the Danish Civil Registration System and the OHCA date [31]. Emergency call recordings were identified via the date and time of the emergency call in combination with the address. Survival data were retrieved from the Danish Civil Registration System.

OHCA patients in the Capital Region of Denmark from January 1, 2013 to December 31, 2013 were included in the study. Prior to the evaluation of emergency calls, we excluded OHCAs that were EMS-witnessed, unmatchable with the EMDC database, or had no corresponding emergency call. Following the evaluation of

![Flowchart](image-url)

**Fig. 1.** Data Collection Process Flowchart describing the data collection process. CPR indicates cardiopulmonary resuscitation; EMS, emergency medical services; MCCU, Mobile Critical Care Unit; OHCA, out-of-hospital cardiac arrest.
emergency calls, we excluded OHCA in which bystander CPR was initiated prior to the emergency call, the patient was obviously alive during the emergency call, or the caller could not access the patient (Fig. 1). To evaluate the emergency call recordings, we developed and tested a case report form (CRF; Supplemental Table 1). To select variables for registration, 20 randomly chosen emergency calls of confirmed OHCA were discussed among a panel of researchers with OHCA and emergency call research experience. The panel selected and defined 13 variables and data collection was performed by two authors (SV and TPM). To test the CRF, inter-rater reliability between the two authors was evaluated by applying Cohen’s kappa statistics to 100 randomly selected emergency calls of confirmed OHCA. Inter-rater reliability showed a variation in kappa values ranging from 0.18 to 0.95 (with kappa values ranging from 0.50 to 0.95 for 11 out of 13 of the variables). For the core variable “recognition of OHCA,” we found a kappa value = 0.88 (95% confidence interval [CI]: 0.79–0.98). Two variables showed a kappa value of less than 0.50 (‘Addressing abnormal breathing’ and ‘Caller’s relation to the patient’). These variables were further revised to ensure uniform registration. All emergency calls were divided between the two authors and the calls were evaluated using the revised CRF. During the evaluation of all emergency calls, differences in registration of the variable “abnormal breathing” between the two authors were seen. To ensure uniform registration of the data, the definition of “abnormal breathing” was further revised, and all calls were evaluated again by one author (SV) for this variable only.

Age was divided into four groups: ≤59, 60–69, 70–79, or ≥80 years based on the age distribution in data. OHCA variables from the Danish Cardiac Arrest Registry and the MCCU database including location, witnessed status, bystander CPR, shockable rhythm, defibrillation by an AED, and ROSC were registered according to the Utstein 2004 guidelines [32]. Ambulance priority and EMS response time were registered in the EMDC database. Ambulance priority ranged from A to D, with A = “as fast as possible” and D = “scheduled transport” [29]. EMS response time was characterised as the time from ambulance dispatch to arrival at scene (vehicle stop).

Recognition of OHCA was defined as cases where the caller or dispatcher expressed the presence of OHCA, or the need for CPR or an AED. We determined from the emergency call recordings whether or not bystander CPR was initiated prior to the emergency call. For further definition of variables in the CRF, see Supplemental Table 1.

Date of death was extracted from the Danish Civil Registration System and 30-day survival was calculated.

Statistical analyses

Incidence rate of OHCA was calculated as number of OHCA in the 1-year study period divided with the population in the Capital Region of Copenhagen, assuming they all contributed with one person-year. Descriptive analysis was performed using frequency distributions (number, %), mean value, standard deviation, median value, and interquartile range (Q1–Q3). Fisher’s exact test was used to analyse the association between OHCA recognition and categorical variables. Student’s t-test was used to analyse the association between OHCA recognition and EMS response time. Due to a skewed distribution of patient age and EMS response time, these variables were logarithmically transformed prior to analysis, and the geometric mean was used for descriptive analysis.

Two multivariable logistic regression analyses were performed to analyse the association between OHCA recognition and bystander CPR, ROSC, and 30-day survival: (1) a sex- and age group-adjusted model; and (2) a fully-adjusted model (sex, age group, witnessed status, and number of bystanders). Potentially confounding factors were identified and plotted in causal diagrams to define which factors to include in the model (Supplemental Figs. 1 and 2). Both models were applied to all OHCAs and witnessed OHCAs only. Effect modification was evaluated in the analyses estimating the association between OHCA recognition and bystander CPR by including the two-way interactions between OHCA recognition and the caller’s relation to the patient, number of bystanders, age of the patient, sex of the patient, and sex of the caller. Univariable logistic regression analyses were performed to identify patient-, setting-, and dispatcher-related predictors of OHCA recognition. Results were reported as odds ratios (OR) with 95% CIs and p-values when appropriate. A p-value < 0.05 was considered significant for all analyses.

### Table 1

<table>
<thead>
<tr>
<th>Patient characteristics</th>
<th>All OHCA Patients (n = 779)</th>
<th>Witnessed OHCA Patients (n = 402)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Missing</td>
<td>Missing</td>
</tr>
<tr>
<td><strong>Setting characteristics</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Location</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Residential, n (%)</td>
<td>570 (76.2)</td>
<td>270 (69.2)</td>
</tr>
<tr>
<td>Public, n (%)</td>
<td>178 (23.8)</td>
<td>120 (30.8)</td>
</tr>
<tr>
<td>Witnessed, n (%)</td>
<td>402 (53.0)</td>
<td>231 (57.5)</td>
</tr>
<tr>
<td>Bystander CPR, n (%)</td>
<td>427 (56.2)</td>
<td>131 (57.5)</td>
</tr>
<tr>
<td>Shockable rhythm, n (%)</td>
<td>142 (19.3)</td>
<td>85 (11.9)</td>
</tr>
<tr>
<td>Defibrillated by an AED, n (%)</td>
<td>13 (1.9)</td>
<td>11 (3.1)</td>
</tr>
<tr>
<td><strong>Dispatcher characteristics</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Recognition, n (%)</td>
<td>534 (70.1)</td>
<td>243 (61.4)</td>
</tr>
<tr>
<td>Ambulance priority A, n (%)</td>
<td>745 (95.6)</td>
<td>385 (95.8)</td>
</tr>
<tr>
<td>Response time (min:ss), mean± (95% CI)</td>
<td>06:02 ± (05:49–06:16)</td>
<td>06:10 ± (05:51–06:30)</td>
</tr>
<tr>
<td><strong>Patient outcome</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>ROSC, n (%)</td>
<td>217 (28.7)</td>
<td>167 (42.2)</td>
</tr>
<tr>
<td>30-day survival, n (%)</td>
<td>93 (12.6)</td>
<td>75 (19.9)</td>
</tr>
</tbody>
</table>

AED indicates automated external defibrillator; CI, confidence interval; CPR, cardiopulmonary resuscitation; OHCA, out-of-hospital cardiac arrest; ROSC, return of spontaneous circulation; Q1–Q3, interquartile range.

* Geometric mean.
Table 2
Medical Dispatchers’ Recognition of OHCA during Emergency Calls by Sex, Age, Witnessed Status, Location of OHCA, and Shockable/Non-shockable Rhythm.

<table>
<thead>
<tr>
<th>Subgroup</th>
<th>All OHCA-patients, n = 779 (Patients in Each Subgroup, n)</th>
<th>Recognition, n (%)</th>
<th>Missing, n</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sex</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Male</td>
<td>454</td>
<td>323 (71.2)</td>
<td>60</td>
</tr>
<tr>
<td>Female</td>
<td>265</td>
<td>185 (69.8)</td>
<td></td>
</tr>
<tr>
<td>Age group</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>&lt;60</td>
<td>168</td>
<td>121 (72.0)</td>
<td>60</td>
</tr>
<tr>
<td>60–69</td>
<td>156</td>
<td>123 (78.9)</td>
<td></td>
</tr>
<tr>
<td>70–79</td>
<td>180</td>
<td>132 (73.3)</td>
<td></td>
</tr>
<tr>
<td>≥80</td>
<td>215</td>
<td>132 (61.4)</td>
<td></td>
</tr>
<tr>
<td>Witnessed</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Yes</td>
<td>396</td>
<td>243 (61.4)</td>
<td>35</td>
</tr>
<tr>
<td>No</td>
<td>348</td>
<td>280 (80.5)</td>
<td></td>
</tr>
<tr>
<td>Location</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Public</td>
<td>174</td>
<td>116 (66.7)</td>
<td>45</td>
</tr>
<tr>
<td>Residential</td>
<td>560</td>
<td>400 (71.4)</td>
<td></td>
</tr>
<tr>
<td>Rhythm</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Shockable</td>
<td>141</td>
<td>106 (75.2)</td>
<td>56</td>
</tr>
<tr>
<td>Non-shockable</td>
<td>582</td>
<td>400 (68.7)</td>
<td></td>
</tr>
</tbody>
</table>

All abbreviations can be found in Table 1.

Approvals

The study was approved by the Danish Health Authority (3-3013-1289/1), the Danish Data Protection Agency (2012-58-0004), and the regional ethics committee (15009536).

Results

We identified 1386 non-EMS-witnessed OHCA call (incidence of 79.2 OHCA per 100,000 inhabitants per year); of these, 1031 call recordings were obtainable, and consequently extracted and evaluated. After exclusion, we evaluated 252 OHCA cases due to bystander CPR that was initiated prior to the emergency call, patients obviously alive during the emergency call, or patients not accessible to the caller, leaving 779 emergency calls eligible for analyses (Fig. 1).

Medical dispatchers recognised 70.1% (534) of OHCA cases where bystander CPR was not initiated prior to the emergency call. Prior to EMS arrival, 56.2% (n = 427) of the patients received bystander CPR and 1.9% (n = 13) were defibrillated by an AED. Among all patients, 28.7% (n = 217) achieved ROSC and 12.6% (n = 93) were alive at 30 days (Table 1). For results on OHCA recognition among subgroups, see Table 2.

When OHCA was recognised, 97.2% (n = 518) received dispatcher-assisted CPR. When comparing recognised versus unrecognised OHCA, we found that recognised OHCA had significantly more “priority A” response (97.9% vs. 90.8%, p < 0.001) and bystander CPR (69.3% vs. 28.1%, p < 0.001), but no significant difference for ROSC (28.3% vs. 29.9%, p = 0.72) or 30-day survival (13.4% vs. 10.9%, p = 0.39). However, recognised cases showed a significantly higher proportion of ROSC (46.7% vs. 34.7%, p = 0.021) and 30-day survival (25.2% vs. 11.4%, p = 0.001) in witnessed OHCA (Table 3).

Among all OHCA patients, the fully-adjusted logistic regression analysis showed that recognition of OHCA during emergency calls was significantly associated with bystander CPR (OR = 7.84, 95% CI: 5.10–12.05). However, recognition of OHCA was not associated with ROSC (OR = 1.23, 95% CI: 0.81–1.88) or 30-day survival (OR = 1.72, 95% CI: 0.95–3.12) among all OHCA patients. Among witnessed OHCA only, the multivariable analysis demonstrated that recognition of OHCA during emergency calls was significantly associated with bystander CPR (OR = 5.36, 95% CI: 3.19–9.01), ROSC (OR = 1.86, 95% CI: 1.13–3.06), and 30-day survival (OR = 2.80, 95% CI: 1.58–4.96) (Fig. 2). No effect modification was identified as significant in the analysis evaluating the association between OHCA recognition and bystander CPR (p-value ≥ 0.07). The full multivariable models are provided as supplementary material (Supplemental Table 2).

Univariable logistic regression analyses identified the following predictors of OHCA recognition: addressing breathing (OR = 1.76, 95% CI: 1.17–2.66) and the caller being located by the patient’s side (OR = 2.16, 95% CI: 1.46–3.19). By contrast, the odds of recognition were significantly lower when OHCA was witnessed (OR = 0.39, 95% CI: 0.28–0.54), the caller was a health care professional (OR = 0.68, 95% CI: 0.48–0.98), or the patient was older than 80 years of age (OR = 0.62, 95% CI: 0.40–0.95) (Fig. 3).

Discussion

The main finding of this comprehensive observational study is that OHCA recognition during emergency calls is significantly associated with a 5- to 8-fold increase in the odds of bystander CPR among all OHCA patients. Furthermore, OHCA recognition is significantly associated with a nearly 3-fold increase in the odds of 30-day survival among witnessed OHCA patients.

The positive association between recognition of OHCA during emergency calls and the provision of bystander CPR is most likely mediated by the delivery of dispatcher-assisted CPR instructions. Our study confirms that the medical dispatcher provided dispatcher-assisted CPR instructions to the bystander in nearly every case of recognised OHCA. Furthermore, two separate studies report that the provision of dispatcher-assisted CPR almost doubled the proportion of bystander CPR provided [19,20]. Taken together, these findings strongly suggest that recognising OHCA during emergency calls is an essential prerequisite for dispatcher-assisted CPR and, consequently, bystander CPR prior to EMS arrival in all OHCA patients.

The positive association between OHCA recognition, ROSC, and 30-day survival among witnessed OHCA strongly indicates that the first link in the chain of survival can positively affect patient outcomes and potentially improve overall survival. This positive association is also significant in the fully adjusted analysis, suggesting that the results are not biased by the influence of confounding variables such as patient characteristics. The association was only observed in witnessed OHCA, which makes sense given that lifesaving initiatives (facilitated by the recognition of OHCA) might have almost no effect if the delay post-collapse exceeds approximately 15 min [5,6,33].

The association between OHCA recognition and 30-day survival is most likely mediated by the performance of bystander CPR and fast EMS response. Other studies have evaluated the association between recognition of OHCA and survival with contradicting results. Kuusma et al. examined bystander witnessed OHCA with ventricular fibrillation of cardiac origin from 1997 to 2002 in Helsinki and found no difference in survival [27]. This study only included 373 patients and dispatcher-assisted CPR was only provided in 35.5% of recognised cases.

Berdowski et al. evaluated 285 emergency calls from 2004 and found that OHCA recognition significantly increased survival at three months from 5% to 14% [26]. In addition; they discovered that among unrecognised OHCA, no dispatcher-assisted CPR was performed and ambulance dispatch was delayed by 0.94 min. Our study confirms the positive association between OHCA recognition and 30-day survival in a larger population, excluding OHCA in which bystander CPR was performed prior to the emergency call; this exclusion ensures that focus remains on the clinically most rel-
Table 3
The Association between Recognition of OHCA during Emergency Calls and Dispatcher and Bystander Actions, as Well as Patient Outcome.

<table>
<thead>
<tr>
<th>Dispatcher actions</th>
<th>All OHCA Patients (n=779)</th>
<th>Witnessed OHCA Patients (n=402)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Recognised*</td>
<td>Yes (n=534)</td>
<td>No (n=228)</td>
</tr>
<tr>
<td>Time to recognition (mm:ss), mean* (95% CI)</td>
<td>01:09</td>
<td>–</td>
</tr>
<tr>
<td>DA-CPR, n (%)</td>
<td>518 (97.2)</td>
<td>0 (0)</td>
</tr>
<tr>
<td>BLS competence addressed, n (%)</td>
<td>305 (57.6)</td>
<td>0 (0)</td>
</tr>
<tr>
<td>AED addressed, n (%)</td>
<td>63 (11.9)</td>
<td>0 (0)</td>
</tr>
<tr>
<td>Call continued till EMS arrival, n (%)</td>
<td>259 (49.4)</td>
<td>19 (8.5)</td>
</tr>
<tr>
<td>Response time (mm:ss), mean* (95% CI)</td>
<td>05:54</td>
<td>06:24</td>
</tr>
<tr>
<td>Response priority A, n (%)</td>
<td>523 (97.9)</td>
<td>207 (90.8)</td>
</tr>
<tr>
<td>Bystander actions</td>
<td>363 (69.3)</td>
<td>62 (28.1)</td>
</tr>
<tr>
<td>Defibrillated by an AED, n (%)</td>
<td>9 (1.9)</td>
<td>4 (2.0)</td>
</tr>
<tr>
<td>Patient outcome</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ROSC, n (%)</td>
<td>147 (28.3)</td>
<td>66 (29.9)</td>
</tr>
<tr>
<td>30-day survival, n (%)</td>
<td>68 (13.4)</td>
<td>23 (10.9)</td>
</tr>
</tbody>
</table>

BLS indicates basic life support; DA-CPR, dispatcher-assisted cardiopulmonary resuscitation; EMS, emergency medical services.
Response A: highest priority immediate response with lights and sirens; All other abbreviations can be found in Table 1.
\* OHCA with missing information regarding recognition were excluded from the analyses (see Table 1 for exact numbers).\n* Geometric mean.

Fig. 2. Association between OHCA Recognition and Bystander CPR, ROSC, and 30-day Survival OR for the association between recognition of OHCA during emergency calls and bystander CPR, ROSC, and 30-day survival among all OHCA-patients and witnessed OHCA-patients only. Fully adjusted: Adjusted for sex, age group, and number of bystanders in both sets of analyses (all cases and witnessed cases only) as well as witnessed status in the analyses of all cases. CI indicates confidence interval; CPR, cardiopulmonary resuscitation; OHCA, out-of-hospital cardiac arrest; OR, odds ratio; ROSC, return of spontaneous circulation.

The importance of bystander CPR in OHCA is well known but the caller’s ability to assess the patient is important to ensure valid clinical information alongside continuous communication with the bystander throughout the emergency call. Furthermore, we identified that addressing breathing is a predictor of OHCA recognition. Breathing should be addressed in every emergency call [35]. Studies report that up to 40% of all OHCA patients show signs of agonal breathing; however, the interpretation of breathing patterns during emergency calls is difficult [26,36,37]. Mandatory breathing evaluations may be one way to increase agonal breathing recognition and could potentially improve survival [37]. Similar to another study we found that OHCA recognition during emergency calls was lower
in witnessed OHCA [7]; this could be explained by the presence of agonal breathing shortly after collapse [37]. Agonal breathing is present in 55% of witnessed OHCA and may delay recognition [37,38].

**Future perspectives**

To improve OHCA recognition, mandatory and systematic questioning is important. The “No, No, then Go” concept (No = patient not conscious; No = patient not breathing normally; Go = dispatch high priority ambulance and start dispatcher-assisted CPR instructions), recommended by the American Heart Association and the Global Resuscitation Alliance, is a structured 2-question approach that is simple to apply [25,35]. This concept ensures that every call is evaluated as an OHCA until proven otherwise, being mindful of the fact that OHCA only represents 1% of all emergency calls.

To further improve the effect of OHCA recognition, future efforts should focus on the quality of dispatcher-assisted CPR provided during recognised OHCA. Dispatcher-assisted CPR has been shown to positively affect the provision of bystander CPR; increased quality of dispatcher-assisted CPR could increase the provision of bystander CPR even further, as well as the quality of bystander CPR – both of which will result in increased patient survival [3.9–12,21,22].

The great potential of defibrillation by AEDs has been demonstrated in several studies [15,16]. OHCA recognition is key to the initiation of public access defibrillation programmes activated from the dispatch centre. In Denmark and Sweden, interactive maps showing the position and availability of AEDs have been implemented at the dispatch centre. Nonetheless, a recent study from Sweden revealed that medical dispatchers only referred bystanders to an AED in 4.3% of reported OHCA that occurred near an available AED [39]; this finding suggests that OHCA recognition is essential for the utilization of publicly accessible AEDs.

One initiative that may improve both the recognition and quality of dispatcher-assisted CPR and AED referral would be for OHCA calls to be audited by fellow dispatchers or medical directors for learning purposes as suggested by the American Heart Association and Global Resuscitation Alliance [25,35]. No studies have investigated this particular intervention alone, but several studies have reported improvements in patient outcomes after larger structural changes, including auditing OHCA emergency calls [21,40].

**Limitations**

First, the main limitation is that this was an observational study: as a result, the relationship between variables can only be interpreted as associations and not direct causality. Second, we excluded 355 OHCA patients for whom no emergency call recordings were available. This could cause selection-bias, which would either falsely increase or decrease the estimates in this study; however, baseline characteristics for this excluded group were similar to the included OHCA patients, except for the proportion of OHCA in public locations, which is slightly higher in the excluded patients (Supplemental Table 2). We have no reason to suspect any systematic causes for not obtaining these calls, which could have introduced bias into the selection of OHCA patients.

**Conclusions**

Recognition of OHCA during emergency calls is positively associated with bystander CPR in all OHCA, as well as ROSC and 30-day survival in witnessed OHCA. Several factors, including direct access to the patient and addressing breathing, were iden-
ified as predictors of OHCA recognition. Increased efforts to improve OHCA recognition during emergency calls could potentially increase patient survival after OHCA.

Conflict of interest
None

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Appendix A. Supplementary data
Supplementary data associated with this article can be found, in the online version, at http://dx.doi.org/10.1016/j.resuscitation.2017.04.006.

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