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Carnitine acetyltransferase: A new player in skeletal muscle insulin resistance?

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**A R T I C L E  I N F O**

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Type 2 diabetes mellitus
Insulin
Resistance
Acylcarnitine
LC-MS
Myotubes

**A B S T R A C T**

Carnitine acetyltransferase (CRAT) deficiency has previously been shown to result in muscle insulin resistance due to accumulation of long-chain acylcarnitines. However, differences in the acylcarnitine profile and/or changes in gene expression and protein abundance of CRAT in myotubes obtained from obese patients with type 2 diabetes mellitus (T2DM) and glucose-tolerant obese and lean controls remain unclear. The objective of the study was to examine whether myotubes from obese patients with T2DM express differences in gene expression and protein abundance of CRAT and in acylcarnitine species pre-cultured under glucose and insulin concentrations similar to those observed in healthy individuals in the over-night fasted, resting state. Primary myotubes obtained from obese persons with or without T2DM and lean controls (n=9 in each group) were cultivated and harvested for LC-MS-based profiling of acylcarnitines. The mRNA expression and protein abundance of CRAT were determined by qPCR and Western Blotting, respectively. Our results suggest that the mRNA levels and protein abundance of CRAT were similar between groups. Of the 14 different acylcarnitine species measured by LC-MS, the levels of palmitoylcarnitine (C16) and octadecanoylcarnitine (C18) were slightly reduced in myotubes derived from T2DM patients (p < 0.05) compared to glucose-tolerant obese and lean controls. This suggests that the CRAT function is not the major contributor to primary insulin resistance in cultured myotubes obtained from obese T2DM patients.

**1. Introduction**

Carnitine acetyltransferase (CRAT), a mitochondrial matrix enzyme proposed as a potent regulator of metabolic inflexibility, has been found to impact whole-body glucose homeostasis and muscle-specific loss of function results in reduced metabolic control, which resembles the insulin resistant state [1]. A study conducted by Noland and colleagues suggests that CRAT overexpression in primary human skeletal myocytes increased glucose uptake and improved lipid-induced suppression of glucose oxidation [2]. In this regard, CRAT could be involved in the compensatory response to glucose intolerance. However, the potential role of CRAT within skeletal muscle insulin resistance is poorly understood.

Recently, Seiler and colleagues proposed that CRAT activity was decreased in response to genetic diabetes, high-fat diet and lipid exposure [3]. They also stated that reduced CRAT activity was accompanied by accumulation of long chain acylcarnitines in skeletal muscle and a decline in the acetylcarnitine/acetyl coenzyme A (CoA) ratio [3]. Since long chain acylcarnitines have been shown to be associated with insulin resistance, and reflect increased lipid flux in T2DM [4], it is possible that carnitine supplementation is an ideal solution for treating T2DM [1]. However, contradictory results have shown that muscular lipid oxidation is normal or even increased in T2DM patients and mice fed a high-fat diet [5].

Previously, we have shown that myotubes established from T2DM patients express primary insulin resistance at the level of glucose uptake, storage and oxidation [6], however, the molecular background is unclear. In the present study, we took advance of this model to investigate CRAT expression and acylcarnitine distribution under basal conditions, in order to clarify whether changes in mRNA levels and protein abundance of CRAT and/or the present acylcarnitine profile can explain primary (genetic) insulin resistance in these cells.
tion was achieved using an Agilent ZORBAX RRHD Eclipse Plus C18 column (2.1×150 mm, 1.8 μm) with a Agilent ZORBAX Eclipse Plus C18 guard column (2.1 mm, 1.8 μm) both heated to 40 °C, 300 μl/min flow of mobile phase 0.1% formic acid (A) and 0.1% formic acid in acetonitrile (B) with the following gradient: 5% B for 5 min, to 15% B over 3 min, to 30% B over 2 min, to 97% B over 9 min and 97% B for 3 min. Reference ions were infused with a flow of 10 μl/min. The mass spectrometer was operated in positive ion mode with the following settings: 2 GHz extended dynamic range from 100 to 1500 m/z, reference correction two points at m/z 121.050873 and m/z 922.009798. MassHunter ProFinder, Agilent Technologies was used to detect and quantify 14 different acylcarnitines species. These were C0, C2, C3, C4, C6, C8, C10, C12, C14, C16:1, C16, C18:2, C18:1, C18:0.

2.3. qPCR

Total RNA was purified and cDNA was synthesized as previously described [9]. qPCR was performed on The LightCycler® 480 Real-Time PCR system (Roche) using commercially available SYBR Green Jumpstart Taq Ready Mix (Sigma) according to the manufacturer’s instructions. The following conditions were used: 2 min at 95 °C (hot start), 40 cycles of 15 s at 95 °C, 45 s at 60 °C, and 45 s at 72 °C. The CRAT expression was normalized against the expression of the housekeeping gene TBP. The following primers were used: CRAT fwd: 5′-GACAGCTGCACTCAGTACGAC-3′, CRAT rev: 5′-GCTGACACAAA GATCTGATCCG-3′. TBP fwd: 5′-GCCGAAACGCCGAATAT-3′, TBP rev: 5′-CCTCATGATTACCGCAGC-3′.

2.4. Western Blot

Proteins were extracted and analysed as previously described [9]. Protein concentration was determined using the Pierce BCA protein assay kit and equal amounts of cell protein (10 μg) were loaded in each well. Rabbit Anti-CRAT (1:250) (Sigma HPA022815) and Rabbit Anti-VDAC1 (1:1000) were used as primary antibodies. VDAC1 was used as loading control in order to normalize the protein abundance of CRAT to the mitochondrial content. Horseradish peroxidase-conjugated goat anti-rabbit IgG (1:2000) (Promega W401B) was used as secondary antibody.

2.5. Statistics

Statistical analysis was calculated as One-way ANOVA with Dunnett’s multiple comparisons test using GraphPad Prism version 5.0.1. p < 0.05 was considered statistically significant; n used for analysis is the total number of individuals. Mean ± SEM is shown.

3. Results

The clinical characteristics show that fasting glucose, serum insulin and HbA1c levels were significantly higher, whereas the fasting HDL cholesterol level was significantly lower in T2DM patients compared to lean controls, (Table 1). Serum insulin level was higher in obese compared to lean controls, and the glucose infusion rate (GIR) measured during the hyperinsulinemic euglycemic clamp was significantly lower in obese with and without T2DM compared to lean controls (Table 1).

The protein and mRNA levels of CRAT were determined in cultured myotubes from obese with and without T2DM and lean persons (Fig. 1 A and B). Our results show no significant difference between the investigated groups. By using LC-MS, no significant difference was found in the total acylcarnitine level (166.32 ± 8.37, lean; 170 ± 7.1, obese; 130 ± 15.5, T2D, Mean ± SEM, pmol/mg protein, p < 0.05) (data not shown) or among individual short- and medium-chain acylcarnitines between groups (Mean ± SEM, pmol/mg protein, and p < 0.05) (Fig. 1C). Muscular levels of C16 and C18 carnitine (Mean ± SEM, pmol/mg protein, p < 0.05) were significantly reduced 36% and 53% in T2DM patients compared to lean controls (Fig. 1C). No significant differences were observed among other long-chain acylcarnitines (Mean ± SEM, pmol/mg protein, p > 0.05) (Fig. 1C).

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### Table 1

<table>
<thead>
<tr>
<th></th>
<th>Control, lean</th>
<th>Control, obese</th>
<th>T2DM</th>
</tr>
</thead>
<tbody>
<tr>
<td>N</td>
<td>9</td>
<td>9</td>
<td>9</td>
</tr>
<tr>
<td>Age (years)</td>
<td>50.8 ± 1</td>
<td>48.1 ± 1</td>
<td>50 ± 1</td>
</tr>
<tr>
<td>Weight (kg/m²)</td>
<td>71.6 ± 3.0</td>
<td>105.5 ± 6.4'</td>
<td>102.2 ± 4.1'</td>
</tr>
<tr>
<td>BMI (kg/m²)</td>
<td>24.2 ± 0.5</td>
<td>34.0 ± 1.4'</td>
<td>33.5 ± 1.1'</td>
</tr>
<tr>
<td>Fasting plasma glucose (mM)</td>
<td>5.7 ± 0.1</td>
<td>5.7 ± 0.2</td>
<td>10.0 ± 0.7'</td>
</tr>
<tr>
<td>Fasting serum insulin (pM)</td>
<td>23.9 ± 5.7</td>
<td>52.6 ± 5.0'</td>
<td>96.7 ± 10.1'</td>
</tr>
<tr>
<td>Glucose infusion rate (mg/min)</td>
<td>383.3 ± 20.4</td>
<td>254.1 ± 28.3'</td>
<td>117.8 ± 18.6'</td>
</tr>
<tr>
<td>HbA1c (%)</td>
<td>5.5 ± 0.1</td>
<td>5.4 ± 0.1</td>
<td>7.5 ± 0.5'</td>
</tr>
<tr>
<td>Fasting total cholesterol (mM)</td>
<td>5.29 ± 0.22</td>
<td>5.33 ± 0.41</td>
<td>5.42 ± 0.37</td>
</tr>
<tr>
<td>Fasting LDL cholesterol (mM)</td>
<td>2.94 ± 0.22</td>
<td>3.18 ± 0.33</td>
<td>3.20 ± 0.27</td>
</tr>
<tr>
<td>Fasting HDL cholesterol (mM)</td>
<td>1.85 ± 0.15</td>
<td>1.54 ± 0.15</td>
<td>1.36 ± 0.03'</td>
</tr>
<tr>
<td>Fasting plasma triglyceride (mM)</td>
<td>1.12 ± 0.16</td>
<td>1.34 ± 0.18</td>
<td>1.93 ± 0.40</td>
</tr>
</tbody>
</table>

Data are means ± SEM. * Significant different from the lean controls (p < 0.05), † significant different from the lean and obese controls (p < 0.05).
4. Discussion

T2DM myotubes cultured under basal conditions express primary insulin resistance and show several signs of impaired mitochondrial function [6]. In the present study, we aimed to investigate to which extent CRAT and acylcarnitine levels express alterations in myotubes established from obese T2DM patients. The mRNA levels and protein abundance of CRAT were similar between groups and C16- and C18-carnitines were significantly reduced in myotubes derived from T2DM patients compared to glucose-tolerant obese and lean controls. These data provide evidence that mRNA levels and proteins abundance of CRAT are unaltered in T2DM muscle and does not result in accumulation of acylcarnitine species. However, a reduction in C16 and C18 carnitine was seen, which suggests that CRAT is not important for primary insulin resistance in T2DM muscle.

Our findings are in accordance with an early study with Zucker diabetic fatty (ZDF) rats showing that the protein abundance of CRAT was unchanged in ZDF rats on a normal diet, but lipid surplus inhibited CRAT in order to counter-regulate glucose oxidation [3]. One could speculate that CRAT activity is reduced despite that similar mRNA expression and protein expression of CRAT are similar between groups. Nevertheless, we did not see any significant increase in the acetylcar- nitine levels between groups, indicating that CRAT activity is unaltered.

Muoio and colleagues have shown that muscle-specific loss of functional CRAT in mice could not regulate the flux of acetyl CoA, which resulted in accumulation of acetyl CoA within the mitochondria and allosteric inhibition of pyruvate dehydrogenase (PDH), which subsequently impaired glucose utilization [1]. Glucose intolerance, insulin resistance, and metabolic inflexibility were seen in these mice [1]. Interestingly, medium- and long-chain acylcarnitines accumulated in muscle, which could suggest dysregulation in carnitine metabolism. t-Carnitine supplementation for six month in transgenic mice with muscle-specific loss of functional CRAT improved the insulin sensitiv- ity suggesting that metabolic inflexibility was partially ameliorated by carnitine supplementation [1]. In addition, previous studies have shown that myotubes exposed to surplus of palmitate express second- ary insulin resistance with concomitant increased acyl CoA levels [10], and would expect that acylcarnitine will be increased based on mass action. The exact mechanism for lipid-induced insulin resistance is unknown, but both long-chain acyl-CoAs and acylcarnitines may be part hereof giving the distinct functions of acylcarnitines in mitochondrial lipid metabolism such as preventing accumulation of noxious long-chain acyl-CoAs and reducing CoA trapping. The increase in long-chain acyl-CoA, diacylglycerol, and lipid oxidation products will promote induction of insulin resistance though atypical protein kinase C activation and decreases insulin stimulated activity of insulin receptor substrate-1 associated phosphatidylinositol-3-kinase and subsequently reduce glucose uptake and storage. Thus, CRAT may be an important pathophysiological factor for the development of lipid-induced insulin resistance, but not primary insulin resistance. Further, studies have to clarify if CRAT activity is partly impaired by lipids per se and thereby enhance acylcarnitine levels.
Taken together, the present study shows that CRAT and short-, medium- or long-chain acylcarnitines are not important for primary insulin resistance in myotubes derived from obese T2DM patients. The precise events leading to primary insulin resistance in myotubes derived from obese T2DM patients remain unanswered.

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Disclosure statement

The authors have nothing to disclose.

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Appendix A. Transparency document

Transparency data associated with this article can be found in the online version at http://dx.doi.org/10.1016/j.bbrep.2016.11.010.

References